

Thandavam

REPORT 2025



Thandavam is more than grateful to have so many talented club members, including the interns, post graduates and students from all batches. We are looking forward for more such dance meets in future.

THANDAVAM- the dance club, conducted a dance meet on 4th January, 2025. The dance club started the meet by introducing the 2024 Thandavam Core to the 1st years.

The event consisted of many activities, we started with a dance showcase where members of the club got to represent their talent.

Further, all the club members joined together for a hook step challenge, a fun activity conducted to boost their confidence and make them believe that dance shouldn't be challenging but fun. And our last activity, the reel making challenge.

➔ REVELATIONS 2025

On January 19, 2025, second-year students from JSS Medical College actively participated in Revelation 2025, the annual cultural fest organized by the Symbiosis Institute of Business Management (SIBM), Bengaluru. The event brought together 14 vibrant dance teams, showcasing Bollywood, Hip-hop, Classical, and Folk styles, in a celebration of talent, creativity, and cultural diversity.



The participation of JSS Medical College students in Revelation 2025 was a testament to their dedication, talent, and passion for extracurricular activities. Their performance not only highlighted their artistic abilities but also brought recognition to the college on a larger cultural stage.

➤ SUTTUR JATRA MAHOTSAVA

The prestigious Adi Jagadguru Sri Shivrathreeswara Shivayogis Jatra Mahotsava JSS Inter-Institutional Cultural Mela Competition took place at Suttur, Mysore on 26th January, 2025. As part of the annual Suttur Jatra Mahotsava, a significant cultural and religious fair that draws thousands of devotees and visitors from across the region, the competition brought together over 100 teams for group dance, solo dance, and singing events.

Group Classical Dance

Second-year MBBS students from JSS Medical College—Anvita Sreekanth, Athira Vinod Kumar, Manasvini Mohan, Nysa Teres Mathew, Prerana S Gowda, and Vibha Sunil Sastry—delivered a captivating Bharatanatyam performance. Their synchronization movements and graceful expressions earned them the 1st prize in the group dance category.



Solo Classical Dance

In the solo category, Aditi Trivedi, from the second-year MBBS batch, secured the 2nd prize for her exquisite Kathak performance, captivating the judges with her exceptional command of rhythm, technique, and expression.

➤ 4. JSSMC DANCE CREW MEET

On 1st February 2025, a Crew Meet was conducted by Thandavam, as part of our initiative to enhance the dance culture at JSS Medical College. These sessions aim to introduce students of our college to dance as both a skill, as well as a fun activity. In these regularly planned sessions, we teach choreographies—either original or inspired by creators.

This first session was hosted at the Sports complex and saw an enthusiastic participation of 9–10 students along with the representatives of Thandavam. The choreography was selected through a poll on our social media handle, ensuring that attendees learned a routine they were genuinely excited about. Batch representatives and club members led the session, breaking down the steps to make it accessible and enjoyable for

everyone. The aim achieved in the session, was to truly make possible learning a skill that the students of our college possibly wouldn't be able to grasp and enjoy on their own.

The event successfully fostered a welcoming environment, of all years and batches, encouraging students to explore dance with confidence. We look forward to organizing more Crew Meets to continue promoting dance as a regular and enjoyable activity on campus, over time improving the dance culture as well as talent of our college.



➤ 5. U-Fest 2025 (Samanvaya)

Samanvaya, held from March 15 to 17, featured four engaging dance competitions that showcased the diverse talents of participants. These competitions provided a platform for dancers to exhibit their skills and creativity. The event was well-received, drawing participants and audiences from various backgrounds.

Each competition was judged by esteemed professionals in the dance community, ensuring a fair and enriching experience for all participants.

The competitions were organized as follows:

1. **Classical Group Dance:** 9 dancers representing JSSMC performed a bharatnatyam piece, highlighting classical techniques and expressions. The team placed first according to the results announced later.



➤ Graduation Ceremony 2025

At the 2025 Graduation Ceremony, Thandavam and enthusiastic volunteers brought a lively twist by training professors and interns in short dance routines for their ceremonial walk. In the weeks before the event, club volunteers worked closely with faculty and interns, teaching them fun choreography to perform as they walked on stage.

The performances added energy and joy to the event, earning enthusiastic cheers from the audience.



2. **Solo Dance Competition:** Participants presented modern choreography, blending various dance forms to express contemporary themes and narratives. Vanshika Singh and Aditi Trivedi from JSSMC emerged as the winners in the Non-Classical and Classical category respectively.
3. **Face-Off Dance Competition:** This segment showed a thrilling array of dance battles held in tournament style, each showcasing the dancers' exceptional styles, spontaneity and creativity. Despite the high level of competitiveness, Athira V Kumar from JSSMC emerged victorious.
4. **Group Non-Classical Dance Competition:** Teams collaborated to deliver synchronized performances, emphasizing coordination, creativity, and team spirit. A troupe of 9 dancers from JSSMC was awarded the first place.

➤ Silhouettes 2025 (AFMC, Pune)

From May 8 to May 11, 2025, second-year student Vanshika Singh, from JSS Medical College participated in SILHOUETTES 2025, the annual cultural and sports fest organized by the Armed Forces Medical College (AFMC), Pune. She competed in the events of Dance Battle and Adaptunes in which she fortunately secured First and Second positions respectively, bringing back a Gold and Silver. The event brought together many vibrant participants, from colleges all over india, showcasing Bollywood, Hip-hop, Classical, and Folk styles, in a celebration of talent, creativity, and cultural diversity.

The participation of JSS Medical College in SILHOUETTES 2025 was a testament to dedication, talent and passion for extracurricular activities. The performance not only highlighted artistic abilities and great passion but also brought recognition to the college on a larger cultural stage.

➤ Tatvam 2025

The Dance Events at TATVAM 2025, the intercollegiate cultural fest of JSS Medical College, Mysuru, were a major highlight of the festival and closely reflected the central theme “Navarasa – A Neon Revival.” These events provided a dynamic platform for students to express emotion, creativity, and cultural diversity through movement, successfully blending classical traditions with contemporary performance styles.

The Solo Classical Dance event showcased India’s rich cultural heritage through classical and folk dance forms. Participants demonstrated technical precision, rhythmic accuracy, expressive storytelling, and disciplined stage presence. Performances were evaluated based on choreography, expressions, costume, stage utilization, and overall impact.

The Solo Non-Classical Dance event encouraged modern expression through freestyle, Bollywood, and contemporary styles, emphasizing individuality, innovation, musical interpretation, and confidence. The Group Dance competition highlighted teamwork and synchronization through coordinated formations and high-energy performances.

Reflections, a synchronized dance event, challenged teams to recreate film choreography alongside the original video, testing precision, timing, and coordination. Additionally, a Flashmob performance was organized during the fest, creating an energetic and engaging atmosphere across the campus and significantly enhancing student participation and fest spirit.

Overall, the Dance Events at TATVAM 2025 successfully combined technical excellence, emotional expression, and audience engagement, making them an integral part of the festival’s cultural celebration.



➤ JIPMER Spandan '25

On 26th August 2025, the JIPMER Cultural Fest in Pondicherry featured a vibrant Duet Classical Dance Competition. Representing JSS Medical College, Chetana and Laasya performed a Bharatanatyam duet based on the story of Narasimha and Hiranyakashipu, portraying the triumph of good over evil through expressive storytelling and graceful movements.

Their performance was well appreciated by the judges, earning them the 3rd prize in the competition and adding another cultural achievement to JSSMC’s accomplishments.



➤ Association of Physicians of India (3rd aug)

"Association of Physicians of India" event took place at Kanteerava Sport Club on August 3rd during which 2 dance performances were presented by thandavam - One cinematic group and one South Indian group.

Both performances were applauded richly by the Physicians prevailing the event.





➤ Thandavam Dance Meet

On 26th December 2025 Thandavam held its first dance introducing the new core:

President: Enni Chetana

Vice-Presidents: Laasya Suren, Sanjana Avadhani

Crew Heads: Vanshika Singh, Trisha Sharma

Social Media Head: Athira Vinod

The event began with introductions of the team and the participants followed by a few solo performances. The JSS Dance Crew performed and briefed the attendees on the workings and upcoming activities of The Crew.

This was then followed by a pair game "Guess The Hookstep", a dance faceoff and concluded with a joyous jam session.



➤ Kannada Rajyotsavam 2025

The Kannada Rajyotsava event was celebrated on 27th November in the auditorium.

The programme commenced with vibrant batch dance performances, setting an energetic tone for the event. This was followed by a kuthu performance by the 1st and 2nd year students. The cultural segment further featured a variety of dance forms including semi-classical, Kuthu, Bhangra, and Bollywood

Rajyotsavam

performances, presented by the 2nd and 3rd year students

➤ Geriatrics Conference

ARDISCON, an international conference on dementia, was successfully conducted on 28th November, 2025 at the Old JSS Hospital Building by the JSS Hospital Building by the Alzheimer's and Related Disorders Society of India in association with the Department of Geriatrics, JSS Hospital. During the conference, our club showcased a captivating folk dance performance. The event

saw the enthusiastic participation of 12 students from the first, second, and third years, who came together to deliver a vibrant and energetic performance. The dance was deeply rooted in tradition, marked by graceful movements, rhythmic coordination, and expressive artistry, beautifully showcasing cultural elegance and youthful enthusiasm. The performers demonstrated excellent teamwork, confidence, and creativity, making the performance truly engaging, memorable, and well-appreciated by the audience.