

JSS Academy of Higher Education & Research

JSS Medical College, Mysuru

Health Humanities Training Program

Student Feedback testimonials

New learning experience

“It was so joyful to attend the classes and to learn the basic lessons of life...I think no one will teach all these kinds of things but sir took a great effort in teaching us, little little things everyday which at the end gave us a big outcome like at least we were able to rectify the human inside us thank u sir for that”

Enthusiastic and resourceful faculty

“We saw teacher was so interactive entertaining, encouraging and enthusiastic personality, I have ever seen”

“Really wanna thank Praveen Kulkarni sir for his patience and gesture towards all of us, he's teaching and involvement in the exercises are really awesome”

“I like way of teaching apart from the subject, which was very keen and patient. He observed everyone of us and responded according to that which was very nice.”

“The way of conveying and teaching that particular topic was very natural and I felt the urge to learn more and more.”

Interactivity and active participation during sessions

“I started giving out answers and responses in the later parts of the training because I could come out of the, shyness, stage fear and inhibition I had earlier.”

“This course also paved way for me to get rid of the shyness and reluctance in the class”

“I was really surprised and happy to have an interactive course. It showed the other phase of learning after a long time. It recalls our school days how interactive we are and after joining professional courses we left out of all these things. I learnt a lot.”

Developed understanding about self and others

It helped me to know more about my friends. I also came to know that the things which are I'm good at and I didn't know about it. It made me to reflect on myself and my surroundings.

“This is the only class where we friends were able to talk each other about our negative and positive qualities without the fear of getting offended. Thus, we came to know each other in a more conducive manner.”

“I was able to rectify the human inside me”

Acquisition and enhancement of humanistic attributes

“The conflict management exercise gave a totally new angle of managing the conflicts with peace and harmony rather fighting each other for the victory and this was very well explained by the lecturer”

“Most good part of the session is throwing out our guilt”

“The class helped me understand the importance of communication with your peers and also the necessary behavior in a hospital work place. It helped reflect on my past misdoings and rethink my goals as a healthcare professional in the future.”

“I always wanted to treat the needy, console them, put confidence in them, help them. I got an opportunity to learn about patient ethics, leadership qualities, personality development, developing professional identity. When I gained knowledge about all these aspects, I gained a sense of clarity about how to develop myself and how to stand out of the crowd.”

“Health humanities helped me to develop qualities such as professionalism, self awareness and communication skills. It improved observation skills and how to deal or manage a conflict. I developed patience to think and act to the situation”

“According to my personal experience this course is unique and helps to learn about the humanities which we are lacking in this generation and also helps to know about sympathy and empathy. Overall we had a nice experience and worthy course”

"I Personally Learnt many things in this course, for example leadership qualities play major role in professional & personal life. I also learnt to react based on situations & handle the situation in a proper manner. Mainly this course helped me boost my confidence & to stay bold in any given situation or react boldly no matter how and what the situation demands, we need to stay strong."

Improvement in way of thinking and perception

"After attend the classes I felt like it is nice to have the classes like this which will made you know yourself better. When they give some situation to analyse and answer, I was really into that as if am one among the characters."

"I became more reflective and less reflexive in my attitude for which I am forever grateful."

Stress buster and fun learning

"Once when I joined MBBS, was like completely stressed up by getting some internal every month but I just opted humanities thinking it would easy for understanding but apart from that it also remained as stress burster for me."

"Medical humanities are something different we learn things but we don't feel as it is a heavy in academic point of view and it's somewhat a refreshing course which takes us from a normal mode of learning to new interactive learning."

"It is really a good period, with lots of new information's, easily toughed everything like a film, and some stress relief."

Recommendation of the course for others

"Since learning humanities is the basic requirements for the life, every student has to learn it"

Impact of learning and way forward

"I myself is a social butterfly. I always like to improve myself on daily basis, but as a student's sometime we forget that apart from studies the essential role of all of us is to be a good human first. This course not only helped me to focus on my special qualities but also added someessence how to be a good human before any profession. I personally thank Praveen sir for making us understand humanities in such a deep and practice level."

“I was practically involved in every aspect of each activity; I shared my thoughts and views which made it very interesting and educative for me. Many at times we learn the theory in class and we don't get to fully understand the subject matter because the practical aspect is lacking but Health Humanity was no such. I can confidently say that I have learned a lot and i believed whatever I have learned, will go a long way in teaching and guiding me in my social and professional work life.”

“After attending this class,I have learned new things that I didn't learn or didn't know about how to respond to society or how to interact with peoples in any situations that would be awful if interaction goes wrong but I learnt to deal with the situation by reflective exercise and yes, it's a good learning experience by knowing the humanities, and how to be in the society and got to know our culture and leadership skills will help in futures to guide some one in right direction and good communication will help us to communicate with strangers in a good way so that it won't cause violence”.