

TATVAM 2025

NAVARASA - A NEON NIRVANA

Where Manodharma meets Modernity

TATVAM 2025, the Annual Inter-Collegiate Fest of JSS Medical College, was held from 31st May to 4th June 2025, with the cultural chapter taking place from 31st May to 2nd June. This year's theme, "Navrasa – A Neon Nirvana, where Manodharma meets Modernity", offered a spectacular re-imagination of the classical concept of Navrasa—the nine emotions—through a contemporary lens. Each event seamlessly blended tradition with innovation, both in concept and execution.

The celebrations commenced with Inauguration and Ethnic Day on 30th May 2025, setting a vibrant tone for the days ahead. From the early hours of 31st May, events unfolded across multiple venues, including JSS Medical College, JSS College of Pharmacy, and JSS Dental College. The Cultural Committee and Event Organisers ensured the fest ran flawlessly, creating a lively and engaging atmosphere throughout.

A wide variety of events were curated by student-led clubs such as Thandavam (Dance Club), MMM (Music Club), Kalakriti (Fine Arts Club), Biblichor (Literary Club), Myriad (Drama Club), and Labyrinth (Quiz Club). Academic clubs including Oculis Iuris (Forensic Medicine Club) and MINDS Club (Psychiatry Club) also contributed unique events. The fest incorporated both online and offline formats, offering everything from Panache (the fashion showcase) to gaming tournaments and even staff competitions.

TATVAM 2025 saw remarkable participation, attracting students from 30+ colleges nationwide for on-campus events and 40+ colleges for online competitions. The energy was palpable, with contestants travelling from across India to vie for cash prizes and medals. The diversity of participants ensured a rich cultural exchange and heightened the spirit of healthy competition.

With its captivating theme, enthusiastic participation, and seamless execution, TATVAM 2025 left an indelible mark on all who attended. It was more than just a fest—it was a celebration of talent, creativity, and collaboration, making it a resounding success.



Thandavam Club

The Solo Classical Dance Competition on 31st May 2025 was a celebration of grace, rhythm, and tradition. Judged by Dr. Ann Catherine Archer and Dr. Sudha Sairam, the event featured eleven talented participants who enthralled the audience, reflecting the timeless beauty of India's classical heritage. After a series of captivating performances, the first place went to Aditi Trivedi from JSS Medical College, second to Bhoomika R from JSS BSc Forensic, and third was shared by Kavana G from Oxford Medical College and Anlitta Katticara from SDU Kolar.

The Group Dance Competition lit up the Tatvam 2025 stage with five energetic teams showcasing innovative choreography that blended traditional and modern styles. Judged by Ms. Deia S Urs and Dr. Sudha Sairam, the event impressed with its high-energy moves, perfect coordination, and creative storytelling. The atmosphere was further heightened by a surprise dance from the judges themselves, drawing cheers from the crowd. After a spirited contest, Slot 2 claimed first place with a vibrant fusion of classical and non-classical forms, Slot 3 secured second for their creative choreography and flawless sync, and Slot 5 earned third for their engaging stage presence and inventive use of props.

On 2nd June 2025, the Thandavam Dance Club hosted Reflections, a much-anticipated event that brought popular music videos to life with dazzling recreations of hits. Judged by Ms. Deia Urs, the five performance slots brimmed with colour, energy, and charm, leaving the audience spellbound. First place went to the dynamic duo of Aditi Trivedi and Gauri Soni, while second place was awarded to the lively pair of Richa T and Reanna C.



MMM Club

The musical events of Tatvam 2025 brought an extraordinary showcase of talent to the Shri Rajendra Auditorium. Duet Singing, held on May 31st, saw 11 teams—8 from JSSMC and AHS, and 3 from MIMS—compete under the discerning eyes of judges Mr. Berty Ashley and Smt. Divya Sachi. With a 4+1 minute limit, each performance displayed remarkable vocal harmony, culminating in a close contest. Muktakshi Sonkar and Nidhish Agarwal (JSSMC) claimed first place, followed by Sharon Elizabeth Thomas and Ishika in second, and Isha Dhar with Nihal Prakash in third.

The next morning, Solo Eastern Singing (June 2nd, 9–11 am) brought 24 contestants from across six institutions, judged by Smt. Divya Sachi and Smt. Hamsini. Nihal Prakash (MIMS) took the top spot, Srishti Dutta (JSSMC) in second and Muktakshi Sonkar (JSSMC) secured third place.

Solo Western Singing (June 2nd, 11 am–1 pm), featured 14 performers. Judges Berty Ashley and Amin Manjrekar faced a tough decision, ultimately awarding joint first prizes of to Siya Anand (JSSMC) and

Karthik (SABVMCRI), and joint second prizes of to Muktakshi Sonkar (JSSMC) and Dr. Ramith (SABVMCRI). Julitha (JSSMC) placed third.

The day concluded with an electrifying Battle of the Bands (5–7 pm), where JSSMC went head-to-head with Mysore Medical College and Research Institute. Under the same panel of judges, genres from acoustic to hip-hop and classical fusion filled the auditorium. MMC&RI, with a 10-member line-up, emerged victorious. Across all categories, the events drew enthusiastic audiences, creating an atmosphere of rhythm, passion, and celebration.

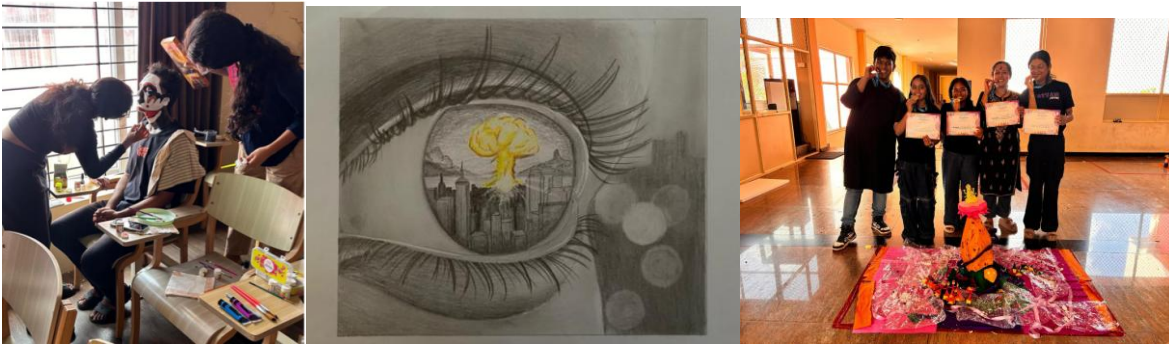


Kalakriti Club

The art segment of Tatvam 2025 was a vibrant celebration of creativity, colour, and imagination, with multiple events organised by Kalakriti – The Fine Arts & Photography Club. The festivities began on 31st May with Face Painting at Gallery 5, where participants, given their theme just 30 minutes prior, transformed faces into living canvases. The air buzzed with laughter, teamwork, and bold artistic interpretations, leading to Paruchuri Akshara (JSSMC) winning first place, followed by Debajyoti Biswas (Acharya College) and Advika Nangia (JSSMC). On the same day, the Sketching Competition brought forth striking visual narratives on themes like Dystopian Future, Mystic Illusions, and Dreamscape, with judges Ms. Raksha Ranganath and Ms. Sangeetha K commending the originality of the works. Advika Nangia (JSSMC) secured the top prize, followed by Varshita B P (BMCRI) and Vedula Verma (ESIC Bangalore).

The creativity continued on 1st June with Tote Bag Painting in Gallery 1, where participants had just 20 minutes to learn their theme before a 75-minute burst of colour and ingenuity. From Electric Bhavas to Emo-triangles, the designs impressed both in concept and execution, with Varshita Patagar & Ramyashree DV (BMCRI) taking first place, followed by Akshay DV & Anusree (JSSMC) and Shreya Kumar & Agrani Singh (JSSMC). Meanwhile, the 3rd-floor corridor of JSSMC came alive with Art Attack, a large-scale, team-based challenge on the theme “Folk Tales.” Ten teams gathered shared resources and worked for three hours to create spectacular collaborative pieces, judged on creativity, presentation, and teamwork. The event fostered camaraderie as teams even exchanged materials, and the winning spot went to the team of Raghav, Sharenaya, Harsha, Medha, and Shruti.

Beyond live events, Photography (Online) allowed participants to explore themes like Wildlife and Nature, Reflections, and Shapes and Patterns, resulting in visually striking submissions. Rohan Raj took first place, with Saumya Upadhyay and Ishita Garg as runners-up. The celebrations concluded with the first-ever Art and Photography Exhibition by Kalakriti, transforming the space into a gallery of paintings, sketches, mandalas, and photographs. The highlight was a collection by Dr. Varsha Tandure (Department of General Medicine, JSS Hospital), alongside contributions from MBBS students across all phases, making it a fitting finale to Tatvam’s artistic showcase.



Myriad Club

The vibrant spirit of Tatvam 2025 came alive through a series of engaging theatrical events that showcased talent, creativity, and storytelling prowess. On 1st June 2025, the much-anticipated Street Play competition, featured five energetic teams of up to twelve members each. With a mix of social messages and dramatic flair, they captivated the audience. The event began with introductions of judges Aditya Shivam and Vishal Nath, who shared valuable feedback after each act. In the end, *Sarah Manchanda and her team* emerged victorious, leaving behind an afternoon of inspiration and artistic energy.

The celebrations continued on 2nd June 2025 with the Monoact Competition, judged by renowned Hindi theatre artist and Theatre Department head at the World Forum for Art and Culture, *Mr. Vishal Nath*, the event saw nine participants from various academic years perform in Kannada, Hindi, and English. Each act showcased emotional depth, voice modulation, and originality. *Tejas* (2nd Year PG) won first place, *Saatwik* (2nd Year MBBS) secured second, and third prize was shared between an MBBS participant (Hindi) and *Saket* (1st Year MBBS) for his English act.

Adding a dash of humour to the festivities, the MAD ADS event showcased witty parodies and fictional product advertisements on the virtual stage. Judged by Mr. Vishal Nath, participants entertained with sharp comic timing and imaginative scripts. First prize went to Chaitanya Charul, T. Sowmika, Anishka Sneha, and Chethna Rajesh for their clever act. Second place was secured by Ishita, Tamanna, Vagisha, Udit, and Smriti, while third place went to Sagar Shaji, Reuben James Thazhumpal, Aman Kumar Singh, and Mohammed Adnan Ibrahim for their creative performance.

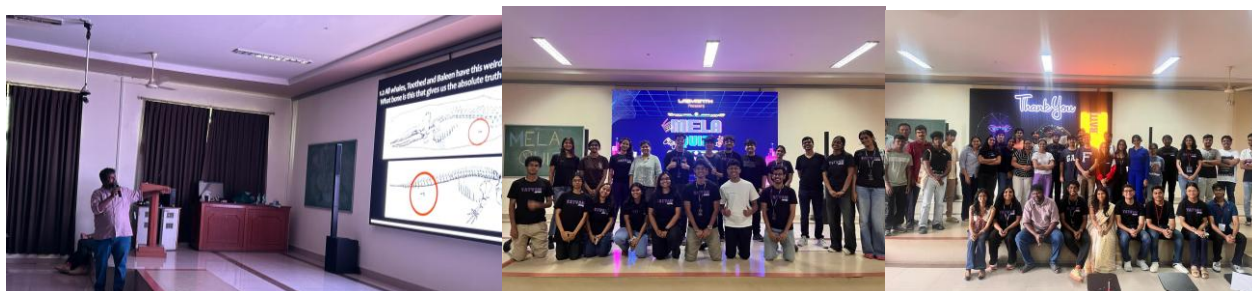
The day concluded with the IMPROV event at the JSS Dental Auditorium. Twelve participants displayed their quick wit through short, unscripted acts based on surprise prompts. After a lively contest, Vishakha and Ojaswi (1st Year) secured first place, followed by Annaneya and Harsha Rani (3rd Year) in second, and Chaitanya Charul with Aviral (3rd Year) in third. The event highlighted the participants' creativity and reinforced Tatvam's spirit of artistic expression and camaraderie.



Quiz Events

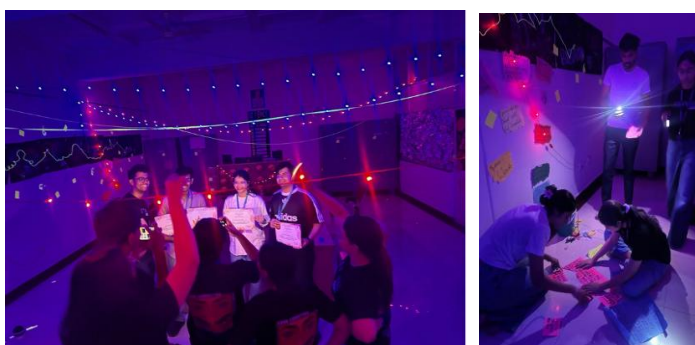
The General Quiz at Tatvam 2025, tested participants' knowledge across a wide range of topics, combining intellect with quick thinking. The event took place in Gallery 6, JSSMC, from 11:00 to 1:00pm with 35 teams comprising 2 to 3 members each battling it out for the top honors. The team of Dr. Dhrish, Ahana, and Navya (JSSMC) clinched the first position, followed by Dr. Yashvardhan, Dr. Arush, and Dr. Krishna (JSSMC) in second place. The third position went to Ghaanavi, Dhriti, and Varsha (JSSMC). The event was expertly conducted by renowned quizmaster Berty Ashley, whose engaging style and challenging questions made the quiz both exciting and intellectually stimulating for participants and the audience alike.

The MELA Quiz, a vibrant and intellectually engaging event of Tatvam created by our very own Labyrinth core, tested participants' knowledge across the colorful worlds of Music, Entertainment, Literature, and Art. The event was held in Gallery 6, JSSMC from 2:00-4:00pm, with 37 teams of 2 members each participating in a lively contest of wits. Teams battled it out in a lively contest of wits, showcasing their cultural awareness, quick thinking, and team synergy. With rounds that blended fun facts, iconic moments, and deep dives into artistic heritage, the quiz kept both participants and audience on their toes. Arush and Yashvardhan secured the 1st place, followed by Karan and Adnan in 2nd, and Sowmika and Chethna taking the 3rd place, all demonstrating remarkable knowledge and teamwork.



Oculus Iuris Club

Oculus Iuris brought thrill and teamwork to Tatvam 2025 with the After Party Escape Room, a neon-lit mystery challenge inspired by the theme Navarasa. Held from 31st May to 2nd June 2025 at the FMT Department, JSS Medical College, Mysuru, the event saw over 35 teams of 2–4 members each racing against time to crack puzzles, unlock clues, and escape within 25 minutes. The immersive setup tested participants' logic, speed, and collaboration, with core members of Oculus Iuris leading the design and execution under faculty guidance. Volunteer support ensured smooth and exciting rounds throughout, and the fastest team successfully escaped in an impressive 23.5 minutes, making the challenge one of the most engaging highlights of the fest.



M.I.N.D.S.- Sapiens Club

The M.I.N.D.S Psychiatry Club (Sapiens), JSSMC, hosted Emovere on 31st May 2025 at the Sri Rajendra Auditorium, JSS Medical College, Mysuru—a flagship multi-stage competition under Tatvam 2025 that explored the Navarasas, the nine classical Indian emotions, through immersive challenges blending history, culture, and psychiatry. The event opened with two elimination rounds: a life-sized bingo testing observation and coordination, followed by a Navarasa-themed crossword. Nine teams advanced to the main attraction, The Nine Emotional Cities, where each station brought a Rasa to life through creative, experiential tasks—from blindfolded obstacle courses in Mughal Agra (Shringara) to eerie code-breaking in Jaipur's Kathputli Nagar (Bhayanaka) and riddle-solving in ancient Nalanda (Adbhuta). These challenges demanded teamwork, emotional awareness, and quick thinking. Ultimately, Debasmitha Saha and Devdutt Aswathy Gopakumar secured first place, Alfia and Digvi Vidhir came second, and Dr. Manvi Sehrawat with Dr. Kishan Mishra claimed third. Emovere stood out as a creative highlight of Tatvam 2025, immersing participants in a journey where emotion met intellect, leaving behind both lasting memories and meaningful reflections.



PANACHE - THE FASHION SHOW

Panache was held on 31st May 2025 at the Sri Rajendra Auditorium, bringing together grandeur, elegance, and boldness in a vibrant display of creativity. Five colleges participated, each adding colour and flair to the competition. Judged by Sagar Jain and Deia S Urs, the event featured teams of 18–20 participants who had 25 minutes to present their performances on themes including Seasons, The Mannequins Show, Tarot Cards, Ocean, and Raag-Rasa-Rooh. JSS AHS claimed first place, followed by JSS Medical College in second, and Mandya Medical College in third. The judges commended the performances and participation, concluding the event with a felicitation after sharing the criteria that guided their decisions.



STAFF EVENTS

Organised by Tavishi, Adithi, Vasanth, and Advika, the Staff Cultural Events of Tatvam 2025 brought music, dance, and celebration to life at the Sri Rajendra Auditorium on 31st May. Faculty and staff from various departments showcased their talents in spirited singing and dazzling dance performances, with one entry per category per college and a 4+1 minute time frame. Group acts of 6–12 members took centre stage, weaving stories, emotions, and joy through melody and movement, while mixed-song performances added a lively twist. In singing, Dr. Shyam and Dr. Soumya secured first place, followed by Dr. Sumanth in second. In dance, the top spot went to Kathyayini & Group. The auditorium rang with cheers and applause, as colleagues celebrated each other's artistry beyond the bounds of the classroom and clinic.

Gaming Events

The FIFA event of Tatvam 2025 saw 18 participants battle it out in a thrilling single-elimination format, with the semifinals played as Best of 3 and the finals as Best of 5. After a series of intense and skillful matches, the final concluded with a decisive 3–1 scoreline. Kabyeek Medhi (JSSMC Phase 1) emerged as the champion, while Ramiz Israf Hossain (JSSMC Phase 3 Part 2) secured second place.

The Call of Duty: Mobile Tournament at Tatvam 2025 brought together 14 teams — 9 from other colleges and 5 from JSSMC — in an intense double-elimination showdown. Over the course of 26 matches, primarily Best of 3 with the finals as Best of 5, players clashed in Hardpoint, Team Deathmatch, and Search & Destroy across rotating maps. Fair play was upheld with strict gear bans and close monitoring throughout. After fierce competition, Sanitary iPads from AIIMS Bhopal claimed the championship while Master Baiters from MM secured second place.

The BGMI Tournament at Tatvam 2025 saw 11 teams face off across 8 action-packed matches, with scores calculated from both placement and kills. Strategy, reflexes, and teamwork were put to the test as squads battled for dominance. After the points were tallied, Dr'X Gaming from Bangalore Medical College emerged champions, while Legions of Hell from JSS Medical College secured second place.

