

JSS Academy of Higher Education & Research

(Deemed to be University) (Accredited A+ Grade by NAAC)

COMPENDIUM ON SDG-7 AFFORDABLE AND CLEAN ENERGY

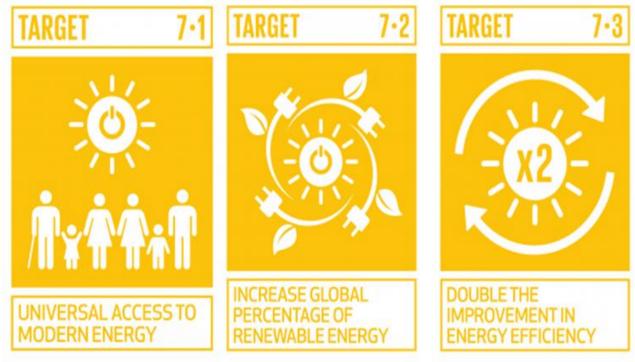
Compendium of Activities in Achieving UN Sustainable Development Goals

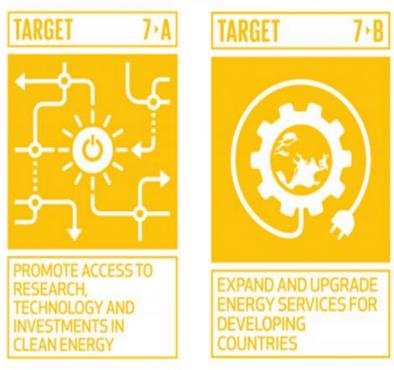


2024-25

JSSMC

Targets to accomplish:





The first target of SDG-7

Clean Energy and Sustainable Mobility Initiatives at JSS Medical College

Clean Fuel for Cooking:

The hostels have transitioned to **clean cooking fuels**, reducing dependence on fossil fuels and traditional biofuels. This shift lowers harmful emissions, improves indoor air quality, and creates a healthier living environment for residents.

• Promoting Sustainable Transportation:

To minimize the use of non-renewable energy and reduce the campus's carbon footprint, bicycles are provided for students and staff. This initiative helps to:

- Encourage the adoption of eco-friendly transportation habits among the youth.
- o Reduce CO₂ emissions and improve local air quality.
- Promote physical fitness and overall well-being within the campus community.

These measures support the vision of **universal access to affordable, reliable, and modern energy services**, while also contributing to environmental conservation and public health.





7.2: Increase the global percentage of renewable energy:

Energy and Environmental Sustainability Measures at JSS Medical College

Solar Energy Implementation:

Solar panels have been installed across the hostels, medical college, and hospital, substantially increasing the campus's reliance on renewable energy and reducing dependence on non-renewable sources.

Efficient Lighting Systems:

The campus utilizes LED lighting for improved energy efficiency and extended lifespan compared to conventional lighting. Additional measures to optimize energy use include:

- Switching off lights at night when not in use.
- Installing motion-sensitive pathway lights to ensure safety while preventing unnecessary energy wastage.
- Maximizing natural ventilation and daylight in classrooms and laboratories to eliminate the need for artificial lighting during daytime hours.

Environmental Considerations:

- Air conditioners are not installed in offices and chambers, reducing electricity consumption and supporting environmental conservation.
- Rainwater harvesting systems capture and store rainwater, contributing to sustainable water management and recharging groundwater reserves.

 Through these initiatives, JSS Medical College advances its commitment to energy conservation, renewable energy adoption, and environmentally responsible practices, ensuring long-term sustainability for the campus and surrounding community.

RAIN WATER HARVESTING



SOLAR PANELS





The third target of SDG-7

7.3: Doubling Energy Efficiency:

In alignment with Sustainable Development Goal (SDG) 7.3—which seeks to double the global rate of improvement in energy efficiency—JSS Medical College has implemented targeted initiatives to significantly reduce energy consumption and promote sustainable energy practices.

Solar Power & LED Lighting:

- Installation of solar panels across campus buildings has shifted a substantial portion of energy needs to renewable sources.
- LED lighting has replaced conventional bulbs, cutting electricity use while improving illumination quality.
- Motion-sensitive lighting on pathways enhances safety for students and staff while preventing unnecessary energy wastage.

CPCB-Compliant Energy Use:

 All energy sources, appliances, and systems are fully compliant with Central Pollution Control Board (CPCB) standards, ensuring maximum operational efficiency and minimal environmental impact.

Pooled Transport Systems:

- A shared transport service links the college, hospital, and other campus facilities, reducing reliance on individual vehicles.
- This initiative lowers petroleum fuel use, decreases emissions, and supports cleaner air around the campus.

By integrating renewable energy technologies, optimizing lighting systems, ensuring strict regulatory compliance, and promoting sustainable transportation, JSS MC is actively doubling its energy efficiency gains, reducing overall consumption, and setting a benchmark for eco-conscious academic institutions.







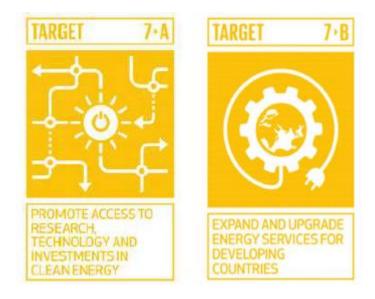




The fourth target of SDG-7:

7A: Promote access to research, technology, and investments in clean energy

7B: Expand and upgrade energy services for developing countries.



Located on a 43-acre campus, JSS Medical College (JSS MC) in Mysuru stands as a model of **bioclimatic architecture**—designed to optimize shading, natural ventilation, and passive heating and cooling. The campus features an internal atrium that allows for effective **insolation and natural lighting**, further reducing the need for artificial energy use. Tree canopies provide summer shade, while **solar energy systems** support passive heating, aligning with the institution's long-term sustainability goals.

Key Initiatives and Commitments by JSS Academy of Higher Education and Research (JSS AHER):

- Regulatory Compliance & Awareness: Adheres to energy conservation regulations and regularly educates staff on energy-efficient practices.
- Biomedical Waste Management: Implements safe, compliant biomedical waste disposal within hospital operations.
- Pollution Reduction: Promotes cycling to reduce fossil fuel emissions in and around the campus.
- Solar Power & Energy-Efficient Lighting: Installs solar panels in hostels and uses LED lighting campus-wide to cut energy consumption.

- Rainwater Harvesting: Captures and utilizes rainwater for efficient natural resource management.
- **Soil Screening & Effluent Treatment:** Monitors soil for multidrug-resistant (MDR) pathogens and operates effluent treatment plants for microbiology lab waste.
- Plastic Use Reduction: Replaces Steripack plastic with brown paper for instrument wrapping in the Central Sterile Services Department (CSSD).
- Safe Disposal of Microbiological Materials: Autoclaves and professionally treats culture samples to prevent environmental contamination.
- Student Engagement: Encourages student participation in Sustainable
 Development Goals (SDGs) through regular awareness programs on clean and
 affordable energy.
- Campus Greening: Maintains one of the greenest institutional campuses, preserving existing trees and planting annual, biennial, and long-lived species to support biodiversity.









Water Conservation, Green Initiatives, and Environmental Education at JSS Medical College

We are taking proactive measures to promote sustainable energy use and environmental stewardship:

Rainwater Utilization:

Rainwater is redirected to irrigate the campus gardens, and plans are underway to install **rainwater-harvesting-friendly infrastructure** to further enhance water conservation efforts.

Tree Plantation and Afforestation Awareness:

Students are encouraged to plant saplings during special occasions, fostering a hands-on approach to building a sustainable environment. Educational programs highlight the importance of **afforestation** and restoring green spaces as a key strategy for ecological balance.

• Student-Led Environmental Projects:

Students actively participate in initiatives such as sapling planting drives and the

creation of **working models** for innovative environmental solutions. These activities provide practical experience in applying sustainable concepts.

Recycling and Energy Reuse Education:

Awareness sessions emphasize the principles of recycling and reusing energy in productive and constructive ways, reinforcing the importance of sustainable resource management.

Through these efforts, JSS Medical College integrates **practical learning**, **environmental responsibility**, **and sustainable resource use**, contributing to affordable and clean energy goals while nurturing future eco-conscious leaders.

PROGRAMMES CONDUCTED BY THE INSTITUTION OUTREACH & EXTENSION ACTIVITIES

Swachhata Hi Seva - 09-10-2024

NSS organized a Swachh Bharat cleanliness drive, aimed at promoting hygiene and environmental awareness with the students at JSS Medical College on October 9, 2024. The event commenced at 6:30 AM and witnessed enthusiastic participation from 30 students, who were eager to contribute to this noble cause.

Equipped with T-shirts, caps, and gloves provided by the college, the participants gathered behind the college premises, extremely enthusiastic. Under the guidance of esteemed faculty members - Dr.Manu G, Mr.Manjunath and Mr.Venkatesh, the students divided into groups, efficiently cleaning the area. The enthusiasm was palpable as everyone worked together, fostering a sense of teamwork and responsibility towards the environment.

Throughout the morning, the students collected and filled numerous garbage bags, clearing the area of plastic waste, wrappers, and other debris within the JSS Hostel campus and also outside the campus. This hands-on experience not only enhanced the students' understanding of the importance of cleanliness but also highlighted the significant impact collective action can have on maintaining a sustainable environment.

The drive concluded with a brief reflection session, where participants shared their experiences and discussed the need for continued efforts in promoting cleanliness. This initiative by NSS aligns with the broader goals of the Swachh Bharat mission, inspiring future generations to prioritize cleanliness and environmental stewardship. The event was a resounding success, leaving a lasting impression on both the students and the community.



Family Adoption Program MBBS Phase II (2022-2023 Batch) Report on NSS activity

As a part of Family Adoption Programme (FAP) Department of Community Medicine, JSS Medical College, JSSAHER in coordination with NSS unit, conducted plantation drive in Hanchya and Ramanahalli village on 23rd and 24th of October 2024. Phase II MBBS students (2022-23 batch) were part of this activity.

The programme included distribution of herbal plants by the Phase II MBBS students to the adopted families on 23rd and 24th of October 2024. On 24th of October 2024, felicitation programme was conducted for the staffs and ASHA workers of Hanchya PHC. Dr. Manu, NSS Coordinator, JSS Medical College felicitated the Health Inspector Mr. Dayanand, Community Health Officers Mrs. Rashmi and Mrs. Madhuri, Primary Health Care Officers Mrs. Nethra and Mrs. Shilpa and other staffs and ASHA workers of the PHC. FAP Mentors Dr. Amoghashree, Assistant Professor and Dr. Rashmi S, Senior Resident, Department of Community Medicine organized the event. Dr. Rashmi S, Senior Resident thanked the PHC staffs for various support received from the PHC during the last two years of FAP. The postgraduate students, medico-social workers Mr Sunil and Mr Mallikarjun Swamy and non-teaching staffs of Department of Community Medicine were present during the event. The entire plantation drive was great success.



AMR Frontline Workshop - 04-12-2024

The Department of Microbiology, JSS Medical college, JSSAHER in collaboration with National Centre for Biological Sciences, Tata Institute of Fundamental Research, Department of Medical Education, Government of Karnataka conducted a workshop on December 4, 2024 for MBBS Final Year students. The event was hosted in *Sri. Rajendra Centenary Auditorium (SRCA)*, JSS Hospital.

The main objective of the program was to raise awareness about Antimicrobial Resistance, surveillance, Stewardship and infection control Practices among the budding medical practitioners.

The program began with a Workshop Introduction to the participants by Dr.Satya Srinivasachari the workshop Lead & Project associate, SAS-APSI, NCBS-TIFR.

The introductory note was followed by a brief inaugural ceremony with dignitaries such as Dr. Praveen Kulkarni, vice principal para-clinical, JSSMC, Dr. Manthappa, vice principal clinical, JSSMC, Dr.Madhu CP, Medical superintendent, JSS hospital, Dr.Tejashree A, Professor & HOD, Department of Microbiology& the staff of microbiology along with the final year medical students of JSS Hospital participated in the inaugural ceremony.



The inaugural ceremony was followed by a game of Taboo incorporating AMR to develop involvement & Sense of commitment towards AMR among the blossoming medical graduates. This was lapped up by an invited guest lecture by Dr. Shivaranjini Moharir, Senior Scientist, Tata Institute for Genetics & Society (TIGS), Bengaluru. She gave an excellent review on the science of Environmental AMR Surveillance and the efforts of the Alliance for pathogen surveillance Innovations (APSI) India.

The tea break which followed was distinct and involved the students in word Puzzles & an AMR themed photobooth which elated the students.



Following the tea break an Excellent session was delivered by Dr.Chaya Prathap, Consultant Microbiologist& Infection Control lead, Narayana Multispecialty Hospital, Mysore on the topic "Safe zones & Watchful Eyes" in reference to Antibiotic Stewardship & Antibiotic policy. This was paralleled by hands-on group activities, Jeopardy games & AMR Quiz for the student participants. Another highlight of the program was a guest lecture delivered by Dr. Nimrah Fathima Assistant Professor Department of general medicine, JSSMC, Mysore on the clinical Challenges due to AMR in a tertiary care hospital.

The program concluded on a positive note with the curtain call & prize distribution ceremony leaving the students in high spirits to stand tall as superheroes in the fight against superbugs.

Winter School in Geospatial Science & Technology

(Level-1, Standard Program) - 27th November to 17th December 2024

JSS Academy of Higher Education & Research (JSS AHER) has received funding from the National Geospatial Program, Department of Science & Technology, Government of India, to conduct a 21-day Winter School in Geospatial Science & Technology (Level 1 Standard Program) from 27th November to 17th December 2024. The program is jointly organized by the Department of Community Medicine, JSS Medical College, and the Division of Geoinformatics, School of Life Sciences, JSS AHER, Mysuru.



The Inaugural Ceremony was held on 27th November 2024. Chief Guest, Dr.P.G.Diwakar, ISRO Chair Professor, National Institute of Advanced Studies (NIAS), IISc Campus, Bangalore formally inaugurated the program by lighting the lamp by the alongside other dignitaries, including Dr.C.G.Betsurmath, Executive Secretary, JSS Mahavidyapeetha;

Dr.H.Basavana Gowdappa, Vice Chancellor, JSS AHER; Dr.Sunil Kumar D, Organizing Chairperson and Professor & Head, Department of Community Medicine, JSS Medical College; Dr.Madhu B., Organizing Secretary, Professor, Department of Community Medicine, JSS Medical College and Deputy Dean (Research), JSS AHER; Dr.Praveen Kulkarni, Vice Principal (Para Clinical), JSS Medical College; and Dr.Sawant Sushant Anil, Joint Organizing Secretary and Coordinator, Division of Geoinformatics, JSS AHER, Dr.M.C.Manjunatha, Joint Organizing Secretary & Assistant Professor, DBT-BUILDER Project, JSS AHER.

Dr.P.G.Diwakar addressed the gathering and highlighted the pivotal role of Geographic Information Systems (GIS) in addressing pressing global healthcare challenges, emphasizing the critical application of geospatial technologies in mitigating the interconnected threats of air pollution and climate change to safeguard public health and environmental sustainability. Our Guest of Honor, Dr.H.Basavana Gowdappa stressed on the importance of integrating geospatial technologies in health research. Dr.C.G.Betsurmath rendered the presidential address and highlighted the program's potential to foster multidisciplinary innovation.

With 25 participants, including doctors, scientists, engineers, geographers, public health professionals, and Ph.D. scholars, the workshop provides hands-on training for real-world applications and emphasizes the role of GIS in achieving the Sustainable Development Goals (SDGs). This program reinforces JSS AHER's commitment to advancing education and research in cutting-edge geospatial science and technology.

This training program is emphasized on practical learning through daily theory sessions and hands-on exercises, with a strong focus on QGIS and SAGA software. As part of the program, participants also had a field visit to Suttur on December 1, 2024, where they had the privilege of meeting His Holiness Jagadguru Sri Shivarathri Deshikendra Mahaswamiji the Chancellor of JSS AHER.

World Environment Day Quiz Competition Highlights – 04-06-2024

In celebration of World Environment Day, the School of Public Health, JSS Medical College, JSSAHER, organized an exciting quiz competition on 4th June 2024. The event, themed "Land Restoration, Desertification, and Drought Resilience," aimed to raise awareness and promote action towards environmental sustainability with the inspiring slogan, "Our Land. Our Future. We are #GenerationRestoration." The event kicked off with a welcome address by Ms. Aransha, followed by detailed instructions from Dr.Pavan. Ten teams, consisting of 1-4 members each, participated enthusiastically. The quiz, crafted by Dr.Pavan and Dr.Srinija, featured 20 questions centered on environmental knowledge.

Dr.Anil S Bilimale, Chief MPH Cordinator, School of Public Health on 5th June 2024 distributed prizes and certificates. The event concluded with a heartfelt thank you to all participants and organizers for their dedication and hard work in making the World Environment Day celebration a resounding success.





Arthropods-symposium - 24-09-2024

Dr Nithya- mosquitoes

Dr Deepna- fleas, centipede, millipede

Dr Supriya-ticks, bugs

Dr Jayalaxmi- lice, spiders, scorpions

Departmental symposium was conducted in 2 sessions on 24/09/2024 and 28/09/2024, valuable insights were provided on the topic "Arthropods". Dr.Deepna L., Dr.Nithya, Dr.Jayalaxmi and Dr.Supriya S had an interactive session regarding the dermatoses caused by arthropods such as trivial bites, stings, envenomation, anaphylactic reactions



along with their management with the audience. Total of 18 post graduates and 7 faculties were present.

The World Environmental Day 2024 - 04-06-2024

The World Environment Day 2024 was organized by the students of the School of Public Health, JSS Medical College, JSS AHER, on June 4th in JSS Hospital campus, Mysuru, under the theme "Land Restoration, Desertification and Drought Resilience," with the slogan "Our Land. Our Future. We are #GenerationRestoration,"

Dr..Madhu C.P., the Medical Superintendent of JSS Hospital, graced and addressed the occasion as the Chief Guest, Mr. Satish Chandra, Administrative Officier of JSS MC, was present as Guest of Honor.

The Other dignitaries who attended the event were Dr.. Vidya C. S., Head of the Department of Anatomy, Dr.Rajeshwari L., Professor and Head, of the Department of Physiology, Dr Vanitha Reddy Coordinator of- the Department of Nutrition and Dr.. Anil S. Bilimale, Chief MPH Coordinator – School of Public Health.

All the Faculties and students from the School of Public Health and other departments namely Department of Nutrition and Department of Surgery participated in the event. Saplings were adopted and planted in the new parking area of the JSS Hospital Campus as a symbolic gesture towards protecting the environment and enhancing the ecology. Later, certificates were distributed to all the participants who contributed to Environment Day by planting saplings.

A quiz competition was held among the students to mark Environment Day, enhancing their knowledge and making the event enjoyable for everyone involved. All students participated enthusiastically, contributing to a fun and educational experience.

The event emphasized the importance of nurturing nature for a better future, echoing the sentiment of sustainable environmental stewardship.



Plantation Drive as Part of World Environmental Day 2024

As part of World Environmental Day 2024, the Department of Community Medicine, JSS Medical College, Mysuru organized a Plantation Drive at Hale Kesare village under Hanchya PHC of Mysuru district on 15.06.2024. Siddlingpura Gram panchayat President Mr.Madesh was the chief guest. The program was also attended by Gram Panchayat Vice-President Mrs Jyothi, Panchayat Development Officer MR Basavaraj, Dr.Praveen Kulkarni, Vice-Principal (para clinical), JSS medical college, Dr.Ravishankar, Assistant Professor, Department of Anatomy and Dr. Manu, Associate Professor, Department of Pharmacology (NSS officers), JSS Medical College, Mrs. Gowri, Headmistress-Government Primary School, Hale Kesare, Dr.Shweta N.Kurkuri, Dr.Sunitha Singh, Dr.Mythily M R, faculty, Medico-social workers and postgraduates from the Dept of Community Medicine, JSS Medical College, other members of Siddlingpura gram Panchayat and First-year MBBS students as part of their Family Adoption Program. The program followed with a pledge to save the environment and later with planting and adopting 120 saplings of Mahagony and Honge plants donated by the Forest Department,

Mysore division by the medical students. Shri N Raghavan, owner of Raghulal and Co, donated tree guards for sapling protection.





Dengue Awareness - 23-07-2024

JSS Jan Shikshan Sansthan Mysore, Karnataka and JSS Urban Health Centre, Department of community medicine had organized programs at JSS urban health centre on 23/07/2024.

- 1. Awareness program on dengue and malaria-causes, mode of spread and preventive measures. Also about personal hygiene and cleanliness by Dr. H.V Rama, LMO JSS UHC under swachhata pakhwada program.
- 2. Certificate distribution to the beneficiaries of "helper to hospital course"
- 3. Inauguration of new batch of tailoring course.

The program was inagurated by chief guest Sri.Nagaraju, Subject expert, school education department, JSS mahavidyapeeda. Sri.Ramesh, director JSS Jan Shikshan sansthan, Smt.Sowbhagya, program officer JSS Jan Shikshan Sansthan were present. JSS Medical college and Dental college interns, staff of JSS Jan Shikshan Sansthan, 30 women beneficiaries, staffs of JSS UHC attended the program. The program was compered by Santosh.H.B., Health inspector, JSS UHC.



MOC DRILL ON FIRE SAFETY - 30-01-2025

MOC Drill Was conducted on 30-01-2025. Members of the observational team were chosen to oversee, direct, and educate all employees and workers about the potential for mishaps and anticipated risks. Observational team members: Dr. Praveen Kulkarni, Mr. Satish Chandra, Mrs. Shilpa.

Description: This was a planned exercise designed to teach workers how to protect themselves in an emergency. As a first step, a brief demonstration was held to demonstrate how site management will help and handle workers in emergency situations. Total number of participants is 120.

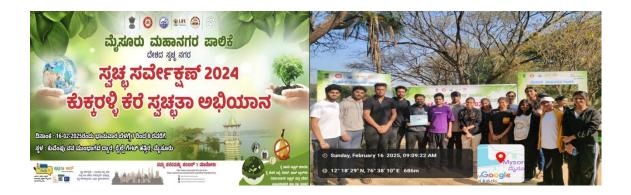


Swacchatha Sarvekshan 2024, Kukkarahalli lake Swacchatha Abhiyan

JSS Medical College NSS wing participated in Swacchatha Sarvekshan 2024, Kukkarahalli lake. Swacchatha Abhiyan conducted by Mysuru City Corporation on 16/02/2025 starting from Kuvempu Vana, Railway front gate, Mysuru.

The event commenced at 7:00 AM and witnessed enthusiastic participation from 25 students including MBBS and BSc students, who were eager to contribute to this noble cause.

The students collected and filled numerous garbage bags, clearing the area of plastic waste, wrappers, and other debris throughout the morning. This hands-on experience not only enhanced the students' understanding of the importance of cleanliness but also highlighted the significant impact collective action can have on maintaining a sustainable environment. The event was a resounding success, leaving a lasting impression on both the community and the students.



NSS - Swachh Bharath Abhiyan 2025 - 04-03-2025

NSS conducted a Swachh Bharat Abhiyan on March 4, 2025, with the goal of raising awareness of environmental issues and hygiene among JSS Medical College students. 55 students enthusiastically participated in the event, which started at 7:30 AM, and were keen to support this admirable cause.

The students cleared the area of plastic waste, wrappers, and other litter throughout the morning by gathering and filling a large number of rubbish bags. The students' comprehension of the value of cleanliness was improved by this practical experience, which also demonstrated the enormous influence that group efforts can have on preserving a sustainable environment. The gathered waste were collected by the Mysuru City Corporation vehicle.





World Environmental Day - 05-06-2025

"What we are doing to the forests of the world is but a mirror reflection of what we are doing to ourselves and one another." – Mahatma Gandhi

A healthier environment is the need of the hour and we must not make any more delays. World Environment Day (WED) is celebrated to encourage and create awareness and to take appropriate action for the protection of the environment. In this regard to NSS unit JSS Medical College, Mysuru, conducted the sapling plantation program on 5th June 2025 in the JSSMC campus garden. Faculty and NSS student volunteers actively participated and witnessed the event.

Dr. Narayanappa D, Principal of JSS Medical College, Dr. Suma M.N., and Dr. Praveen Kulkarni, Vice-Principals of JSS Medical College, and Mr. Sathish Chandra, Administrative officer, Mrs Shilpa, Assistant Administrative Officer of JSS Medical College, Sports director Mr Lokeshappa H, planted Jackfruit saplings in the garden to mark this event. This program was coordinated by Dr Manu G, NSS Program Officer, JSS Medical College, Mysuru.





Radio-Diagnosis

Radiation safety and DEXA workshop - 17-05-2025

Department of Radiodiagnosis, JSSAHER, conducted a workshop on **Radiation Safety** and **DEXA** was successfully by **TechAspire**, a GE Healthcare company, at the **Department of Radiology, JSS Hospital**.

The workshop was a highly successful event that provided radiographers and B.Sc. Medical Imaging students with a comprehensive overview of radiation safety and bone densitometry. The program was inaugurated by **Mr. P. Tito Prabhakaran**, Senior Application Specialist for the South Region and Sri Lanka, Pharmaceuticals Diagnostics (PDx), GE Healthcare. In his keynote address, Mr. Prabhakaran emphasized the critical importance of **radiation safety** in medical imaging and shared valuable insights on best practices, current guidelines, and innovations in safety protocols.

Following the inauguration, a detailed seminar session was conducted by **interns of B.Sc. Medical Imaging Technology** – *Ms. Manal, Ms. Shreya Bojamma, and Mr. Krupasindhu Rana*. The seminar focused on **DEXA (Dual-Energy X-ray Absorptiometry)**and **Bone Densitometry**, elaborating on the principles, clinical significance,
applications in osteoporosis diagnosis, and advancements in technology.

The session concluded with an **interactive quiz** based on the seminar topics, which saw enthusiastic participation from the attendees. The top **five winners** were recognized for their excellence and awarded **certificates of appreciation**.

The workshop was well-received and proved to be an enriching learning experience for all participants. It strengthened the knowledge base of the interns and staff and promoted awareness about safety and technological advancements in diagnostic imaging. We extend our sincere thanks to GE Healthcare's TechAspire team and all contributors for making this event a success. 60 participants attended this program.



<u>Biosafety Awareness – Overview and Safe Use of Laboratory Ventilation Equipment</u> (<u>Biosafety and Laminar Air Flow Cabinets</u>) – 24-01-2025

Ms.Sanjana V., Operations Supervisor ESCO Life Sciences Group, Bengaluru

The Department of Biochemistry at JSS Medical College organized an insightful guest lecture on "Biosafety Awareness – Overview and Safe Use of Laboratory Ventilation Equipment (Biosafety and Laminar Air Flow Cabinets)" on 24th January, 2025 at the Seminar Hall, Department of Biochemistry, JSS medical College. The talk was delivered by Ms. Sanjana V. Operations Supervisor ESCO Life Sciences Group, Bengaluru, Karnataka, India. She



provided an overview and in-depth information the different types of Biosafety cabinets, safety measures to be taken while working in the biosafety cabinets. She also highlighted various advanced technologies which Esco has brought in this field.

The session saw active participation, with a total of 27 attendees, including students, faculty, and researchers. The audience engaged enthusiastically during the Question-and-Answer session, reflecting their keen interest in the topic. As a token of appreciation, Ms. Sanjana V. was presented with a certificate of appreciation and a memento. The event concluded with a vote of thanks delivered by Dr. Preethi G. A., expressing gratitude to the speaker and the organizing team for the enlightening session.

Biological Insights from Working on Primates - 25-02-2025

Prof. Mewa Singh, Distinguished Professor (For Life) & INSA Distinguished Professor, Institution of Excellence, Vijnana Bhavan, University of Mysore

The foundation of health sciences is all about exploring nature around us. "Biological Insights from Working on Primates" A Special Program was held at Department of Psychiatry, JSS Medical College, JSSAHER Mysore, on 25th Feb 2025. The Chief Guest & Resource Person was Prof. Mewa Singh, Distinguished Professor (For Life) & INSA Distinguished Professor, Institution of Excellence, Vijnana Bhavan, University of Mysore. Editor in Chief, Journal of Wildlife Science. Founding Chief Editor of Dialogue: Science, Scientists, and Society. Opening Remarks were by Dr.H.Basavanagowdappa, Vice Chancellor, JSS AHER, he called on for more collaboration and research in basic sciences. Research & learning from wildlife are important for health science conveyed Dr Kishor M Professor and Head, Dept. of Psychiatry, JSS MC. Interaction with Staff and Students of Dept. of Psychiatry and Clinical Psychology was fruitful.



World TB Day - 02-03-2025

World TB Day was celebrated on 24th March 2025 at OPD of Respiratory Medicine and DOTS Centre. The theme for the year 2025 is "Yes! We Can End TB: Commit, Invest, Deliver". Health education about Tuberculosis, its effects, importance of early diagnosis in preventing spread and minimizing the damage to vital organs, treatment was explained to the patients attending OPD.



World Asthma Day - 06-05-2025

World Asthma Day was celebrated in the Department of Respiratory Medicine on 6th May 2025 at OPD. The theme for the year 2025 is "Make Inhaled Treatments Accessible for ALL". Health education about Asthma, its early diagnosis and treatment was provided to the patients attending OPD.



Research Projects - Ongoing (External)

Title of the project	Principal Investigator	Funding agency	Date of sanction	Amount sanctioned	Duration
Phytoremediation of indoor air pollution in urban homes to improve air quality using innovative-sustainable technology basedplant wall air filtration system	Dr. Rajesh Kumar T Professor of Biochemistry	ICMR	Feb 2024	40.31	3 Yrs.
Methylation of genes regulating adipogenesis (PPAR gamma, CEBPA, SREBF1) and its relation with serum vitamin D in young adults with and without obesity	Dr.Shobha C.R	ICMR	Dec 2021	45.53 lakhs	3 Yrs.
Development of Millet based dietary fiber for protection of allergic asthma by modulating gut microbiome derived short chain fatty acids	Dr.Kiran	ICMR	Nov, 2021	40 lakhs	3 Yrs.
Epidemiology of chemical hazards among workers in different spectrum of agriculture activities of Southern India: a community based exploratory survey	PI: Dr Nayanabai Shabadi Assistant Professor, Department of Community Medicine	ICMR	May 2023	36,96,817	3 Yrs.
Longitudinal effects of Air Pollution Exposures on Lung growth and development of biomarker of lung function deficit in Urban Children	Dr. Rajesh Kumar T. & Dr.P A Mahesh	India Alliance DBT- Welcome	Oct 2020	350.0	5 Yrs.

Prevalence of	Dr.Praveen	DBT	June 2020	27.5	3 Yrs.
micronutrient	Kulkarni	DBI	Julie 2020	27.5	5 113.
deficiency, nutritional	Kutkaiiii				
status and cognitive					
dysfunction among					
elderly residing in					
tribal areas of					
southern Karnataka	D 0 '''	D.C. 110.4		4	4.27
Community centred	Dr. Sunitha	Pfizer- USA	January	1 crore	4 Yrs.
Health system	Chandrashekhar		2021		
strengthing for	Srinivas				
outpatient					
antimicrobial					
stewardship with					
replicating effective					
programs and					
framework					
Global Infectious	Dr.Mahesh P A	Global	01.06.2017	USD 1.1	01-06-
Diseases		Infectious		Million	2017 to
		Disease		Sanctioned	28-02-
		(GID),			2023
		Fogarty,			
		NIH			
Molecular patho-	Dr.Mahesh P A	Swedish	17.06.2019	65 Lakhs	01-07-
mechanism of		Heart Lung		Received	2019 to
biomass smoke		foundation,			31-12-
induced chronic		Karolinska			2022
obstructive		Institute,			
pulmonary disease		Sweden			
among women:					
Population based-					
and in vitro exposure					
studies					
Understanding the	Dr.Mahesh P A	Swedish	21.10.2021	46 Lakhs	01-01-
role of lung micro		research		Received	2021 to
biome in biomass		council,			31-12-
smoke exposure		Karolinska			2022
related chronic		Institute,			
obstructive		Sweden			
pulmonary disease					
Adverse effect of	Dr.Mahesh P A	Swedish	Jan 2022	15 Lakhs	21-03-
outdoor and		Heart Lung	Jan. 2022	Received	2022 to
indoor air pollution on		foundation,		110001700	02-06-
respiratory and		Karolinska			2023
vascular function		Institute,			2020
among adolescents		Sweden			
Lamong anolescents		Sweden			

Pilot study to	Dr. Mahesh P A	University	April 2021	20 Lakhs	3 Yrs.
investigate reasons		of		Received	
for poor asthma		Birmingham			
control and to					
characterize Asthma					
and allergic rhinitis in					
the Indian population					
(SIRPAC India study					
& CAAR study) –					
A mixed methods					
approach					

ICMR, Lady Tata Memorial Trust Scholarship & DBT Fellowship details

Title of the project	Principal Investigator	Funding agency	Amount sanctioned	Duration
Effect of vitamin D on	Ms.Lavanya B R	ICMR	15,21,600.00	3 Yrs.
angiogenesis and oxidative	SRF			
stress induced changes in the	Dept of Biochemistry			
glomerular basement	JSS Medical College			
membrane during diabetic	Mysuru			
nephropathy				
Study of the efficacy of thymus	Mr.Mohammed Kaleem	ICMR	12,60,000.00	3 Yrs.
vulgaris extract to mitigate	Ullah, Ph.D scholar,			
COPD pathogenicity induced	Dept of Biochemistry,			
by cigarette smoke extract	JSS Medical College,			
using an in vitro model	Mysuru			
Assessing the impact of	MsRimshia Naaz	ICMR	2,57,800.00	3 Yrs.
vitamin-D supplementation in	SRF			
mitigating Type-2 diabetes-	Dept of Biochemistry			
induced histopathological	JSSMC Mysuru			
changes in the mouse brain				

ICMR STS - UG Student Research Projects - Ongoing

Sl No	 PI	Guide	Funding agency		Amount sanctioned
	Shreya Prasanna	Dr.Sujatha S R	ICMR	2024	50,000.00
	Parishkrit Parashar	Dr Uma Vijayashankar	ICMR	2024	50,000.00

Research Projects - Ongoing (JSS AHER)

Title of the Project	Name of the Principal Investigator/Mentor & Department	Amount sanctioned	Duration
The effect of vitamin D	Dr.Akila Prashant		01 Yr
supplementation on oxidative stress	Professor & HOD of	100,000.00	
and renoprotection in sterptozotocin-	Biochemistry		
induced diabetic rats.	JSSMC, Mysuru		
Understanding the role of vitamin D	Dr.Prashanth		01 Yr
angiogenesis and oxidative stress in	Vishwanath	300,000.00	
diabetic nephropathy	Professor of		
	Biochemistry		
	JSSMC, Mysuru		
Estimating the burden of fungal	Ms.Niveditha Varma		01 Yr
infectionsin the intensive care units	PG in Medical	25,000.00	
(ICUs) and Non-ICU settings of a	Microbiology		
tirtiary care hospital withSpecial	JSS Medical College,		
emphasis on Candida auris	Mysuru		
Comparative Evaluation of	Mr.Sagar K		01 Yr
Antioxidant capacity and glycemic	PG Student in	25,000.00	
index of locally available fruits in	Biochemistry, JSSMC,		
healthy volunteers.	Mysuru		

A Study to know the impact of black rice (Chak-Hao) on Glycemia in normal adults.	Ms.Singte Tabitha PG Student in Biochemistry, JSSMC, Mysuru.	25,000.00	01 Yr
A Study to know the impact of black rice (Chak-Hao) insulin level in normal adults.	Ms.Swarna Mariam Biju PG Student in Biochemistry, JSSMC, Mysuru.	25,000.00	01 Yr. 06 Months
Assessment of the Neuroprotective Effects of Herbal Extracts in Treating Alzheimers Disease Using a Model Organism.	Dr.Sushma P Asst. Prof. of Radio- Diagnosis, JSSMC, Mysuru.	300,000.00	01 Yr
Integrated Genomic Analysis of Color rectal Cancer: MSI Status Detection and Microbial Diversity Exploration via DNA Extraction, PCR, and NGS	Dr.Sahana K.R Assistant Professor Department of Biochemistry, JSS Medical Collage, Mysuru	3,00,000.00	24 Months
Clinical Significance and Outcome of Pseudomonas aeruginosa Infection of Complicated Urinary Tract Infection in A Tertiary Care Hospital	Mr.Ganesh R Post Graduate Student Dept of Microbiology, JSS Medical College, Mysuru.	25,000.00	12 months
Assessing the prevalence and Impact of Indoor Air Quality on Respiratory Health Among Primary School Children in urban Mysuru an Analytical cross-sectional study	Ms.Sanjana M Post Graduate Student School of Public Health, JSS Medical College, Mysuru	25,000.00	12 months
Assessing the effect of whole plant- based nutritional education on weight management, dietary habits, and health outcomes among overweight and obese women: a mixed-methods approach	Dr Madhu B, Deputy Dean (Research), Research, JSS AHER.	1,50,000.00	14 Months

SIG DETAILS - ONGOING

Sl. No	Title of the Project	Name of the Principal Investigator	Department	Duration
1	Respiratory and	Dr. P A Mahesh	Respiratory	3 Yrs.
	Environmental Diseases.	Professor of	Diseases	
		Respiratory Diseases		
2	Antimicrobial Resistance	Dr.Deepashree R	Microbiology	3 Yrs
		Asst. Professor of		
		Microbiology,		
		JSS Medical College		

GUEST LECTURE DELIVERED BY THE FACULTY

Sl. No	Name of the faculty	Title	Date & Venue	Certificate / Photos
1	Dr. Anshu Kumar Yadav	National Conference on New paradigms in biotechnology and sustainability (NPBS)	7 th January 2025 St. Joseph's College, Tiruchirappalli	CONTROL COLLEGE CAPTURED COLLEGE CAPTURED COLLEGE CAPTURED COLLEGE CAPTURED COLLEGE CAPTURED COLLEGE CAPTURED C
2	Dr. MVSST Subba Rao	National Science day	28 th February 2025 Kuvempu University,Shankaraga tta, Shimoga	
3	Dr. Ranjitha Shankaregowda	Infection control and prevention of needle stick injuries	14 th May 2025 JSS College of Nursing, Mysuru	SS Callege of Hursing SS Callege of Hursing Certificate Language of Hursing Certificate Language of Hursing Hursing of H
4	Dr. Sowmya G S	Tackling Antimicrobial Resistance through Gamification and Artificial intelligence	25 th to 26 th April 2025 Dept of Microbiology, JSSMC, Mysore	TAG-AI WORKSHOP TAG-AI
5	Dr. Rashmi P Mahale	Tackling Antimicrobial Resistance through Gamification and Artificial intelligence	25 th to 26 th April 2025 Dept of Microbiology, JSSMC, Mysore	TAG-AI WORKSHOP Configure of Recognition Washers of the City Latent Tribute and an investment of the City State States of the City Latent Tribute and an investment of the City State States of the City Latent Tribute and an investment of the City State States of the City City City City City City City City

6	Dr. Raghavendra M	Tackling Antimicrobial	25 th to 26 th April 2025	TAG-AI WORKSHOP Craticate of Recognition
	Rao	Resistance through	Dept of Microbiology,	This is a septimal Dr. Altern Bayer English and its Erock is medical flowers Francis for Erock Dr. Dr. S. California and Articles and A
		Gamification and	JSSMC, Mysore	And the second s
		Artificial intelligence		
7	Dr Mythily M R	As Co-Mentor in 21	17 th December 2024	28 Station of Higher Education & Security
		days Winter school on	JSS Medical College	CERTIFICATE OF APPRICATION (to a servicular to promoted to
		Geospatial Science and		The Annual Park Conference of the Conference of
		Technology, Level-1		No. IT To General DE Comment DE C
		Standard Program		
8	Dr Rashmi S	As Resource Person in	17 th December 2024	
		21 days Winter school	JSS Medical College	20 States of High Davis & Broom States And States & Broom States &
		on Geospatial Science		This is of the circum a processing for
		and Technology, Level-		State Security Sept - Security Control
		1 Standard Program		<u> </u>
9	Dr Rashmi S	As Co-mentor in 21	17 th December 2024	28 Luckey Citight Chicated & Doors's College
		days Winter school on	JSS Medical College	CERTIFICATE OF APPRICATION
		Geospatial Science and		The articles are present to the second of th
		Technology, Level-1		Appendix and a figure from the finance of fi
		Standard Program		and the state of t
10	Dr Smitha MC	Adolescent Health	10 th May 2025	
			Public Health	
			Research Institute of	
			India	
11	Dr Smitha MC	Tobacco Threats	31 st May 2025	All Australian of Taylor Silventon & Streament
			JSS Dental College,	and DESTAL OLDSTOR OF OCCUPATION. These Control Constrained Constrained Control (Tell) Control Control Control (Constrained Control (Tell)) Thin is personned to
			Mysuru	for transmittees of the streamful generate and adaptive constitutions of the streamful generate and adaptive constitutions on the first constitution of the first constitution
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12	Dr Mythily M R	Updates on national	16 th May 2025	
	: i y cincy	guidelines on Dengue	Online	CERTIFICATE of Performance Approved Allowed Allowed Allowed Andreas Approved Allowed
		and Chikungunya	O THUMB	Section of Control of
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13	Dr Praveen Kulkarni	Global and National	31 st May 2025	of the Assessment of Confession of the Assessment of the Assessmen
		Strategies for tobacco	JSS Dental College,	AND MODELS OFFI LINE & MODIFICAL FORTHWAY AND
		control	Mysuru	the internal of the Persons Indianal as a late of the control of t
				The state and comments of the state of the s
14	Dr Praveen Kulkarni	Global and National	31 st May 2025	
		Strategies for tobacco	JSS Dental College,	And Annual of Company
		control	Mysuru	Cortificate of Approximation =
				The Personal Processing of the Control of the Contr

15	Dr Anil S Bilimale	"Bridging Eras in Public Health: A Personal Narrative from Disease Eradication to Longevity and Well- Being"	27 th May 2025	
16	Ms Sheeba B	JSS Panchamantra : A Lifestyle for Longevity	28 th May 2025	to tarter
17	Dr.K.C.Shashidhara	APICON 2025 – 80 th annual conference of the Association of Physicians of India topic: "Dengue fever in pregnancy"	23 rd to 26 th January 2025 APICON 2025, KOLKATA	PAPICON 2025 For Assault Constitute of the Constitution of the Co
18	Dr. Shilpa Avarebeel	Talk on Cleanliness, Health and Infectious Diseases	23 rd March-2025 Sutturu, Mysuru	For the state of t
19	Dr.Mahesh PA	The Indian College of Allergy Asthma and applied Immunology	19 th to 22 nd December 2024 Delhi	An analysis of the control of the co
20	Dr.Mahesh PA	Allergocon 2025	24 th & 25 th January 2025 IMA Vellore	Section of the second of the s
21	Dr Jayasree Ramesh	Moderator Seminar Smart Home for the Differently Abled	12 th April 2025 Delhi, National Board Examination	Section 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
22	Dr Sarika M Shetty	Hospital infection control	February 2025 JSS College of Nursing Mysuru	Cortificato The State of the S

PAPER / POSTER PRESENTED BY FACULTY & STUDENTS

Sl. No	Name of the faculty / Student	Papers / Posters presented	National / International	Title of the programme	Venue & Date presented
1	Dr. Divya A J	Oral presentation	International	Conference	13 th & 14 th Dec
'	Di. Divya No	: Is there an	micinationat	on Health	2024; SDUAHER,
		association between		Professions	Kolar
		physical exercise		Education	
		and screen time,		(ICHPE)	
		sleep anxiety among		2024	
		Indian health care			
		students.			
2	Mr. Vinay Kumar	Seroprevalence of	International	International	CSIR- SERC
	Vasimalli	Hepatitis C Virus		Conference	Taramani,
		infection at a tertiary		on Emerging	Chennai. INDIA
		care hospital in		and Re-	17 th & 18 th Feb 2025.
		Mysuru region.		Emerging infectious	2025.
				Disease	
3	Dr M N Sumana	Gamified	International	ESCMID	11-15 th April 2025
		Intervention to		Global 2025	European Society
		Enhance			of Clinical
		Antimicrobial			Microbiology and Infectious
		Stewardship:			Diseases,
		Improving			Vienna, Austria
		Knowledge and			
		Practices on the			
		Rational Use of			
		Antimicrobials			
		Among Medicines			
		and Therapeutics			
		Committee Members			
4	Dr. Nayanabai	Evaluating	International	CLICON	February 26–28,
	Shabadi	Agrochemical		OEH2025	2025,
	Asso. Prof	Residues in			Ahmedabad,
		Agriculturists,			
		Biological samples			
		and correlating with			
		Potential Health			
		risks			
5	Dr Shilpa D M	Ambient air pollution	National	Research	JSS MS
		and perceived health		Scholars	27.02.2025
		risks: A Qualitative		Conference	
		study in Mysuru			
		Urban			

6	Ms Sheeba B	Longevity India RISE for Healthy Aging	International	Rise for Healthy Aging Conference	J N Tata Auditorium, IISc, Bangalore
7	Dr Divya K L	Longevity India RISE for Healthy Aging	International	Rise for Healthy Aging Conference	J N Tata Auditorium, IISc, Bangalore
8	Ms Chandana H N	Association of Air pollution and non communicable disease among traders community working around polluted roads in Mysuru: An analytical Crosssectional study	International	Rise for Healthy Aging Conference	J N Tata Auditorium, IISc, Bangalore
9	Darshan	Environmental effects on latent Fingerprint Persistence And Quality	Regional	Research Scholar Conference 2025	27 th & 28 th Feb 2025
10	Dr.K.M Srinath Professor	Effect of vitamin D on cytokine profile in diabetic and diabetic nephropathy	Local	Research Scholars Conference in Health Sciences and life Sciences - 2025	02 nd Feb 2025 JSS AHER Mysuru

GUEST LECTURES CONDUCTED

Sl. No	Department	Date	Topic	Speaker
1	Biochemistry	02-01-2025	Microplastics and Next	Dr.Thava Palanisami,
			Gen Remediation	Associate Professor,
			Technologies	Global Innovative Center
				for Advanced
				Nanomaterials (GICAN),
				The University of New
				Castle, Australia
2	Biochemistry	24-01-2025	Biosafety Awareness –	Ms. Sanjana V. Operations
			Overview and Safe Use of	Supervisor ESCO Life
			Laboratory Ventilation	Sciences Group,
			Equipment (Biosafety and	Bengaluru, Karnataka,
				India.

			Laminar Air Flow	
			Cabinets)	
3	School of Public	02-12-2024	Global Health Beyond	Dr.Deepa lyengar: Vice
	Health		Borders	Chair of the Department of
				Family and Community
				Medicine at UT Houston
				McGovern Medical School
4	Respiratory	19-03-2025	Thromboxane and	Dr. Ajay Gupta, MBBS, MD.,
	Medicine		thromboxane receptor	President & CSO, Charak
			signaling at the	Laboratories India Pvt. Ltd,
			crossroads of pulmonary	Clinical Professor
			disease, cardiovascular	
			disease and cancer	
5	Respiratory	23-03-2025	Chronotherapy of	Dr.P.K.Vedanthan, MD.,
	Medicine		Asthma	DABP(USA), DABAI(USA)
				Professor, University of
				Colorado
6	Respiratory	27-03-2025	Basics of Interventional	Dr. Shivalingaswamy
	Medicine		Pulmonology	Salimath, Interventional
				Pulmonologist, Bengaluru

FACULTY DEVELOPMENT PROGRAMME [FDP] ATTENDED BY FACULTY

Sl. No.	Name & Designation	Title of the programme	Date, Name of the Institution & Place	Certificate & Photo
1	Dr. Poonam D N. Assistant Professor	One Health	January– April 2025- 12 week course NPTEL – AICTE SWAYAM Online course co- ordinated by ICMR - RMRCBB, Department of Health Research & IIT Madras.	PIECE ONLINE OR COLOR OF THE STATE OF THE ST
2	Dr. Ranjitha Shankaregowda Associate Professor	Certificate course in Antimicrobial stewardship	24-2-2025 to 28-2-2025, online	DEPRUD Certificate Course in Antimicrobial Stewardship (CCAMS) We have course yet of the course of

3	Dr. Ranjitha Shankaregowda Associate Professor	National certification in infection prevention & control	CAHO online certification February 2025	Certificate of Achievements National and Management Annual Control of Control 19, Rengilles Shareh Integrition C
4	Dr. Vidyavathi B Chitharagi, Associate professor	National certification in infection prevention and Control - Certificate course in Infection Control practice (CICP)	CAHO, New Delhi	Certificate of Achievement National Certificate of Achievement The Broad Certificate of Certificate of Certificate By Video Certificate of Certificate of Certificate By Video Certificate By Video Certificate By Video Certificate By Video Certificate Certificate of Certificate Certificate of Certificate Certificate By Video Certificate Certif
5	Dr. Sowmya G S	National certification in infection prevention and control	14-02-2025 CAHO Certification course on Infection control and prevention	CURRICULUM IMPLEMENTATION SUPPORT PROGRAM—III The prevention from The Company of
6	Dr M N Sumana Professor	Antibiotic stewardship an online non-credit course authorised by Stanford University and offered through Coursera	27th May 2025	Stanford ONLINE M N Sumana Management to standing Management M
7	Dr Shweta N Kurkuri Senior Resident	NGP-DST Winter School on Geospatial Sciences & Technologies (Level-1)	NGP, DST, GOI 27th November to 17th December	NOR-DET Winter Subsal on Occopation Technologies JSS Academy of Higher Education & Recently CERTIFICATE The third county and the subsal of

8	Dr Amoghashree Assistant Professor	Endocrine Disruptors and Reproductive Health (short course)	Conducted by CCDC, CHART, TSB, Ashoka University & Harvard T.H. Chan School of Public Health organized at JSS Medical College, JSS AHER March 3-7, 2025	CENTER FOR CHRONE DREASE CONTROL CCEDG, CENTER FOR HEALTH ANALYTICS RESEARCH AND TRANSCRIBATI, IND. ASSOCIAL ENVIRONMENT, AND RANKARD THE CRIAN SERIOL OF PRINCIPLES HER THE RESTRICT AND TRANSCRIBATION OF PRINCIPLES HER THE RESTRICT AND TRANSCRIBE
9	Dr Rashmi S Senior Resident	Endocrine Disruptors and Reproductive Health (short course)	Conducted by CCDC, CHART, TSB, Ashoka University & Harvard T.H. Chan School of Public Health organized at JSS Medical College, JSS AHER March 3-7, 2025	CENTRE FOR CHRONIC DESEASE CONTROL, CCDC, CENTRE FOR RHALTH ANALYTICS RESEARCH AND TRENDS (CHART), THE ANIONAL DINVERTY. AND HARVARD THE CHARLEST BOTH DING GENERAL HEATH (SINS THE CHRISTOR D). OR OF CHARLEST HEIGHT CHARLEST AND CAPACITY BUTLING FROM THE CHRISTOR D). OF the concession of the dest curve of rakes the frequent and they related in the first and the control of the c
10	Dr Anil S Bilimale	Attended the Yoga Utsava Mysore	Offline 12.12.2024	
11	Dr Anil S Bilimale	Delivered a session on How to line healthier and longer amidst climate change in the National Seminar on Environmental challenges and resilience strategies by University of Mysore	Offline 23.12.2024	

12	Dr Anil S Bilimale	Stakeholder's Workshop" as a part of a research project titled: "Developing and implementing a life skills and study skills intervention model utilizing mentoring as an approach for students within BBMP & Government sch ools	11.03.2025 NIMHANS, Bengaluru	
13	Dr Anil S Bilimale	ICMR- Dengi Project Co I Training and Delegent	08/05/2025	
14	Dr Minu Maria Rose	Completed WHO course on AMR	Online 27.12.2024	Varied Neath Outside of Achievement Manual Maria Bose Advisor Bose Ad
15	Dr Minu Maria Rose	Attended webinar- Public Policy in Climate- driven Antimicrobial Resistance (AMR) in India	20.03.2025 Online	See Note 1. See No
16	Ms Sheeba B	Attended Dr. George Kuchel on Education in Healthy Longevity Medicine Longevity Education Hub Webinar	Online 11.12.2024	TOTAL STREET, THE

17	Ms Sheeba B	Webinar: Advancing Smokeless Tobacco Control and Protecting Youth from Industry Interference	23/05/2025	WHO FETC REPORTEDE HUN AND SET CHAPTER TO SET TO S
18	Dr. Sowmya K, Associate Professor	Short course on Endocrine Disruptors and Reproductive Health	March 3 - 7, 2025, JSS Academy of Higher Education and Research, Mysore, Karnataka	The second secon
19	Dr. Soumya Rajshekar Patil Assistant Professor	short course on Endocrine Disruptors and Reproductive Health	March 3 - 7, 2025, JSS Academy of Higher Education and Research, Mysore, Karnataka	Contract of the contract of th
20	Dr. Meghana H S, Assistant Professor	short course on Endocrine Disruptors and Reproductive Health	March 3 - 7, 2025, JSS Academy of Higher Education and Research, Mysore, Karnataka	CONTRACTOR

Publications

- 1. Gopika Indu, Shiva Nagendra S M, Padukudru Anand Mahesh, Indoor air pollution in rural south Indian kitchens from biomass-fuel usage and the predicted lung deposition in women, Atmospheric Environment, 2024 Nov;336:120732-120732.
- 2. Bharathi M B, Susheen Dutt, Mubarak Khan, Jaskaran Singh, Dinesh Patil, Darshan Rana, Onkar Swami, The Efficacy, Safety, and Economic Outcomes of Using Azithromycin in Both Upper & Lower Respiratory Tract Infection: A Health Technology Assessment, Medical Research Archives, 2024 Sep;12(9).
- 3. Danqing Li, Soubhagyalaxmi Mohanty, Ramesh Mavathur, Vijaya Vageesh Y, Anup Jain, Arun Gopi, Nagarathna Raghuram, Study Protocol for Mindfulness-Based Yoga Versus Physical Exercise on the Psychological Well-Being in Students With Early Visual Impairment: A Three-Armed, Multi-Centered, Randomized Controlled Trial, Cureus, 2024 Sep;16(9).
- 4. Mahesh P A, Praveena A S, Mandya V Greeshma, Vikram Patil, Jayaraj B S, Kjell Larsson, Lena Palmberg, Swapna Upadhyay, Koustav Ganguly, Respiratory Outcomes Among Women Using Biomass Cooking Fuel in India: Evidence Generation for Policy Action, SSRN, 2024 Sep.

- 5. Dommasandra Rajanna Y, Kulkarni P, Rajaram P, Basheer S, Shabadi N, Assessment of indoor air pollution in causing respiratory illness among women residing in rural areas of Mysuru, Journal of Air Pollution and Health, 2024 Oct;9(3):373-382.
- 6. Zhao J, Ren R, Beeraka N M, Pa M, Xue N, Lu P, Bai W, Mao Z, Fan R, Liu J, Pr H V, Bulygin K V, Nikolenko V N, Correlation of time trends of air pollutants, greenspaces and tracheal, bronchus and lung cancer incidence and mortality among the adults in United States, Frontiers in Oncology, 2024 Jul;14.
- 7. Likitha Sirigondanahalli Gangadhar, Amogha Shree, Divya Kindiyode Lakshmi Narayanan, Prevalence of Acute Respiratory Infection among Under-five Children in a Rural Area of Mysore District, Indian Journal of Respiratory Care, 2024 Sep;13(3):182-187.
- 8. M Shilpa, B C Sulochanadevi, B Shashirekha, Influence of Academic Stress and Home environment on Adolescent Mental Health, Journal of Ecophysiology and Occupational Health, 2024 Nov;25(1):1-8.
- 9. Hinzpeter E L, Nagendra L, Kairies Schwarz N, Beaudart C, Hiligsmann M, Stated Preferences of At-Risk Populations for the Treatment of Osteoporosis: A Systematic Review, Patient, 2024 Nov;17(6):619-634.
- 10. Malamardi S, Lambert K, Singh S, Salvi S, Kabra S K, Singh M, Awasthi S, Sharma A K, Mohammed S, Sukumaran T U, Ghoshal A G, Singh N, Mangal D K, Barne M, Sinha S, Kochar S K, Singh U, Singh V, Erbas B, Padukudru Anand M, Exposure to traffic and greenspace, and associations with respiratory health in urban India, Urban Climate, 2024 Nov;58.
- 11. Athira Nair, Rakesh Mohan, Mandya Venkateshmurthy Greeshma, Deepak Benny, Vikram Patil, Subbarao V Madhunapantula, Biligere Siddaiah Jayaraj, Sindaghatta Krishnarao Chaya, Suhail Azam Khan, Komarla Sundararaja Lokesh, Muhlisa Muhammaed Ali Laila, Vadde Vijayalakshmi, Sivasubramaniam Karunakaran, Shreya Sathish, Padukudru Anand Mahesh, Artificial Intelligence Unveils the Unseen: Mapping Novel Lung Patterns in Bronchiectasis via Texture Analysis, Diagnostics, 2024 Dec;14(24):2883.
- 12. Naviya Kafle, Jantine van Wijlick, Chaithra Poonacha P, Priyanka P, Jiten Choudhury, Onkar Yadav M, Nisarga R, Rebecca D Kehm, Logan Stuck, Christopher Pell, Anil S Bilimale, Factors Affecting Influenza Vaccine Uptake Among Healthcare Providers at a Tertiary Hospital in Mysuru, India: A Questionnaire-Based Survey, ssrn, 2024 Oct;1-49.
- 13. Harshith Patel, Vikas Gupta, Kamal Jain, Purusharth Yagnik, Nandu M S Nair, G R Aditya Reddy, Oral Versus Injectable Vitamin D Therapy for Treating Nutritional Rickets in Indian Children: A Comparative Study, Indian Journal of Orthopaedics, 2025 Jan;1-8.
- 14. Christer Janson, James Potts, Dhiraj Agarwal, Rana Ahmed, Althea Aquart-Stewart, Meriam Denguezli, Gregory E Erhabor, Thorarinn Gislason, Kevin Mortimer, Asaad Ahmed Nafees, Rune Nielsen, Mahesh P A, Stefanni Nonna M Paraguas, Anders à rskov Rotevatn, Talant Sooronbaev, Lung function and onset of cardiometabolic diseases in the longitudinal Burden of Obstructive Lung Disease study, BMJ Open Respiratory Research, 2025 Jan;12(1).
- 15. Manjunatha M C, Mahesh P A, Madhu B, Sawant Sushant Anil, Karthik C B, Geospatial insights into chronic bronchitis: Evaluating hotspots and environmental factors in MUDHRAcohort of Mysuru district, India, Clinical Epidemiology and Global Health, 2025 Feb;32:101921.
- 16. Apurba Ghosh, Prashanth S N, Vaibhav Jain, Rajib Kumar Ray, Shreyans Shah, Monjori Mitra, Amitrajit Pal, Dattatray Pawar, Akhilesh Sharma, Safety and Efficacy of Faropenem in Respiratory-and Urinary Tract Infections: A Prospective Observational Study in Pediatric Patients, Journal of Pediatrics, Perinatology and Child Health, 2025 Feb;9(1):18-19.
- 17. Ben Knox-Brown, Fahad Algharbi, Octavia Mulhern, James Potts, Imed Harrabi, Christer Janson, Rune Nielsen, Asaad Nafees, Mahesh Padukudru Anand, Abdul Rashid,

- Bronchodilator responsiveness and future chronic airflow obstruction: a multinational longitudinal study, EClinicalMedicine, 2025 Mar;81:1-10.
- 18. Tolly E G Epstein, Andrew C Rorie, German D Ramon, Anjeni Keswani, Jonathan Bernstein, Rosa Codina, Christopher Codispoti, Mahesh Padukudru Anand, Anita N Wasan, Impact of climate change on aerobiology, rhinitis, and allergen immunotherapy: Work Group Report from the Aerobiology, Rhinitis, Rhinosinusitis & Doular Allergy, and Immunotherapy, Allergen Standardization & Diagnostics Committees of the American Academy of Allergy, Asthma & Diagnostics Committees of the American Academy Apr.
- 19. Shivarudraswamy D, Bhavana D, Soundarya Shree K R, Ashwini J, D Guru Kumar, Dharma Prasad, Nagalambika Prasad, Fictibacillus: A Novel Genre For Exploring As Biosurfactant Source, Pollution Research, 2025 Jan;44:33-42.
- 20. Muhlisa Muhammed Ali Laila, Mohammed Kaleem Ullah, Sindaghatta Krishnarao Chaya, Mandya Venkateshmurthy Greeshma, Vijayalakshmi Vadde, Sivasubramaniam Karunakaran, Athira Nair, Suhail Azam Khan, Komarla Sundararaja Lokesh, Jayaraj B S, Mahesh P A, Exploring tumor necrosis factor-alpha as a biomarker for post-tuberculosis pulmonary fibrosis: A case-control study, Indian Journal of Tuberculosis, 2025 Apr.
- 21. Vijayalakshmi Vadde, Mohammed Kaleem Ullah, Mandya Venkateshmurthy Greeshma, Muhlisa Muhammed Ali Laila, Athira Nair, Sivasubramaniam Karunakaran, Subbarao V Madhunapantula, Sindaghatta Krishnarao Chaya, Komarla Sundararaja Lokesh, Jayaraj Biligere Siddaiah, Padukudru Anand Mahesh, PEBP1 and 15-LO-1 in Asthma: Biomarker Potential for Diagnosis and Severity Stratification, 2025 May;15(11):1322.
- 22. K Ganguly, A S Praveena, M V Greeshma, V Patil, J B Siddaiah, K Larsson, L Palmberg, S Upadhyay, P A Mahesh, Household Air Pollution and Respiratory Outcomes Among Women Using Biomass Fuel For Cooking in India, 2025 May;211(Abstracts):A7401-A7401.

JSSDCH



About the Goal

Goal 7 of the Sustainable Development Agenda, also known as SDG 7 or Global Goal 7, is one of the 17 goals that make up the Sustainable Development Agenda. 2015 was the year that the United Nations General Assembly set their respective goals. Its mission statement reads as follows: "Ensure access to affordable, reliable, sustainable, and modern energy for all." The seventh Sustainable Development Goal (SDG) has five measurable objectives that are to be accomplished by the year 2030. There are three "Outcome targets" and two "Means of achieving targets" in the total of five goals. Three of the five goals are considered "Outcome targets," while the other two are considered "Means of achieving targets."

Achieving the efficient use of renewable and non-renewable source energies takes care of all 16 goals, as Sustainable Development Goal 7 addresses the provision of affordable and clean energy, which plays a crucial role in the overall development of the nation as well as the global health and prosperity of the world. The overall sustainability is the way to overcome poverty and hunger, to get a better ecosystem to confront climatic changes, to reduce inequality and therefore maintain integrity, global peace, and partnership, which in turn addresses the socioeconomic growth of the world. This helps to achieve infrastructure and industrialization, which in turn increases the amount of sustainable production and helps with the channelized utilization of natural resources. The solution to world hunger and the problem of gender inequality is better employment, which also guarantees healthier and more fulfilling lives.

7.1 Universal access to modern energy:

> Our implementation consists of using clean fuel for cooking at the hostel and decreasing the use of fossil fuels and biofuels.

➤ Bicycles are provided for students and staff to use on and around campus to encourage the youth to reduce the use of nonrenewable energy sources and air-pollution by decreasing CO2 emissions.





7.2 Increase the global percentage of renewable energy:

- > Our implementation includes the use of solar panels in dormitories and LED lighting throughout the campus.
- > To ensure the safety of the hostel's students, the majority of the lights are turned off at night and only provided on the pathways.
- ➤ We do not use lights during the day because our classrooms and laboratories are equipped with sufficient ventilation to fulfill the need for light.
- > To protect the environment, we have refrained from installing air conditioners in the office and rooms.

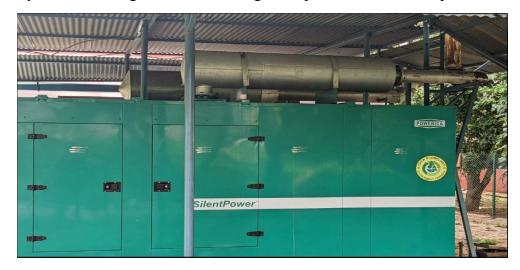






7.3: Double the improvement in energy efficiency

- > Our implementation includes solar panels and LED because they significantly reduce energy consumption.
- > In order to reduce the use of fossil fuels, we have provided pooled transportation systems for college students traveling to hospitals or to other campuses.







7A: Promote access to research, technology, and investments in clean energy & Target

7B: Expand and upgrade energy services for developing countries.

The sprawling 43-acre campus of the JSS MC in Mysuru, the cleanest city in India, features bioclimatic architecture that provides sufficient shading, natural ventilation, passive heating and cooling. Additionally, it features an internal atrium for insulation and natural illumination. The building uses solar energy for passive heating and has tree canopies for summer sun protection.

JSS AHER is committed to a cleaner and greener campus, and the University is committed to achieving this objective by:

- ➤ Complying with applicable rules and regulations and other recognized requirements to encourage and educate staff to conserve energy wherever applicable.
- > By implementing and encouraging the use of bicycles on campus, we can avoid and reduce air pollution caused by fossil fuels.
- > Incorporation of solar panels in dormitories and LED lighting across the campus to promote energy efficiency and conservation.
- > The rainwater harvesting is done at the hospital.
- Examining the soil samples surrounding the Hospital and the University in an effort to contain the spread of MDR bugs that are contaminating the environment near JSS Dental College and Hospital by means of the soil.
- > Guaranteed the use of an Effluent treatment plant for the laboratory's effluents.
- ➤ Reduced the use of plastic in CSSD by wrapping dressing instruments in brown paper instead of Steripack made of plastic.
- > The culture samples and microbiology specimens are autoclaved and discarded in order to pre vent environmental contamination by Shree consultancy.
- Ensure students' participation in achieving sustainable development objectives. During the year in question.

In order to improve the environment on a global scale, we have been advocating the effective use of renewable energy sources, along with ideas and strategies for dealing with a polluted environment and avoiding or using as little non-renewable energy as possible, which depends on the continued health of the environment around us. In fact, we have been working to educate the staff and students about "Affordable and Clean energy" in order to live up to the school's motto of achieving a sustainable environment. They receive regular educational sessions to assist them in managing non-renewable energy.

Our college has made significant investments to offer one of the greenest campuses among the majority of other institutions. The campus has kept the trees that were previously planted and has been re-cultivating the annual, biennial, and long-living trees that also improve the ecosystem for the local fauna.

The rainwater is diverted to the garden to irrigate the plants, and in the near future, we intend to install infrastructure that is conducive to rainwater harvesting. As a result, we have made progress toward using clean energy continuously.



Contribution to environmental awareness:

To inculcate the knowledge of afforestation and rebuilding the green life on the earth, humans can merely contribute but a little effort on behalf of our college is put into the view of educating them students.

They are made to participate in certain events that include planting the saplings and creating the working models of certain ideas that shall in high-end infrastructure bring fair change in the betterment of a healthy environment.

Knowledge of recycling and reuse of energy productively and constructively would help to accomplish the sustenance of affordable and clean energy.

JSSCPM

1.1 Research on clean energy

Research supporting SDG 7: Research on Clean Energy (List of publications reflecting the research towards Clean Energy in Vancouver style)

NO

- 1.2 College & University measures towards affordable and clean energy
- 7.2.1 Does your College & University have a policy in place for ensuring all renovations / new builds are following energy efficiency standards? (relevant standards to be indicated) Energy-efficient renovation and building: college/ university measures towards affordable clean energy policy energy efficiency standards

Explain and attach evidence /documents supporting your explanation: Yes, the College and University has an Infrastructure policy.

 $\underline{\text{https://jssuni.edu.in/admin/BlobFileWorking.aspx?FILENAME=NEM003229.pdf\&FORWH}}\\\underline{\text{AT=3}}$

Evidence: Weblink and details of policies/guidelines/strategies/green audit reports for ensuring all renovations / new builds are following energy efficiency standards in the campus.

Any other Comments: Infrastructure policy.

Institutional Policies/Guidelines/Strategies created (yyyy)

01/01/2022

Any other Comments:

Institutional Policies/Guidelines/Strategies reviewed (yyyy)

01/01/2024

Any other Comments: NIL

7.2.2 Does your College & University have plans to upgrade existing buildings to higher energy efficiency?

Upgrade buildings to higher energy efficiency: College/ university measures towards affordable clean energy upgrade existing buildings

Explain and attach evidence /documents supporting your explanation

 $\frac{https://jssuni.edu.in/admin/BlobFileWorking.aspx?FILENAME=NEM000260.pdf\&FORWHAT=3$

Evidence: Weblink and details of plans and strategies to upgrade existing buildings to higher energy efficiency and measures towards affordable clean energy upgrade existing buildings

Any other Comments: Smart Campus policy

Labs with Natural lights and Ventilation:

The laboratory facilities are undergoing renovation to integrate natural lighting and ventilation. As part of this effort, the pharmaceutical chemistry lab has been upgraded into a modern, well-designed space that effectively utilizes natural light.





7.2.3 Does your College & University have a process for carbon management and reducing carbon dioxide emissions?

Carbon reduction and emission reduction process (Measuring carbon/carbon dioxide emission in the campus to be implemented by the colleges): college/university measures towards affordable clean energy process carbon management

Zero Carbon Policy

Explain and attach evidence /documents supporting your explanation: Yes, the College and University has an Smart campus policy and Energy Conservation Policy.

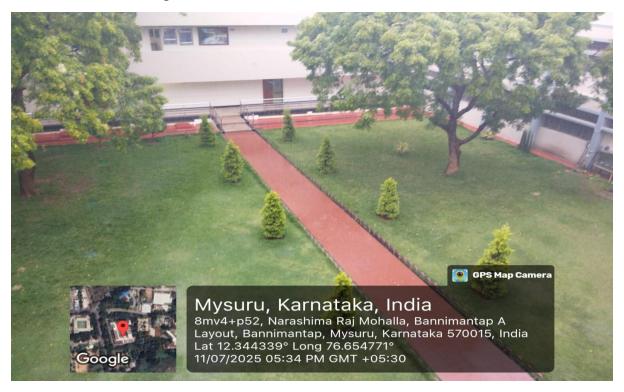
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https://jssuni.edu.in/admin/BlobFileWorking.aspx?FILENAME=NEM000260.pdf&FORWHAT=3

Evidence: Weblink and details of process for carbon management and reducing carbon dioxide emissions in campus supporting Zero Carbon Policy

Any other Comments: Smart Campus Policy and Energy Conservation Policy

Green and Clean Campus initiative



The campus boasts an impressive green space, with over 60% of the area dedicated to lush greenery, including an herbal garden and a diverse collection of 20 fruit-bearing tree varieties. Recognizing the college's exceptional efforts in garden maintenance, the Department of



7.2.4 Does your College & University have an energy efficiency plan in place to reduce overall energy consumption? Plan to reduce energy consumption: college/university measures towards affordable clean energy efficiency plan

Explain and attach evidence /documents supporting your explanation: Yes, the College and University has an Energy Conservation Policy.

 $\frac{https://jssuni.edu.in/admin/BlobFileWorking.aspx?FILENAME=NEM003227.pdf\&FORWHAT=3$

Evidence: Weblink and details of energy efficiency plans and measures towards energy conservation.

Details on measures taken towards affordable clean energy efficiency plan

Any other Comments: **Energy Conservation Policy**

7.2.5 Does your College & University undergo energy reviews to identify areas where energy wastage is highest?

Energy wastage identification: college/ university measures towards affordable clean energy reviews

Explain and attach evidence /documents supporting your explanation: Yes, the College and University has an Energy Conservation Policy and also Energy and Environmental Management System Audits

https://jssuni.edu.in/admin/BlobFileWorking.aspx?FILENAME=NEM003227.pdf&FORWHAT=3

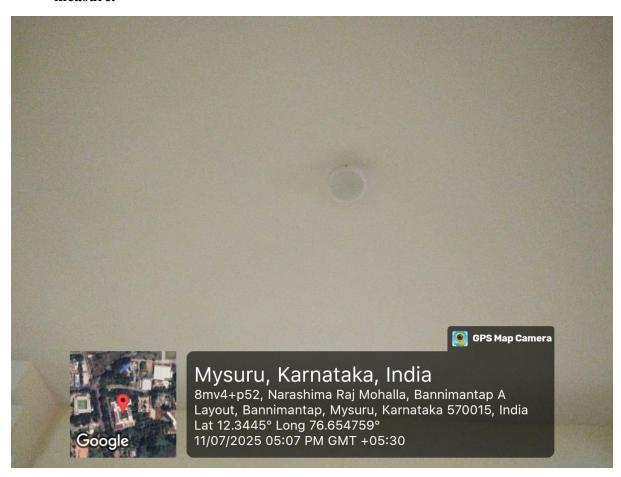
Evidence: Weblink and details of energy reviews to identify areas where energy wastage is highest in the campus.

Measures towards affordable clean energy reviews.

Any other Comments: **Energy Conservation Policy**

Reduction of electricity consumption:

- ➤ By transitioning from incandescent bulbs to LED bulbs, the campus successfully reduced its overall electricity consumption from 45000 watts to 31000 watts.
- > Streetlight timers: Streetlight timers are installed to save energy in the campus, the timer is timed to switch on the light from 6:30 PM to 12:00 AM and 05:00 AM to 06:30 AM.
- ➤ Motion sensor lights have been installed in unoccupied areas of the college (>45 Nos. installed), specifically at the elevator and along the corridors of, as an energy-saving measure.



> 'Awareness program to the students and faculties to conserve the electricity and other forms of energy.

- Awareness is given on a regular basis to students and staff to conserve the electricity and sign board are placed to execute the same conserve the electricity.



Energy and Environmental Management System Audits

To promote sustainability and enhance operational efficiency, JSS College of Pharmacy, Mysuru has undergone Audits, like ISO 14001 and ISO 50001 through systematic audits of their Environmental Management Systems (EMS) and Energy Management Systems (EnMS).

Environmental Management System (EMS) – ISO 14001

The **ISO 14001** standard specifies the requirements for establishing, implementing, maintaining, and continually improving an Environmental Management System (EMS). Applicable across all sectors and organizational sizes, this standard places a strong emphasis on leadership and environmental accountability within core business governance.

A key feature of ISO 14001 is its proactive approach to identifying and addressing environmental and social impacts throughout the lifecycle of products and services. This includes integrating environmental considerations into strategic planning, operational processes, and risk management frameworks. The system encourages organizations to take responsibility for environmental performance while aligning with regulatory compliance and sustainability goals.

The EMS audit process ensures that the environmental aspects and impacts are systematically assessed and managed, enabling the organization to meet its environmental obligations while improving its public image and overall sustainability.

Energy Management System (EnMS) - ISO 50001

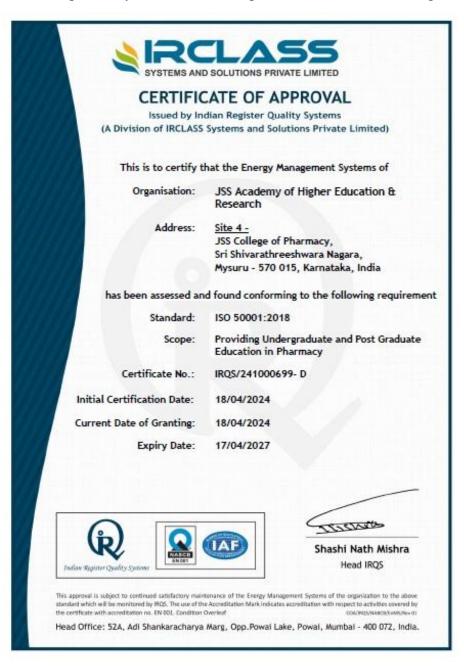
ISO 50001 provides a comprehensive framework for managing energy usage, improving energy efficiency, and reducing operational costs. It supports organizations in establishing policies for more efficient energy use and setting achievable energy goals backed by data-driven decision-making.

Through regular audits of the EnMS, organizations can monitor their energy performance, identify key areas of energy consumption, and implement improvements that contribute to lower energy costs, reduced greenhouse gas emissions, and increased operational resilience.

With the rising cost of energy and increasing global pressure to reduce carbon footprints, ISO 50001 has become a vital tool for enhancing long-term sustainability and competitiveness.

The EnMS audit process ensures a systematic approach to continuous improvement in energy performance, enabling organizations to maintain compliance, secure energy supply, and build a reputation as an environmentally responsible entity.

Together, EMS and EnMS audits serve as essential tools for organizations aiming to integrate environmental and energy management into their business strategy. They not only ensure regulatory compliance and cost efficiency but also reinforce a commitment to sustainable development and responsible resource utilization. By implementing ISO 14001 and ISO 50001 standards, businesses can drive continuous improvement, enhance corporate reputation, and contribute positively to environmental protection and climate change mitigation.





CERTIFICATE OF APPROVAL

Issued by Indian Register Quality Systems (A Division of IRCLASS Systems and Solutions Private Limited)

This is to certify that the Environmental Management Systems of

JSS Academy of Higher Education & Organisation:

Research

Site-2: JSS College of Pharmacy, Address:

Sri Shivarathreeshwara Nagara, Mysuru - 570 015, Karnataka, India

has been assessed and found conforming to the following requirement

Standard: ISO 14001:2015

> Providing Undergraduate And Post Graduate Scope:

> > **Education In Pharmacy**

Certificate No.: IRQS/240300698/B

Initial Certification Date: 16/04/2024

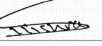
Current Date of Granting: 16/04/2024

> Expiry Date: 15/04/2027









Shashi Nath Mishra Head IRQS

This approval is subject to continued satisfactory maintenance of the Environmental Management Systems of the organization to the above standard which will be monitored by IRQS. The use of the Accreditation Mark indicates accreditation with respect to activities covered by the certificate with accreditation no. EM 005. Condition Overleaf

Head Office: 52A, Adi Shankaracharya Marg, Opp.Powai Lake, Powai, Mumbai - 400 072, India.

7.2.6 Does your College & University have a policy on divesting investments from carbon-intensive energy industries especially coal and oil?

Divestment policy: college/ university measures towards affordable clean energy policy divesting investments

Explain and attach evidence /documents supporting your explanation: NO

Evidence: Weblink and details of institutional policies/guidelines on divesting investments from carbon-intensive energy industries especially coal and oil

Institutional Policy/Guidelines created (yyyy)

Institutional Policy/Guidelines reviewed (yyyy)

7.3 Energy use density (Measurement of energy used per sqm to be implemented by the colleges)

7.3.1 Energy usage per sqm

Total energy consumption in the college: Electricity Board = 353513.5 Units, Solar power= 180677 Units, Generator= 3700.8 Units.

Total= 537891.3 Units

College floor space: 11,505.39 Sqmt.

Total energy consumption per sqm in college: Electricity Board = 30.73 Units, Solar power= 15.70 Units, Generator= 0.32 Units.

Total= 46.75 Units/Sqmt.

Clean and renewable energy utilization

As part of its initiative to develop a smarter campus, the college has installed solar panels to reduce dependence on conventional electricity sources and encourage the use of clean, renewable energy. Earlier, the college met 100% of its electricity requirements through the government agency (CESCOM). With the introduction of solar power, this reliance has been cut by 50% or more.



7.4 Energy and the community

7.4.1 Does your College & University provide programmes for local community to learn about importance of energy efficiency and clean energy?

local community outreach for energy efficiency: energy and community programmes to learn clean energy

Explain and attach evidence /documents supporting your explanation: NO

Evidence: Weblink and details of awareness programs, workshops, seminars, training programs, camps for local community to learn about importance of energy efficiency and clean energy with photographs of high resolution.

Any other Comments:

7.4.2 Does your College & University promote a public pledge toward 100% renewable energy (petitions, meetings, discussions, events) beyond the University / College?

100% renewable energy pledge

Explain and attach evidence /documents supporting your explanation

https://jssaherstoragenew.blob.core.windows.net/jss/Notices/NEM006328a.pdf

Evidence: Weblink and details of promoting public pledge towards 100% renewable energy

Renewable energy pledge to be formulated by the college and solemn pledge on World Environmental Day/National Energy Conservation Day with photographs of high resolution

Any other Comments: NIL

7.4.3 Does your College & University provide direct services to local industry aimed at improving energy efficiency and clean energy

energy efficiency assessments, workshops, research renewable energy options, Energy efficiency services for industry

Explain and attach evidence /documents supporting your explanation: **NO**

Evidence: Weblink and details that provide direct services to local industry aimed at improving energy efficiency and clean energy for industries.

Details on energy efficiency assessments, workshops, research renewable energy options, energy efficiency services for industry.

Any other Comments:

7.4.4 Does your College & University inform and support government in clean energy and energy-efficient technology policy development?

Policy development for clean energy technology

Explain and attach evidence /documents supporting your explanation: NO

Evidence: Weblink and details that supports government in clean energy and energy-efficient technology policy development

Any other Comments:

7.4.5 Does your College & University provide assistance for start-ups that foster and support a low-carbon economy/technology?

Assistance to low-carbon innovation: energy and community assistance for start ups

Explain and attach evidence /documents supporting your explanation: NO

Evidence: Weblink and details that provide assistance for start-ups that foster and support a low-carbon economy/technology

Details on assistance to low-carbon innovation: energy and community assistance for start-ups

Any other Comments: The college follows environmental and eco-friendly practices, focusing on affordable energy management.

JSSCPO



About the Goal 7 - Affordable and Clean Energy

The primary aim of SDG 7 is to ensure universal access to affordable, reliable, sustainable, and modern energy by 2030. This goal tackles critical global challenges related to energy access, efficiency, and sustainability.

Key Targets of SDG 7

- Universal Energy Access: Guarantee access to affordable, reliable, and modern energy services for all—both in urban and rural areas. This includes electricity, clean cooking technologies, and other sustainable energy sources.
- Renewable Energy: Significantly increase the share of renewable energy in the global energy mix by promoting solar, wind, hydro, and geothermal sources, thereby reducing reliance on fossil fuels and addressing climate change.
- Energy Efficiency: Double the global rate of improvement in energy efficiency. This involves adopting energy-saving practices across sectors such as industry, construction, and transport to reduce overall consumption and greenhouse gas emissions.
- Sustainable Energy Infrastructure: Strengthen international cooperation to support clean energy research, innovation, and infrastructure—especially in developing countries—to ensure secure and resilient energy systems.
- **Energy for Development**: Promote the use of sustainable energy in sectors like agriculture, industry, and transport, while supporting developing nations in upgrading energy technologies and infrastructure.

SDG 7 is foundational to achieving many other Sustainable Development Goals, as energy access influences poverty reduction, health, education, environmental protection, and inclusive economic growth. Ensuring progress on SDG 7 requires coordinated global, national, and local efforts to expand access to clean, affordable, and modern energy—protecting both people and the planet for future generations.

TARGETS UNDER THE GOAL







OUR INITIATIVES

JSS College of Pharmacy, Ooty, a constituent college of JSS Academy of Higher Education and Research (JSS AHER), is renowned not only for its academic excellence but also for its outstanding infrastructure, which significantly contributes to a holistic teaching and learning experience. The college is nestled in a tranquil environment, spanning over 6.5 acres, and is exclusively dedicated to the pharmacy discipline. This serene and purpose-built campus creates an ideal setting for students to focus on academic and research pursuits.

The campus is equipped with **modern infrastructure** that caters to both academic and residential needs. One of its key features is the **centralized gas supply** system, which ensures safety and efficiency in laboratories and hostel kitchens. The institution has invested in **exclusive high-power transformers and generator backup systems** to provide a stable and uninterrupted power supply, essential for continuous laboratory experiments, research, and other academic activities. The entire campus, including hostels, is **Wi-Fi enabled**, facilitating seamless internet connectivity for students and faculty members around the clock.

Academic facilities include **state-of-the-art laboratories** that are accessible 24x7. These laboratories are well-equipped with advanced instruments and specialized software, fostering high-quality research and practical learning in pharmaceutical sciences and pharmacy practice. The college also houses **smart classrooms**, **simulation laboratories**, and a **model pharmacy**, all of which are integral to providing hands-on training and preparing students for real-world clinical and industrial scenarios.

The **central library** is another cornerstone of the academic infrastructure, offering a rich collection of over **10,000 print and digital resources**, including textbooks, reference books, national and international journals, and access to databases like **Clinical Key**, which provides up-to-date clinical and pharmacological information. The library serves as a knowledge hub for students, researchers, and faculty members alike.

To support the overall development of students, the college also provides **comprehensive residential facilities** for both students and staff members. These hostels are well-maintained and offer a safe and comfortable living environment. In addition, the campus features various **indoor and outdoor sports facilities**, promoting physical wellness and team-building skills. A **multipurpose auditorium** is available for academic events, seminars, cultural programs, and other institutional gatherings. A fully equipped **health centre** is also present on campus to cater to the medical needs of students and staff.

JSS College of Pharmacy is also committed to promoting **sustainability and energy conservation**. As part of its green initiative, the college is systematically replacing all conventional phosphorous light bulbs with energy-efficient **LED bulbs** across the campus. Looking forward, the institution plans to implement an **electricity capacitor panel** to enhance power conservation and reduce energy wastage.

In summary, the college's well-rounded and forward-thinking infrastructure supports its mission to deliver excellence in pharmaceutical education, research, and student welfare, while also embracing sustainable development practices for a better future.

PHOTOS OF THE ACTIVITIES INITIATED

Wi-Fi ENABLED CAMPUS

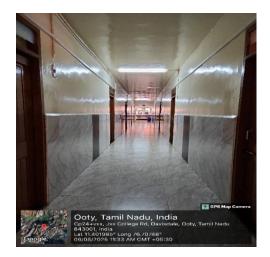




ENERGY SAVING (LED) LIGHTS IN CAMPUS



Infrastructure Development





Electricity Bill statement

JSS College of Pharmacy, Ooty electricity unit consumed and amount. Compared to 2023-2024 this 2024-2025 consumption of electricity is reduced.

Statement showing details of electricity and diesel consumption from August 2024 to July 2025

Sl. No.	Month/Year	Demand MD	Used MD	Total Amount	DG Unit	Diesel (litres)	Diesel Purchase Amount
1	Aug-24	150 KVA	135 KVA	5,39,878.00	960	300	28,310.00
2	Sep-24	150 KVA	135 KVA	5,10,474.00	610	300	28,311.00
3	Oct-24	150 KVA	139.2 KVA	5,17,307.00	-	-	-
4	Nov-24	150 KVA	135 KVA	5,35,347.00	640	-	-
5	Dec-24	150 KVA	-	-	-	-	-
6	Jan-25	150 KVA	127.20 KVA	4,88,511.00	-	300	28,302.00
7	Feb-25	150 KVA	122 KVA	4,08,786.00	-	300	28,281.00
8	Mar-25	150 KVA	130.40 KVA	4,91,718.00	1664	-	-
9	Apr-25	150 KVA	130.80 KVA	5,39,245.00	240	300	28,281.00
10	May-25	150 KVA	118.80 KVA	4,74,751.00	300	600	56,646.00
11	Jun-25	150 KVA	114.40 KVA	4,54,308.00	193	600	56,646.00
12	Jul-25	150 KVA	113.20 KVA	4,43,287.00	88	-	-
		TOTAL		59,43,490.00	4695	2700	2,54,777.00

Electrician

Dr. Gomathi S

Dr. Kousalya S

Principalo>

PRINCIPAL

J.S.S. COLLEGE OF PHARMACY
Rockland's, Ootacamund - 643 001

SLS, Mysuru

1. AFFORDABLE AND CLEAN ENERGY (SDG 7)

Details Related to SDGs	Evidence with	Weblink to support the
	documents	details

1.1 Research on clean energy

- 1. Anusha, H. S. (2024). MgFeO3 nanostructures for water splitting. *International Journal of Hydrogen Energy*, 88(1), 617-625.
- 2. Anusha, H. S. (2024). MgMnO3 nanostructures for water splitting. *International Journal of Hydrogen Energy, 77(5), 1074-1089.*
- 3. Srithejas, K. (2025). Waste cooking oil biodiesel blend. *Journal of Ecological Engineering*, 26(10), 200-210.
- 4. Srithejas, K. (2025). Waste cooking oil biofuel study. *Pollution Research*, 44(3-4), 150-158.
- 5. Anusha, H. S. (2024). MgFeO3 water splitting (duplicate ensure once only).
- 6. Research supporting SDG 7: Research on Clean Energy (List of publications reflecting the research towards Clean Energy in Vancouver style)
- 7. Vadiraj, K. T. (2025). Pyrolysis of plastic waste to plastic oil: A future source of fuel. *Journal of Sustainable Development of Energy, Water and Environment Systems*, 13(1), 1130545(1)–22.*
- 8. Ravishankar, B. S. (2025). PVA nano composites: Harvesting electrical energy from mechanical energy using TENG. *AEU International Journal of Electronics and Communications*, 12(4), 268–278. Seventh Sense Research Group.
- 9. Sumitha, E. (2025). Enhanced oil recovery strategy prediction using temporal convolutional network. IGI Global Scientific Publishing. ISBN: 1988-2025.
- 10. Sumitha, E. (2025). Anaerobic digestion protocols for green valorization of food waste. Springer. ISBN: 978-1-0716-4646-5.

Sumitha, E. (2025). Green enzymatic hydrolysis protocols for protein recovery from food by-products. Springer. ISBN: 9781071646465.

Sumitha, E. (2024). Pulsed field extraction. Springer Protocol. ISBN: 978-1-0716-3600-8.

Sumitha, E. (2024). Enzyme-assisted extraction. Springer Protocol. ISBN: 978-1-0716-3600-8.

1.2 College & University measures towards affordable and clean energy

7.2.1 Does your College	Yes	https://jssaherdatalake.
& University have a		windows.net/quality/Er
policy in place for		<u>iencyRenovationandNew</u>
ensuring all		<u>Policy.pdf</u>
renovations / new		
builds are following		
energy efficiency		
standards? (relevant		
standards to be		
indicated) Energy -		
efficient renovation		
and building: college/		
university measures		
towards affordable		
clean energy policy		
energy efficiency		
standards		
i standards		

Evidence: Weblink and details of policies/guidelines/strategies/green audit reports for ensuring all renovations / new builds are following energy efficiency standards in the campus.

Any other Comments:

Institutional
Policies/Guidelines/Stra
tegies created (Year)?

Any other Comments:		
Institutional Policies/Guidelines/Stra tegies reviewed (Year)?		
Any other Comments:		
7.2.2 Does your College & University have plans to upgrade existing buildings to higher energy efficiency?	Explain and attach evidence /documents supporting your explanation	
Upgrade buildings to		
higher energy efficiency: College/ university measures towards affordable clean energy upgrade existing buildings		
	tails of plans and strategies to ad measures towards afforda	to upgrade existing buildings to ble clean energy upgrade
Any other Comments:		
7.2.3 Does your College & University have a process for carbon management and reducing carbon dioxide emissions?	Yes	https://jssaherdatalake.blob.core. windows.net/quality/Transportp olicy.pdf
Carbon reduction and emission reduction process (Measuring carbon/carbon dioxide emission in the campus to be implemented by the		

	tails of process for carbon ma in campus supporting Zero C	
Any other Comments:		
7.2.4 Does your College & University have an energy efficiency plan in place to reduce overall energy consumption?	Yes	https://jssaherdatalake.blob.core. windows.net/quality/EnergyCon servation%26RecyclingPolicy.pdf
Plan to reduce energy consumption: college/ university measures towards affordable clean energy efficiency plan		
energy conservation.	tails of energy efficiency plan	
Any other Comments:		
7.2.5 Does your College & University undergo energy reviews to identify areas where energy wastage is highest?	Explain and attach evidence /documents supporting your explanation	
Energy wastage identification: college/university measures		

towards affordable clean energy reviews					
Evidence: Weblink and det wastage is highest in the c	ails of energy reviews to ider	ntify areas where energy			
Measures towards affordat	ole clean energy reviews.				
Any other Comments:					
7.2.6 Does your College & University have a policy on divesting investments from carbon-intensive energy industries especially coal and oil?	Explain and attach evidence /documents supporting your explanation				
Divestment policy: college/ university measures towards affordable clean energy policy divesting investments					
	ails of institutional policies/ ntensive energy industries e				
Institutional Policy/Guidel	ines created (Year)?				
Institutional Policy/Guidel	ines reviewed (Year)?				
7.3 Energy use density (Note implemented by the collection 7.3.1 Energy usage per sqr		ed per sqm to be			
Total energy consumption in the college:					
College floor space:					
Total energy consumption	per sqm in college:				
7.4 Energy and the comm	nunity				
7.4.1 Does your College & University	Explain and attach evidence /documents				

provide Programmes for local community to learn about	supporting your explanation				
importance of energy efficiency and clean energy?					
local community outreach for energy efficiency: energy and community Programmes to learn clean energy					
training programs, camps	tails of awareness programs, for local community to learn with photographs of high re	about importance of energy			
Any other Comments:					
7.4.2 Does your College & University promote a public pledge toward 100% renewable energy (petitions, meetings, discussions, events) beyond the University / College?	Yes University encourages to use electric vehicles. The circular is attached here	https://drive.google.com/file /d/1M5gBopNq9E2TrlzPPaH su65ihTUSCBYy/view?usp=s haring			
100% renewable energy pledge					
Evidence: Weblink and det	tails of promoting public pled	lge towards 100% renewable			
Renewable energy pledge to be formulated by the college and solemn pledge on World Environmental Day/National Energy Conservation Day with photographs of high resolution					
Any other Comments:					
7.4.3 Does your					

provide direct services to local industry aimed at improving energy efficiency and clean energy energy efficiency assessments, workshops, research renewable energy options, Energy efficiency services for	supporting your explanation				
industry					
improving energy efficiency	y and clean energy for industricy assessments, workshops	ices to local industry aimed at tries. s, research renewable energy			
7.4.4 Does your College & University inform and support government in clean energy and energy- efficient technology policy development? Policy development for clean energy	Yes	https://jssaherdatalake.blob.core. windows.net/quality/EnergyEffic iencyRenovationandNewBuilding Policy.pdf			
technology					
Evidence: Weblink and details that supports government in clean energy and energy-efficient technology policy development					
Any other Comments:					
7.4.5 Does your College & University provide assistance for start-ups that foster and support a low-	Yes	https://jssuni.edu.in/jssaher/sparklecine/			

carbon economy/technology?
Assistance to low-carbon innovation: energy and community assistance for start ups

Evidence: Weblink and details that provide assistance for start-ups that foster and support a low-carbon economy/technology

Details on assistance to low-carbon innovation: energy and community assistance for start ups

7.5 Low carbon energy use

7.5.1 - Total energy used

7.5.2 - Total energy used from low-carbon sources

Any other Comments:

SLS, Ooty

1. AFFORDABLE AND CLEAN ENERGY (SDG 7)

Details Related to SDGs	Evidence with documents	Weblink to support the details	
1.1 Research on clean	energy		
Research supporting SDG 7: Research on Clean Energy (List of publications reflecting the research towards Clean Energy in Vancouver style): 1			
Piechota G. A critical review of	Ashokkumar V, Kumar G, Lakshmanan H, Chandramughi VP, Flora G, Kothari R, Piechota G. A critical review of biogas production and upgrading from organic wastes: Recent advances, challenges and opportunities. Biomass and Bioenergy. 2025 Mar 1:194:107566		
https://www.sciencedirect.co	om/science/article/abs/pii/S	<u>80961953424005191</u>	
1.2 College & Universit	y measures towards afforda	able and clean energy	
7.2.1 Does your College & University have a policy in place for ensuring all renovations / new builds are following energy efficiency standards? (relevant standards to be indicated) Energy-efficient renovation and building: college/university measures towards affordable clean energy policy energy efficiency standards	Yes, SLSO implements the University policies that are applicable. Energy Efficiency, Renovation, and New Building Policy is given.	https://jssaherdatalake.blob.c ore.windows.net/quality/sls- ooty-sdg-7-2-1-energy- efficiency-renovation-and-new- building-policy.pdf	
Evidence: Weblink and details of policies/guidelines/strategies/green audit reports for ensuring all renovations / new builds are following energy efficiency standards in the campus.			
Any other Comments:			
Institutional Policies/Guidelines/Strategi es created (Year)?			
Any other Comments:			

Institutional Policies/Guidelines/Strategi es reviewed (Year)?		
Any other Comments:		
7.2.2 Does your College & University have plans to upgrade existing buildings to higher energy efficiency? Upgrade buildings to higher energy efficiency: College/university measures towards affordable clean energy upgrade existing buildings	Yes, Smart campus facility is implemented according to the University policy and is given here. Normal bulbs and old fitting lights were replaced by LED lamps which are power saving. Glass windows are present in lecture halls for good supply of green energy.	https://jssaherdatalake.blob.c ore.windows.net/quality/sls- ooty-sdg-7-2-2-and-7-2-5-and- 7-2-6-smart-campus-policy.pdf
higher energy efficiency and buildings	_	upgrade existing buildings to e clean energy upgrade existing
Any other Comments: 7.2.3 Does your College & University have a process for carbon management and reducing carbon dioxide emissions?	SLSO has many trees and plants in the campus which absorbs the carbon emission.	
Carbon reduction and emission reduction process (Measuring carbon/carbon dioxide emission in the campus to be implemented by the colleges): college/university measures towards affordable clean energy process carbon		

management.		
Zero Carbon Policy		
	 ils of process for carbon man s supporting Zero Carbon Po	l agement and reducing carbon licy
Any other Comments:		
7.2.4 Does your College & University have an energy efficiency plan in place to reduce overall energy consumption?	Yes, Energy Conservation & Recycling Policy is given	https://jssaherdatalake.blob.c ore.windows.net/quality/sls- ooty-sdg-7-2-4-and-6-4-1- energy-conservation-and- recycling-policy.pdf
Plan to reduce energy consumption: college/ university measures towards affordable clean energy efficiency plan		
conservation.	ils of energy efficiency plans owards affordable clean ener	and measures towards energy
Any other Comments:	owards anordable clean cher	gy emercincy plan
7.2.5 Does your College & University undergo energy reviews to identify areas where energy wastage is highest?	Yes, Smart campus policy is given here	https://jssaherdatalake.blob.c ore.windows.net/quality/sls- ooty-sdg-7-2-2-and-7-2-5-and- 7-2-6-smart-campus-policy.pdf
Energy wastage identification: college/university measures towards affordable clean energy reviews		
Evidence: Weblink and detains highest in the campus.	ils of energy reviews to identi	ify areas where energy wastage
Measures towards affordable	e clean energy reviews.	
Any other Comments:		

7.2.6 Does your College & University have a policy on divesting investments from carbon-intensive energy industries especially coal and oil?	Yes, Smart campus policy is given here	https://jssaherdatalake.blob.core.windows.net/quality/sls-ooty-sdg-7-2-2-and-7-2-5-and-7-2-6-smart-campus-policy.pd
Divestment policy:		
college/ university measures towards affordable clean energy		
policy divesting investments		
	ils of institutional policies/gr tensive energy industries esp	
Institutional Policy/Guidelin	nes created (Year)?	
Institutional Policy/Guidelin	nes reviewed (Year)?	
7.3.1 Energy usage per sqm Total energy consumption in College floor space: Total energy consumption p	n the college:	
7.4 Energy and the comm	unity	
7.4.1 Does your College & University provide Programmes for local community to learn about importance of energy efficiency and clean energy? local community	NIL	
<pre>outreach for energy efficiency: energy and</pre>		
community Programmes		
to learn clean energy		

programs, camps for local co and clean energy with photo		oortance of energy efficiency
Any other Comments:		
7.4.2 Does your College & University promote a public pledge toward 100% renewable energy (petitions, meetings, discussions, events) beyond the University / College?	NIL	
100% renewable energy pledge		
Environmental Day/Nationa resolution	be formulated by the college	and solemn pledge on World
Any other Comments:	Γ	
7.4.3 Does your College & University provide direct services to local industry aimed at improving energy efficiency and clean energy	NIL	
energy efficiency		
assessments, workshops, research renewable energy options, Energy efficiency services for industry		
Evidence: Weblink and deta improving energy efficiency a	-	ces to local industry aimed at ies.
Details on energy efficiency a energy efficiency services for Any other Comments:	•	earch renewable energy options,
7.4.4 Does your College & University inform and	NIL	

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ils that supports government	t in clean energy and energy-	
NIL		
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Evidence: Weblink and details that provide assistance for start-ups that foster and		
support a low-carbon economy/technology		
Details on assistance to low-carbon innovation: energy and community assistance for		
start ups		
7.5 Low carbon energy use		
7.5.1 - Total energy used		
7.5.2 - Total energy used from low-carbon sources		
	NIL Is that provide assistance for my/technology carbon innovation: energy ar	

Any other Comments:

DHSMS

Ensure access to affordable, reliable, sustainable, and clean energy for all

	Table 14: Activities conducted aligning to Goal 7
Curriculum	The curriculum contained topics that relate to renewable and non-renewable energies, environmental sustainability, energy conservation, radiation and its hazards. Gaining knowledge on these concepts is of paramount importance in training the future responsible citizens. The concepts provide insights to the students in understanding the nature and environment from it's micro level, there by relating to the macro level outcomes if not managed properly.
Teaching & Learning	Department of Health System Management Studies adopts eco friendly practices by conducting student internal assessments online through JSSAHER portal there by conserving natural resources. Displays posters across department for energy saving through switching off lights and fans when not in use, posters for water conservation in hand washing areas.
	Energy conservation practices
	The department adopts energy conservation practices by promoting awareness through poster displays in classrooms, corridors, boys' common room and girls' common room areas, and staff room. The posters reiterate and remind the students, teaching, and non-teaching staff of the department on the importance of adopting energy conservation practices 'Save Water' and 'Save Electricity'.