

Books and chapters By Dr Kishor M

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# HEALTH AND HEALTH CARE INEQUITIES, INFECTIOUS DISEASES AND SOCIAL FACTORS

Edited by Jennie Jacobs Kronenfeld

UNESCO-EOLSS  
A Nonprofit Global Effort

e Book

Component Encyclopedias

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## The Role of Adaptability and Resistance to Change in Mitigating the Effects of Pandemic

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Health and Health Care Inequities, Infectious Diseases and Social Factors

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MEDICINAL AND AROMATIC PLANTS OF THE WORLD - A Traditional Approach to Manage Depression - Emphasizing on Medicinal Herbs and Phytochemicals as Anti-Depressants - Seema Mehdi, K.L. Krishna, Kishor M.

**A TRADITIONAL APPROACH TO MANAGE DEPRESSION - EMPHASIZING ON MEDICINAL HERBS AND PHYTOCHEMICALS AS ANTI DEPRESSANTS**

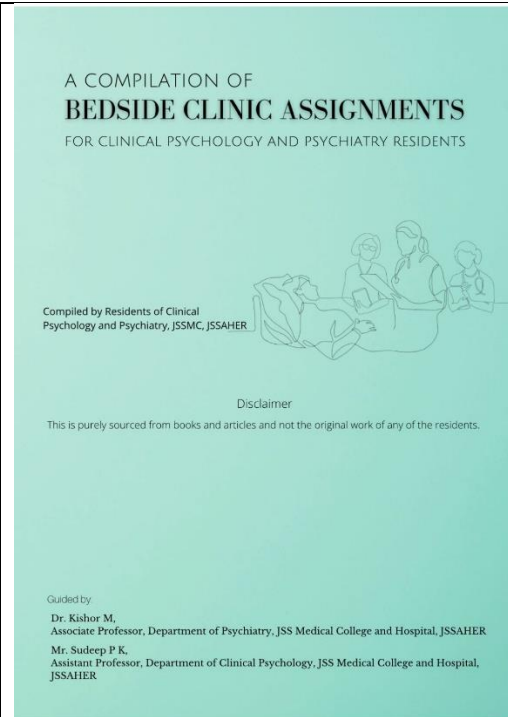
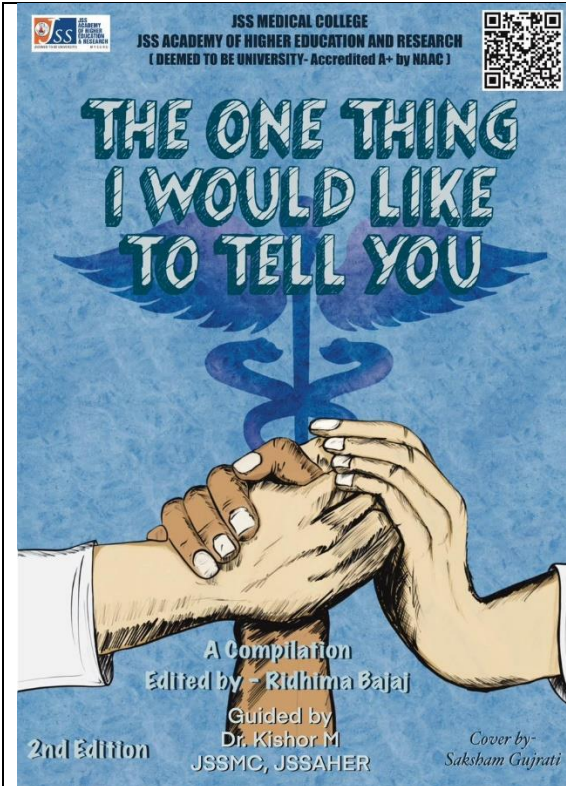
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**Keywords:** Depression, neurotransmitters, natural, diagnosis, biomarkers, stress, neurogenesis, psychotherapy, illness, relapse, metabolites, fatigue, sadness, somatic, cytokines, antioxidants, phytochemicals, herbs, anti-depressants, Ayurveda, dopamine, serotonin, intervention

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**Dr. Ashwini P.K., MBBS MD (Dermatology) FRGUHS (Dermatosurgery)**

She graduated from JIM Medical college Davangere and did her postgraduation from JSS Medical College Mysore, under Rajiv Gandhi University of Health Sciences, Bangalore. She holds the Fellowship degree in Dermatosurgery from St Johns Medical college Bangalore. She is a Member of Indian association of Dermatologists, Venerologist and Leprologist (IADVL) and PsychoDermatology Association of India (PDAI). She has over 12 years of experience as clinician & teacher for UGs, PGs. Her areas of interest being Dermatosurgery, Leprosy, Psychodermatology. She has served in various academic capacities including state/national level quiz master for postgraduates, convener of IADVL Karnataka academy and member of special interest groups in IADVL. Currently working as Associate professor in the Department of Dermatology, JSS Medical College, JSSAHER, Mysore. She has published papers in national & international journals & co-authored chapters in IADVL textbook of Dermatology. She has given numerous guest lectures in regional and national level dermatology conferences. She resides in Mysuru.

**Dr. M. Kishor MBBS MD (Psychiatry)**

He did his graduation and postgraduation from Rajiv Gandhi University of Health Sciences, Bangalore. He holds university rank in psychiatry. He was awarded early career national fellowship instituted by Dr Ram Moorthy Foundation at NIMHANS. He is recipient of 2018 International Neuropsychiatric Association T.S Srinivasan Award. He has more than decade of experience in psychiatry practice, teaching and research. He is currently working as Associate Professor of Psychiatry at JSS Medical College & Hospital, JSS AHER, Mysuru. He played key role in initiating MINDS Monthly newsletter for doctors in 2011. He was in the editorial board of Indian Journal of Psychiatry. He is reviewer of many international journals. He is editor of 5 books including "Essentials of psychiatry for OBG Practitioners" under Jaypee Publication. He was organizing chairperson of first National conference on Combat Depression in 2018. He has been invited as speaker and resource person at national and international dermatology conferences. He has presented and published nearly 100 papers in national & international conferences and Journals. He has guided dermatology postgraduates' dissertations. He is currently chairperson of Indian Psychiatric Society National Task Force on Faculty Training. He resides in Mysuru and spends his leisure with activities related to nature conservation & initiatives in human values.

**Essentials of Psychiatry for Dermatology and Aesthetic Practice**

**Ashwini PK** **Kishor M**







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