



**JSS Academy of Higher Education & Research**

(Deemed to be University)  
Accredited A<sup>+</sup> Grade by NAAC



---


**JSS Academy of Higher Education & Research**  
**Sri Shivarathreeshwara Nagara,**  
**Mysuru-570015**

**National Service Scheme (NSS)**


<https://www.facebook.com/jssunss>

[jssunss@jssuni.edu.in](mailto:jssunss@jssuni.edu.in)

**Annual Report 2018-19**



**PATIENTS ARE OUR DEAREST**  
**H H JAGADGURU**  
**DR. SRI SHIVARATHRI RAJENDRA MAHASWAMIJI**  
**FOUNDER PRESIDENT**



His Holiness Jagadguru Dr. Sri Sri Shivarathri Rajendra Mahaswamiji, the 23rd Pontiff of Jagadguru Sri Veerasimhasana Mahasamsthana Math, popularly known as Sri Suttur Math, inherited the legacy of the 10 century old Srimath at an early age. He was born on 29-8-1916 and ascended the peetha on 28-2-1928 when he was hardly twelve. He shared the responsibilities with his senior, Jagadguru pattada Shivarathri Mahaswamigalu. He shouldered the responsibilities of the Srimath for more than half a century, taking each step towards service of humanity on every possible way.

Besides being the patron of arts, literature and music, he was a scholar in kannada and Sanskrit. He sacrificed his educational career to provide succor to the helpless poor. The Burning desire to assuage the educational needs of lakhs of rural children, he started the first free Hostel at Mysore in 1941. Thus began his journey of socio-economic transformation of the region with the establishment of Schools, Colleges and Sanskrit Pathashalas in and around Mysore. A single-minded dedication, aimed at the welfare of all, goaded him to tread the path of sacrifice. The Incredible divine grace coupled with intense and sustained focus resulted in materialization of his great dreams of establishing free schools and hostels, professional colleges, centers of art, music and literature etc. Jagadguru Dr. Sri Shivarathri Rajendra Mahaswamiji had a strong vision of starting educational institutions in rural areas considering the hardship of students coming to cities seeking education. In order to make this possible, he started the Jagadguru Sri Shivarathreeswara Mahavidyapeetha in 1954. Under the untiring efforts of Jagadguru Dr. Sri Shivarathri Rajendra Mahaswamiji, the Vidyapeetha has witnessed enormous growth in the field of education. Thousands of children, men and women found solace under his boundless compassion.





**JSS Academy of Higher Education & Research (JSSAHER),**

**Mysuru, Karnataka, India**

**JSSAHER'S Social Responsibility Statement**

***'Touching the lives of Millions'***



Proud moment

**His Holiness Swamiji-  
Chancellor with Excellency  
Late Dr. APJ Abdul Kalam  
Former President of India**

JSS AHER'S Social Responsibility is an approach of ethical and intelligent management, which involves both its impact on its human, social and natural context, and its active role on the promotion of Sustainable Human Development of the country. Within this approach, "Sustainable Campus" is a strategy that strives to reduce the ecological footprint of the Institution via a rational use of resources and to educate the JSSAHER community on the ethics of sustainability.

JSSAHER with the legacy of more than 1000 years of its Founding organization Sri Suttur Math and the sponsoring society-JSS Mahavidyapeetha is acutely aware of its social responsibilities and is confident in stating that it already goes well beyond what is expected of an organization.



## **JSSAHER and its Social Responsibility**

Although Corporate Social Responsibility (CSR) is a relatively new concept, JSSAHER has embraced CSR principles based on the contributions made for several decades, particularly at a local and regional level. An organization's internal and external practices can influence their employees, customers, partners and environment in a positive manner.

This document highlights our commitment to CSR locally, regionally, nationally and internationally. The JSSAHER's vision is nurture and develops the talents of students and to create applicable knowledge in order to support social and economic advancement.

Social Responsibility is part of the JSSAHER'S Strategic plan and is important to our Institution, Faculty and students and aims at making Organizational, Cognitive, social and educational impact.

*JSSAHER is committed –*

1. To promote ethical standards to be adopted by students, staff and other members of JSSAHER community.
2. To raise the educational aspirations of people in the community, as well as across the country and encourage their greater participation in higher education.
3. To encourage an inclusive environment without barriers to achievement, where students and staff are highly valued, based on mutual respect.
4. To provide a Higher Education Institute campus environment and range of facilities, both educational and recreational, which are attractive, accessible and stimulating.
5. To integrate with and support the needs of our community and our region.
6. To embrace environmental responsibility and sustainable development principles, to make a positive contribution to urban regeneration and to ensure that any adverse environmental impact of our activities is minimized.





## Touching the lives....

### To the students

1. As a most respected Higher Education Institute in the health sciences attract students from a range of backgrounds nationally and internationally.
2. Listening and responding to the student voice, with a shared understanding of our mutual responsibilities.
3. Providing a range of student support that covers all issues including support too low income group students.
4. Student preparation towards a responsible citizenship for a Sustainable Development.

### To the staff

1. Adopt best practices in its Human Resources Management policies and Practices.
2. Assist staff to develop their full potential as members of the JSSAHER's workforce and provide opportunities for professional development.
3. Observe the fundamental tenets of human rights, safety and non-discrimination.
4. Provide fair compensation and implement minimum wages policy.
5. Involve employees in the decision making processes, where appropriate.
6. Providing opportunities for staff to undertake projects with local communities.



## **To our environment**

1. Ensure that the developments in JSSAHER are sustainable and do not have a negative impact on the environment.
2. Promote the concepts of the 3Rs of Reduction, Reuse and Recycling and eliminate, where possible, the use of non- degradable materials.
3. Aim for a continuous reduction of the carbon footprint of the Institution.
4. Provide equipment, training and other resources to ensure a healthy and safe environment for the students and staff.
5. Continuously work and evolve environmental improvements in the way we manage our transport, waste and energy.

## **To our City and our community**

1. To work with the City of Mysore and regional partners to raise the health profile of the City and the Mysore and neighboring districts ; and in partnership help secure the economic, health, social and cultural regeneration of the City and region.
2. Enriching the Institution and City socially, culturally and economically, with our diverse and vibrant student population.
3. Make significant and major contributions through our Faculty to the Social Responsibility agenda including:
  - the training of the future health professional workforce
  - the ongoing support for health professionals
  - support JSS Hospital to provide access to quality healthcare at affordable costs
  - Nurture and contribute to research that impacts healthcare and health policies and makes significant contribution to national and global health.
4. Working with young people in local schools:
  - to discuss health and science and its relevance to their everyday lives
  - to inspire them to consider careers in science and health and apply to Institution in the future
  - to devise creative and fun activities to help engage them
5. By involving the public/patients in our work to improve the quality of our teaching and healthcare delivery.



## JSS Academy of Higher Education & Research

(Deemed to be University)  
Accredited A<sup>+</sup> Grade by NAAC



### Proud to be touching the lives of millions!

Being socially responsible, be it as an individual, a group, or an organization is something we believe in very strongly and it makes us proud, as a Higher Education Institution, to highlight our commitment in this area. JSSAHER is acutely aware of its responsibilities to its community, its city and its wider environment and the way it touches the 'Lives of Millions'.

### *JSS Academy of Higher Education & Research*

*Sri Shivarathreeshwara Nagara,*

*Mysuru-570 015,*

*Karnataka, India*

*Phone: +91-821-2548400; Fax :+91-821-2548394*



**NATIONAL SERVICE SCHEME****ANNUAL REPORT OF****JSS Academy of Higher Education & Research, Mysuru**

	Report for the period ending.	01 <sup>st</sup> APRIL 2018 TO 31 <sup>st</sup> MARCH 2019		
BASIC INFORMATION ABOUT UNIVERSITY				
	State	Karnataka		
	University	JSS Academy of Higher Education & Research, Mysuru		
	Name of the Programme Coordinator	Dr. K L Krishna		
	Whether part time/full time	Part Time		
	Date of appointment	Day	Month	Year
		01	04	2016
	No. of supporting staff for NSS at University/+2 level (including Programme Coordinator)	01+01		
	Date of last meeting of University level Advisory Committee	Day	Month	Year
		10	08	2018
	NSS volunteers strength :	450		
	Total No. Of student population of the University	4987		
	NSS strength allocated by State Government	450		
	Actual No. Of NSS volunteers	505		
	Male 260    Female    245	Total 505		
	No. Of Collèges having NSS	05		
	Total No. Of NSS units	05		
	No. Of programme officer in position	05		
	No. Of programme officers trained	04		
	No. Of villages /slums adopted	12		
FUNDS FOR NSS REGULAR/SPECIAL PROGRAMMES				
	Funds received by the University	3,90,000.00 dated 29th Dec 2019		
	for Regular Activities	for Special Camps		



# JSS Academy of Higher Education & Research

(Deemed to be University)  
Accredited A<sup>+</sup> Grade by NAAC



	Day of receipt Saturday			Day of receipt Saturday		
	Amount received Rs. 78750.00			Amount received Rs. 70875.00		
	Day	Month	Year	Day	Month	Year
	Saturday 28	02	2019	Saturday 28	02	2019
	Per capita expenditure for establishment at University			Rs. 500/Volunteer		
	SPECIAL CAMPING PROGRAMME					
I)	Total No. Of volunteers participated			225		
ii)	No. Of camps organised			05		
Activity description : (column under which no activity has been conducted may be left blank)						
(1)	LITERACY					
1.1	No. Of student volunteers participated			Male 320      Female 205		
1.2	No. Of villages/slums adopted for total literacy.			12		
1.3	Total No. of illiterates			Male 63      Female 68		
1.4	No. of persons made literature			Male      Female		
1.5	No. Of villages/adopted areas made full literature : (indicate literacy status/percentage attained in the adopted area) attachlist.			Nil		
2	ENVIRONMENT/WASTELAND DEVELOPMENT AND CONSERVATION					
2.1	No. Of camps organised			05		
2.1.1	Tree plantation (van)			Nil		
2.1.2	No. of saplings planted			280		
2.1.3	Rate of survival (no. Of plants survived/total no. Of plantation x100)			73%		
2.1.4	Area proposed to becovered			_____Hectares		
	Actual area covered			_____Hectares		
2.1.5	Any other environment programme					
	area covered					
	No. of beneficiaries					
2.2	Reconstruction/repair of roads					
2.2.1	Distance laid			_____Kms.		
2.2.2	No. of days					
2.3	Water shed conservation and drinking water facilities :					
2.3.1	No. Of camps/campings organised on the issue			05		



2.3.2	No. of wells/cross bunds/water shed/harvesting structures/irrigation canals/any Other planned	Nil
2.3.3	No. of such facilities created	
<b>3</b>	<b>HEALTH AND FAMILY WELFARE</b>	
3.1	Immunisation/health camps	15
3.1.1	Immunisation/health camps conducted	28
3.1.2	Details of health programme organised & beneficiaries	Mission Indradhanush Immunisation Program and others
	Health programme (specify)	Male 48 Female 75
3.2	<b>BLOOD DONATION CAMPS.</b>	
3.2.1	No. of blood donation camps Conducted	12
3.2.2	No. Of units of blood collected	310
3.3	Population education:	
3.3.1	Immunisation/health camps conducted	12
3.3.2	No. Of persons covered	Male 817 Female 654
3.4	Eradication of drug abuse :	
3.4.1	No. of camps/awareness campings held	9
	No. of beneficiaries	Male 300 Female 200
<b>4.</b>	<b>PROGRAMME FOR WOMEN</b>	
	Nature of programme :	
4.1	No. Of camps organised	05
4.2	No. Of beneficiaries	435
4.3	Campaign against social evils (if any)	AIDS Awareness, Drug abuse, Alcohol rehabilitation, sexual harassment, health and hygiene etc.
<b>5.</b>	<b>WORK IN HOSPITALS, ORPHANAGES &amp; DESTITUTE HOMES :</b>	
5.1	No. of persons benefitted	470
<b>6.</b>	<b>WORK DURING EMERGENCIES</b>	
6.1	Type of work: Cyclone/Earth quake/ Floods/Draught/ Riots/Other Areas (specify)	Kerala and Kodagu Floods
6.2	No. Of persons benefitted	6034
<b>7.</b>	<b>AIDS AWARENESS (UTA)</b>	
7.1	No. Of colleges/+ 2 schools identified	12
7.2	No. Of programme officers trained	Nil





## JSS Academy of Higher Education & Research

(Deemed to be University)  
Accredited A<sup>+</sup> Grade by NAAC



7.3	No. Of peer educators trained	06
7.4	No. Of beneficiaries	580
8.	<b>Any other programme not covered above, please give statistical data in 50 words:</b>	Given under University, regular and special camping activities

**Place:** Mysuru

S/d

**Date:** 20<sup>th</sup> June 2019

**Signature of the Programme Coordinator NSS**



**UNIVERSITY LEVEL ADVISORY COMMITTEE MEETING**

**Held on Monday, 13<sup>th</sup> August 2018 at 2.30 pm in Board Room,**

**Members Present**

- |  |                  |
|--|------------------|
| 1. Dr. B. Suresh, Vice-Chancellor, JSS AHER, Mysuru.   | Chairman         |
| 2. Dr. B. Manjunatha, Registrar, JSS AHER, Mysuru.   | Member           |
| 3. Mrs. Kokila M.S. Deputy Registrar (Sr. Grade), JSS AHER, Mysuru.  | Member           |
| 4. Sri. C.C. Hiremath, Finance Officer, JSS AHER, Mysuru.  | Member           |
| 5. Prof. Gurupadaswamy, Ex. Professor of Economics, Maharajas College,<br>Former NSS Programme coordinator, University of Mysore, Mysuru | Member           |
| 6. Dr. Chandrashekar, NSS Program Coordinator and Coordinator,<br>NSS ETI Center, UoM, Mysuru  | Member           |
| 7. The Principal, JSS Medical College, Mysuru.   | Member           |
| 8. The Principal, JSS College of Pharmacy, Mysuru.   | Member           |
| 9. The Principal, JSS College of Pharmacy, Ooty. (Online)  | Member           |
| 10. Prof. G.K. Chandrashekarappa, Chairman, Dept. of Life Sciences.  | Member           |
| 11. Dr. HV. Gangadharappa, JSS College of Pharmacy, Mysuru   | Member           |
| 12. Dr. V. Balamuralidhara, Asst. Professor, JSS CP, Mysuru.   | Member           |
| 13. Dr. Sunil Kumar. D NSS POs, JSS MC, Mysuru.  | Member           |
| 14. Dr. Ravi, NSS PO, JSS Dental College and Hospital, Mysuru.   | Member           |
| 15. Dr. Gowrav, M.P. NSS PO, JSS College of Pharmacy, Mysuru.  | Member           |
| 16. Dr. Raghu Ram Achar, NSS PO, JSS U Dept. Mysuru  | Member           |
| 17. Mr. Babu, NSS PO, JSS College of Pharmacy, Ooty. (Online)  | Member           |
| 18. The Volunteer, NSS Unit, JSS Medical College, Mysuru   | Member           |
| 19. The Volunteer, NSS Unit, JSS Dental College & Hospital, Mysuru.  | Member           |
| 20. The Volunteer, NSS Unit, JSS College of Pharmacy, Mysuru.  | Member           |
| 21. The Volunteer, NSS Unit, JSS College of Pharmacy, Ooty (Online)  | Member           |
| 22. The Volunteer, NSS Unit, JSS AHER Dept., JSS AHER, Mysuru  | Member           |
| 23. Dr. K.L. Krishna, NSS PC, JSS AHER, Mysuru.  | Member Secretary |



## Members sought leave of absence

- |   |        |
|---|--------|
| 1. Dr. Gananatha Shetty, State NSS Officer, MS Building, Bengaluru  | Member |
| 2. Regional Director NSS, Basavanagudi, Bengaluru   | Member |
| 3. The Principal, JSS Dental College & Hospital, Mysore   | Member |
| 4. Sri. R. Vasudeva Bhat, Social Worker, Ramya Creations, 2nd Floor,<br>Madhwesha Complex, Nazarbad Main Road, Mysuru-570 010 | Member |

## Dates of College level NSS Advisory Committee held for the year 2018-19

College	Dates
JSS Medical College, Mysuru	25/08/2018
JSS Dental College & Hospital, Mysuru	28-02-2019
JSS College of Pharmacy, Mysuru	20-09-2018
JSS College of Pharmacy, Ooty	13.08. 2018
University Department, JSS AHER, Mysuru	22 -09 2018

## Details of Special Camp activities

NSS Unit	Dates of Special Camp	Village
JSS Medical College, Mysuru	22 <sup>nd</sup> to 28 <sup>th</sup> March 2018	Six villages in Pandavapura Taluk
JSS Dental College & Hospital, Mysuru	12 <sup>th</sup> to 18 <sup>th</sup> Feb 2018	Mahadevpura
JSS College of Pharmacy, Mysuru	15 <sup>th</sup> to 21 <sup>st</sup> March 2018	Bhugathagahalli
JSS College of Pharmacy, Ooty	4 <sup>th</sup> to 10 <sup>th</sup> March 2018	Thengumarahada
University Department, JSS AHER, Mysuru	19 <sup>th</sup> to 25 <sup>th</sup> March 2018	Hosaanandooru





## BUDGET AND MONETIZATION OF NSS ACTIVITIES 2018-19

### Total monetization of NSS REGULAR ACTIVITIES for the year 2018-19

College	Number of beneficiaries	Total Outcome in Rs.
JSS Medical College, Mysuru	19,951	11,47,520.00
JSS Dental College & Hospital, Mysuru	50	45,000.00
JSS College of Pharmacy, Mysuru	650	1,72,000.00
JSS College of Pharmacy, Ooty	400	55,000.00
University Department, JSS AHER, Mysuru	1,300	83,000.00
<b>Total</b>	<b>22,351.00</b>	<b>15, 02,520.00</b>

### Total monetization of NSS SPECIAL CAMPING ACTIVITIES for the year 2018-19

College	Number of beneficiaries	Total Outcome in Rs.
JSS Medical College, Mysuru	19,434	9,71,700.00
JSS Dental College & Hospital, Mysuru	1,000	2,20,000.00
JSS College of Pharmacy, Mysuru	2,000	1,65,000.00
JSS College of Pharmacy, Ooty	955	1,15,000.00
University Department, JSS AHER, Mysuru	1,300	83,000.00
<b>Total</b>	<b>24,689</b>	<b>15,54,700.00</b>

### Societal Contribution of monetization

Total Amt received for NSS activities 2018-19			Total Monetization for 2018-19		
Activity	Amt in Rs	Grand total in Rs	Activity	Amt in Rs	Grand total in Rs
Regular activities (Govt.)	1,12,500.00	5,93,750.00	NSS Regular activities	15, 02,520.00	30,57,220.00
Special Camping Activities (Govt.)	1,01,250.00		NSS Special Camping Activities	15,54,700.00	
<b>From JSS AHER</b>	<b>3,80,000.00</b>				
<b>Total societal contribution</b>				<b>24,63,470.00</b>	



**UNIVERSITY LEVEL NSS ACTIVITIES 2018-19**

1. **National Gandhi Vichar Camp-** Four NSS Volunteers from JSS Medical College were participated in the National Gandhi Vichar Camp held from April 5<sup>th</sup> to 8<sup>th</sup> at Assam Gandhi Smarak Nidhi, **Gandhi Nagar, Assam**. They represented Karnataka NSS team.





**2. Participation of our volunteers in NIC- 8 NSS Volunteers from our University participated in NSS National Integration Camp held from 23<sup>rd</sup> to 29<sup>th</sup> November 2018 at Visveswaraiah Technological University, “Jnana Sangama” Belagavi.**

Sl No	Name	Class	College
01	Mr. Prabhat Ranjan	7 <sup>th</sup> Term MBBS	JSS Medical College, JSS AHER, Mysuru
02	Ms. Simran Saluja	7 <sup>th</sup> Term MBBS	JSS Medical College, JSS AHER, Mysuru
03	Ms. Navya Raj MP	Second MSc.	Dept. of Water and Health. JSS AHER, Mysuru
04	Mr. Vijeth Lingaiah	3 <sup>rd</sup> Year BSc.	Dept. of Water and Health. JSS AHER, Mysuru
05	Ms. Manasa K	First Year MBA	Dept. Of HSMS, JSS AHER, Mysuru
06	Mr. Mohamed Naufal Khan	First Year MBA	Dept. Of HSMS, JSS AHER, Mysuru
07	Mr. Abaka Mohit Kumar	IV Pharm D	JSS College of Pharmacy, JSS AHER, Mysuru
08	Mr. M. Hariss	III Pharm D	JSS College of Pharmacy, JSS AHER, Mysuru







3. **Pre-RD and RD parade selection camps-** Two NSS Volunteers of NSS Unit of JSS AHER Department were participated in the Pre-RD and RD parade selection camps held at Belagavi. Both were selected for state RD camp.



Ms. Navya Raj and Ms. Deeksha Pai NSS Volunteers from University Department were selected and participated in the RD parade.

Ms. Navya NSS Volunteers from University Department participated in the national RD parade and Deeksha Pai was unable to participate due to her examinations.



## 4 World Environment day

National Service Scheme (NSS) of JSS AHER, Mysuru along with the constituent colleges celebrated World environment day on 05<sup>th</sup> June 2018 in the premises JSS Medical institutions campus. The rally was inaugurated by JSS Mahavidyapeetha Executive secretary Shri C.G. Betsurmath. Dr. B. Manjunatha, Registrar, JSS AHER, Dr. P.A. Kushalappa, Director- Academics, Dr. K L Krishna, NSS Program Coordinator, JSS AHER and many other dignitaries were present.



5. **NSS Day and Inauguration of Golden Jubilee celebration of NSS-** NSS Cell, JSS Academy of Higher Education & Research, Mysuru under the umbrella of **National Service Scheme** celebrated **NSS Day and Inauguration of Golden Jubilee celebration of NSS** from 29<sup>th</sup> Sep to 1<sup>st</sup> Oct 2018 by various activities. NSS Unit of JSS College of Pharmacy, Mysuru organized all the activities on behalf of University in association with all other NSS Units. **NSS Day and Inauguration of Golden Jubilee celebrations of NSS** was held on 1<sup>st</sup> Oct 2018 at 3 pm in the Sri Rajendra Auditorium, JSS College of Pharmacy, Mysuru.

**University Best NSS Volunteers awards** for the year 2017-18 was given and the winners were as given below-

NSS Unit	Best Male Volunteer	Best Female Volunteers
JSS Medical College, Mysuru	Mr. Prajwal L K	Ms. Amitha V K
JSS Dental College and Hospital, Mysuru	Dr. Varun S	Dr. Pooja J
JSS College of Pharmacy, Mysuru	Mr. Naveen Datta G	Ms. Geetha R
JSS College of Pharmacy, Ooty	Mr. S. Vignesh	Ms. Oorvashi
University Dept. JSS AHER, Mysuru	Mr. Pramod B	Ms. Syeda Nayaab.





The team who made a play on Mahatma Gandhi was also given the memento and certificates. On the occasion of Golden Jubilee celebrations, drawing and painting competition was made and the winners were given the prizes.



## NSS Day and Golden Jubilee celebrations of NSS held

Mysuru, Oct. 9 (KS)- The NSS Cell of JSS Academy of Higher Education & Research, Mysuru under the umbrella of National Service Scheme (NSS) celebrated NSS Day and the inauguration of Golden Jubilee celebration at Sri Rajendra auditorium in JSS College of Pharmacy in city recently.

Dr. B. Manjunatha, Registrar, JSS Academy of Higher Education & Research, Mysuru inaugurated the function by lighting the lamp.

Prof. G. K. Chandrashekarappa, Co-ordinator, Faculty of Life Science, Dr. H.K. Mamatha, Co-ordinator, Department of Health System Management Studies, Dr. T.M. Pramodkumar, Principal, JSS College of Pharmacy, Mysuru and Dr. K.L. Krishna, NSS Program Co-ordinator, JSS Academy of Higher Education & Research, Mysuru, were

among those present at the grand celebrations.

**Best NSS Volunteer Awards** for the year 2017-18 were presented to JSS Medical College, Mysuru: L.K. Prajwal and Amitha V. Khatawkar.

**JSS Dental College and Hospital, Mysuru:** Dr. S. Varun and Dr. J. Pooja.

**JSS College of Pharmacy,**

**Mysuru:** G. Naveen Datta and R. Geetha.

**JSS College of Pharmacy,**

**Ooty:** S. Vignesh and Oorvashi.

**University Dept. JSS AHER,**

**Mysuru:** B. Pramod and Syeda Nayaab.

Since JSS Academy of Higher education & Research is celebrating its 10th anniversary, NSS Officers, who served at the

University were felicitated on the occasion.

Those who were felicitated are Dr. H.V. Gangadharappa, Former NSS Programme Co-ordinator, JSS AHER, Mysuru, Dr. Prashanth Vishwanath, Former NSS Programme Officer, JSS Medical College, Mysuru, Dr. K. Lingaraju, Former NSS PO, JSS Dental College & Hospital,

Mysuru, Dr. R. Suresh Kumar, Former NSS PO, JSS College of Pharmacy, Ooty and Dr. K. Mruthunjaya, Former NSS PO, JSS College of Pharmacy, Mysuru; Dr. M. Umesh, Former NSS PO, JSS College of Pharmacy, Mysuru and Dr. K.L. Krishna, Former NSS PO, JSS College of Pharmacy, Mysuru, according to a press release.





**6. Blood Donation Camp-** Blood Donation Camp was organized on Saturday, 29<sup>th</sup> Sep 2018 at JSS College of Pharmacy, Mysuru from 10 am to 1 pm. Dr. Pallavi, Blood Bank Officer of JSS Hospital organized the camp activities. About **80 Units of blood** was collected. Staff and NSS Volunteers of JSS Academy of Higher Education & Research, Mysuru were donated the blood.



**6 Drawing and painting completion-** Drawing and painting completion was held at JSS College of Pharmacy, Seminar hall on the theme of Swachh Hi Seva program. 89 NSS Volunteers of JSS Medical College, JSS Dental College and Hospital, JSS College of Pharmacy, Faculty of Life Sciences, Faculty of Health System Management studies were participated in the competition. The winners will be given the prizes and certificates on NSS day celebrations i.e. on 1<sup>st</sup> Oct 2018.





- 7 **Swatchh Hi Seva program of Swatchh Bharath-** On the occasion of Golden jubilee celebrations of NSS, NSS Units of JSS AHER, Mysuru and Clean Mysuru Foundation, Mysuru jointly organized cleanliness program under **Swatchh Hi Seva** program of **Swatchh Bharath** initiative of Govt. of India on **30<sup>th</sup> September 2018** at Chamundi Hill. In the first phase of activities, **a rally** was conducted near the **temple creating awareness on cleanliness**. **About 250** NSS volunteers of 4 units of JSS AHER were involved in the program. In the second phase, plastic and other wastes were collected at three locations of Chamundi Hill. 1. Near the Temple premises, 2. Nandi Temple area and 3. View point. **About 50 bags of plastic** were collected. (Photo 7, 8 and 9)





- 8 **Free Health checkup camp-** Parallel to these events, on the same day, a health monitoring camp was organised where more than 200 beneficiaries got their **BP, body mass index** and random **blood sugar** checked. The volunteers availed the Darshana and Prasadam of Chamundi hill. Thanks to the endowment office of Chamundi Hill for encouraging the activities of NSS-JSS AHER. NSS Unit of JSS College of Pharmacy, Mysuru along with Pharmacy practice department had organized **Free Health camp** near the footsteps in the Chamundi hills.



### 9. International Yoga Day Report JSS AHER

National Service Scheme (NSS) of JSS AHER, Mysuru along with the constituent colleges celebrated international Yoga day on 21<sup>st</sup> June 2018 in the premises of Mysore Race Club in view to support the Government of Karnataka to enter into the Guinness book of records for the highest number of participants performing yoga in Mysuru city. The function was inaugurated by cabinet ministers Shri G.T. Devegowda, Shri. Sa. Ra. Mahesh and members of legislative assembly of the Mysuru constituency and many other dignitaries.

Again in the afternoon, National Service Scheme (NSS) of JSS AHER, Mysuru along with the constituent colleges celebrated international Yoga day on 21<sup>st</sup> June 2017 in the premises of Boys hostel indoor sports room, JSS Medical Institutions campus, Mysuru at 2:00 P.M.

Dr. B. Manjunatha, Registrar, JSS AHER, Dr. H. Basavanagowdappa, Principal, JSSMC, Dr. Anil Kumar, Principal, JSS Dental College and Hospital, Dr. T.M. Pramod Kumar, Principal, JSSCP, Mysuru were the guests present in the function.

Yoga guru Shri. Mukunda, Mysuru demonstrated and taught the various ASANAS of yoga. About 100 faculty members of JSS AHER participated and learnt the various asanas.



## 10. 72<sup>nd</sup> Independence Day celebrations

JSS AHER along with the constituent colleges and NSS units celebrated the 72<sup>nd</sup> Independence Day in the JSS Medical institutions campus. Principals of the constituent colleges delivered talk on the integrity, diversity, Swachh Bharat and Swasth Bharat followed by the cultural program by JSS School children, SS Nagara, Mysuru.







**NSS REGULAR ACTIVITIES FROM NSS UNITS FOR THE YEAR 2018-19**

1. **NSS Orientation Day-** NSS Unit of JSS AHER Department organized NSS Orientation day for the new NSS Volunteers on 6<sup>th</sup> October 2018. After the formal inauguration, a guest lecture was organized, **Shri. Madhukesh, Secretary of Clean Mysuru Foundation** spoke about waste management system and effective involvement of NSS volunteers.



2. **Plastic free campaign in Mysuru City-** Clean Mysuru Foundation in association with various organizations of Mysuru, organized plastic free campaign at various places in Mysuru city. NSS volunteers and Dr. Raghu Ram Achar, Program officer of NSS Unit of University Department, JSS AHER participated in the campaign.





3. **JSS AHER MAKES ITS MARK AT THE 70<sup>th</sup> REPUBLIC DAY CELEBRATION AT MANIKSHAW PARADE GROUND, BENGALURU on 26<sup>th</sup> Jan 2019-** Navya Raj MP NSS Volunteer of University Department participated in the state RD on 26<sup>th</sup> Jan 2019. Deeksha M Shetty, even though selected for state RD but unable to attend because of her examinations.





4. Celebration of “**World AIDS Day 2018**” on 1<sup>st</sup> Dec 2018- The NSS Unit of JSS Medical College in collaboration of Department of Community Medicine and JSS Urban Health Centre jointly organised “**World AIDS Day 2018**” On 1 December 2018, with the objectives of **Urge people to know their HIV infection status** through testing, and to access **HIV prevention, treatment and care services**; and Urge policy-makers to promote a “health for all” agenda for HIV and related health services, such as tuberculosis (TB), hepatitis and non communicable diseases. WHO will join global partners to commemorate World AIDS Day under the theme “**Know Your Status**”. This will also be an occasion to celebrate the 30th anniversary of World AIDS Day – a pioneering global health campaign first initiated by WHO in 1988.





5. The NSS Unit of JSS Medical College in collaboration of Department of Community Medicine and JSS Urban Health Centre jointly organised “National Nutrition Week”.



6. **Dengue fever and chikungunya fever awareness program**-The NSS Unit of JSS Medical College in collaboration of Department of Community Medicine and JSS Urban Health Centre jointly organised “Dengue fever and chikungunya fever awareness program” .





### 7. Sapling of Plants on alumni day

JSS College of Pharmacy, Mysuru had organized alumni meet on 12<sup>th</sup> August 2017. Dr T.M. Pramod Kumar, Principal, JSSCP, Mysuru along with the alumnus, NSS unit JSSCP had planted about 50 saplings in the premises of the college as a mark of the alumni meet.



### 8. Health Screening Camp on the occasion of National Pharmacy Week celebrations

National Service Scheme, JSS College of Pharmacy, Mysuru, in collaboration with Department of Pharmacy Practice, organized a Health Screening Camp for the benefit of public of Mysuru city on 5th December 2018 at three different locations Viz., Bal Bhavan, Chamundi Hills Footsteps and Lalith Mahal Gate between 06.00AM and 10.00 AM. The aim of the health screening camp was to sensitize the people about the importance of regular monitoring of health and safe use of medications. During the camp, interested public were screened for blood pressure and blood glucose levels. In all three venues, a total of 270 people (Bal Bhavan: 88, Chamundi Hills Footsteps: 61 and Lalith Mahal Gate: 120) were monitored for their blood pressure and blood glucose levels. At the time of monitoring, 67 people were found with elevated blood glucose level and 95 people were found with elevated levels of blood pressure at the time of screening.





## 9. Pharma Rally on the safe use of medicines

National service scheme, JSS College of Pharmacy, Mysuru in association with Indian Pharmaceutical association organized Pharma rally on 06<sup>th</sup> December 2019 to spread awareness among the public about Pharmacy. About 1000 participants from various pharmacy colleges and other associations from Mysuru participated in the rally. Dr. Hemantha Kumar, Vice-chancellor, University of Mysore inaugurated the rally.



**10. “Micro Entrepreneurship Awareness Seminar”** - A “Micro Entrepreneurship Awareness Seminar” was conducted by the PUTHIYA THALAIMURAI Foundation at the campus of JSS College of Pharmacy, Ooty. Mr. SHIVARAMAN S (Consultant & Trainer, Foreign Trade policy & Customs Law) and Dr. M.GANGA (Associate Professor & Head Horticultural Research Station) were the resource persons. About 20 NSS Volunteers participated and helped in organizing and coordinating the event successfully.





**11. International Yoga Day rally** - International Yoga Day rally was conducted to create awareness among public in and around Ootacamund. The rally started from our college and was concluded at HADP ground which was accompanied by our principal DR.S.P. Dhanabal. It was programmed along with BNYS staff and students of JSS INYS and various slogans and placards were displayed. The students were also given demonstrated about the basics of yoga.



International Yoga Day rally was conducted to create awareness among public in and around Ootacamund. The rally started from our college and was concluded at HADP ground which was accompanied by our principal DR.S.P. Dhanapal. It was programmed along with BNYS staff and students of JSS INYS and various slogans and placards were displayed. The students were also given demonstrated about the basics of yoga.

**12. The World Pharmacist day** was celebrated on 25<sup>th</sup> September 2018 at JSS College of Pharmacy, Ooty. The students actively Participated in the human chain formation, from commercial road to ATC bus stop, Ootacamund. The Capsule symbol, along with mortar and Rx was demonstrated by the NSS volunteers at Shanthi Vidhyalaya school ground, Ootacamund.







**13 Dental Screening Program-** Dental screening program was conducted at GRG School, in association with the JSS Dental College, Mysuru in Masanagudi December 3<sup>rd</sup> 2018. About 200 NSS volunteers actively participated in this outreach program.



**14 Shramadhana/Cleanliness program** - About 35 NSS volunteers of JSS College of Pharmacy, Ooty cleaned the water reservoirs in the reserve forests of Tiger hills on 10<sup>th</sup> Dec 2018. The program was jointly carried out with the local municipal councilor Mr. Sampath. The principal and few faculty members also joined the campaign.





- 15. Social activities-** NSS volunteers of JSS College of Pharmacy, Ooty were participated in the accounting of the Hundi at mariamman temple at Ooty. This was on the request by Local district in charge Mr. Vetrichellvan.



- 16. Republic day celebration-** NSS Unit of JSS College of Pharmacy, Ooty, Celebrated 70<sup>th</sup> Republic day at the institution. Dr. B. Duraiswamy, Head Department of Pharmacognosy and one of the oldest serving faculty of the institution was the chief guest of the day. Flag hoisting, speech and patriotic song by volunteers and sweet distribution were the events of the day.





---

**NSS SPECIAL CAMPING ACTIVITIES FROM NSS UNITS FOR THE YEAR 2018-19**

**1. JSS Medical College, Mysuru**

NSS Unit of JSS Medical College conducted its Annual Special Camp on **24th to 30th of March 2019** in the Tribal Haadi's of Ramapura Village, Kollegal Taluk, Chamrajanagar District. The camp was started on 24th March with a formal inauguration programme at Ramapura Village, Dr Shivaprakash S, formally welcomed the dignitaries. Dr Bharath T described the aim and objectives of NSS and mentioned the expectations from volunteers in the special camp. Inauguration and lighting the lamp was done by Pujya Sri Basavanna Swamy, Sri Shivarathreeshwara Branch Mutt, Gopishettiuru and Sri. Basavaraju S, Zilla panchayat member and presided by Sri. Rajshekar, retd Principal, Sri. Nagendra Prabhu P and other leaders of village were present on this occasion.

The free health checkup camps was organized across various villages and tribal haadis like Dinalli, Arjun Doddi, Gollara Dimba, MM Hills and Ramapura village of Kollegal Taluk, Chamrajanagar District.

A total of 1089 patients out of 19434 population got the benefits of the free camp. The patients above 40 years were screened for Diabetes, Hypertension and cardiovascular diseases using ECG. They were given treatment on spot with the help of specialists from General Medicine, Pediatrics and Gynaecology. The ones who are in need of advanced care were referred to JSS Hospital, Mysuru. Free Dental Health checkup camp was held on 28th of March where 86 people have participated and benefited. Street plays on important issues like Hand Hygiene, alcohol and tobacco ill effects were enacted by the NSS volunteers.

The valedictory programme of the camp was held in Ramapura village 30th of March 2019. Dr Sunil Kumar D. Dr Shivaprakash S, Dr Bharath T, Sri. Rajshekar and others were present on this occasion.





# JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited A<sup>+</sup> Grade by NAAC







## JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited A<sup>+</sup> Grade by NAAC







## **2. JSS Dental College & Hospital, Mysuru**

### **DAY 1- 30.01.19- Wednesday**

With the blessings of his Holiness Jagadguru Sri Sri Shivarathri Deshikendra Mahaswamiji, NSS camp commenced on 30-01-19. On the inaugural day we reached BR Hills by 10.30 a.m. The accommodation was provided in the JSS matt, BR Hills Campus. Individual responsibilities were given to each volunteer for seven days regarding special camping activities. The inaugural function started at 3.00pm in the matt premises. Dr. Ravindra, Principal, JSS Dental College and Hospital, inaugurated the special camp by hoisting the NSS flag and lighting the lamp And addressed the NSS volunteers stressing the importance of NSS in rural development. Mrs. Anushree, Assistant Administrative Officer and Mr. Veerabadrswamy, Assistant Administrative Officer, we're also present at the inauguration. They wished all the NSS volunteers a successful and prosperous camp. Dr. Ravi M.B., NSS programmer officer, welcomed the guests and highlighted the proposed programs of the camp. Tree samplings were planted by all the guests who attended the inauguration on the JSS Guest House Campus. The programme was concluded with tea at 5:00pm. A meeting was held at 10:00pm regarding the daily activity of the camp and also proposed activities for the next day.

### **Day 2 – 31.01.19- Thursday**

The Camp activities commenced at 6:00 am. The volunteers were asked to take daily activities after 6:45. The daily routine started with flag hoisting, followed by the NSS songs and exercise. The breakfast was served at 8:30 am. The day was scheduled for meeting and interacting with the native tribes of BR Hills, the Soliga tribes. The volunteers interacted with them and understood their mannerisms and way of life. The tribes were given oral hygiene instructions as well as general hygiene instructions. The NSS volunteers were taken into the forest and they got an idea as to how different the lives of the tribes are. For the evening session the Soliga tribes did a dance performance to show us their culture and beliefs. It was truly a once in a lifetime opportunity to witness such an amazing performance. Dinner was served at 9.00 pm and the daily report was prepared and submitted. A meeting was held at 10.00 pm regarding the interaction with the villagers that day, and also discussed about the next day's proposed activities.

### **Day 3 – 01.02.19 - Friday**

The third day commenced at 6.00 am. The daily routine was started with flag hoisting, followed by the NSS prayer and exercise. The breakfast was served at 8:30 am. The day was scheduled for a Dental Camp in the Government School, BR Hills. The NSS volunteers visited the Government School in BR Hills, where dental screening was done for all the children along with their treatment which was done in the JSS Mobile Dental Van. The children were also educated on Brushing Techniques and Hand washing in order to keep themselves disease free as well as to maintain proper oral and body hygiene. For the evening session we watched a documentary on BR Hills and the



culture and beliefs of the Soliga tribes. This documentary was called Gorukana which was made by Dr. Sudarshan, who is a social worker, working towards the benefit of the tribes. The dinner was served at 9.00 pm and the daily report was prepared and submitted. A meeting was held at 10.00 pm regarding the Dental camp organized that day, and also discussed about the next day's proposed activities.

## **Day 4- 02.02.19 – Saturday**

On the fourth day, the volunteers began their daily routine at 6.30 am with the flag hoisting followed by light exercise and then breakfast. The day was scheduled for a dental check up by the renowned dentists of JSS Dental College and Hospital. A dental screening and treatment camp was carried out in the VGKK School, a school run by Dr. H Sudarshan and his team where free education is provided to the children of the Soliga tribes as well as to the children of the neighboring areas. All 350 children were screened and each child was treated at least in the form of pit and fissure sealants or scaling. The children of the school were very happy and content with the treatment that was provided to them. The dinner was served at 9.00 pm and the daily report was prepared and submitted. A meeting was held at 10.00 pm regarding the Dental camp organized that day, and also discussed about the next day's proposed activities.

## **Day 5- 03.02.19- Sunday**

On the fifth day, the same routine was followed in the morning, amidst the hot weather. The volunteers were up by 5:30 am, finished their daily routine of flag hoisting and NSS prayer. After breakfast at 8.30 am, the volunteers were involved in the morning session of the camp. The Mobile dental clinic was taken into the dwelling areas of the Soliga Tribes so as to provide treatment to them. Even though the Soligas have the ideas of treating conditions with naturally available medicinal plants, they were open to our ideas of treatment were open minded to accept the treatment that we were offering. Treatments like scaling, extractions and restorations were given to them. They were very welcoming and kind hearted people. For our evening cultural session, Patriotic songs were sung along with lighting candles around the India map. The dinner was served at 9.00 pm and the daily report was prepared and submitted. A meeting was held at 10.00 pm regarding the Dental camp organized that day, and also discussed about the next day's proposed activities.

## **Day 6- 04.02.19- Monday**

The sixth day of the camp. The day commenced as usual with the hoisting of the flag and singing of the NSS prayer after which the breakfast was served at 8.00 am to all the volunteers. All the NSS volunteers went to the SDVE School, Yelandur where a screening as well as treatment camp was conducted for all the children, starting from play school till the 8<sup>th</sup> Grade. All children were given some treatment along with oral hygiene instructions. In each classroom a demonstration on brushing technique as well as hand washing was given in order to motivate the children to maintain better oral



and general body hygiene. Hygiene and the importance of consulting doctors in case of health issues. It was a huge success.

## **Day 7- 05.02.19- Tuesday**

This was the final day of the educative and informative NSS special camp. All the volunteers went to visit the Suttur Jathre, the annual Jathre of the JSS Mutt, conducted at Suttur. We met the Head Seer, Shri Shivaratri Deshikendra Mahaswamiji. We visited the stalls at the exhibition as well as saw the other events happening at the Jathre.

The entire week overall was a very service driven and informative week. The camp also opened our minds to the different types of life people can live and that we have to be thankful and grateful for all that we have. The NSS Volunteers shared their feelings of togetherness that they had experienced throughout the camp. They were happy that they were the part of this programme and this experience would change their outlook on life.



### 3. JSS College of Pharmacy, Mysuru

#### Day 1

**Day 1, Monday 25/03/2019**, the most awaited NSS Special Camp was started with the theme of “**Healthy India**”. Around 60 NSS volunteers of our college were eagerly waiting to depart to the camp site boarded the bus at 10.30 am along with NSS Camp Officer, **Dr. M.P. Gowrav**, Assistant Camp Officer **Mr. Jaidev Kumar**. Everyone dropped their luggages at the Sri Lakshmi Narayana temple premises, Majjigepura, Hulikere Taluk where the accommodation was arranged for all the NSS volunteers. Inauguration of the NSS Annual Special Camp 2018-19 was scheduled at 5.30PM at Sri Lakshmi Narayana temple premises, Majjigepura, Hulikere Taluk of Mandya District.

NSS Special Camp 2018-19 programme started with the invocation Song. The program was presided by our beloved Vice-Principal **Dr. P.K. Kulkarni** J.S.S. College of pharmacy, Mysuru. **Mr. Arfath** welcomed the dignitaries and guests on the Diaz. NSS Special Annual Camp-2018-19 was inaugurated by **Sri. Chennegowdru**. Yajamanaru and retired Kannada teacher, **Mr. Mynavathi Vijaykumar**, Gram Panchayath Member, Dr. H.V. Gangadharappa, Ex-Programme Coordinator, JSS AHER, Dr. Mamatha, HOD, HSMS, JSS AHER and other members of the village and other guests of Hulikere on the Diaz inaugurated the camp by watering the plant.

**Dr. P.K. Kulkarni**, addressed the villagers, asking the villagers to participate actively in large numbers in all the programs scheduled to be conducted from 25-03-2019 to 31-03-2019 and make best use of the camp. He also encouraged the volunteers to utilize this opportunity to help all the villagers, to have a clear exposure to the life in a village and to gather knowledge on how to serve the poor and needy people of the village. **Vote of thanks** was proposed by **Dr. M.P. Gowrav**, he memorized the support and encouragement in organizing the said camp. He thanked all the dignitaries and guests for their esteemed presence.

After the inauguration function, everyone moved towards the temple convention hall and had dinner at 8:30 PM followed by meeting with the NSS officers in order to discuss about next day's programs, Grouping of all the NSS Volunteers, Assigning each group of volunteers to carry out various activities assigned to the individual group and Volunteers then wrote the NSS diary before going to bed.



**Inauguration of NSS Annual Special Camp**

**Day 2**

**On Tuesday Day 2, 26/03/2019**, all the volunteers woke up at 6 am and attended the NSS Flag Hoisting programme organized by group I. Exercises were performed for 30 min followed by the flag hoisting by **Sri. Prabhakar**, Villager from Majjigepura. After taking bath, all the volunteers had the breakfast arranged by group II. Morning session (9:00 a.m. to 1:00 p.m) started with the Shramadhan- Cleaning of temple premises and nearby locations of villages by our NSS Volunteers. Planting of saplings in the village and watering of plants for rest of the days until the camp. About 50 plants were planted and watered. After the planting and cleaning all the volunteers moved to the hall where the accommodation was arranged and had a very good lunch organized by group II. All the NSS volunteers took rest for 2 hours and was informed to make arrangements for evening session.

The program started at 05:30 PM in the evening with the invocation song by **Mr. Premanand Patil** and group and the welcome speech was given by **Mr. Arafath**. Awareness program on **AIDS** was campaigned door to door by our NSS Volunteers explaining the prevention of HIV AND AIDS. After this cultural program were performed by our volunteers. Then volunteers returned to the venue for dinner arranged by group II. After the dinner there was a meeting to review the day's programme and next day's programme was planned and wrote the dairy and went to sleep at 10:30 PM.



**Shramadhana and Planatation Programme by our NSS Volunteers**





## Day 3

**On Wednesday Day 3, 27/03/2019**, all the volunteers were made to wake up at 6 am and attend the flag hoisting programme at 06:30 AM organized by group V and exercises were performed for 30 mins. Followed by this, as usual everyone had breakfast after taking bath. Breakfast arrangement was made by group III. After the breakfast at 8.30 am all the volunteers went to venue of the camp, i.e. Hulikere Grama Panchayath office for the morning session organized by group II i.e. Morning Session program was scheduled as Ayurvedic medical check up and around 200 villagers had free ayurvedic check-up and free medications were distributed to all the villagers. Check-up camp organized by JSS Ayurveda College and Hospital, Mysuru.

Department of Pharmacy Practice, JSS College of Pharmacy, Mysuru organized free health screening camp such as Blood glucose and blood pressure monitoring. About 200 people were monitored and examined.

After the Ayurveda and health screening camp all the NSS Volunteers had lunch organized by group III and took rest for 2 hours and after having tea at 4 PM. The program started at 05:00 PM in the evening with the invocation song by **Mr. Namitha** and group and the welcome speech was given by **Mr. Aqueeb Khan**. A guest lecture was delivered by **Mr. Mohd Asif Hussain**, Assistant Professor, Govt College on “**Environment and global warming**”. He explained about the value of each tree and how much oxygen each tree is giving and he also told volunteers to plant more and more trees. The program ended with the vote of thanks given by **Mr. Kiran Raj G**. The said faculty had a nice interaction with NSS volunteers with lots of happiness of success the volunteers returned to the venue for dinner arranged by group III. After the dinner there was a meeting to review the day’s programme and next day’s programme was planned and wrote the diary and went to sleep at 10:30 PM.



**Ayurvedic Medical camp by JSS Ayurvedic Hospital and Health screening camp by  
Department of Pharmacy Practice, JSSCPM, Mysuru**



**Day 4**

**Day 4, Thursday 28/03/2019**, all the volunteers woke up at 6 am and attended the NSS Flag Hoisting programme organized by group I. Exercises were performed for 30 min followed by the flag hoisting by **Mrs. Shymala**, Villager. After taking bath, all the volunteers had the breakfast arranged by group IV.

Medical check up camp was conducted (from 9 am to 1 pm) by the expert Doctors (Paediatrics, Ophthalmology and General) of JSS Medical College and Hospital, JSS AHER, Mysore. Medical check up was done for around 200 villagers were carried out. The villagers showed very good response and all the villagers appreciated the NSS unit of JSS College of Pharmacy for organizing the Medical check-up camp and thanked the Doctors whole heartedly. Around 20 Villagers underwent eye testing and were suggested for cataract operation and were dispensed with free medications provided by the JSS Drug Centre, JSS Hospital, Mysore.

In the evening around 05:00 P.M. a guest lecture was delivered by **Dr. Shivaraju**. Asst. Professor, FLS, JSS AHER Mysuru on “**Conservation of Ground water resources**”. by playing some videos on methods of ground water conservation and recharging of bore wells. Volunteers mobilized a huge crowd and the programme was a grand success. The program ended with the vote of thanks given by **Ms. Kavana**. The said faculty had a nice interaction with NSS volunteers with lots of happiness of success followed by cultural programmes.

After that volunteers came back got ready and had a delightful dinner arranged by group IV and this became the most memorable day and all the NSS Volunteers sung and danced and enjoyed to the maximum and it was followed by the meeting where the present day progress and future programmes were discussed the volunteer dairy was written and all the volunteers went back to the bed.



**Medical Health Checkup (General, Paediatric and Ophthalmology) by JSS Hospital**

**Day 5**

**Day 5, Friday 29/03/2019**, all the volunteers were made to wake up at 6 am and attend the flag hoisting programme at 06:30 AM organized by group IV and exercises were performed for 30 mins. Followed by this, as usual everyone had breakfast after taking bath. Breakfast arrangement was made by group I. After the breakfast at 8.30 am all the volunteers went to venue of the camp for the morning session organized by group II. Swacchata program was organized in the nearby villages where our students divided in groups where they educated the villagers about free from open defecation, maintaining personal hygiene and consumption of ro water or warm water during summer.

After finishing morning program all the NSS camp volunteers headed back to venue and had lunch organized by group V and took rest for some time and went back to organize the evening programme. The program started at 05:30 PM in the evening by invocation song. An awareness programme was organized by Pharmacy Practice Dept of JSS College of Pharmacy on Poison information center door to door campaigning. This evening programme was organized by group II. Volunteers mobilized a huge crowd and the programme was a grand success. The program ended with the vote of thanks given by Mrs.Kavana. The said faculty had a nice interaction with NSS volunteers with lots of happiness of success the volunteers returned to the venue for dinner arranged by group V. After the dinner there was a meeting to review the day's programme and next day's programme was planned and wrote the dairy and went to sleep at 10:30 PM.



**Door to door campaigning on maintaining cleanliness and free from open defecation**



**Day 6, Saturday, 30/03/2019** the day began with the flag hoisting by Sri Nethrapal, villager and it was organized by group III at morning 6:30am. After a couple of minutes of yoga and stretching exercises everyone went back to their rooms and got ready quickly and had a cup of tea at 7:30am and all the volunteers started towards to organize morning programmes.

JSS Dental college and hospital, Mysuru conducted dental camp. Around 50 school children and 100 villagers were treated for teeth problems like dental carries, tooth pain, tooth extraction and tooth filling treatments were done and all the patients were distributed with the free medications provided by Himalaya Drug Company.

After finishing morning program all the NSS camp volunteers headed back to venue and had lunch organized by group IV and took rest for some time and went back to organize the evening programme .The program started at 05:30 PM in the evening with the invocation song by Mr. Kiran and group and the welcome speech was given by Mr. Pavan Kumar. The evening program was on creating awareness and educating the village people about “Snake bite and its prevention and treatment” by **Dr. J.R. Kumar**, Assistant Professor, FLS, JSS AHER Mysuru. There was a good crowd and the programme was a huge success. The program ended with the vote of thanks given by **Mr. Sagar Solanki**. The said faculty had a nice interaction with NSS volunteers and encouraged them to contribute to society as much as possible and they also complimented the volunteers for very systematic arrangement of camp and programmes. Teachers wished the volunteers all the best and also distributed sweets which they brought to the volunteers.

After the programme the volunteers came back got ready and had a delightful dinner arranged by group IV and this became the most memorable day and all the NSS Volunteers sung and danced and enjoyed to the maximum and it was followed by the meeting where the present day progress and future programmes were discussed the volunteer dairy was written and all the volunteers went back to the bed.



**Dental Checkup and treatment by JSS Dental College and Hospital**



### Day 7

**On the last day, 31/03/2019 valedictory function** was organised at Sri Lakshmi Narayana Swamy temple Hall. After the breakfast all the groups started their assignments of packing, cleaning, venue preparation etc., The programme started with the NSS Song as invocation song. Invocation was by NSS Volunteers **Ms. VidyaBeeresh** and team. **Dr. M.P. Gowrav** welcomed the guests. NSS officer Dr. M.P. Gowrav presented the NSS Camp report in front of the dignitaries on the Dias with few highlights of the camp like Plantation of saplings in the temple premises, medical camp, dental camp and ayurvedic camp. **Dr. T.M. Pramod Kumar, Principal, JSS College of Pharmacy, Mysuru** of our college, presided over the function and Dr. K.L.Krishna, NSS Coordinator, JSS AHER, Mysuru was the guest of honor. **Sri.Shivaramu, Novelist and national award winner** were invited as Chief guests and were present on the Dias. **Dr. Raghuramachar** proposed the valedictory speech. Apart from these dignitaries, Colleagues, Programme Co-ordinator of JSS AHER, were present in the function which made the function more colourful and cheerful.

**Sri.Chennegowdru, yajamanru** wished all the best for the NSS Volunteers for their future endeveaors and was very happy with various programs which were conducted in the 07 days camp and also wished everyone and asked to conduct the camp once again in the village and to serve the villagers. He also told the youth to actively participate in social activities. **Dr. Balasubramanian, Director-Research, JSS AHER** and **Dr. Ravish, HoD, fls, JSS AHER** appreciated all the activities which were organized and conducted by the NSS special camp held for 07 days at village and congratulated all the volunteers for more actively involving and providing various services to the villagers. Best NSS Volunteer awards were given to Mr. Sagar Solanki, III B.Pharm, Ms. Kavana, III B.Pharm and Mr. Nikhil S Jain, II B.Pharm. Vote of thanks was given by Mr. Jaidev Kumar. At last the students unwillingly packed their luggages and headed back to the college with life time memories.



**Valedictory Function**



**Feedback given by NSS Volunteers and Best NSS Volunteers**



**Shibirajyothi and Group photo of NSS Volunteers**



**Nearby scenic beauty of Hulikere Village**





**Organized one day food to Government school, Hulikere**



**Poison information center and cultural program**



**4. University Department, JSS AHER, Mysuru****Report of the NSS Special Camp activities-2018-19**

**Dates** : From 25.03.2019 to 31.03.2019

**Name of the village** : Majjigepura village, Srirangapatna Taluka, Mandya District

**Programme list**

<b>Day/Date</b>	<b>Morning session</b>	<b>Afternoon session</b>
Day 1 25/03/2019 Monday	Preparation for the camp	Inauguration
Day 2 26/03/2019 Tuesday	Interaction with the villagers	Group Discussions
Day 3 27/03/2019 Wednesday	Shramadhana activities and Plantation Free Dental Camp Along with Free Health Screening Camp (Blood sugar and BP Checkup)	“Environment and Environmental Pollution” Special lecture with field work by Md. Asif Hussain, Assistant Teacher, Govt High School, Hosahalli
Day 4 28/03/2019 Thursday	Rally on Water usage and Environmental management  Cleaning activities near the convention hall and temple premises	“Water Resources” Special lecture by Dr. Shivaraju HP, Assistant Professor, FLS, JSS AHER
Day 5 29/03/2019 Friday	Hand sanitization Awareness	Street Play and Cultural at the village centre. Awareness of poison by Dr. Umesh, Assistant Prof, JSSCP, Mysuru
Day 6 30/03/2019 Saturday	Free Medical Camp	“Snake Bite Management” Special lecture by Dr. JR Kumar, Assistant Professor, FLS, JSS AHER
Day 7 31/03/2019 Sunday	Valedictory Function Special talk on personality development by Shri Shivaramu Majjigepura	



**Inauguration of the special annual camp**



**Volunteers in the Shramadhana activities**



**Plantation Drive at Majjigepura with students of Govt. Primary School and villagers**



**Free Dental Camp**





Free Health Screening camp



Special Lecture by Md. Asif Hussain followed by field work calculating the actual value of one tree



Street Play and Ms. Deeksha M Shetty performing yakshagaana at village centre



Rally on Water usage and Environmental management





**Special lecture by Dr. JR Kumar on venom bite management**



**Special Lecture by Dr. Shivaraju HP on water resource management**



**Free Medical Camp with Nutritional Assessment**



## JSS Academy of Higher Education & Research

(Deemed to be University)  
Accredited A<sup>+</sup> Grade by NAAC



Flag hoisting sessions



Waste Collections Drive



Plantation Drive



Shibira Jyoti Preparations



Oath for Swachh Bharath and National Integrity



Valedictory Function





**JSS Academy of Higher Education & Research**

(Deemed to be University)

Accredited A<sup>+</sup> Grade by NAAC



**Group Picture of the Volunteers at Majjigepura**





## **5. JSS College of Pharmacy, Ooty**

### **25-03-2019**

With the blessings of His Holiness Jagadguru Sri Sri Shivarathreeshwara Deshikendra Mahaswamigalu and by god's grace our 15<sup>th</sup> NSS camp has begun on 25-03-2019. On the inaugural day (25-03-19) we left the college by 11:00am and reached MATTAKANDI village, MANJOOR by 2:00 p.m. At first all the volunteers cleaned the premises (Annamalai temple), given by the temple in-charge for accommodation, which is also the part of NSS program. By the time the lunch was ready, we had a fine lunch. Then the whole unit was divided into 02 units and each group was given individual responsibilities for the 05 days special camp.

The Inaugural Function has started at 4:30 pm in the Village Society hall where village people use to assemble for their evening activities.

The temple in charge and village head were present and inaugurated the Special Camp by hoisting the NSS flag, Flag hosting was followed by the NSS Song by the NSS volunteers Miss. Minu Treeza and Group. Then Dr. B.Babu, the NSS Program officer, welcomed the guests. The Guest addressed the NSS volunteers, with his inaugural speech and stressed the importance of NSS services in rural development. He said that students were having good opportunities to serve the people and society through NSS. He wished all the NSS volunteers a successful camp.

The NSS program officer Dr.B.Babu had given some tips to the NSS volunteers about the behavioral attitude in the camping period. He also wished all the Volunteers successful camping activities. The village people were very happy to receive the NSS volunteers and his and whole village support will be there for the various NSS activities in the 05 days program. Other villagers also spoke in the inaugural function in favoring NSS unit. They felt that it was an excellent opportunity for them to get use of the service of NSS for their village.

Dr. B.Babu, NSS Program officer has highlighted the programs for the coming 05 days and he requested all the village people to co-operate with NSS unit in carrying out various activities scheduled.

At the end of the function, the volunteers were given the diaries and badges in-group wise. Later at 9 pm dinner was served, the volunteers wrote the diaries and there was a discussion about the happenings of the day and the next day activities, then volunteers went for their sleep.

### **26-03-2019**

The day started at 6.00 am. The volunteers were asked to take their daily activities. At 7:30 am the N.S.S. flag hoisting program was conducted and the flag hoisting was done by the NSS Program officer followed by prayer. After the flag hoisting the volunteers were asked to do light exercise from 7.45 am to 8:00 am.

The program started at the areas near the Annamalai temple. One group started their work by cleaning the ground near the temple. The weeds, unwanted plants and other waste materials were removed and segregated. Meanwhile, the other group helped in the kitchen. The kitchen was entirely cleaned and mopped. One part of the group washed the vessels, while other part of the group helped in cutting and cleaning the vegetables for preparing the breakfast. The volunteers had their breakfast by 9.00am.

With this we have completed the morning session and asked all the volunteers to go for bath. After lunch and it was time for NSS volunteers to take rest. The principal, and few other staffs also joined the camp later that evening. At 05 pm after giving tea to the volunteers, the community mingling activity was carried out at a tribal village located near the Annamalai



temple. The volunteers actively took part in the event by having an interactive conversation with the tribal people and also played with the children for a while. The volunteers learnt how to approach and communicate to new persons. This was a very good activity and it helped the volunteers, in improving their communicative skills. Meanwhile, the dinner was ready and the unit had dinner by 9.00pm and retired to bed.

## 27-03-2019

The day started with flag hoisting and followed by NSS song. After the flag hoisting the volunteers were done a brief exercise then breakfast was given to the volunteers. Some of the female volunteers were asked to cook for that day. The activity for the day was to clean in and around areas of the Sivan gugai, which was located a kilometer away from the main temple. The path that led to the Sivan gugai was having slopes, steep and stones. Reaching the place was bit breath taking. The volunteers cleaned and white washed the place, including the stairs.

At 2:30 the lunch was served and the students took some rest. In the evening by 6.00 pm, a small interactive session took place, with the manager and volunteer of the temple. Their talk was so inspiring and motivated the volunteers, upon their personal life and career. Later that evening few other teaching and non-teaching staffs visited the camp and interacted with the students. The volunteers arranged a campfire and spent a quality time, by sharing each other's volunteering experience.

The dinner was given at 9.00 pm and after dinner we had a brief discussion on the day's performance and tomorrow's work plan. The volunteers wrote their diaries and went to bed for long rest. The works performed by the volunteers were highly appreciated by the village people and they were thankful too.

## 28-03-2019

On this day, after a sound sleep at night volunteers began their morning daily routine. At 6.45am we had flag hoisting followed by NSS Song. After the flag hoisting, as usual volunteers performed some exercises and after this the volunteers were given breakfast. After breakfast the volunteer were ready for the day's work.

The female Volunteers were allowed to clean the Mandappam, belonging to the Annamalai temple. The volunteers cleaned both the floors of the hall and mopped it entirely. The outside area of the hall was also cleaned by them. The male volunteers were involved in cleaning of the areas around the temple. The volunteers cleaned the premises by removing the plastics and other unwanted wastes and also white washed the entire premises.

With the permission from the forest officer, the volunteers visited the Penstock, which was an amazing view point, with all its mind blowing views of the hills and valleys. The views were breath taking. The volunteers rested for a while at the forest officer's house and then returned back through a tempo, which was a wonderful travelling experience.

This went on till 08:00pm then the volunteers were served the dinner and they went to sleep.

## 29-03-2019

The NSS volunteers, on this day as usual, started their morning at 6.30am, which was followed by daily routine. At 7:00am Dr.B.Babu, NSS program Officer hoisted the NSS flag followed by NSS Song. The light exercise program was cut shorted for half an hour due to scheduled program. Then at 9.00 am breakfast was served.



The NSS activity was started by cleaning and white washing the main temple area and the hall, located a kilometer away from the temple, which belonged to the Government organization, was also cleaned by the volunteers.

The volunteers were so pleased for getting the blessings from the swamiji of the Annamalai temple. For the services rendered by the volunteers, with the help of the NSS coordinator, had the opportunity to visit Upper Bhavani, Nilgiris. In the evening, small meeting was organized by the NSS program officer. Volunteers shared their views about the NSS camp and all of them said that they really felt that they should do something to improve the life of villagers. And also they said that they felt some sort of togetherness and experienced the human values.

### 30-03-2019

After the usual routine, Dr.B.Babu the NSS program officer addressed the volunteers about their efforts and service during the camp. The camp ended with a small valedictory function. The Annamalai temple swamiji and the manager in-charge of the temple, were the guests. Dr.B.Babu thanked them for supporting us, for the stay and the village people, for extending the support for smooth conduction of the camp. The NSS unit started their departure by early afternoon to the college.







## JSS Academy of Higher Education & Research

(Deemed to be University)  
Accredited A<sup>+</sup> Grade by NAAC







## JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited A<sup>+</sup> Grade by NAAC







# JSS Academy of Higher Education & Research

(Deemed to be University)  
Accredited A<sup>+</sup> Grade by NAAC







# JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited A<sup>+</sup> Grade by NAAC







# JSS Academy of Higher Education & Research

(Deemed to be University)  
Accredited A<sup>+</sup> Grade by NAAC

