



The working of great institutions is mainly the result of a vast mass of routine, petty malice, self interest, carelessness and sheer mistake. Only a residual fraction is thought.

- George Santayana

Our efforts in a glance



Committees involved in maintaining peace, providing justice, preventing violence, protecting from abuse



Policies to ensure inclusive environment to all.



Safe and secure campus



Financial assistance, welfare measures and promotional activities



Empowerment of women with leadership positions in for inclusive and representative decision-making.



Activities, programs and commemorative days celebrated



Research Projects to support the cause.



Activities to promote holistic well-being and work life balance- Yoga, sports, cultural and literary.



Institutional Accomplishments



Publications

Committees involved in maintaining peace, providing justice, preventing violence, protecting from abuse, involving all the stakeholders to ensure responsive, inclusive, and representative decision-making.

Institutional Ethics Committee (IEC) at JSS Medical College



The Institutional Ethics Committee, JSS Medical College (IEC, JSS MC) Members with the supporting staff members.

Institutional Ethics Committee (IEC) at JSS Medical College was initiated in 1993. The Principal JSS Medical College, is the Authority under whom the Ethics committee is established and is functioning. The research involving human participants are reviewed by the Ethics Committee to keep the research within the ethical framework and standards. IEC upholds the task of reviewing the scientific, ethical, medical, and social aspects of research proposals received by it in an objective, timely and independent manner by attending meetings, participation in discussion and deliberations. **The IEC serves to protect the rights, safety, and well-being of the research participants.** The institution has provided adequate infrastructure, staff, space, funds, required support and protected time for the member secretary which has helped in the smooth and independent functioning of the Ethics committee. IEC, JSSMC is involved in ethical review and approval of both the academic and regulatory clinical research proposals and functions as per the SOPs framed following the national ethical and Good Clinical Practice (GCP) guidelines. Since its inception, the IEC, JSSMC is consistently and progressively performing better year by year. This has been reflected by the good track record with the timely regulatory registrations and quality accreditations.

IEC, JSSMC was registered with Regulatory agency, CDSCO (Central Drugs Standard Control Organisation) in 2013. From then the IEC has been timely re-registered every 3 years i.e., 2016, 2019, and June 2022 by fulfilling all the regulatory requirements of CDSCO. Our present CDSCO registration is valid for 5 years from 2022- 2027. Also, our Ethics Committee is Provisional

registered with the National Ethics Committee Registry for Biomedical and Health Research (NECRBHR), Department of Health Research (DHR) in May 2022 for the approval of Biomedical and Health Research.

NABH Quality Accreditation of IEC, JSSMC: - Our IEC has fulfilled all the Quality requirements of NABH by undergoing NABH Accreditation inspection and received the Accreditation in April 2018, Surveillance inspection in September 2020 and Re Accreditation inspection in March 2021. NABH assessment was conducted on 22-23 June 2024 for its Re accreditation.

The committee also operates in accordance with SOP laid down. The latest is IEC SOP ver 5 dt 07-03-2024. All the EC details with registrations and accreditations, proposal formats, IEC composition, SOPs and resource materials are updated in the Institutional Website and updated regularly.

Presently, Our IEC, JSSMC is monitoring around 30 approved ongoing clinical trials and any Serious Adverse Events (SAEs) occurring in the clinical trial will be assessed and intimated to the CDSCO through an online portal within the specified time duration. The academic projects of the students of different courses and faculty from various colleges under JSS AHER along with the projects from other JSS institutes as well as external projects from other institutes which have an MoU with our institute are reviewed and approved by the committee.

IEC, JSSMC is a multi-disciplinary and multi-sectoral team of 13 members with adequate representation of age and gender and balance between medical and non-medical as well as affiliated and non-affiliated members.

Dr. M. Srinivasa, Senior consultant, Kamakshi Hospital, Mysore is the Chairman of the IEC.

Dr. C. Prathima, Associate Professor of Pharmacology is the Member secretary (Regulatory trials) of IEC, JSSMC. Dr Shiva Prakash, Associate Professor of Anatomy is the Member secretary (Academic studies) of IEC, JSSMC. Dr Pratibha Pereira Professor and Head, Dept of Geriatrics, JSS Medical College & Hospital and Dr. Srinath K.M, Professor, Dept of General Medicine, JSS Medical College & Hospital are the clinician members. Dr. Kalabharathi H. L, Professor of Pharmacology, JSSMC and Dr. Smitha Rani Assistant Professor of Forensic Medicine, JSSMC are the Basic Medical Scientists. Smt. Sudha Phaneesh Secretary, Samarpana Trust, J.P. Nagar, Mysuru and Smt. H.S. Sandhya, Treasurer of Inner wheel club of Mysore Mid town are serving as Social Scientists. Sri. R.S. Nagaraj, Secretary, Shree Vanamali Charitable trust, Mysore and Dr. Sathyanarayana Mamatha, Assistant. Professor, Dept of Hindi, De Paul

Degree College, Mysore are serving as laypersons. Mr. Palaksha and Mr. Nithin HN are the legal experts. Dr. Sri Harsha Chalasani, Assistant Professor, Dept of Pharmacy Practice, JSS College of Pharmacy, Mysore is the Scientific member. Mrs. Esther Sushmitha, M Pharm is serving as the coordinator of the committee. There are also 3 supporting staff members to ensure the smooth functioning of the committee.

Every member of the committee has been competent and has contributed to the effective conduct of all IEC activities with adequate institutional support.

EC members are regularly trained about the recent regulatory and ethical guidelines. Regular workshop on SOP and GCP are also conducted by the EC office.



NABH Accreditation process of Institutional Ethics Committee, JSS Medical College (IEC, JSS MC) held on June 22-23, 2024.



JSS Academy of Higher Education & Research
(Deemed to be University), Accredited 'A+' Grade by NAAC

JSS MEDICAL COLLEGE
Sri Shivarathreshwara Nagar, Mysore - 570 015

**PUNISHMENT FOR SEXUAL OFFENCES AND ASSAULT AND
CRIMINAL FORCE UNDER THE BHARATIYA NAYAA SANHITA, 2023**

**The following constitute Sexual Harassment-
The list is only indicative and not exhaustive.**

- Demand or request for sexual favours
- Sexually coloured remarks
- Showing pornography
- Other unwelcome physical, verbal or non verbal conduct of a sexual nature
- Eve-teasing
- Unsavoury remarks
- Jokes causing or likely to cause awkwardness or embarrassment
- Innuendos and taunts
- Gender based insults or sexist remarks
- Unwelcome sexual overtone in any manner such as over telephone (obnoxious telephone calls) and the like
- Touching or brushing against any part of the body and the like
- Displaying pornographic or other offensive or derogatory pictures, cartoons, pamphlets or sayings
- Forceful physical touch or molestation
- Physical confinement against one's will and any other act likely to violate one's privacy.

Contact :

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13. Ms. Amulya S.	Member	amulyas383@gmail.com	8970173281
14. Ms. Anukitha	Member	anukitha.droila16@gmail.com	9910525261
15. Dr. Vidya C.S.	Member Secretary	vidyasatish78@rediffmail.com	9449679386

Principal : 9845115962 Registrar : 9448280944

WOMEN HELPLINE NO. 181 EMERGENCY RESPONSE SUPPORT NO. 112



Student's Grievance Redressal Cell

The Students Grievance Redressal Cell of JSS Medical College, **enables students who are aggrieved** with respect to facilities / amenities in the campus, academic / teaching learning process, evaluation process, interpersonal issues related to student- teacher / student-student / student – administration or office or support staff **to communicate using structured format available on JSS AHER Website.**

Student Council

The student council is constituted to give students an **opportunity to develop leadership** by organizing and carrying out college activities and service projects and also to promote planning events that contribute to college spirit and community welfare.

Anti -ragging committee

As per the University Grants Commission Regulations in **curbing the menace of ragging** in Higher Educational Institutions, 2009 communicated vide letter No. F.1-16/2007 (CPP-II) dated 17th June, 2009 an Anti -ragging Committee has been constituted.

Nasha Mukh Hostel Committee: In order to Implement Nasha Mukh Bharat Abhiyan, JSS Medical College, JSS Academy of Higher Education & Research has constituted Nasha Mukh Hostel Committee in compliance with the notification received from NMC vide letter no. vide letter no. 47/10/2024-PGMEB-NMC-Part 1 dated 21st August 2024.

Child Abuse Response Unit

The Child Abuse Response Unit was officially launched at JSS Hospital in November 2016.

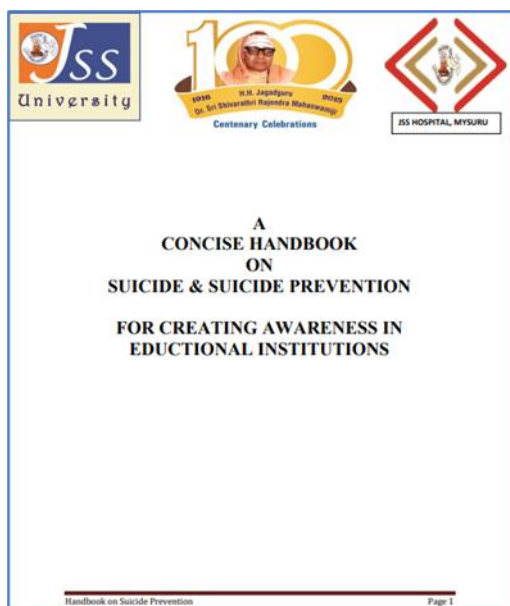
The objective of this unit is to provide care in a manner that complies with regulations and ensure safety of the child who is suspected or is reported to have been a victim of Child abuse.

Various departments like Paediatrics, Obstetrics and Gynaecology, Psychiatry, Forensic Medicine, Emergency medicine and nursing team are the part of this initiative who join forces following a single alert. A multi-disciplinary team is sensitive to the different problems and the whole process is kept confidential. Those patients who require such care, are immediately shifted to a private room and a neutral environment is created and one screening is conducted and forensic samples are collected. No multiple examinations are done thus minimizing the trauma to the patient. All the team members are trained in counselling, treatment, and well versed with legal aspects pertaining to such cases.

Student Support Center (SSC) is formed at JSS AHER, Mysuru with the support of the Department of Psychiatry and the Department of Clinical Psychology.

Student Support Centre

Student Support Center (SSC) provides free and confidential direct individual counselling services for a variety of concerns including, stress, burnout, time management, relationship problems, anxiety, depression, and other matters related to a student's overall mental well-being. The Center also provides resource information on wellness topics and is responsible for student outreach programming designed to reduce stress and improve overall well-being.



Objectives

- To offer practical and constructive support to students in adjusting to a new environment as well as social or personal challenges that are specific to their age group and circumstances.
- To spread awareness about ways to cope with academic pressures that often lead to mental health difficulties, and to assist students with the academic

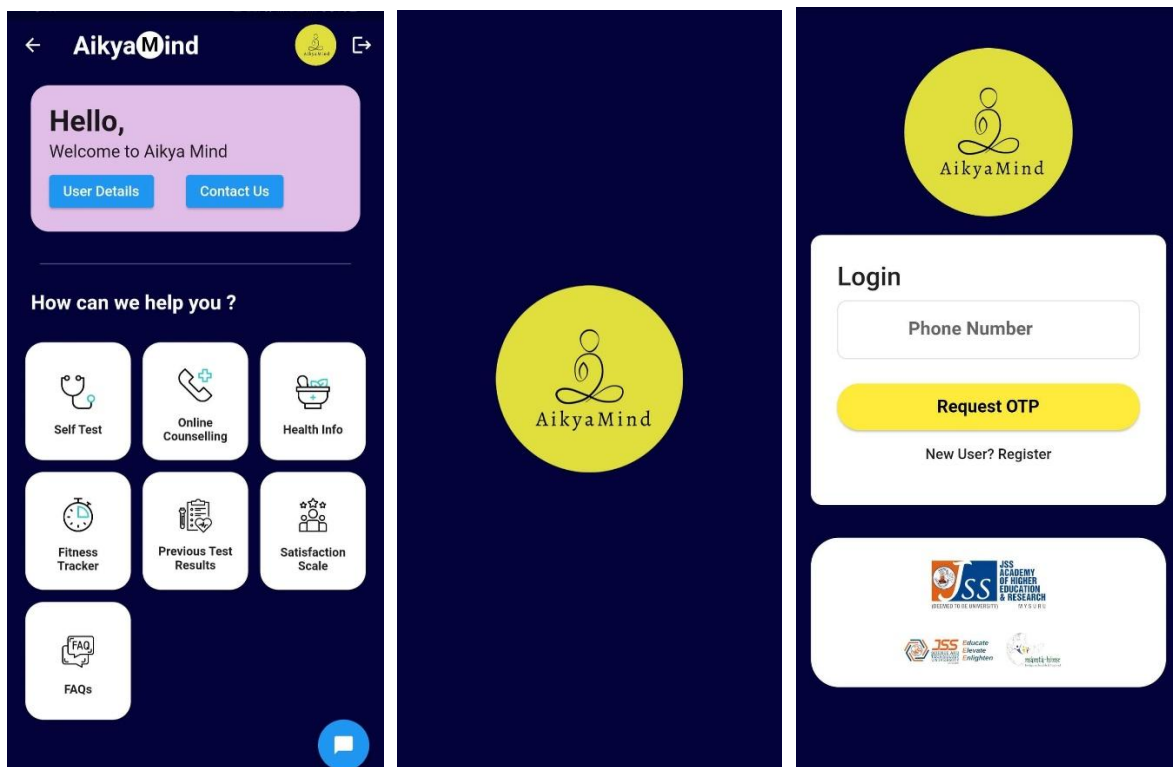
concerns that emerge from dealing with any short or long-term health condition.

- To treat mental and physical disabilities as not merely a pathological problem but as a more complex situation that requires the care of specialists who offer constant support through long periods of treatment and recovery.
- To help combat the general social taboos associated with anxieties and depression on campus, and to foster a positive outlook among students.
- Support services for social, cultural, and ethnic taboos among students and staff
- To establish the University campus as a student-friendly safe space that is sensitive to physical and mental disabilities.

Link: [JSS Academy of Higher Education & Research | Student Support Center | Home \(jssuni.edu.in\)](https://jssuni.edu.in)

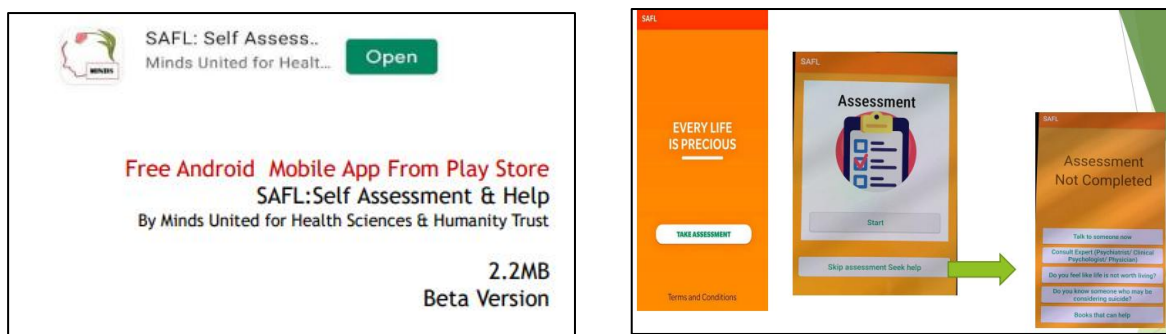
[AikyaMind - One-Stop Shop For Managing Your Mental Health.](#)

AikyaMind, the app developed by Dept of Community Medicine & Clinical Psychology, JSS Medical College, JSS Academy of Higher Education and Research, Mysuru is now live on the Google Play store. It's one-stop shop for managing mental health. The revolutionary app offers a range of features, including a self-diagnosis tool, online counselling, education materials, and a meditation tracker.



SAFL- Self Assessment for Life: Utility of An App for Suicide Prevention & Education

Psychiatry Team (Faculty & PGs), Doctors, Public Representatives and Software Development Team discussed and followed WHO Suicide Risk Assessment Guidelines, Mental Health Care Bill 2017 components to develop the App. Help Lines were used in the development of the App. Funds from National Conference on Combating Depression 2018, JSSMC, JSSAHER and funding from Minds United for Health Sciences & Humanity Trust, Mysuru were used for developing this Application which can be used for confidential risk assessment and access to help services in Suicide Prevention.



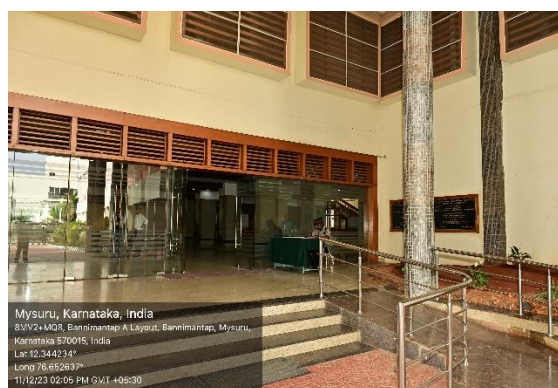
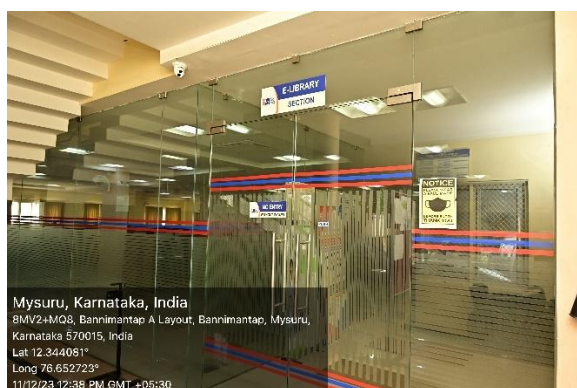
Policies to ensure inclusive environment to all

JSSAHER has instituted policies to ensure equal opportunities and a supportive environment for all irrespective of race, colour, ethnicity, nationality, religion, caste, gender identity, sexual orientation, disability, age, socio-economic background, or any other characteristic. The institution firmly believes in treating everyone with dignity, respect, and fairness, promoting an atmosphere free from discrimination, harassment, or prejudice. The institution values integrity, honesty, and fairness, and strives to integrate these values into its teaching, research, and outreach activities. Through its policies the institution reinforces the principle that each one belonging to the organization has a responsibility to help ensure that the it performs and pursues its mission in a legal and highly ethical manner.

- **Equality- Diversity and Inclusion Policy**
- **Non-Discrimination against LGBT Policy**
- **Non-Discrimination against Women Policy**
- **Policy on Prevention of Discrimination in the Workplace**
- **Code of Conduct policy**
- **Academic integrity policy**

Safe and Secure Campus

JSS Medical college has ensured safety within the campus by appointing adequate number of security personnel, well-lit pathways and installing CCTV surveillance cameras throughout the campus. There Security personnel are involved in ensuring authorization of people entering the campus, inspecting the campus regularly, patrolling, reporting suspicious activity. They also provide guidance to navigate through the campus. After 5 pm some staff are deputed to patrol in civil dress for enhanced security and monitoring. The personnel are trained weekly by the authorised experts to ensure safe campus.



Financial assistance, Welfare measures and promotional activities

Staff Welfare Schemes

JSS Medical College, constituent college of JSS Academy of Higher Education & Research (JSS AHER) recognizes the importance of its faculty and staff and offers a comprehensive Staff Welfare Schemes to support their well-being. These schemes provide financial security, healthcare benefits, and other forms of assistance. Here's a breakdown of some key components:

Social security
schemes

Leave policies

Health
insurance

Educational
benefits

Retirement
benefits

Financial
assistance

Social Security Schemes:

*ESIC (Employee's State Insurance Corporation): Provides medical benefits to employees and their dependents in case of sickness, maternity, and injury.

*GSLI (Group Life Insurance Scheme): Provides financial security to the employee's family in case of death while in service.

Leave Policies:

* Maternity Leave: Provides employees with paid leave for childbirth and childcare.

*Special casual leave: to attend conference & examination purposes

Health Insurance:

*Mediclaim: Provides financial assistance for hospitalization expenses incurred by the employee and their dependents.

Educational Benefits:

* PhD'Fee Waiver: JSS AHER offer full or partial waiver of tuition fees for faculty members pursuing PhD studies.

Retirement Benefits:

* Provident Fund: A savings scheme where both employee and employer contribute towards the employee's retirement corpus.

* Gratuity: A one-time payment made to an employee upon retirement, resignation, or death after a certain period of service.

Financial Assistance:

*Treatment Fee Waiver: JSS AHER offer financial assistance to employees facing high medical treatment costs for themselves or their dependents.

*Financial assistance for the staff to attend conferences.

JSS Medical College's comprehensive Staff Welfare Schemes demonstrates its commitment to provide a supportive and secure work environment for its faculty and staff. This fosters a sense of wellbeing and loyalty, potentially leading to increased employee satisfaction and retention.

Performance Based Appraisal system

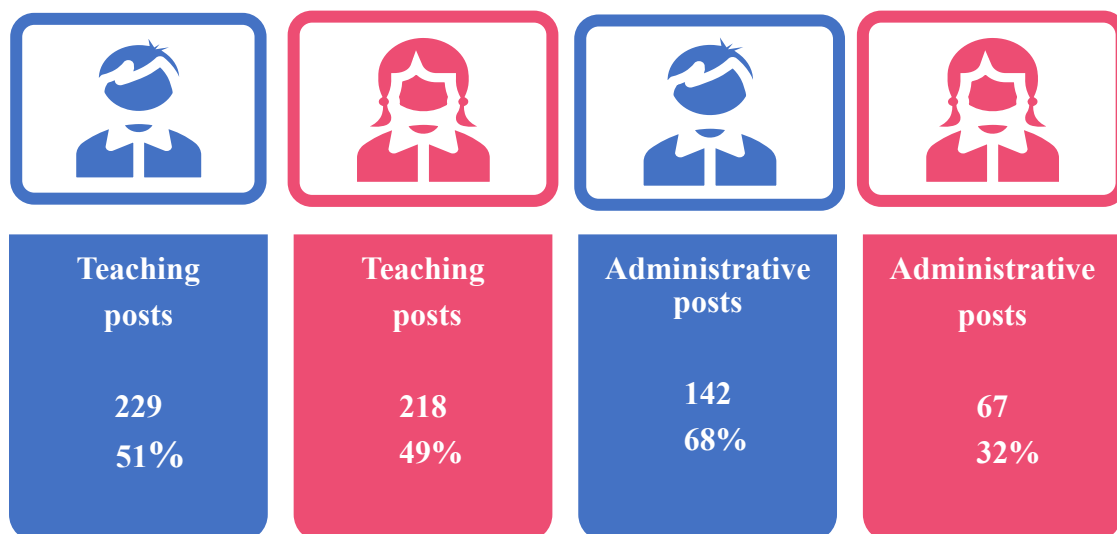
JSS Medical College follows Performance Appraisal Policy which sets forth the framework for evaluating and enhancing faculty and staff performance at the institute. The policy is a testament to our unwavering commitment to excellence, accountability, and continual growth, as reflected in our esteemed rankings and accreditations.

Policy Statement

At JSS Medical College, Mysuru, we firmly believe that regular performance appraisals are indispensable for individual and organizational development. This policy is meticulously designed to:

- ❖ Ensure impartial, transparent, and uniform performance assessments.
- ❖ Acknowledge and reward exceptional contributions.
- ❖ Identify areas for improvement and provide dedicated support for professional growth.
- ❖ Align individual objectives with the university's mission and goals.
- ❖ Cultivate a culture of ceaseless learning and development

❖ Adequate representation of women in teaching and administrative posts



❖ Empowerment of women with leadership positions in academic and administrative domains for inclusive and representative decision-making



Dr. M N Suma
Vice Principal (Pre-Clinical)
Dean and Director of
Biomedical Sciences



Dr. Pratibha Pereira
Professor and Head
Department of Geriatrics



Dr. Vidya CS
Professor and Head
Department of Anatomy
Member Secretary of
ICC



Dr. Rjalakshmi R
Professor and Head
Department of Physiology



Dr. Sheeladevi CS
Professor and Head
Department of Pathology



Dr. Archana KN
Professor and Head
Department of
Anaesthesiology



Dr. Tejashree A
Professor and Head
Department of Microbiology



Dr. Mamatha S
Professor and Head
Department of OBG



Dr. Brinda Basavaraju
Professor & Head of
Emergency Medicine



Dr. Bharathi M B
Professor & Head of ENT
President Association
Otolaryngologists of India



Dr. Akila Prashanth
Professor & Head of
Biochemistry
Genetic lab in charge



Dr. Pushpalatha K
Convenor, CCLPE, JSSAHER
Co coordinator, MEU, JSSMC



Dr. Renuka M
Professor of Community
Medicine
Deputy Controller of
Examinations



Dr. Madhu B
Professor of Community
Medicine
Deputy
Director Research,
JSSAHER



Dr. Sumana M N
Professor of Microbiology
In charge of COVID19
Testing centre and
NABL



Dr. Deepa Bhat
Professor of Anatomy
Genetic Counsellor



Dr. Prathima C
Associate Professor of
Pharmacology
Member secretary
Institutional ethics
committee



Dr. Nayanbai Shabadi
Student Welfare Officer
Assistant Professor,
Department of Community
Medicine JSS Medical College



Dr. Pushpa.N.B
Associate Professor of
Anatomy
Member secretary
Literary & Magazine
committee



Dr. Vijaya Vageesh
Associate Professor of
Physiology
IQAC member & AHS Co
ordinator



Dr. Kalabharathi H L
Professor of
Pharmacology
Chairman
Cultural committee



Dr. Smitha MC
Associate professor of
Community Medicine
Member secretary,
International student cell



Dr. Amoghashree
Assistant professor of
Community Medicine
Joint secretary, Academic
Society



Dr. Shobha CR
Assistant professor of
Biochemistry
Joint secretary, Academic
Society



Mrs. Shipla P
Assistant administrative
officer



Mrs. S.C. Shobha
Librarian



Dr. Vinutha SP
MSc Co ordinator



Dr. Archana
Assistant Professor
of Anaesthesia
Skill lab in charge

Campaigns and Awareness programmes

AWARENESS TO NEW CRIMINAL LAW – 08-07-2024

The awareness programme on new criminal law was successfully conducted by Department of Forensic Medicine and Toxicology, JSS Medical College, Mysuru in collaboration with Karnataka Police Academy, Mysuru on 08.07.2024 between 3.30 PM to 5.00 PM. The event was organized with the objective of enlightening participants about the latest developments in criminal law and their practical implications for law enforcement and related fields.

Sri Alok Kumar IPS, ADGP Training, Bengaluru was the chief guest and resource person for the said event. The event was attended by top brass officers including Dr M.B. Boralingaiah IPS, DIGP Southern Range, **Shri Dekka Kishore Babu IPS, SP and Principal, Police Training College, Kalaburagi**, Smt. Geetha MS IPS, Director, Karnataka Police Academy, Mysuru, Sri Channabasavanna Langoti IPS, Deputy Director, Karnataka Police Academy, Mysuru and faculty of Karnataka Police Academy, Mysuru.

Dr.H.Basavana Gowdappa, Principal, JSS Medical College, Mysuru was the guest of honour. The event was graced by the presence of other administrative heads of JSS Medical College, including Dr.Suma M.N., Vice Principal (Pre- Clinical), Dr. Praveen Kulkarni, Vice Principal (Para- Clinical), and Mr.S.R.Satish Chandra, Administrative Officer, JSS Medical College, Mysuru.

The programme commenced with an invocation led by Ms. Preksha Poovamma, Sixth Semester Student, B.Sc. Forensic Science followed by welcome address delivered by Dr.Chandrakanth H.V., Professor and Head, Department of Forensic Medicine and Toxicology , who highlighted the importance of understanding new criminal laws and the interdisciplinary collaboration required to implement them effectively.

Dr.G.B.Aravind, Co-Ordinator of Forensic Science Programme, Department of Forensic Medicine and Toxicology, introduced the chief guest, Sri Alok Kumar IPS, ADGP Training,

Bengaluru to the august gathering, followed by the felicitation of the chief guest, by the dignitaries on the dais.

The Chief Guest, Sri Alok Kumar IPS, ADGP Training, Bengaluru, delivered the keynote address. He gave an overview of changes in the new legal framework and highlighted the key changes in law as applicable to medical practice. His speech provided valuable insights into the practical challenges and solutions related to the new criminal laws. Key note address was followed by a sessions on Medicolegal aspects as applicable to new criminal law by Sri Guruswamy, Law Officer, Karnataka Police Academy Mysuru and Sri MH Khan, DySP, Assistant Director, Karnataka Police Academy Mysuru.

The programme was attended by SPs and Principals of police training units from across Karnataka, staff, and students of JSS Medical College. Their active participation and engagement in the discussions contributed to the overall success of the event. The event received significant media attention, with members of the press covering the proceedings. This coverage helped in raising public awareness about the importance of understanding and implementing new criminal laws.

The programme concluded with a vote of thanks delivered by Dr Smitha Rani, Associate Professor, Department of Forensic Medicine and Toxicology expressing gratitude to all the dignitaries, participants, organizing committee members, and volunteers for their contributions to the success of the event. Dr Atma Bevin, Postgraduate, Department of Forensic Medicine and Toxicology was the Master of Ceremony.



“TOBACCO ADDICTION, CHILD LABOUR AND CHILD MARRIAGE” : YOUTH CAMPAIGN

To make our 78th Independence Day Celebrations more meaningful, the Ministry of Health and Family Welfare insisted on a series of awareness programs titled “**Tobacco Free Youth Campaign 2.0**” to educate and empower the young generation of India to resist or quit tobacco usage in any form. India is the second largest consumer of tobacco globally, and accounts for

approximately one-sixth of the world's tobacco-related deaths. The tobacco problem in India is peculiar, with the consumption of a variety of smokeless and smoking forms. In this regard, the NSS unit, JSS Medical College, AHER Mysuru organized community outreach camps at local government high schools.

The day one program was conducted in the Govt. High School, Udbur village, HD Kote Road, Mysuru, was held on the 9th Friday, August 2024 and on second day programme was held on the 10th Saturday, August 2024. The program was organized in Govt High School Kuvempunagar, Mysuru. The main topics of the awareness campaign covered during these events included, ' **Awareness Against Tobacco and Alcohol.**' **Awareness Against Child Labours**' and **'Awareness Against Child Marriage.'** Mr. Sourav. Ms. Sanya Sathish, Ms. Gopika, Mr. Adwaith, Ms. Evana, Mr. Veeresh, Mr. Chiranth, Ms. Aishwarya, Mr. Rahul, Ms. Ananya, Mr. Aayush, Mr. Dipayan Saha, and Mr. Vishnu, all second-year B.Sc. NSS student volunteers from the division of Allied Health Science took active and enthusiastic participation in organizing, conducting, and coordinating the whole event successfully. High school students who were our target population of the program took an active participation in the whole program.

Both events started with an introductory remark about the motto of NSS activities and, the importance of social awareness among youth was followed by welcoming the Headmistress, the other teachers, and students of the school. NSS volunteers, Sowrav, Sanya, Veeresh, and Chiranth addressed the gathering with each concept; they highlighted the consequence of the use of "Tobacco, Alcohol, and Drugs," and its impact on society and the responsibility of their parents was very much stressed. They discussed how to fight the odds and how to help others to overcome those addictions.



Display Charts at Govt. High School, Udbur, HD Kote Road, Mysuru

To sensitize the students' self-consciousness and not to attract them towards such menace, the students were administered the oath by the physical education teacher.



Oath Administration by the teachers, Govt. High School, Kuvempunagar, Mysuru.



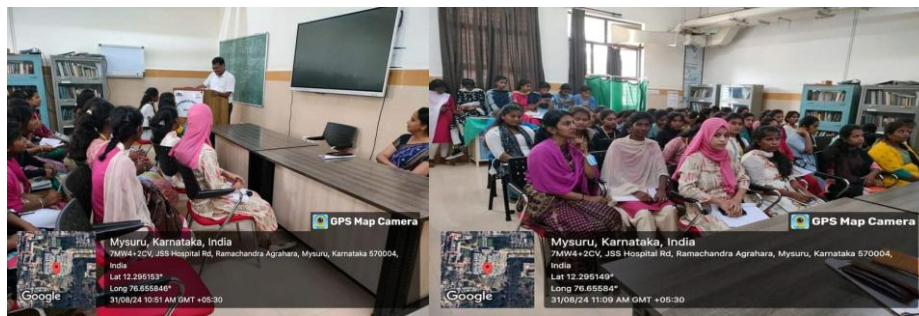
Mr. Veeresh spoke about the issue of child labour, including its impact on physical health, education, and prospects. He highlighted global and local statistics and the legal frameworks combating child labour. NSS volunteers stressed about child labour and its legal consequences. Subsequently, it was followed by an awareness speech about child marriage.



Volunteers used various charts and visual aids to present key statistics, facts, slogans, and pictorial representations of the topics being discussed. These aids helped in visualizing the severe effects of the issues at hand. As we concluded the two-day NSS camp, we were filled with a sense of accomplishment and hope. By engaging with the students of different schools, a small but a significant step towards creating a healthier, safer, and more equitable society was initiated.

HEALTH AWARENESS IN MENTAL HEALTH FOR BUDDING GRADUATES –

Health awareness in mental health for budding graduates is crucial. On 31st August 2024, students of Government Women's College, Mandya district visited Psychiatry Department, JSSMC Hospital, JSSAHER, Mysuru. Dr. Rekha from Mandya Govt. Women's College led a team of 60 students and staff. Comprehensive orientation was given about psychiatry services. Dr. M. Kishor MBBS MD, Prof & HOD of Psychiatry and Dr. Pradeep Kumar MPhil, Ph.D. Asst.Prof. of Psychiatric Social Work, engaged students and faculty.



SUICIDE PREVENTION AMONG MOTHERS ON OCCASION OF MOTHER'S DAY – 10-05-2025



Interdepartmental program on Suicide prevention among mothers on occasion of Mother's day oriented all EMD staff (Doctors and Nursing staff) on Suicide Risk Assessment by using SAFL app and exploring the outcome, similar initiative is planned at AIIMS Jammu

Competition

POSTER COMPETITION – 28-11-2024

Poster competition was conducted by NSS unit JSS Medical College on occasion of TOBACCO FREE YOUTH CAMPAIGN 2.0 on topic “STOP SMOKING, SAY NO TO TOBACCO” on 28th of November 2024. The event was held at Rajendra Auditorium of JSS Medical College (JSSMC). NSS officers, volunteers along with the staff took part in the event. The event started around 10:30 with a total number of 09 participants.

The judges were Dr.Sunil Kumar D., Professor & Head, Department of Community Medicine and Dr.Puspha V.H., Professor. department of Pharmacology. All the participants were warmly welcomed by Dr.Manu G Associate Professor, Dept. of Pharmacology, JSS Medical College. Dr.Hema A.H., Senior Resident, Dept. of Pharmacology, presided over the function.

The event started with the great performances from the students of JSSMC, JSSCPM M.SC Biochemistry, showing their amazing painting and sketching skills. The participants had 2 hours to present their work. The participant’s identity was masked for unbiased justification. At the end of the event students were addressed with encouraging words by the judges.

The results were announced by the judges. **First prize** was bagged by Ms Shikhara M M, MSc Medical Biochemistry, JSSMC, **Second prize** bagged by **Ms Spoorthi S**, MSc Medical Biochemistry, JSSMC. **Third prize** bagged by Ms. **Meghna Mishra, 1st year MBBS student of JSSMC**. Consolation prize was given to Ms Sandhyashree V, MSc Medical Biochemistry, JSSMC. Lastly to Honor the judges the certificates were handed over by Dr. Manu G, NSS Programme Officer. The NSS officers from JSS MC, Dr. Manu G and Mr Venkatesh coordinated the whole event. The event was a great success which bought everyone more enthusiasm towards co-curricular activities and learned the act of participation.

The activity was supported and encouraged by the Principal and Vice Principal of JSS Medical College, Mysuru; and the administrative officer JSS Medical College, Mysuru.



Interdepartmental Colloquium

INTERDEPARTMENTAL COLLOQUIUM ON DRUGS OF ABUSE – 10-12-2024

The Interdepartmental Colloquium on Drugs of Abuse was successfully conducted on 10th December 2024 at 11:00 AM in the Seminar Hall of the Department of Forensic Medicine, JSS Medical College, Mysuru. This collaborative academic event was organized jointly by the Department of Biochemistry, Department of Pharmacology, and Department of Forensic Medicine.

The colloquium provided an interdisciplinary platform for postgraduate students to present and discuss critical topics related to drugs of abuse, highlighting their pharmacokinetics, clinical identification, and biochemical diagnostics. The session was attended by faculty, postgraduate students, and distinguished guests, fostering an engaging and insightful academic environment.

Presentations

The following topics were presented by postgraduate students from the respective departments:

1. Pharmacokinetics of Drugs of Abuse

- Presented by Dr.Harish, Postgraduate, Department of Pharmacology.
- The presentation focused on the absorption, distribution, metabolism, and excretion of commonly abused substances, with an emphasis on their clinical implications.

2. Substance Abuse – Signs & Symptoms: Its Identification in Living and Deceased

- Presented by Dr.Atma, Postgraduate, Department of Forensic Medicine.
- The session highlighted forensic approaches to identifying substance abuse, both in living patients and post-mortem cases.

3. Advances in Diagnostic Biochemistry: Technologies for Estimating Toxic Analytes in Serum and Urine

- Presented by Dr.Surabhi K.R., Postgraduate, Department of Biochemistry.

- This talk covered innovative biochemical techniques and advancements in diagnosing toxic analytes associated with substance abuse, with implications for patient care and forensic investigations.

Dr. Kishore, Professor & Head, Department of Psychiatry attended the colloquium and provided expert insights on the psychological and psychiatric dimensions of substance abuse. His inputs emphasized the role of multidisciplinary approaches in addressing addiction and related disorders, enhancing the discussion's depth. The colloquium showcased the importance of interdisciplinary collaboration, combining pharmacological, biochemical, and forensic perspectives to address the challenges associated with drugs of abuse. Faculty members and students engaged in thought-provoking discussions following each presentation, fostering an interactive learning experience and emphasizing the need for continued research in this critical area of public health.

The Interdepartmental Colloquium on Drugs of Abuse was a resounding success, facilitating knowledge exchange and collaboration among departments. The event underscored the commitment of JSS Medical College to fostering interdisciplinary learning and advancing research in key areas of public health and diagnostics.





Workshops

GEOSPATIAL SCIENCE AND TECHNOLOGY (LEVEL 1: STANDARD PROGRAM – ASCLEPIUS 2024 – 24-10-2024

The CSI Workshop conducted as part of Asclepius, the international medical conference of JSS Medical College, on 24.10.2024 was an engaging and hands-on event designed to introduce participants to the practical aspects of forensic investigations. The workshop was inaugurated by Dr.Chandrakanth H. V., Professor and Head of the Department of Forensic Medicine and Toxicology, along with Dr.G.B.Aravind, Associate Professor, and Ms.Mridusmita, the organizer of the workshop.

The session commenced with a welcome address by Dr.Chandrakanth H.V., followed by an introductory speech by Dr.G.B.Aravind. Delegates were provided with an online handbook and a portfolio to facilitate a better understanding of the workshop activities.

The practical session included three simulated crime scenes. Delegates were divided into groups and assigned station numbers. Each group spent 15 minutes at a crime scene, observing and identifying evidence, and documenting their findings in the provided folder. After completing all three stations, the storyline of the crime, set against the backdrop of a wedding, was explained by Ms. Rayna, the workshop organizer. Four suspects were introduced, paving the way for further investigation.

The second phase of the workshop involved forensic activities at three stations. At the Blood Analysis Station, participants collected blood samples under supervision for analysis. The Fingerprint Analysis Station allowed delegates to create their own handprint impressions, which they could take home as souvenirs. The Red Hands Station provided a practical demonstration of its forensic relevance.

At the conclusion of the workshop, Dr. Smitha Rani, Associate Professor in the Department of Forensic Medicine and Toxicology, provided a detailed briefing, linking the evidence to the crime and elaborating on the storyline. Delegates actively participated in discussions and shared their opinions on the identity of the murderer. The suspects were presented, and the final reveal was conducted by Ms. Rayna and Ms. Mridusmita, who explained the plot and resolution of the case.

The workshop concluded with a feedback session where delegates expressed their enthusiasm and appreciation for the well-organized and interactive event. Through its hands-on approach and immersive activities, the workshop successfully provided participants with practical insights into forensic investigations.





WORKSHOP ON ROLE OF SELF-CARE IN WOMEN'S MENTAL HEALTH

A workshop on 'Role of Self-Care in Women's Mental Health' was jointly conducted by Department of Psychiatry, Department of Clinical Psychology and JSS Women's Alumni in SRCA Gallery, 3rd Floor from 2:30 PM to 4 PM.

Programme: The workshop had 4 presentations: Self Care: Ms Asmita Jain, Department of Clinical Psychology, Diet: Dr.Akshatha C.J., Department of Psychiatry, Exercise: Dr.Megha Sadashiv, Department of Psychiatry, Barriers in Self-Care: Dr.Bindu Annigeri, Department of Psychiatry. This was interspersed with 3 Activities, A Self-Compassion Exercise, a 4-7-8 Breathing Exercise and lastly a STOP/START exercise to interact with the audience about what they will start and stop doing with regards to self-care.

The session was concluded with a Panel Discussion on Self-Care in Everyday Life. Dr.Rajesh Raman (Department of Psychiatry), Dr.Amulya, Dr.Amoghashree, Dr.Sandhya and Dr Preethi spoke about barriers in self-care and how they overcome them. This panel was moderated by Dr.Bindu Annigeri. Beneficiaries: 74 female staff members of JSS Hospital

Feedback: A 3-2-1 feedback form was shared and participants found the workshop useful and requested for more such workshops on stress management.



THE IMPORTANCE OF ANATOMY FOR YOGA – 22-02-2025

Department of Yoga successfully organized a workshop on 'The Importance of Anatomy for Yoga,' facilitated by Department of Anatomy, JSS Medical College offering invaluable insights into the connection between anatomy and yoga practice on 22nd February 2025.

Dr.Praveen Kulkarni, Vice- principal (Paraclinical), Dr.Vidya C.S., Professor and Head of the Department of Anatomy, Dr.Sujan co-ordinator, Department of Yoga graced the inaugural function. Dr.Ipsita Paul explained about the external features of bones and joints, Dr.Mohamed Imran Khan gave an overview of bones and muscles of upper limb and lower limb, shoulder joint and knee joint. The features of ribs, contents of thoracic cavity, external features of lungs, muscles of respiration was elaborated by Dr.Geetchandra Tongbram. Dr.Bhavadharani explained about the external features, interior and valves of the heart. The workshop was successful in enhancing the understanding of anatomy in yoga practitioners.



SUICIDE RISK ASSESSMENT AND PREVENTION WORKSHOP – 27-05-2025

A one-day training and awareness program on Suicide Risk Assessment and Prevention was organized on 27th May 2025 at St. Philomena's PG College, Mysore. The program aimed to enhance the capacity of postgraduate students from Psychology, Social Work, and Criminology in identifying, assessing, and responding to suicide risk.



The program witnessed active participation from 65 postgraduate students, representing disciplines closely involved in mental health, community intervention, and criminal justice – namely Psychology, Social Work, and Criminology.

The sessions were conducted by experienced faculty from JSS Medical College, Mysuru: Dr. Kishor M – Professor of Psychiatry, JSS Medical College, Dr. Shivanand Manohar – Associate Professor of Psychiatry, JSS Medical College, Dr. Pradeepkumar P.C. – Assistant Professor of Psychiatric Social Work, JSS Medical College.

Session I: Understanding Suicide: Trends, Myths, and Mental Health Perspectives Speaker: Dr. Kishor M, An overview of suicide in the Indian context, mental health correlations, and the importance of early identification.

Session II: Approaches to Suicide Risk Assessment, Speaker: Dr. Shivanand Manohar The session focused on clinical markers, risk factors, use of assessment tools, and interviewing techniques.

Session III: Preventive Interventions and Community-Based Support, Speaker: Dr. Pradeepkumar P.C., Covered psychosocial interventions, safety planning, community linkage, and the role of social support systems.

Club Activities

MEDISLEUTH 2024 – 25-10-2024

Organized by: Oculis Iuris, Forensic Medicine & Toxicology Club

The Forensic Medicine Club proudly hosted the “Medisleuth” 2024, an exhilarating forensic challenge that combined intellect, creativity, and investigative skills. Held on the 25th of October, this event was a perfect amalgamation of knowledge and fun, designed to bring out the sleuth in every participant.

The event featured three engaging and dynamic rounds, each designed to test the participants' forensic insight while ensuring an interactive and stimulating experience.

Round 1: FMT-Based Quiz

The opening round was an innovative quiz that delved into the intricacies of Forensic Medicine and Toxicology. The questions, meticulously curated, balanced the core aspects of FMT with unconventional, out-of-the-box questions. Teams of 2-3 participants showcased their prowess, battling to secure their spot in the next round.

Round 2: Themed Mini Challenges

The second round featured three electrifying mini-games, each with a unique forensic twist:

1. Darts Challenge:

Participants aimed at a dartboard, where the points they scored corresponded to categories such as toxins, firearm injuries, and trauma. Each category led to challenging, thought-provoking questions, testing both precision and subject knowledge.

2. Dumb Charades:

Teams acted out forensic topics such as asphyxiation, strangulation, and gunshot wounds, ensuring laughter, camaraderie, and a deep understanding of complex terminologies.

3. Pictionary:

This visually engaging mini-round had participants drawing forensic terms and scenarios. Quick thinking and artistic skills were on full display as teams raced against the clock to decode sketches.

Final Round: Crime Scene Investigation

The top four teams, determined by their performance in the previous rounds, advanced to the climactic finale. This round featured a simulated crime scene involving a homicide and poisoning case.

A lifelike dummy added realism to the setup, immersing participants in the investigation. Teams were presented with 10 intricate questions, each unlocking a crucial piece of the murder mystery puzzle. Their ability to connect the dots and deduce the killer's motives and methods determined their success.

Winning Teams

After a thrilling contest, the champions were crowned:

1st Place: Karan, Sudhay & Allen (3rd year)

2nd Place: Sagar, Samriddhi & Nithya (3rd year)

Their exceptional analytical skills, teamwork, and forensic knowledge earned them well-deserved accolades.



OCULIS IURIS SELF DEFENSE WORKSHOP – 29th & 30th March 2025

On the 29th and 30th of March 2025, the Academy of Self Defense Fight Club conducted 2 workshops on Women's Self Defence in honour of Women's Day on the 8th of March. We were honored to have the presence of kickboxer Mrs. Pooja Harsha and national level competitive kickboxer, Mr. Abhishek Poonacha. In association with Oculis Iuris this completely free workshop changed not only the physical abilities of the women who attended, but also their mindset towards women's strength.



Over the course of 2 days, the trainers taught the participants a combination of kickboxing and general self-defense moves.

On 29th March 2025, the basic 4 kickboxing- jab, cross, hook and uppercut were taught until perfected, followed by general techniques like ear slap, choking, head but, and eye jab. This was followed by a discussion on the most sensitive and susceptible parts of the human body - the eyes, nose, mouth, solar plexus and organs. This gave the participants an idea of which body parts to protect at all costs. The first day concluded as a grand success and left the participants feeling empowered and energized, looking forward for the next day.

On March 30, 2025, the second day of the self-defense workshop, participants began with a recap of the techniques covered on the first day. They then moved on to learning new kick techniques, which were demonstrated and practiced under expert supervision. The importance of strength training was emphasized, highlighting how it enhances endurance and power in self-defense situations. Additionally, participants were taught how to execute chokes effectively, along with strategies to counteract potential attacks. The session reinforced key self-defense principles, ensuring that attendees not only grasped the physical techniques but also developed confidence in their ability to protect themselves.

The workshop concluded with an interactive discussion on self-defense as a tool for empowerment, underscoring the need for awareness, preparedness, and mental resilience. Participants left with a deeper understanding of self-protection, making the event a significant step towards fostering women's safety and confidence.

AFTER PARTY ESCAPE ROOM – 31st May & 2nd June 2025

Introduction

As part of the Tatvam 2025, Oculis Iuris, the Forensic Medicine & Toxicology club of JSS Medical College, hosted an exhilarating After Party Escape Room experience. This high-energy event was designed to combine mystery-solving, teamwork, and immersive storytelling in a thrilling, neon-lit environment, following the theme 'Navrasa'

Format & Participation

The event witnessed enthusiastic participation from over 35 teams, each racing against the clock to solve a series of intricately designed puzzles.

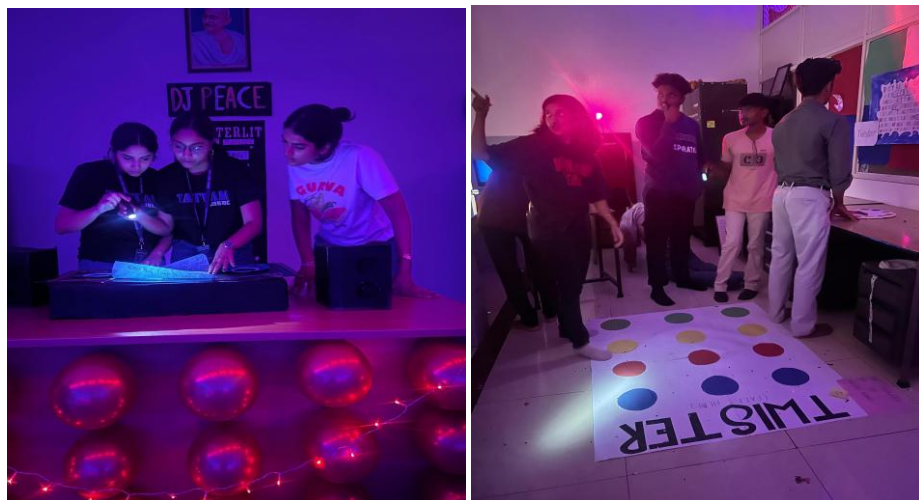
- Team Size: 2–4 members
- Time Limit: 25 minutes to escape
- Challenge: Solve the mystery, unlock clues, and break free before time runs out.

The escape room tested not just speed and intellect but also collaboration, communication, and pressure-handling, making it an unforgettable highlight.

Execution & Teamwork

This successful venture was made possible by the dedicated core members of Oculis Iuris, who took lead roles in conceptualizing, designing, and executing the event.

A special thanks goes out to the volunteers, who helped manage the set up and ensured smooth transitions between teams, and to the faculty members of the Forensic Department, whose guidance was instrumental in maintaining the educational and intellectual integrity of the experience.



SEXUAL ASSAULT AWARENESS MARATHON – 2025 – 01-06-2025

The *Sexual Assault Awareness Marathon 2025 : Every Step Tells A Story*, proudly organized by *Oculus Iuris*, the forensic medicine and toxicology club of JSS Medical College in association with Skyline Events, took place on 1st June starting at the historic Mysore Palace.

Starting at 7:00 AM, the 5 km marathon drew an inspiring crowd of around 180 participants — students, faculty, and citizens all coming together for a powerful cause. The event carried the message “*Every step tells a story*”, emphasizing that this was more than just a run, it was a movement toward awareness, solidarity, and action against sexual assault.

The inauguration was done by esteemed chief guest Dr.Ravi M.N., Cardiothoracic surgeon of Narayana Hospitals, followed by dignitaries Dr.Manjunath A B., Registrar, JSSAHER, Dr.Narayanappa, Principal, JSS Medical College, Dr.Chandrakanth H.V., HOD, Department of Forensic Medicine and Toxicology, JSS Medical College.

Participants received custom-designed marathon T-shirts, finisher medals, and certificates of participation, making the event both meaningful and memorable. Dedicated volunteers, some with their own vehicles, played a crucial role in route surveillance and water distribution, ensuring smooth execution throughout the morning. Following the run, a nourishing breakfast was provided, fostering a sense of unity and closure.

The organizers along with the enthusiastic volunteers, were instrumental in making this event a resounding success. *Oculus Iuris* is being led by a team of Medical students consisting of Samyuktha K P (President), Shanmukha Vitta and Navkiran Kaur (Vice Presidents) Hemant Kumawat (General Secretary). The organising team also consists of Mridusmita Hazarika, Rayna Gupta, Tamanna Gupta, Sanyam Nagori, Sana Chopra, Anika Bombwal, Shreya Malige and Shubhi Gupta.

The marathon served as a powerful reminder: when we move together, we make change happen



Training Programs

INTERNATIONAL TRAINING SERIES ON FORENSIC MEDICINE AND FORENSIC SCIENCE

Theme: The Science of Justice: Emerging Trends & Technologies in Forensic Investigation

This five-day program was held as a platform for global knowledge exchange, focusing on advancements in Forensic Medicine and Science and their critical role in justice delivery systems. A total of 211 participants, including forensic professionals, law enforcement officers, legal practitioners, and students, engaged in lectures and discussions led by esteemed national and international experts.

The event was inaugurated by Dr. Manjunatha B., Registrar of JSS Academy of Higher Education and Research. Dr. G.B. Aravind delivered the welcome address, and Dr. Chandrakanth H.V., Head of the Department of Forensic Medicine, emphasized the program's alignment with Karnataka's Crime Prevention Month. In his address, Dr. Manjunatha B highlighted the significance of such training programs in advancing forensic science and justice systems.

Key Sessions

Day 1:

- Collection and Documentation of Evidence: Dr. Shirley Vasu, Professor & HOD, KMCT Medical College, Calicut, highlighted forensic medicine principles, evidence handling, and case examples.
- Interpretation of Injuries in Road Traffic Accidents: Dr. P.P. Jagdish Rao, Professor & Head, Department of Forensic Medicine and Toxicology, KMC, Mangalore discussed injury patterns, postmortem findings, and legal implications.

Day 2:

- Fundamentals of Fingerprint Evidence: Dr. O.P. Jasuja, Professor and HOD, Department of Forensic Science, RIMT University, Punjab covered historical advancements, techniques, and challenges in fingerprint analysis.
- Forensic Ballistics: Dr.S.S.Murthy, Deputy Director, CFSL Hyderabad detailed firearms evidence collection, ballistics principles, and best practices.

Day 3:

- Emerging Technologies in Forensic Science: Barry A.J. Fisher, a retired Director of the Los Angeles County Sheriff's Department Crime Laboratory and a renowned forensic expert, presented innovations like 3D reconstruction, rapid DNA analysis, and ethical challenges.
- Crime Scene Investigation: Mrs. Annamma John, former Assistant Director of the Forensic Science Laboratory (FSL), emphasized evidence handling, preservation, and courtroom presentation.

Day 4:

- Ethical and Legal Dimensions: Dr. Arun M, Professor, Department of Forensic Medicine and Toxicology, JSS Medical College, Mysuru discussed ethical challenges, professional duties, and the role of forensic educators and researchers.
- Advancements in DNA Forensics: Mr. Aby Joseph, Assistant Professor, Amity University Dubai and Former Forensic Consultant at Ministry of Justice UAE highlighted rapid DNA technologies, contamination challenges, and quality assurance.

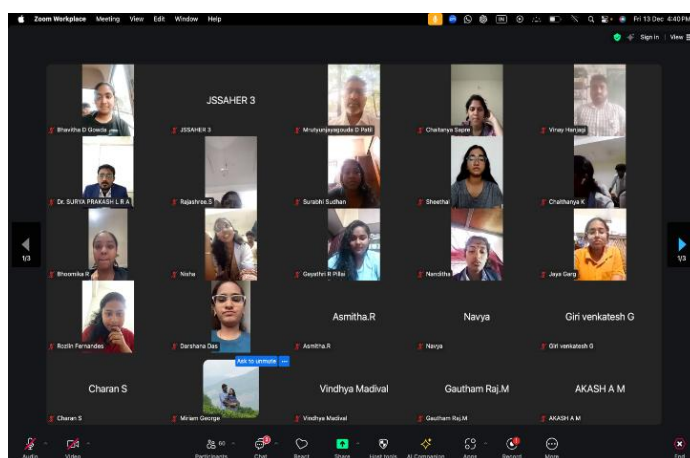
Day 5:

- Forensic Psychology & Profiling: Dr. Jasbirkaur Tadhani Associate Dean and Assistant Professor, School of Behavioural Sciences and Forensic Investigations, Rashtriya Raksha University explored criminal profiling, psychological tools, and ethical practices.
- Artificial Intelligence in Forensic Science: Dr. G.B. Aravind, Associate Professor and Coordinator of Forensic Science Programme, Department of Forensic Medicine and Toxicology showcased AI applications in biometrics, digital forensics, and crime pattern analysis.

The valedictory session marked the successful conclusion of the event. Dr. Smitha Rani, Associate Professor, Department of Forensic Medicine, delivered the vote of thanks, expressing gratitude to the speakers, participants, and organizers. She highlighted the unwavering support of JSS Academy of Higher Education and Research in fostering excellence in education and research.

The program concluded successfully, offering participants invaluable insights into emerging forensic methodologies and technologies. The event emphasized innovation, collaboration, and ethical practices in forensic science, aligning with the vision of JSS Academy of Higher Education and Research.

This initiative reaffirmed the institution's commitment to advancing forensic science education and fostering global cooperation for societal well-being.



Alumni engagement

PRIORITIZING SELF-CARE! EMPOWERING WOMEN, EMPOWERING MINDS!

22nd & 23rd November 2024

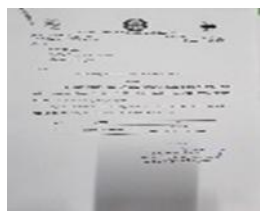
Workshop conducted by Department of Psychiatry, Psychology & Women's alumni of JSS on Self care for Women's Mental Health was held on two separate days on 22nd & 23rd of November 2024

Program had panel discussion on self care by Dr.Rajesh Raman, Dr.Preeti, Dr.Shilpa Avarebeel, Dr.Sandhya, Dr.Amulya. Talk on self care by Ms Asmita, Diet by Dr.Akshatha, Exercise by Dr Megha Sadashiv & Barriers to self care by Dr.Bindu Annigeri.

Self care activities like self hugging, relaxation exercises were conducted by postgraduate students of Psychiatry Dr Shalaka Atre, Dr Medha Reddy and Dr.Kareena Arora.



Guest lectures delivered by the faculty

Name of the Faculty	Title	Date & Venue	Certificate / Photos
Dr. Pradeep Kumar P.C	Stress Management & Social Media Addiction, Given to Women ASI and Women SP Training programme at training institute Mysore on 25.07.2024	25 th July 2024 Police Training School, Jyotinagara, Mysuru	
Dr. Smitha Rani	Forensic Medicine	5 th August 2024 Police training school, Mysuru	
Dr. G B Aravind	Long term effects of drug abuse how to identify abusers	25 th August 2024 JSS Law college, Mysuru	

Dr. D M Shilpa	'Sexual Harassment' as part of Orientation to scholars from American Institute of Indian Studies	3 rd September 2024 School of Public Health, JSS AHER, Mysuru	
Trishala. D	Mental hygiene and stress management	9th September 2024 Heritage College of Physiotherapy, Mysuru	
Dr Rithvik S Kashyap	Suicide Prevention & Awareness among school children	11 th September 2024 Govt High School, Kukkarahalli, Mysuru	
Dr. Sowrabha. R	Work place safety for women doctors	29 th September 2024 Chennai, Women in Nephrology, Tamil Nadu	
Dr. Arun M.	20 th Annual Conference of South Indian Medico Legal Association	26 th to 28 th September 2024 Department of Forensic medicine and Toxicology, Rangaraya Medical College, Kakinada, Andhra Pradesh	
Dr. Kishore M.	World Mental Health Day 2024- "It is time to Prioritize Mental health in the work place"	15 th October 2024 Sri Chamundeshwar i Medical College Hospital & Research Centre, Channapattana	
Dr. Vidya C S	Awareness on Gender Harassment and its consequences	16 th October 2024 Foundation course for Phase I MBBS 2024-25 Batch at Gallery	

		6, JSS Medical College	
Dr. Shivaprakash S	Medical ethics	21 st October 2024 Foundation course for Phase I MBBS 2024-25 Batch at Gallery 6, JSS Medical College	
Dr. Chandrakanth H V	Foundation course for MBBS Students of 2024-25	14 th to 26 th October 2024 Medical Education Unit, JSS Medical college, Mysuru	
Dr. Arun M	Foundation course for MBBS Students of 2024-25	14 th to 26 th October 2024 Medical Education Unit, JSS Medical college, Mysuru	
Dr. Chandrakanth H V	Crime scene investigations	22 nd to 26 th October 2024 JSS Medical college, Mysuru	
Dr. G B Aravind	Crime scene investigations	22 nd to 26 th October 2024 JSS Medical college, Mysuru	
Dr. Smitha Rani	Crime scene investigations	22 nd to 26 th October 2024 JSS Medical college, Mysuru	

Dr. Vidya C S	Role of Anatomy in Yoga and Sports	29 th October 2024 Department of Physical Education University of Mysore	
Dr. Smitha Rani	Forensic Medicine	5 th November 2024 Police training school, Mysuru	
Dr. Arun M	Forensic Medicine Curriculum: Scope for Collaboration, Reformation & Innovation	8 th to 9 th November 2024 Karnataka Medicolegal Society, (KAMLSCON-2024) at Jawaharlal Nehru Medical College, Belagavi	
Dr. G B Aravind	Cyber safety awareness program	9 th November 2024 School of life Sciences JSSAHER Mysuru	
Dr. Kishore. M	Mental Health at workplace	22 nd November 2024 JSS Nursing College of Nursing, Mysuru	
Dr. T.S. Sathyanarayana Rao	25 th National Conference of Indian Association of Private Psychiatry	21 st to 24 th November 2024 Aurangabad, Maharashtra	

Dr. T.S. Sathyanarayana Rao	UPIPS	30 th Nov 2024 Ramnagar, Uttarkhand	
Dr. Megha Sadashiv	Stress Management	6 th December 2024 JSS College of Nursing	
Dr. Kishore M.	Mental Health and quality of Life in the age of Technology	6 th & 7 th December 2024	
Dr. Pradeep Kumar. P.C	Special Lecture as a resource Person on the topic of Soft Skill Program for Officer and Staff at Police Training School Khamangala	10 th & 11 th January 2025 Police Training School Khamangala	
Dr. Pradeep Kumar. P.C	Special Lecture as a Mental Wellbeing in the Digital Era	16 th January 2025	
Dr. Pradeep Kumar .P.C	Soft Skill Program for Officer and Staff at Police Training School Khamangala	24 th & 25 th January 2025 Police Training School Khamangala	
Dr. Kishore M	76 th annual national conference of Indian psychiatric society	22 nd to 25 th January 2025 HICC, Hyderabad, Telangana	

Dr. Vyshali R	Menstrual health and hygiene	19 th February 2025 Nataraja College Mysuru	
Dr. Shilpa Avarebeel	Talk on International Women's Day Celebration	6 th March-2025	
Dr. Mamatha S	Stress management for female reproductive wellness through yoga	13 th March 2025 JSS Medical College, Mysuru	
Dr Anil S Bilimale	Guest speaker for International women's day for the topic "The Longevity code for women: Thriving in Health & Life Amid Evolving roles"	14 th March 2025 Sri Venkateshwara Dental College & Hospital, Bangalore	
Dr. Shivananda Manohar.J	Yoga and wellness in the University grants commission sponsored program	15 th March 2025 University of Mysore	
Dr. Pradeep Kumar .P.C	Special Lecture as a resource Person on the topic of "Yoga and Wellness"	11 th to 17 th March 2025 Malaviya Mission Teacher Training Centre, University of Mysore, Manasagangotri, Mysore, Karnataka, on.	

Dr. Hemapriya L,	Equity in maternal health care	11 th April 2025 JSS College of Nursing, Mysuru	
Dr. Smitha Rani	Handling Medicolegal cases	17 th April 2025 JSS Hospital, Mysore	
Dr. Shivananda Manohar. J	Adolescent Challenges	22 nd April 2025 JSS Suttru Mutt	
Dr. Chandrakanth H V	Forensic Nursing	13 th May 2025 JSS Nursing College, Mysore	
Dr. Sowmya K	Menstrual health and Hygiene	18 th May 2025 University of Mysuru	

Commemorative Days Celebrated

PRIDE MONTH OBSERVATION – 22-06-2024

On 22nd June 2024, Dr.Parineetha Raj, Dr.Rachana B N, Dr.Anjana Bhadrar, Dr.Hyndavi Bolla, and Ms.Sana Shafiya H S of Capstone Group 2 conducted a special Health Day Observation at Ashakirana Hospital, focusing on Reflect, Empower, Unite. This event aimed to raise awareness about the health needs and challenges faced by the LGBTQ+ community, emphasizing the importance of treatment adherence and celebrating the achievements of notable individuals within the community. The group engaged with patients providing valuable information on the importance of adhering to prescribed treatments. This was particularly focused on patients from the LGBTQ+ community, who often face unique challenges in accessing and maintaining consistent healthcare.

To inspire and motivate the patients, the group highlighted the stories of several achievers from the LGBTQ+ community who have made significant contributions to society.

JSS School of Public Health extends its gratitude to Dr.Swamy (Chief Head of Ashakirana Hospital) and other faculties and supporting staff for their support in making this event possible



WORLD SUICIDE PREVENTION DAY - 10-09-2024

Training every upcoming doctor in suicide risk assessment and prevention is one of the goals of National Medical Commission (NMC). In the draft of new National Medical Commission-CBME for UGs-Suicide Risk Assessment is being implemented as Certifiable skill.

Hence it will be mandatory for all medical graduates to be trained in Suicide Risk Assessment. In relation to this issue, we have been working with SAFL App, that is available now in all android smartphones & it is free. Using SAFL App to train the medical graduates in 40-60 minutes workshops has been tried in Online and Offline platforms. The findings are very encouraging. As part of World Health Organisation and International Association for Suicide Prevention, annual campaign to mark 10th September as World Suicide Prevention Day, JSS Medical College, MINDS Sapiens club conducted suicide risk assessment and prevention workshop for enthusiastic students of JSSAHER in association with Center for Health Information, Psychiatry4u, Minds United for Health Sciences & Humanity Trust, & Infosys Foundation. Aditya Rao, president of the club invited the participants, Dr M Kishor MBBS MD, Prof & Head of Department of Psychiatry, JSSMC, welcomed the chief guest Dr H Basavana Gowdappa, Principal, JSSMC. The chief guest gave a call, that this unique club, should be model for rest of India and club should come out with activities that help students & community to identify common mental health conditions such as depression, substance use disorders. Club members, Sana Singh introduced the resource person, and Sheryl Agarwal gave the vote of thanks. Workshop held on 10th September 2024.



WORLD MENTAL HEALTH DAY – 10-10-2024

On the occasion of World Mental Health Day, 10th Oct 2024, Department of Psychiatry in collaboration with Dept of Anaesthesia conducted a program on the theme “It’s time to prioritize mental health in the workplace”. The program was presided by Dr. Madhu C P, Medical Superintendent, JSS Hospital. Dr. M Kishor, Professor and Hod, Dept of Psychiatry, JSSMC, JSSAHER, Dr. Archana Professor and Hod, Dept of Anaesthesia JSSMC, JSSAHER gave the opening remarks, Dr. Akshatha talked about guidelines from Association of Anaesthesia on Suicide prevention, Dr. Jatin Kumar on ‘workplace mental health’ , Dr. Pravalya on Balint’s group and it’s relevance in workplace , followed by audience interaction. Dr. Sarika gave the vote of thanks. Many Faculties and Postgraduates from Psychiatry, Anaesthesia, Critical care departments attended the program and made it successful.



NATIONAL GIRL CHILD DAY – 24-01-2025

The School of Public Health, JSS Medical College, JSSAHER, observed National Girl Child Day on 24th January 2025 at Government Primary and Secondary School, K R Mill Colony, Siddalingapura, Mysuru. An awareness session along with interactive activities was organized to promote education, rights, and the overall well-being of the girl child. The event also aimed

to raise awareness about issues such as gender inequality, limited access to education, and social discrimination.

Activities Conducted

The session began with a talk highlighting the significance of gender equality, focusing on how everyone can contribute to a more inclusive and fair society. Discussions included the importance of education, health, equal opportunities, and the critical role of community support in empowering girls. An interactive quiz on women achievers was conducted to inspire students and engage them in a fun, educational manner. This sparked thoughtful participation and motivated students to dream big and break barriers. The event ended with a pledge to promote respect and equality for girls, followed by a vote of thanks from Dr. Pavan KH, acknowledging the team's efforts and the students' enthusiasm. An information booth was also set up for community queries, and the event concluded with a group photo to commemorate the spirit of the day.



INTERNATIONAL WOMEN'S DAY CELEBRATION – 08-03-2025

Department of OB&G Organized the Women's day celebration on 08.03.2025 at OBG Ward, 2nd Floor, JSS Hospital, Mysuru.



INTERNATIONAL WOMEN'S DAY – 08-03-2025

International Women's Day, March 8th, gives opportunities to highlight and engage women in all fields of science and society. As the society advances, lack of social bonding in joint families break and more women in urban areas in their 70s are entering institutional care, where new bonds develop and more focused approach to quality of life emerges. Elderly muscle strength, Cognitive function and oral health are linked in complex way for optimal mental and physical health. Dr.M Kishor, MBBS MD Professor of Psychiatry & Head of Department, JSS Medical College, JSSAHER. Dr Sowmya S, Dept of Prosthodontics, JSS Dental College, Dr Surabhi, PG Resident in Biochemistry under guidance of Dr Kusuma KS, MBBS MD Associate Prof of Biochemistry, JSS MC, jointly worked with Sevayanaya Trust, Mysuru to conduct meaningful health awareness interactive program for exclusively elderly women. More than 70 women participated on 8th March 2025.



INTERNATIONAL WOMEN'S DAY CELEBRATION – 08-03-2025

Women's Day was Celebrated on 8th March 2025 in Department of radiology Seminar room. The Department of Radiology celebrated International Women's Day on March 8th 2025 with enthusiasm and pride. The event aimed to honour the strength, resilience and achievements of women in the field of radiology. A special welcome address by the Head of the Department emphasized the importance of gender equality and inclusion. Inspiring speeches by women faculty members highlighted their journeys and contributions. All women staff members not just doctors but also our nursing staff, radiology technicians, typists, clerks and porters were recognized and appreciated with tokens of gratitude. The atmosphere was filled with positivity, unity, and inspiration. The event concluded with a group photo and refreshments, leaving everyone with cherished memories.





INTERNATIONAL WOMEN'S DAY 2025 – 08-03-2025

Theme – Accelerate Equality/ Embrace Equality initiative aims to close gender gaps and promote women and girls' empowerment to drive transformative change, unlocking trillions of dollars in economic potential. Women Empowerment forum was introduced to department.



NATIONAL FORENSIC DAY – 12-05-2025



The Department of Forensic Medicine and Toxicology has observed 'National Forensic Medicine Day' on 12th May 2025 to commemorate the inception day of Indian Academy of Forensic Medicine which was constituted on 12th May 1972. This day is observed across the Nation by all Forensic Medicine faculty where current Medico legal issues are identified and discussed. To mark this occasion the interns posted in Forensic Medicine presented case reports on examination and certification of injuries in Emergency Medicine.

WORLD NO TOBACCO DAY 2025 – 30TH & 31ST MAY 2025

Event 1:

On **May 30, 2025**, Department of Community Medicine, JSS Medical College, in collaboration with Sri Dharmasthala Rural Development, Mysuru unit, organized a community awareness program on the occasion of World No Tobacco Day at Bamboo Bazaar, Mysuru.

Dr.H.V.Rama, Medical Officer at JSS Urban Health Centre, delivered a keynote address highlighting the health hazards associated with tobacco use and emphasized the importance of early prevention. She underscored the influential role mothers play in guiding their children away from tobacco use, urging mothers to spread awareness among family members and neighbors to utilize the cessation services available at JSS UHC and JSS Hospital.

Smt. Shashi Rekha, District Coordinator of the Dharmasthala unit, spoke about the responsibility of mothers in nurturing children to become responsible citizens and in preventing them from engaging in tobacco abuse. Sri Vijay Kumar, Regional Supervisor, spoke about the commitment of Dharmasthala unit towards tobacco cessation initiatives. Mr. Santosh, Junior Health Inspector at JSS UHC, urged mothers to take advantage of the services offered at the health Centre.

The event was organized by local coordinators Smt. Rukmini, Smt. Leelavati, and Smt. Nalini, and witnessed the participation of 60 women from various Self-Help Groups (SHGs).



Event 2:

On May 31, 2025, the Department of Community Medicine at JSS Medical College, in collaboration with the Department of Pharmacy Practice, JSS College of Pharmacy, Mysuru, observed World No Tobacco Day at the JSS Urban Health Centre (UHC) in Bamboo Bazaar, Mysuru. The event focused on this year's global theme: "*Bright products. Dark intentions. Unmasking the Appeal*," highlighting the deceptive marketing strategies of the tobacco industry targeting youth.

Dr. H. V. Rama, Medical Officer at JSS UHC, welcomed the resource faculty and beneficiaries. The program was inaugurated with the symbolic act of watering a plant, signifying growth and a commitment to a tobacco-free future.

Keynote speaker Dr. Jayaraj B. S., Professor and Head of the Department of Pulmonology at JSS Hospital, addressed the audience on the health impacts of smoking and the manipulative

tactics employed by the tobacco industry. Dr. Kiran P. K., Assistant Professor in the Department of Medical Oncology, elaborated on the link between tobacco use and cancer, emphasizing preventive measures. Dr. Shri Shaila, Lecturer from the Department of Oral Pathology, JSS Dental College, created awareness through educational videos about the oral health consequences of tobacco consumption.

Dr. Amoghashree, coordinator at JSS UHC, Dr. Meenakshi from JSS Dental College, Mr. Sampath, Senior Treatment Supervisor, and Mr. Umesh, TB Health Visitor from the District Tuberculosis Office (DTO), staff members of JSS UHC, interns from JSS Medical College and JSS Dental College, and students from the Department of Pharmacy Practice were present. Dr. Jaidev Kumar, Assistant Professor in the Department of Pharmacy Practice, concluded the program with a vote of thanks. The event was coordinated by Mr. Santhosh, Junior Health Inspector at JSS UHC.

Following the educational session, a free oral screening was conducted by doctors from JSS Dental College for the beneficiaries. Participants received necessary advice and treatment, reinforcing the commitment to promoting oral health and tobacco cessation within the community.



Research Projects

Title	Investigators	Funding agency	Fund	Status
Effectiveness of Yoga based cardiac Rehabilitation (Yoga-CaRe) in Heart Failure: A Randomized Controlled Clinical Trail	Dr. Sunil Kumar S	ICMR	33,35,948	Ongoing
Enhancing identification and counselling skills of medical and dental undergraduate students using customized elearning module on Tobacco counselling – An education innovation project using ADDIE framework	Dr. Chandrashekhar B R Dr. Kishore M Dr. Praveen K	ICMR	17,94,560	Completed
Acceptability and Effectiveness of Mental Healthcare Services to Adolescents among Urban and Rural Areas of Mysuru District by the use of medical technology	Dr. Sunil Kumar D Dr. Hariprakash Dr. Saurish Hegde	Mamta HMIC, New Delhi	1,00,000	Completed

Activities to promote Holistic Wellbeing and Work life balance

Yoga

INTERNATIONAL YOGA DAY (IYD) 2025 – 21-06-2025

The International Day of Yoga is a day in recognition of [Yoga](#) that is [celebrated around the world annually on 21 June](#) following its adoption by the [United Nations](#) in 2014. As [Yoga exercises](#) have shown significant benefits for physical and mental well-being, it was considered important by the UN to globally promote this wellness practice, which originated in ancient India.

The 11th International Yoga Day was celebrated with the theme: 'Yoga for One Earth, One Health.' From 'Me' to 'We,' yoga is shaping a healthier, more harmonious planet.

NSS wing JSSMC along with the Department of Yoga celebrated Yoga Sangam on 11th International Yoga Day at JSSMC auditorium on 21st June 2025. The program was graced by Dr. Narayanappa D, Principal, Dr. Praveen Kulkarni, Vice Principal, Mr. Satish Chandra, Administrative Officer, Ms. Shilpa, Assistant Administrative Officer, JSSMC. Ms. Jahnvi V. Madhu and the team from the Department of Yoga conducted the Yoga session between 7 am to 8 am. More than 300 volunteers including Preclinical HODs, teaching and non teaching staff actively participated in the event. The event was coordinated by Dr Manu G, NSS Program Officer, Mr Manjunath and Mr Venkatesha, NSS Assistant Program Officers, Dr. Shivaprakash, Associate Professor of Anatomy and Physical Cultural Director Mr. Lokeshappa.



Sports Activities



Name of the Tournament & Place	Date	Games	Men/ Women	Result
JSSAHER U FEST SAMANVAYA- 2025 (SPORTS FEST)	18 th to 22 nd March 2025	Athletics & Games	Men & Women	JSSMC awarded as Overall championship & Men individual championship Dr.Abhijith (3 rd Year PG in Orthopaedics) Chief Guest of the day Ms.Chiatra (International Kho Kho Player)
SILHOUETTES AIIMBT 2025” Sports Fest (National level) Organized by AFMC, Pune	8 th to 11 th May 2025	Swimming	Men Mr.Adit Smaran	1. 50 Mtr. Breast stroke – Gold 2. 100 Mtr. Breast Stroke – Gold 3. 200 Mtr. Breast Stroke – Gold 4. 50 Mtr.Back Stroke Gold 5. 100 Mtr. Back Stroke – Gold 6. 100 Mtr. Individual Medley- Gold Overall individual Champion
			Women Ms.Anjali	1. 25 Mtr. Back Stroke – Gold 2. 50 Mtr. Back Stroke- Silver 3. 25 Mtr. Free Style- Bronze 4. 50 Mtr. Free Style – Bronze 5. 25 Mtr. Butterfly- Bronze
			Mixed Relay Ms.Anjali Ms.Pavani Mr.Adit Mr.Pranav	4x50 Mtr. Relay-Bronze Medal
		Chess	Dr.Shet Prajwal P.	Individual Classic- Gold Rapid –Gold
		Table Tennis	Mixed Doubles Mr.Arjun Mr.Aanvi	Gold
			Dr.Arush Ms.Shreya	Silver

			Mens Singles Mr.Arjun	Silver
			Mens Doubles Mr.Arjun & Mr.Raghav	Bronze
		Athletics	Mens Discuss Throw Dr.Abhijit	Gold
			Javelin Throw	Gold
			Sports Quiz Dr.Abhijith Dr.Arush	Gold
			Mens Long Jump Mr.Darshan	Gold
			Triple Jump	Bronze
			Women Ms.Tamanna High Jump	Bronze
			4x100 Mtr. Mix relay Ms.Tamanna Ms.Pavani Mr.Darshan Mr.Pranav	Bronze
			4 x100 Mtr. Womens relay Ms.Tamanna Ms.Pavani Ms.Mouli Ms.Prerana	Bronze
		Futsal	Women (Team Game)	Silver
State Level Open Sports Fest (JAYCIANA – 2025) Organized by JSS Science & Technology University, Mysuru	19-05-2025	Table Tennis	Men's (Individual)	Winner
			Men's (Doubles)	Winner
National Level Inter Medical Sports Fest – TATVAM 2025 (Total 29 Medical College took part in the Tatvam 2025 – Inside Karnataka – 27 Colleges, Outside Karnataka-2)	31 st May to 4 th Jun.2025	Basketball	Men (Team Event)	Winner
		Basketball	Women (Team Event)	Runner
		Table Tennis	Men (Team Event)	Winner
		Badminton	Women	Winner
		Futsal	Men	Runner
		Throwball	Women	Runner
		Chess	Men	Winner

			(Individual)	
		Chess	Men (Team Event)	Runner
		Chess	Women (Individual)	Runner
		Chess	Women (Team Event)	Runner

Cultural Activities

TEACHER'S DAY CELEBRATIONS

On September 10th, Teachers' Day was celebrated by the Cultural Committee to honor educators and foster appreciation among students and staff. The event began with an inspiring address by Principal Dr. H. Basavana Gowdappa, followed by a warm welcome to teachers with flower bouquets.

The day featured engaging activities, including a lively Lemon Spoon Race, a graceful student dance, and a vibrant Fashion Walk by teachers. The grand finale was a Talent Show, where teachers showcased their singing skills to an enthusiastic audience.

An awards ceremony recognized outstanding contributions, with the Nightingale Award to Dr. Manu G, Best Male Fashion Walk to Dr. M.V. Ravishankar, Best Female Fashion Walk to Dr. Vidya C.S., and the Evergreen Award to Dr. Arun M. The celebration strengthened bonds between teachers and students, creating cherished memories.



CULTURAL SHOWCASE DURING NAAC PEER TEAM VISIT

On 3rd October 2024, the NAAC Cultural Showcase, held during the NAAC Peer Team Visit, celebrated India's rich cultural heritage with captivating classical dance performances. Students from MBBS, BDS, Pharmacy, Life Sciences, and other faculties participated, reflecting unity across disciplines and the importance of cultural expression in holistic education.

The program featured Bharatanatyam, Kathak, Odissi, Kuchipudi, Mohiniyattam, and Karnataka's Yakshagana, each performed with technical precision, expressive depth, and cultural authenticity. Yakshagana's vibrant costumes and dramatic storytelling added a distinct regional charm.

The event fostered cultural awareness, encouraged artistic expression, and strengthened bonds among students, reaffirming the college's commitment to holistic development and a vibrant campus life.



ASCLEPIUS CULTURAL NIGHT

The Asclepius Cultural Night, held on 23 October 2024, marked a spectacular finale to JSS Medical College's annual medical conference, uniting students, faculty, and staff in a celebration of talent and camaraderie.

The evening opened with Fremitus, the college band, energizing the audience with lively Bollywood numbers, followed by Thandavam's dynamic dance performances blending traditional and contemporary styles. The highlight was the Myriad Drama Club's witty play, humorously depicting various medical disorders while promoting awareness and empathy.

This vibrant cultural night offered a refreshing close to the conference, fostering unity, creativity, and collaboration within the college community.



KANNADA RAJYOTSAVA CELEBRATION

On 11 November 2024, JSS Medical College celebrated Kannada Rajyotsava with great enthusiasm, honoring Karnataka's rich heritage. The festivities began with a vibrant campus vehicle rally, adorned in Karnataka's colors and led by a lively dollu kunitha procession, filling the air with rhythmic drumbeats and cultural pride.

In the auditorium, Kannada students from each batch presented traditional dance forms in colorful costumes, showcasing the state's diverse folk traditions. Faculty members added to the celebration with soulful renditions of popular Kannada songs, highlighting unity between staff and students. The event was a memorable tribute to Karnataka's culture, blending energetic outdoor festivities with spirited stage performances.



JSS Medical college encourages its students to participate in literary, cultural and sports activities by providing financial assistance to attend the events across the country



“SAMMSCRITHI 2024

Mysore Medical College's 'Sammscrithi' festival featured a group dance competition featuring nine teams from Bollywood, classical, hip hop, and folk styles. JSS Medical College's second-year MBBS students performed creatively, earning **2nd place** showcasing the versatility of different dance styles.

Solo non-classical

Mysore Medical College's Sammscrithi intercollegiate fest showcased classical dance performances, with Aditi Trivedi, a second-year MBBS student, earning the **3rd prize** in the Solo Classical Dance category for her Kathak performance, which showcased her expertise in traditional movements, graceful expressions, and intricate footwork.

Solo non-classical

An annual event called "Sammscrithi" included a Solo Non-Classical Dancing Competition hosted by Mysore Medical College. Fifteen competitors representing a range of styles—Bollywood, hip hop, freestyle, and contemporary—were present in the competition. Students used expressions, dancing, and coordination to show off their ingenuity and talent. Vanshika Singh, took **first place** in the hip-hop division with her captivating expressions and lively moves.



Extempore

The English extempore competition attracted students from various disciplines, with Arushi Kaushik, a final-year MBBS student, winning the **runner-up award** with an impressive and insightful speech. The event successfully showcased the oratory skills and quick thinking of the participants.

Pictionary

MMC&RI's 'Sammscrithi' intercollegiate fest hosted a Pictionary competition, requiring teams of two to draw objects and everyday phrases while their teammates guessed the answers. Arushi Kaushik and Ankit Agarwal emerged as the **winners**.



MMC GENERAL QUIZ

MMC Cultural Fest, Sammscrithi, hosted a general quiz with 30 teams in prelims, with 6 making the finals. Arush Sudan and Krishna Rajmohan from JSSMC Mysuru, won second **prize**, while the MMC team took first place, organized in collaboration with Factaco.

BMC – Celestial Spurs 2024

On 17th November 2024, Vanshika Singh, a second-year MBBS student (2023-2024), participated in the “Celestial Spurs” Western Solo Dance event held at Bangalore Medical College as part of their fest “Cobalt Skies” and secured First Place, earning a prize of ₹3,000. Her performance stood out for its exceptional choreography, energy, expression, costume, and effective stage utilization, impressing both the judges and the audience. This remarkable achievement highlights her talent and dedication, bringing pride to the institution, and it is recommended to recognize her success in upcoming college events to inspire others.

JAM SESSION: Music Medicine Masti organized two jam sessions on 14th December. The Jam session had creative new segments added, like Trivia, Musical Paraphrasing and games like Dumbcharades with a spin on lyrics.





FYI (FOR YOUR INFORMATION) - Offline Quiz Event: On 16th December 2024, Labyrinth, the official quiz club of JSS Medical College, conducted an offline quiz in Gallery 4. With 21 participants across 10 teams, the event featured six diverse written rounds, offering a fun and immersive introduction to various quizzing formats.

THANDAVAM DANCE MEET: THANDAVAM- the dance club, conducted a dance meet on 4th January 2025. The event consisted of many activities, where members of the club got to represent their talent. Further, all the club members joined together for a hook step challenge and the reel making challenge.



REVELATIONS 2025: On January 19, 2025, second-year students from JSS Medical College actively participated in *Revelation 2025*, the annual cultural fest organized by the *Symbiosis Institute of Business Management (SIBM)*, Bengaluru. The event brought together 14 vibrant dance teams, showcasing Bollywood, Hip-hop, Classical, and Folk styles, in a celebration of talent, creativity, and cultural diversity.

SUTTUR JATHRA MAHOTSAVA

The Cultural Competition held on 26th January 2025 during the Suttur Jathra Mahotsava was a vibrant showcase of India's classical arts. Second-year students won First Prize in the Group Classical Dance category for their graceful and synchronized performance of Dhanashree Tillana. In the Solo Classical Dance category, Aditi Trivedi (Second Year) secured Second Prize for her captivating Kathak performance. These achievements highlighted the students' dedication and artistic excellence, adding to the cultural glory of the Suttur Jathra Mahotsava.



Thandavam Dance Crew Meet

On 1st February 2025, Thandavam held its first Crew Meet at the Sports Complex to promote dance as both a skill and a fun activity at JSS Medical College. With 9–10 enthusiastic participants, the session featured a choreography chosen through a social media poll, ensuring genuine interest. It successfully created a space for students to explore and enjoy dance in an accessible, supportive setting.



RANGMANCH – THE ACTING WORKSHOP – The Acting Workshop, held on 2nd March at the Boys Hostel Indoor Sports Complex, introduced students to the basics of acting through engaging sessions. The workshop ended with a fun game of Acting Heads Up, filled with laughter and enthusiastic performances.

U-FEST SAMANVAYA 2025: 15-17th March 2025

U-Fest Samanvaya 2025 opened with a vibrant inauguration featuring a divine invocation, lamp lighting, and a soulful song. Chief Guest Dr. Arun Yogiraj inspired students with insights on passion and artistry, while dignitaries highlighted the institution's commitment to academic and cultural excellence.

Day 1 blended creativity and camaraderie with events like Pictionary, Shipwreck, solo singing, classical group dance, Flower Carpet, Face Painting, and the electrifying Battle of the Bands.

Day 2 showcased artistry and innovation through Pencil Sketching, Duet Singing, Debate, Mad Ads, JAM, and a dazzling Fashion Show.

Day 3 featured impactful Street Plays, the spirited Samanvaya Icon contest, and dynamic Non-Classical Group Dance performances.

At the Valedictory Ceremony, JSS Medical College was crowned Overall Champion. Awards, inspiring speeches, and the National Anthem concluded the festival, celebrating unity, talent, and the spirit of Samanvaya.



GRADUATION DAY CULTURAL PROGRAM

The Graduation Day Cultural Program held on 28th March 2025 at JSS Medical College was a vibrant and emotional celebration in honour of the 2019–2020 MBBS batch. The evening brought together students, faculty, and dignitaries to mark the culmination of an important chapter in the lives of the graduates. Energetic group dance performances set the tone for a lively start, followed by the felicitation of Dr. Pratham Mehta and Dr. Nilanjana Dutta for their invaluable



contributions as Cultural Committee Member Secretaries. A deeply moving batch video, crafted by Dr. Pranav Balaji Kashyap and team, took the audience through the interns' journey filled with laughter, and lasting memories. One of the most heartwarming highlights was the Graduates-Teacher Fashion Walk, showcasing the strong bonds formed over the years. Soulful musical performances by Dr. Nilanjana, Dr. Anjali, Dr. Nikita. The evening came to a close with colorful Kannada and Bollywood group dances, leaving the audience filled with joy, nostalgia, and gratitude. The program stood as a beautiful tribute to friendship, growth, and the journey of becoming a doctor.



CRAFTOPIA, POCKET SIZED creativity, hosted by JSSMC

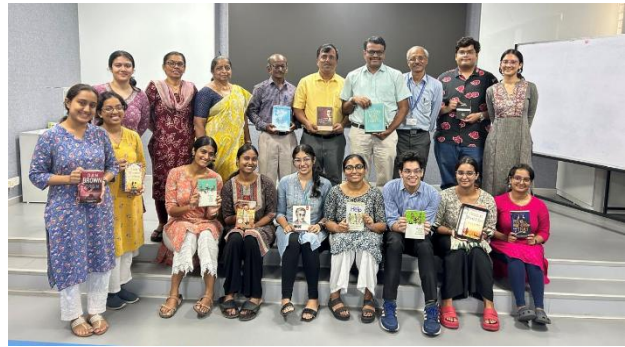
Kalakriti, was a lively celebration of art and self-expression. With the blessings of His Holiness and support from college authorities, the event saw 29 enthusiastic participants engaging in pebble stone painting, clay modelling, and wooden board painting.

What began as a short event extended to 3.5 hours, fueled by the students' creativity and excitement. Graced by Dr. Varsha from the Department of Medicine, Craftopia offered a refreshing break from academics and served as a reminder of the vibrant artistic spirit within the student community.

BIBLICHOR- Book Talk — A Celebration of

Reading and Reflection was,

held on 26th April 2025 at JSS Medical College brought together faculty and students to celebrate their shared love for literature. In a relaxed, inclusive setting, participants presented books that inspired or challenged them,



followed by engaging discussions. With genres ranging from medical memoirs to fiction, the event fostered empathy, curiosity, and community. Concluding with a lively networking session, it received heartfelt appreciation for offering a refreshing space beyond academics, encouraging reflection and connection through storytelling.

“SILHOUETTES 2025” In May 2025, students from JSS Medical College showcased exceptional talent at SILHOUETTES 2025, the annual cultural and sports fest hosted by AFMC Pune ,from 8th to 11th May’25. Second-year student Vanshika Singh secured First place in Dance Battle and Second in Adaptunes, earning both Gold and Silver for her captivating performances. In music, Muktakshi Sonkar (3rd year) and Pavani K (2nd year) won First place in Duet Singing, impressing the audience with their harmony and stage presence. JSSMC students also excelled in quiz events—Dr. Arush Sudan and Dr. Abhijit C bagged First place in both the Sports and METH quizzes, while Dr. Arush, Arjun BT, and Raghav Agarwal secured Second place in the Fandom Quiz. These achievements reflect the vibrant cultural spirit, talent, and competitive edge of JSS Medical College on a national stage.



LABYRINTH EVENTS: Offline Interactive Quiz was

conducted on 19th May, at Gallery 4 with 18 teams from all MBBS batches. Covering topics from general knowledge to pop culture, the event saw Sagar,



Malavika, and Karan win first place, followed by Ahana, Aanya, and Akanksha in second place.

TATVAM 2025

NAVRASA - A NEON NIRVANA

Where Manodharma meets Modernity

TATVAM 2025, the Annual Inter-Collegiate Fest of JSS Medical College, was held from 31 May to 4 June, with cultural events from 31 May to 2 June under the theme “Navrasa – A Neon Nirvana, where Manodharma meets Modernity.” Blending tradition with innovation, the fest featured events in dance, music, fine arts, literature, drama, quizzes, and academics, attracting 30+ colleges offline and 40+ online.

Day 1 featured Emovere, Shipwreck, Solo Classical Dance, Face Painting, General Quiz, JAM, Duet Singing, staff events, and a dazzling Fashion Show.

Day 2 showcased the Literary Marathon, Tote Bag Painting, Street Play, Group Dance, Debate, Art Attack, FIFA, MELA Quiz, and ended with a captivating musical performance by Aryan Gala.

Day 3 concluded with Improv, Solo Non-Classical Dance, Solo Eastern Singing, Mono Act, Reflections, Battle of the Bands, and the Valedictory Ceremony.

The Escape Room ran throughout, keeping participants engaged. TATVAM 2025 celebrated creativity, diversity, and camaraderie, adding another memorable chapter to the college’s cultural legacy.



Literary Activities

Samarthya annual College magazine 2022-23 secured first prize under the Medical and Technical Institute category. Prize distribution was held during the celebration of 109th Jayanthi Mahotsava of Shri Shivarathri Rajendra Mahaswamiji on 25th August 2024. Dr.Basavana Gowdappa H, Principal, Dr.Tejashree A, Chairman, Dr.Pushpa N.B., Member Secretary, Literary and Magazine committee and Mrs. Shilpa P, Assistant AO, JSS MC received the prize from His Holiness Swamiji.



STUDENT REPRESENTATION

Nilanjana Dutta, Intern (MBBS batch 2019-20), presented a clinical case at a CME held by the Indian Rheumatology Association on 2nd June 2024, Topic - Andersson Lesions in Ankylosing Spondylitis. She was awarded 1st prize for the presentation





Vaishnavi, 2nd MBBS had presented poster on “Substance Use in Medical Students- exploring causes and discussing college reform programs” in the St. John’s Medical College, Bangalore in the Psychiatry conference held on 16th and 17th of November 2024. She had also co-authored 2 posters titled- Disordered Eating Habits in Medical Students With Trisha Sharma, 2nd MBBS

Athira Vinod Kumar, 2nd MBBS had volunteered for the St John’s Psychiatry Conference’24 held on 16th and 17th of November 2024 at Bangalore and presented Poster titled - “Evaluating the Risk of Clinical Depression and Depressive Symptoms Across Menopausal Stages in Women in South Karnataka, India.” It was coauthored by Nysa Teres Mathew.



Adithi Biswajit, 2nd year MBBS, had participated in Poster presentation in the National Conference on Psychiatry Teaching-Learning Practices held between Nov 16-17th 2024 at St. John's Medical College, Bengaluru.

Sharanya Bose, Final MBBS had secured 1st Prize in Psychiatry conference held on 16th and 17th of November 2024 at St. John’s Medical College, Bangalore. Topic- A proposed model for training medical students in suicide risk assessment.



- Vasanth Gudivaka, 2nd MBBS had participated in the poster presentation competition at St John's psychiatry conference held on 16/11/24 at St. John's Medical College, Bangalore. Title of the poster- "Telepsychiatry: Key Importance and Future Directions – An Observational Study" along with Adithi Biswajit .
- Anjali Kumai, 2nd MBBS, had participated in Psychiatry conference held on 16th and 17th of November 2024.
- Anmay Dixit, 2nd MBBS, had participated in Psychiatry conference held on 16th and 17th of November 2024.
- Ojus Jain, 2nd MBBS, had participated in Psychiatry conference held on 16th and 17th of November 2024.
- Mahak Gupta, 2nd MBBS, had participated in Psychiatry conference held on 16th and 17th of November 2024 at St. John's Medical College, Bangalore.
- Anshika Gupta, 2nd MBBS, had participated in Psychiatry conference held on 16th and 17th of November 2024 at St. John's Medical College, Bangalore.
- Afreen Fathima, 2nd MBBS, had participated in the St. John's Medical College, Bangalore. Psychiatry conference held on 16th and 17th of November 2024.



Sanskriti Jain, 2nd MBBS had attended surgical workshop-Laparoscopy held on 17th November at AIIMS Delhi INSIGHT'24.

Aditya Rao and Aman Kumar Singh, 3rd year MBBS students from JSS Medical College secured First Prize in clinical case presentation competition under the guidance of Dr. Shilpa C (Associate Professor, department of ENT) at Cognitaire 3.0, UG conference at BGS Institute of Medical Sciences, Bangalore.





Devesh Chandra, Intern, had participated in international conference- 45th Asian Medical Student's conference 2024 held in Tokyo, Japan between 21st to 27th July 2024.

Sharanya Bose, Final MBBS had secured 1st Prize in oral presentation during Asclepius 2024 held between 23rd to 26th October 2024 at JSS Medical College, Mysore. She had also secured 2nd prize in poster presentation.



Sanskriti Jain, 2nd MBBS was Organizer for Symposium Cerebri: The Neurology Symposium at Asclepius'24 (JSSMC) held between 23rd to 26th October 2024 at JSS Medical College, Mysore. She also had participated in Vital flow -Nephrology workshop during the conference.

Adithi Biswajit, 2nd MBBS, had participated in Poster presentation -Asclepius JSSMC held between 23rd to 26th October 2024 at JSS Medical College, Mysore. Title of the presentation - Barriers To HPV Vaccination Uptake In South Karnataka: An Observational Study.





Athira, 2nd-year MBBS had taken part Poster presentation competition in Asclepius'24 held between 22nd and 26th October 2024 at JSS Medical College, Mysore. The poster was titled "Increasing Reliance on Medications Over Lifestyle Interventions in the Management of PCOS." It was co-authored by Tarushee Tanya of 2nd MBBS.

Arnav Pandey, 2nd MBBS, had presented poster during Asclepius'24 held between 22nd and 26th October 2024 at JSS Medical College, Mysore.



Kumud Dhankhar, 4th year MBBS, secured second position in case presentation (medicine category) event in Asclepius 2024 held between 22nd and 26th October 2024 at JSS Medical College, Mysore.

Vasanth Gudivaka and Aneerooth T.A 2nd MBBS, had presented the poster titled - "PREVALENCE AND RECTIFICATION OF VITAMIN B12 DEFICIENCY ANEMIA" in Asclepius'24 held between 22nd and 26th October 2024 at JSS Medical College, Mysore.

Final-year MBBS student Arushi Kaushik secured the runner-up position in the English Extempore competition, impressing judges with her clarity, content, and delivery. The event highlighted participants' quick thinking and strong oratory skills.



In the Pictionary competition Arushi Kaushik, Final Year MBBS and Ankit Agarwal, 2nd year MBBS, competed in a test of quick thinking and creativity. The event unfolded over two rounds, with participants tasked with drawing objects and everyday phrases while their teammates guessed the answers.

Om Priyadarshini and Dr.Pratham Mehta, Intern had participated in case presentation competition at Striatum 2.0, International UG conference at Indira Gandhi Medical College and research Institute, Puducherry and received 2nd Prize. The conference was held between 20th to 24th July 2024.



Sharanya Bose, final MBBS, was conferred Gold Medal for 1st Topper for her exemplary performance in Forensic Medicine & Toxicology Undergraduate deemed to be university examination during KAMLSCON, 32nd Annual state conference of Karnataka Medico- Legal Society held at JNMC Belagavi on 8th and 9th November 2024.

Ms.Mridusmitha Hazarika and Ms. Mouli Mandal of Phase II MBBS participated in Insight 2024, conference organized by AIIMS New Delhi, held from November 14–17, 2024. They participated in Broad Medical Skills Workshop which covered essential clinical procedures, including nasogastric tube insertion, IV cannulation, various injection techniques, catheterization, intubation, and lumbar puncture. They were qualified successfully in the Prelims of "Palpable Thrills Junior" quiz.



Ms. Nishika Gupta, Ms. Ojaswi Singh, Ms Snigdha Muthyala & Ms. Mridusmita Hazarika of Phase 3 part 1 MBBS participated in CONNAISSANCE 7.0, an undergraduate conference held between 4th April – 6th April 2025 at JIPMER, Puducherry to bring out new inventions in the research aspects. They took part in the workshops on Neonatal Resuscitation workshop and Arterial Blood Gas workshop.



Ms. Stuti Jajodia and Ms. Srishti Sankrityayan of Phase 3 part 1 MBBS (batch 2022-23) attended undergraduate academic conference Connaissance in JIPMER, Puducherry, held from 4th April to 6th April 2025. They took part in the Research quiz Enquetia and made it to the offline preliminary round.

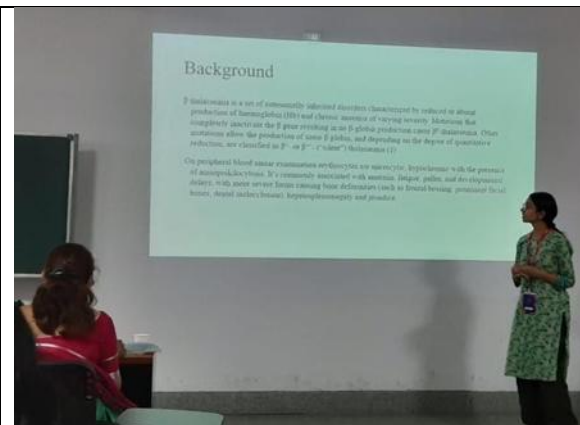
Sanskriti Jain, Ananneya Singhal and Sharenya Chowdhry of Phase III part 1 participated in undergraduate academic conference Connaissance in JIPMER, Puducherry, held from 4th April to 6th April 2025. They attended BLS provider workshop in the conference.



Shrutika Shambhavi and Ishita Garg of Phase III, Part 1 participated in the highly interactive and well-structured Basic Life Support (BLS) workshop, certified by the American Heart Association (AHA) held during the undergraduate academic conference Connaissance in JIPMER, Puducherry, held from 4th April to 6th April 2025.



Ms. Vibha R Nagaragatta of Phase III, Part 1 participated in "INSIGHT" held in M.S. Ramaiah medical college, Bangalore, for the purpose of Case presentation- 'Case Quest' and Clinical quiz- 'Diagnosis Decoded' which were held from 15/05/2025 to 17/05/2025.



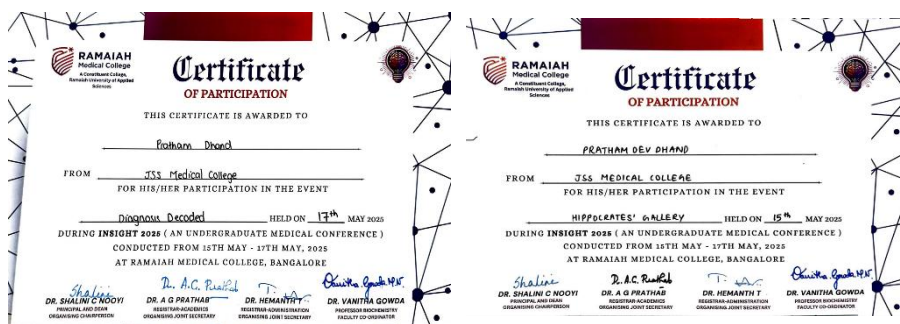
Mr. Varun Bagrecha of Phase III part 1 participated in "INSIGHT" held in M.S. Ramaiah medical college, Bangalore, for the purpose of Poster Presentation – Hippocrates Gallery' on the topic Year behind the ear and the symposium on "Medical Devices. Conference was held from 15/05/2025 to 17/05/2025.



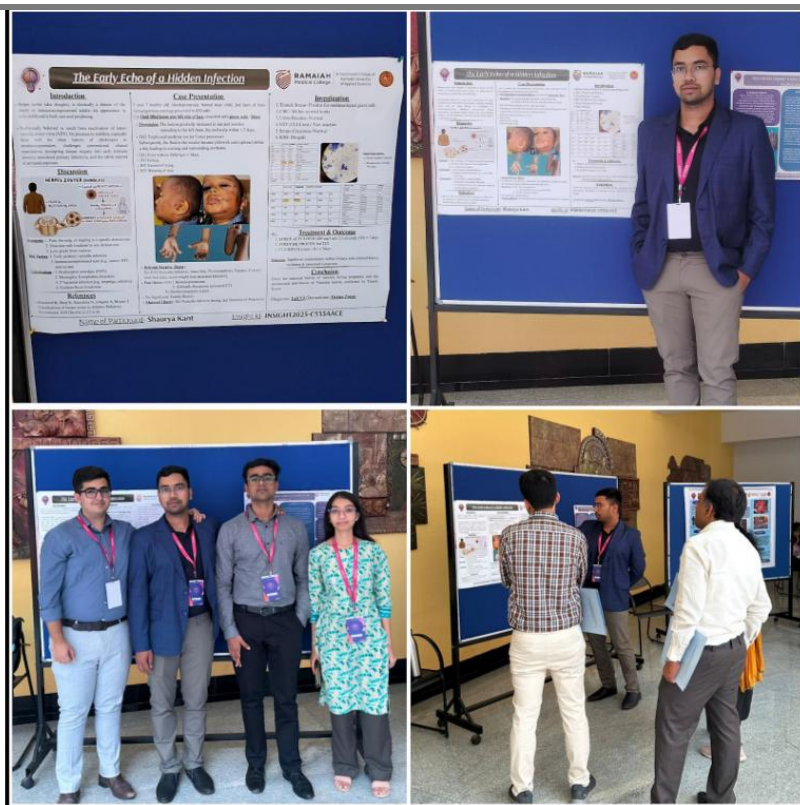
Mr. Vansh Shukla of Phase III part 1 participated in “INSIGHT” held in M.S. Ramaiah medical college, Bangalore, for the purpose of attending Symposium – AI in health care and Case Presentation – Case Quest. Conference was held from 15/05/2025 to 17/05/2025.



Pratham Dhan attended clinical quiz- “Diagnosis Decoded” and poster presentation- “Hippocrates Gallery” during INSIGHT” undergraduate medical conference held in M.S. Ramaiah medical college, Bangalore, for the purpose of attending the which were held on 15/05/25 and 17/05/25 respectively.



Mr. Shaurya Kant, Phase III part 1, participated in the “INSIGHT” Undergraduate medical conference held in M.S. Ramaiah medical college, Bangalore. He took part in the Poster presentation- “Hippocrates Gallery” and Symposium- “Medical devices & Ai in healthcare” which were held on 15/05/25 and 17/05/25 respectively.



Mr. Aditya Rao and Mr. Aman Kumar Singh, Phase 3 Part 2 MBBS students secured second Place in the "Pitch and Publish" Research Paper Presentation at INSIGHT 2025 - the Undergraduate Medical Conference hosted by M.S. Ramaiah Medical College, Bengaluru, on May 16th, 2025. The research was presented under the guidance of Dr. Lakshmi Nagendra, Department of Endocrinology



Ms. Madhuchandra Chakraborty, Ms. Richa Thyagarajan, Ms. Khushi Agarwal and Ms. Krityanish Veer Chauhan of 1st MBBS participated in the **Scintilla Biochemistry Quiz** held at Father Muller Medical College, Mangalore on 24th May 2025. The quiz began with two preliminary rounds. A total of 27 teams from various medical colleges participated in the quiz.



Mr. Tanishq Shakya, Mr. Arunam Anand, Ms. Riya Bansal, Ms. Mugdha Deshpande participated in the physiology quiz 'Breaths and Beats' held at Malabar Medical College, Kozhikode on 26th February 2025. The event provided an excellent platform for students to enhance their knowledge and competitive skills.



Institutional Accomplishments

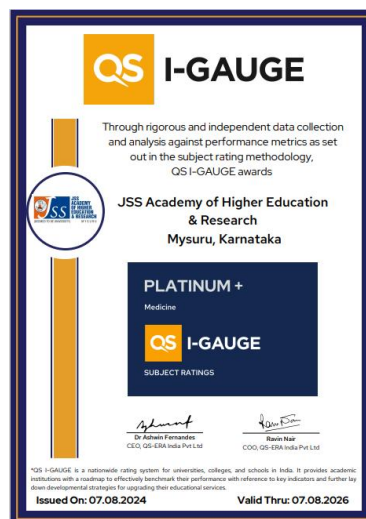
Accreditation by NAAC with A++ Grade

JSS Academy of Higher Education & Research is accredited with A++ Grade by NAAC with the CGPA of 3.61 in the third cycle of assessment conducted on 3rd to 5th of October 2024.



QS-IGauge Subject Rating

JSS Medical College, JSS Academy of Higher Education is Rated **Platinum Plus** by **QS-IGauge Subject rating under Medicine Category** for the year 2024 to 2026. This is the highest level of rating an institution can be awarded with.



Outlook ICARE Rankings 2024: Private Medical Colleges in India

JSS Medical College is ranked 4th among the Private Medical Colleges in India by Outlook ICARE for the year 2024 with the aggregate score of 896.71 out of 1000

**INDIA'S TOP
COLLEGES 2024**
RANKINGS

MEDICAL

RANK 2024	PRIVATE INSTITUTES	ACADEMIC & RESEARCH EXCELLENCE	INDUSTRY INTERFACE & PLACEMENT	INFRASTRUCTURE & FACILITIES	GOVERNANCE & EXTENSION	DIVERSITY & OUTREACH	TOTAL SCORE
		400	200	150	150	100	1000
1	KASTURBA MEDICAL COLLEGE, MANIPAL	393.27	175.74	138.87	111.02	86.83	905.73
2	M.S. RAMAIAH MEDICAL COLLEGE, BANGALORE	378.87	183.08	117.65	106.89	96.4	882.89
3	PSG INSTITUTE OF MEDICAL SCIENCES & RESEARCH, COIMBATORE	372.78	162.17	136.5	112.18	86.72	870.35
4	JSS MEDICAL COLLEGE, MYSURU	383.58	158.22	124.95	137.96	92	896.71
5	ADICHUNCHANAGIRI INSTITUTE OF MEDICAL SCIENCES, B.G. NAGARA, KARNATKA	381.91	186.64	131.68	114.27	83.08	897.58

Re-accreditation of Institutional Ethics Committee by NABH

The Institutional Ethics Committee of JSS Medical College has successfully completed reaccreditation by NABH.

NABH/CT-2017-0019/L-01

26/12/2024

Sub.: Status of Re-assessment.

This has reference to the above mentioned subject. We would like to inform you that the Re-assessment done by the **PROF. BIKASH MEDHI (Principal Assessor)**, conducted on **22/06/2024,23/06/2024** has been completed.

The members deliberated on the report and recommended the Ethics Committee for renewal of accreditation under the Ethics Committee Accreditation programme. Advisory: There is no demonstrable experience of the Social Scientist (H S Sandhaya) in the field of theology. The Ethics Committee to reconsider the same. Status: ACCREDITATION RENEWED

This is an automated message. Please do not reply directly to this email. Emails to this id are not monitored. If you have any concern/issue, please contact NABH Secretariat staff/Program Officer.

Thanking You,

Dr. Deepti Mohan

Institutional Ethics Committee (IEC), JSS Medical College (JSSMC), JSS Academy of Higher Education and Research (JSS AHER) has received **NABH re-accreditation for the third consecutive assessment cycle from 2024 to 2027.**

It reflects that the committee adheres to the recognized standard of quality in reviewing to the clinical research, commitment to ethical practices, patient safety, and compliance with regulatory guidelines in conducting clinical trials, thereby enhancing credibility and trust among researchers, sponsors, and participants with dedicated hard work.



All India Occupational Therapists' Association (AIOTA) for the Bachelor of Occupational Therapy (B.O.T.) Program



Faculty of Occupational Therapy, JSS Medical College, JSS AHER, Mysuru received **Accreditation** from the **All India Occupational Therapists' Association (AIOTA) for the Bachelor of Occupational Therapy (B.O.T.) Program**, for the duration of **January 2025 to December 2028.**

3rd cycle of accreditation by the National Accreditation Board for Testing and Calibration Laboratories (NABL)

JSS Hospital Laboratory Services is proud to announce its 3rd cycle of accreditation by the National Accreditation Board for Testing and Calibration Laboratories (NABL) under the latest ISO 15189:2022 standard. NABL, an autonomous body under the Quality Council of India (QCI), national authority that ensures the competence of laboratories through rigorous quality and technical assessments. This is **valid up to 25.05.2029**.

Our accreditation scope includes a comprehensive portfolio of 277 parameters.



JSSAHER ranked 1st in the world for SDG-3 (Good Health & Well-Being)



JSSAHER ranked 1st in the world for SDG-3 (Good Health & Well-Being) with a overall rank of 101-200

JSS Medical College campus has successfully been certified for ISO 50001:2018 (Energy Management systems) & ISO 14001:2015 (Environmental Management systems)



JSS Medical College campus has successfully been certified for ISO 50001:2018 (Energy Management systems) and ISO 14001:2015 (Environmental Management systems) on 18-04-2024

JSS Medical College has been featured as “Top 10 Educational Colleges to watch” in the Inner Review



JSS Medical College has been featured as “Top 10 Educational Colleges to watch” in the Inner Review – Accelerating Business magazine in June 2024 edition. This magazine has Worldwide subscription of more than 10 lakhs.

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JSSDCH

Introduction

Sustainable Development Goal 16 (SDG 16) is dedicated to promoting peace, justice, and strong institutions. Its aim is to build effective, accountable, and inclusive institutions at all levels and to promote peaceful and inclusive societies.

Here are the primary targets under SDG 16:

1. ****Promote peaceful and inclusive societies****: Reduce all forms of violence and related death rates everywhere; end abuse, exploitation, trafficking, and all forms of violence against and torture of children.
2. ****Ensure equal access to justice****: Develop effective, accountable, and transparent institutions; ensure equal access to justice for all, and improve the functioning of justice systems.
3. ****Develop accountable and transparent institutions****: Build effective, accountable, and inclusive institutions at all levels; ensure responsive, inclusive, participatory, and representative decision-making.
4. ****Broaden and strengthen the participation of developing countries****: Support effective and inclusive participation in global decision-making and governance structures.
5. ****Reduce corruption and bribery****: Significantly reduce corruption and bribery in all their forms, and improve transparency and accountability in institutions.
6. ****Ensure that all public access to information****: Ensure public access to information and protect fundamental freedoms, in accordance with national legislation and international agreements.
7. ****Strengthen the recovery and return of stolen assets****: Facilitate the return of stolen assets and combat illicit financial flows, and improve the regulation and monitoring of financial markets and institutions.
8. ****Promote and enforce non-discriminatory laws and policies****: Promote and enforce non-discriminatory laws and policies, and ensure that everyone, regardless of their background or status, is treated equally.

SDG 16 is crucial because it addresses the root causes of conflict and insecurity and promotes the development of transparent and effective institutions. Achieving this goal is fundamental to creating environments where other SDGs can be realized, as peace, justice, and strong institutions are the foundation for sustainable development.



Initiatives taken in this regard

Programs aligning to SDG 16

Internal Complaints Committee (ICC) Workshop



On 14th June 2024, the Internal Complaints Committee (ICC) of JSS Dental College and Hospital organized a "Capacity Building Workshop on the Role and Functions of ICC." The event aimed to enhance the understanding and capabilities of ICC members, including teaching faculty, non-teaching staff, and students, regarding sexual harassment issues against women in the professional workplace.

Prior to the workshop, an orientation program on gender sensitization was held for 1st and 3rd year BDS students. This session focused on the roles of men and women in society, the reality of gender equality and the empowerment and justice women receive today. The session was engaging and humorous, leaving both students and staff amused and entertained by the resource person.

The inaugural session was graced by several distinguished guests, including Dr. Suma M. N., Vice Principal, JSS Medical College and ICC Member, Dr. Dhakshaini M. R., Principal, JSS Dental College and Hospital and Chairman of ICC, Dr. Jaishankar, Vice Principal, JSS Dental College and Hospital, and Dr. Nandini C. P., Associate Professor, Damodaram Sanjivayya National Law University (DSNLU), Visakhapatnam. The event began with the lighting of the lamp by the dignitaries on the dais, followed by welcome speech from Dr. Dhakshaini M. R.

Dr. Nandini C. P., the Guest Speaker, delivered a comprehensive talk on the roles and functions of the ICC for all members of the constituent colleges of JSSAHER. The interactive session allowed participants to ask questions and discuss specific concerns, providing deeper insights into complex issues and practical solutions for preventing and addressing harassment.

The primary objectives of the workshop were to:

1. Educate participants on the legal framework concerning sexual harassment against women in the workplace.
2. Clarify the roles and responsibilities of ICC members.
3. Develop skills for effective grievance redressal and complaint handling.
4. Promote a safe and supportive work environment for women.

The post-lunch session featured competitions for street and reel plays by undergraduate students, judged by Dr. Nandini C. P., Dr. Renuka, Dr. Ashwini, and Dr. Shalini. The judges

were impressed by the students' performances. The program concluded with the distribution of prizes in both categories and a vote of thanks by student member of ICC.

E-certificates of participation were distributed to all attendees.

International Museum Day Celebration 2024



The Department of Oral Pathology & Microbiology at JSS Dental College & Hospital, Mysuru, organized a National Webinar on June 19, 2024, in celebration of International Museum Day. The program was presided over by Dr. Dhakshaini MR, Principal of JSSDC&H, and Vice Principal Dr. Jaishankar HP, along with Dr. Vidya CS, Professor and Head of the Department of Anatomy, Dr. Vidya G. Doddawda, Professor and Head of the Department of Oral Pathology and Microbiology, and Dr. Usha Hegde, Professor in the Department of Oral Pathology and Microbiology.

Dr. Jaishankar in his guest note emphasized the significance of museums at educational institutions. Dr. Vidya CS, Professor and Head, Department of Anatomy, JSS Medical College delivered a lecture on “ Museum Techniques – The Past, Present and Future”. The program began with an inaugural function, followed by an informative and interactive session with the resource person. The program was in hybrid mode and was attended by about 150 delegates on both offline and online modes.

The program concluded with a vote of thanks and photo sessions, and feedback was collected about the program's content. All participants highly appreciated the program and expressed their interest in attending workshop programs in the future. The other organized committee members are Dr.Usha Hegde, Dr. Premalatha BR, Dr. Sreeshyla HS, and Dr Priyanka.

“Beating Stress with SMILE” by Dr Priyanka Nitin



In the view of upcoming university exams, a workshop for combating stress was conducted by Dr Priyanka Nitin for final year BDS students on 1.7.24. titled “Beating Stress with SMILE”. Dr Jaishankar HP, Vice Principal, JSS Dental college & Hospital, gave a brief introduction regarding the program. Thirty students participated in this workshop. Dr Priyanka gave a brief overview of the What, How & Why of Stress and gave a mnemonic “SMILE” for combating stress. Students participated in few breathing exercises, and learnt the use of Yoga Mudra to help them in fighting Stress. The feedback for the session was good.

Hands-on workshop on Perio-Plastic Surgery



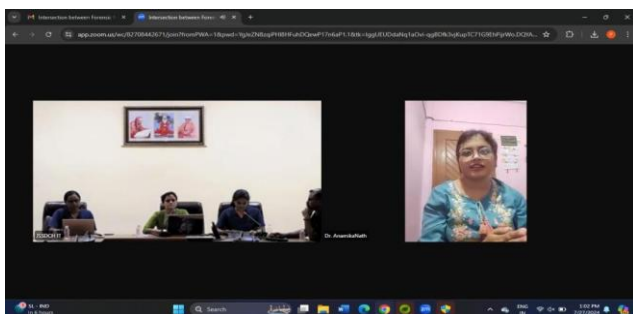
On July 26, 2024, the Department of Periodontology hosted a detailed hands-on workshop on periodontal plastic surgery. This workshop aimed to provide participants with comprehensive theoretical knowledge and practical experience in free gingival graft harvesting, recipient bed preparation, and coronally advanced flap techniques.

The event began with an inauguration led by Vice-Principal Dr. Jaishankar HP. Dr. Joann Pauline George, Professor at Krishnadevaraya College of Dental Sciences and Hospital, presented an in-depth lecture on periodontal plastic surgeries, covering various soft tissue deficiencies and their respective treatments.

Following the lecture, Dr. Pauline conducted a live demonstration, illustrating techniques for harvesting free gingival and connective tissue grafts and performing suturing on recipient sites. This was followed by a hands-on session, during which participants from JSS Dental College and Hospital, SDM College of Dental Sciences, Dharwad, Malla Reddy Dental College for Women, Hyderabad, PNM Dental College, Bagalkote, and Krishnadevaraya Dental College, Bangalore applied and honed their skills in graft harvesting and placement. Participant feedback was highly positive.

The workshop concluded with a valedictory function, celebrating the successful culmination of the event. The workshop was meticulously coordinated by Dr. Pratibha Shashikumar and Dr. Avinash BS, under the overall guidance of Dr. Suman Basavaraju.

Online Webinar



The Department of Forensic Odontology, JSSDCH, on Saturday (27th July, 2024) organized a webinar on the topic “Intersection between Forensic Medicine and Forensic Odontology” by Dr. Anamika Nath, Demonstrator, Tezpur Medical College & Hospital, Assam.

The webinar aimed to educate and aware participants about the combined approach and various methods of Forensic Medicine & Forensic Odontology in person identification/disaster victim identification.

The webinar was held via Zoom application from 11:30 am to 1:00 pm at boardroom of JSSDCH. It was registered by 143 people and saw active participation from 90 attendees’ online and 50 students was live from boardroom. The attendees consisted of under graduate and post graduate Dental, Forensic Science and Forensic Odontology students, Forensic Medicine experts, Forensic Sciences experts, Dental Practitioner, Judicial Magistrates, Faculties and Police personals.

The pre-webinar questionnaire was generated through Google form, which was circulated among participants and asked to fill the form before the session started. Participants were submitted their responds through registered mail Id.

The webinar focused on: 1. Postmortem examination, 2. Identification of an individual (Mass Disasters), 3. Age estimation, 4. Injury reporting, 5. Sexual offence reporting. 6. Ethical considerations, 7. Case Studies and 8. Inter-personnel training and collaboration.

The participants received the webinar positively and appreciated the session. All registered participants were provided e-certificates of attendance by JSSAHER.

The programme was organized and moderated by Dr. Ispita Das, Lecturer & Course co-ordinator, Department of Forensic Odontology, JSSDCH, Mysuru.

Oral hygiene day Celebrations



Department of Periodontology, JSS Dental College and Hospital celebrated Oral Hygiene Day on 1st of August with the Oral Hygiene awareness Walkathon. The event was organised in collaboration with Indian Society of Periodontology and Young Indians. Dr Nandini BN, Additional Superintendent of Police, Mysore District was the Chief Guest. The guests of honour Dr H Basavana Gowdappa, in-charge Vice Chancellor JSS Academy of Higher Education and Research, Dr Manjunatha B, Registrar JSS Academy of Higher Education and Research, Dr Dhakshaini MR, Principal JSS Dental College and Hospital and Dr Suman Basavaraju Head, Department of Periodontology JSS Dental College and Hospital were present. More than 100 students and faculty participated in the Walkathon. The Walkathon was flagged off by the chief guest Dr Nandini. The entire program was co-ordinated by Dr Aruna G from the Department of Periodontology along with Dr Sharath and Dr Sheetal. This was an initiative to create and spread Oral Hygiene Awareness among the Public.

Further in the department of Periodontology JSS Dental College and Hospital, outpatients were educated about the importance of oral hygiene. Free toothpaste and toothbrush samples were distributed to patients visiting the department.

Anti-Ragging Program: Psychological Aspects of Ragging



As a part of Anti ragging week, an enlightening anti-ragging program was conducted on 12th August 2024 at JSS Dental College & Hospital. The session, focusing on the psychological aspects of ragging, was led by Dr. Kishore M, a well-known Psychiatrist, JSSMC and expert in student mental health. The program started with an invocation song and lighting of the lamp by the guest speaker and members of anti-ragging committee.

The primary goal of the program was to raise awareness among students about the severe psychological impact that ragging can have on victims. The session aimed to equip students with the knowledge and tools necessary to foster a ragging-free environment within the institution.

Online Webinar



The Department of Forensic Odontology, JSSDCH, on Monday (19th August, 2024) organized a webinar on the topic “Child Abuse and Dental Neglect: Recognition and Prevention” by Dr. Emilio Nuzzolese, Associate Professor, Department of Legal Medicine, University of Turin, Italy and Honorary Juvenile Judge.

Highlighting current research and advancements in forensic odontology can lead to improved methods for abuse detection and documentation, ultimately contributing to better outcomes for victims. The webinar aimed to educate and aware participants about the enhance knowledge,improve professional practices and promote effective strategies in combating child abuse throughthe lens of forensic odontology.

Jagadguru Jayanti Mohatsava



PG Orientation Program



On September 2, 2024, at JSS Dental College and Hospital in Mysuru an insightful seminar led by Dr. Mahima V Guledgud, focusing on the “art of crafting an impeccable synopsis” was conducted. Tailored for postgraduate students, the session aimed to demystify the process of writing a compelling and structured synopsis, a crucial skill for academic success and research presentation.

Best Poster Award at Ayurpharmacon 2024\



Congratulations to **Dr. Yashwini Devi. V**, Project Research Scientist, under **Dr. Sushma Rudraswamy**, Lecturer, JSSDCH, for ICMR funded Project “In Vitro and In Vivo Assessment of the Therapeutic Potential of *Simarouba Glauca* Leaf Extract for the Treatment of Oral Squamous Cell Carcinoma (OSCC)” Secured the **First Prize in scientific poster presentation** for the research work entitled “**Comparative Phenolic Content, Antioxidant, Anti-Cancer Activity of *Simarouba glauca* Leaf Extracts prepared by Single and Sequential Extractions**” in “**Ayurpharmacon 2024**”, the National Conference on Herbo-Mineral Drugs and Pharmaceutical Research on 21st September 2024 conducted by joint organization of JSS Ayurveda Medical College and Hospital, JSS College of Pharmacy and JSS Academy of Higher Education and Research, Mysore.

SAMILLANA 1999 BATCH



Guest Speaker Coorg Dental College Virajpet



Recipient of Adhoc ICMR external Grant funding for Dr Sunila B Sangappa , Associate Professor, Department of Prosthodontics and Convener Dental Education Unit, JSS Dental College Mysuru enriched the Post graduate students and Faculty as Guest Speaker for Seminar at Coorg Dental College of Dental Sciences Virajpet on 20th September 2024 on the topic titled “Research Proposal writing” .She thanks the Institutional Management for the Invite and to Dr Shashidhar, Vice Principal & Head Dept. Oral Pathology, CIDS for Coordinating the Program and the Hospitality provided.

Felicitations of Dr Brinda S Godhi



Dr. Brinda S Godhi, Reader in Dept of Pediatric and Preventive Dentistry, was felicitated in presence of His Holiness Jagadguru Sri Shivarathri Deshikendra Mahaswamiji, Chief Guest Sri Yaduveer Krishnadatta Chamaraja Wadiyar, Member of Parliament with other dignitaries, on the occasion of Graduates Reception 2024 held on 24th September 2024.

She pursued her zest for cycling by reaching Umling La top that stands tall at 19000feet, covering a distance of 334kms from Leh city just a month ago in August 2024. Besides this, she has cycled to the highest motorable road – Manali to Khardhungala at almost 18,000feet in August 2021, covering a distance of 540kms.

Value Added Course on Hospital Management – Certification for Students



Certification of students for Value Added Course on Hospital Management was held on 24th September 2024. 6 students of intern batch 23-24 were given certificates on their successful completion of the course. The following students successfully completed their certification- Dr Akshitha BC, Dr Anusha, Dr Gokul, Dr Navya, Dr Manasa and Dr Sai Jyothi. The students thanked Dr. Mamatha HK, the course coordinator and her team from the Department of Health System Management Studies, JSSAHER, for their valuable directives and support throughout the course and expressed their appreciation to the organization for providing opportunity for enriching their knowledge and skills through the value added course.



Dr. Seema Deshmukh and Dr. Brinda Suhas Godhi are the Resource Faculty for a Pre Conference Course on Art and Science of PNAM (Pre Surgical Nasoalveolar Molding) being organized by Department of Pediatric and Preventive Dentistry, KLE Society's Institute of Dental Sciences, Bengaluru as part of NAMMA PEDO 2024 (45th ISPPD Annual Conference) in the month of September 2024.



Postgraduate students from the Department of Pediatric and Preventive Dentistry have won the Best Poster Awards at the 45th Annual National Conference, NAMMAPEDO 2024. The event was organized by the Indian Society of Pedodontics and Preventive Dentistry from September 26th to 28th at the Royal Orchid Resort and Convention Centre in Yelahanka, Bengaluru.

UG ORIENTATION PROGRAM



This report outlines the induction program conducted for students joining the Dental Course at [JSS DENTAL COLLEGE & HOSPITAL] on [7-10-2024]. The program aimed to provide new students with essential information, resources, and a welcoming atmosphere to facilitate their transition into the dental program.

The program agenda included the following components for a span of seven days:

1. Welcome Address: An opening ceremony with welcoming remarks by Dr. Bhagyalakshmi. Chief guest addressing from the Principal of JSSMCH Dr. Basavana Gowdappa. Introduction of JSSAHER & JSSDCH by Principal of JSSDCH Dr. Dakshaini M.R.

2. Orientation Sessions: Detailed presentations on the dental curriculum, academic policies, and student support services.
3. Campus Tour: A guided tour of the campus to acquaint students with the facilities, laboratories, JSS Hospital and Suttur mutt with rich tradition of the Institute and philanthropic work was undertaken.
4. Meet and Greet: A social gathering for students to interact with their peers, faculty, and senior students.
5. Q&A Sessions: Opportunities for students to ask questions and clarify doubts.



Dr. Premalatha B. R., Reader, Department of Oral Pathology and Microbiology has secured the 1st Best Paper Presentation Award at the 14th World Dental Sciences and Oral Health Conference organized by Cynodent, Indian Society of Dentistry and CynoMedicx in collaboration with the School of Dental Sciences, Krishna Vishwa Vidyapeeth, Karad, Maharashtra held on 4th and 5th October 2024.

Conduction of pre conference workshop at Vidyen 2.0 international conference



Dr. Meenakshi S, Assistant Professor, Department of prosthodontics, delivered a 3-hour interactive virtual workshop on workplace health promotion and protection through dental ergonomics-an interprofessional approach at Vidyen 2.0-virtual International Dental Education Conference, from 8-10th October



Dr. Rakshitha. S., II Year PG Student in the Department of Periodontology, JSSDC&H, won the Commendation Prize in the Scientific Poster Presentation Competition for her poster titled "A Unique Root Coverage Approach: The Periosteal Pedicle Graft" under the guidance of Dr. Pratibha Shashikumar, Reader, Dept. of Periodontology, at the 48th ISP National Conference, Goa, from 15th-18th October 2024.

Faculty of JSS Dental College and Hospital Mysuru, were felicitated by HALEON Consumer Health Company



HALEON, an oral health care company, honored distinguished dentists from Mysuru in the categories of Highest Social Impact, Unique Patient Support, and Technology Excellence. The selection was based on their credentials as esteemed members of the IDA, contributions to society, and involvement with local and state branches including clinicians of Mysuru.

Dr. Brinda Suhas Godhi, Reader in the Department of Pediatric Dentistry, was honored for Highest Social Impact; Dr. Raghunath N, Professor in the Department of Orthodontics, for Unique Patient Support; and Dr. Jaishankar HP, Reader in the Department of Oral Medicine & Radiology, for Technology Excellence. These three faculty members from JSS Dental College & Hospital, Mysuru, received their awards at a ceremony on October 16, 2024, attended by dentists from Mysuru.

AYURDENTOCON-2024



AYURDENTOCON-2024 commenced with great enthusiasm, bringing together over 600 delegates from Ayurveda and Dentistry across India. The inauguration began with an Invocation Song, followed by the ceremonial Lighting of the Lamp by the dignitaries. Dr. M.R. Dakshayini, Principal of JSS Dental College, delivered the welcome address, highlighting the collaboration between Ayurveda and Dentistry. Dr. Sarbeswar Kar, Principal of JSS Ayurveda Medical College, outlined the vision of the conference, while Chief Guest Dr. Aravind Varchaswi, Managing Director of Sri Sri Tattva, and Guest of Honour Dr. Manjunatha B, Registrar of JSSAHER, stressed the significance of integrating traditional and modern healthcare systems

Biochemical techniques workshop



The 7-day workshop jointly organized by the Department of Periodontology, JSS Dental College & Hospital, and the Department of Biochemistry, JSS Medical College & Hospital, on Biochemical techniques concluded with a heartfelt valedictory function, marking the successful completion of this enriching program.

The event was graced by Dr. Suman Basavaraju, Head, Department of Periodontology, and Dr. M.V.S.S.T. Subba Rao, Professor, Department of Biochemistry, who applauded the participants for their dedication and active engagement throughout the course.

Pedodontist Day



Pedodontist Day was observed on 15th November, marking a significant occasion in promoting oral health and hygiene among children. This day was celebrated with a symbolic gesture of planting a sapling, representing a new beginning for the future of Pediatric dentistry and the well-being of children. The planting of a sapling symbolizes growth, care, and the nurturing of future generations. It reflects the commitment to improving children's oral health and fostering a healthier tomorrow.

The day coincided with **Children's Day**, a day dedicated to celebrating the rights and well-being of children.

Anti-Ragging awareness program



An

Anti-Ragging Awareness Program was held on **November 23rd, 2024**, at **JSS Dental College and Hospital, Mysore**, aimed at educating students about the dangers of ragging and fostering a campus environment free from such incidents. The program was organized by the college's administration with the collaboration of law enforcement, ensuring that students were made aware of both the legal and ethical dimensions of ragging.

The event commenced with **an introduction by Dr. Dhakshaini MR**, the Principal of JSS Dental College and Hospital, followed by impactful speeches from the **chief guest, Dr. Shiv Sharan**, member of Dental Council of India and Vice president of Indian Dental association, and **SI Ganesh**, a police officer from NR Mohalla Police Station.

Kannada Rajyotsava



The celebration of Kannada Rajyotsava, commemorating the formation of Karnataka in 1956 was well celebrated at the premises of Mysuru palace by the staff and students. The ceremonial lantern release was a symbolic gesture of unity and shared aspirations, reflecting the radiant spirit of Karnataka. Dr. Dhakshaini MR Principal of JSSDCH, Guest of Honour and Chief Guest, Dr. Lingaraja K, former State Information Commissioner of the Karnataka Information Commission, who acknowledged the invaluable contributions of healthcare professionals in building a healthier society and emphasized the need for collective efforts in promoting well-being.



Dr. Mariyam Sadaf, House Surgeon bagged first place for best paper presentation at the 50th KSDC and 9th Interstate Dental Conference, under the guidance of Dr. Sushma.Rudraswamy, for the project titled “Comparative Evaluation of the Oral and Dental Health Status among Patients with and without Gastrointestinal Esophageal Reflux Disease (GERD)-A Hospital-based study”,



Dr. Meenakshi S, Editor of the Indian Dental Association, Mysore Branch, Mysore, was recognized by the IDA Karnataka State Branch and was honored with the BEST EDITOR DR. B. T. HEGDE AWARD for the dental news bulletin, Dental Shots. partnered with Group Pharma and completed 54 issues this year at the 50th Karnataka State and 9th Interstate Dental Conference held at Babu Jagjivanram Auditorium and Training Center, Bengaluru, from 29th to 1st December 2024.

Department of Oral Pathology & Microbiology



CDE Program “Animal Models in Dental Research” organised by the Department of Oral Pathology & Microbiology on 10.12.24 JSS Dental College & Hospital, Mysuru

A Continuing Dental Education (CDE) program on the topic "Animal Models in Dental Research" was successfully organized at JSS Dental College and Hospital under the aegis of JSS Academy of Higher Education & Research (JSSAHER), Mysuru. The event aimed to provide participants with an in-depth understanding of the relevance, methodology, and ethical considerations associated with the use of animal models in dental research

CDE program by SIGs – “Oral Microbiome, Dysbiosis & Diseases” and “Oral Precancer & Cancer”



SIGs on “Oral Microbiome, Dysbiosis & Diseases” and “Oral Precancer & Cancer” jointly organized a CDE program in hybrid mode on 13th December 2024, at JSS Dental College & Hospital, Mysuru. Dr. Dhakshaini MR, Principal, JSSDC&H and Dr. Jaishankar HP, Vice Principal, JSSDC&H were the guests of honour. Principal Dr. Dhakshaini MR enlightened the students about the significance of the SIGs and emphasized on its contribution to the society at large.

Dr. Praveen Birur and Dr. Anirudh B Acharya, were the resource faculty. Dr. Praveen Birur provided an experiential update on the point of care diagnostics in oral cancer with an emphasis on the current use of AI in oral cancer diagnosis. Dr. Anirudh B Acharya delivered a brilliant lecture on the role of oral microbiome in oral diseases. Around 150 delegates attended the program both in online and offline mode. Dr. Sushma R moderated the whole session.

Institutional Complaints Committee



The Institutional Complaints Committee organized a program titled "Gender Sensitization and Information Technology Law - An Overview" on January 13, 2025, for undergraduate and postgraduate students. The event aimed to raise awareness about gender issues and IT laws. It began with an invocation by third-year students Charumathi and Chandan, followed by a welcome address from Principal Dr. Dhakshaini MR, who highlighted the relevance of gender awareness and IT law in today's world. Dr. Vidya Priyadarshini introduced the resource person, Dr. Nandini CP, a Professor of Law at DSNLU, Vishakhapatnam. Dr. Nandini delivered an engaging and humorous two-hour session covering gender sensitization, IT laws protecting against online harassment, and real-life case studies. She simplified complex legal concepts using humor and relatable examples, which kept the audience captivated. The program also discussed strategies for fostering inclusivity. The session concluded with a vote of thanks by Dr. Girish, who expressed gratitude to the guest speaker, the Principal, and chief coordinator Dr. Kathyayini CP for their efforts in making the event a success.

Gender Sensitization and Information Technology Law - An Overview



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Simplified Laminates and Veneers: Lecture and Demonstration by Dr. Santhosh Ravindran



On December 14, 2024, JSS Dental College and Hospital hosted a highly informative session titled “Simplified Laminates and Veneers.”. The event was conducted by the Department of Conservative Dentistry and Endodontics, sponsored by GC, and the esteemed speaker for the event was Dr. Santhosh Ravindran. The program was attended by around 50 participants, including postgraduate students, interns, and faculty members.

Prosthodontist Day Celebration



As part of the Indian Prosthodontic Society’s initiative, the Department of Prosthodontics, JSS Dental College and Hospital, a constituent college of JSS Academy of Higher Education and Research, celebrated Prosthodontist Day on 23rd January 2025 with enthusiasm and a commitment to oral health awareness.

The day’s events focused on educating, motivating, and supporting patients regarding oral health and prosthetic care. Dr. Raghavendra Swamy K.N., Professor and Head of the Department of Prosthodontics, inaugurated the program with an insightful address highlighting the significance of Prosthodontist Day and the role Prosthodontics plays in restoring oral functionality and aesthetics. Dr. R. Sudheendra Bhat, COE JSSAHER, elaborated on the importance of teeth and dentures, emphasizing their benefits for patients.

Interdisciplinary Workshop on Full Mouth Rehabilitation



An interdisciplinary workshop on full mouth rehabilitation was successfully organized by the Departments of Conservative Dentistry & Endodontics and Dept. of Prosthodontics and Crown & Bridge at JSS Dental College and Hospital, JSSAHER, Mysuru, in the presence of Vice Principal Dr. Jayshankar, Dr. Ashwini T.S., Head of the Department of Conservative Dentistry & Endodontics, and Dr. Raghavendra Swamy K.N., Head of the Department of Prosthodontics, resource faculty Dr. Chethan Hegde, faculties, and students.

Oral and Maxillofacial Surgery Day - Community Health Camp in Government Higher Primary School Jawa factory housing colony, Mysuru, Karnataka



As part of the International Oral and Maxillofacial Surgery Day celebrations, the Department of Oral and Maxillofacial Surgery at JSS Dental College and Hospital participated in a community health camp conducted by JSS Medical College and the Department of Public Health Dentistry. The initiative was conducted on February 19, 2025, at the Government Higher Primary School, Hale Kesare, Mysuru, Karnataka and February 20th 2025 at Government Higher Primary School, Jawa factory housing colony, Mysuru, Karnataka

Best Paper Presentation Award



Dr. Brinda Suhas Godhi, Reader, Dept. of Pediatric and Preventive Dentistry, JSSDCH, received the Best Paper award for the research paper titled “Natural Storage Media for Avulsed Tooth—An In Vitro Study “ at PEDOSCH 2025-21st PG Convention of Indian Society of Pedodontics & Preventive Dentistry, held at Terna Dental College, Navi Mumbai, from 30th January to 1st February.

UG students won Best Paper and Poster Award in Quest 2025

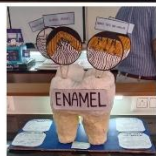


Ujjwal Kumar, presented poster presentation titled “Analysis of Indian population using Oral Hygiene Products with special emphasis on utilization of toothpaste and mouth rinse”, Guided by Dr. Nandlal B, Professor, Dept of Paediatric and Preventive Dentistry, won 2nd place. He also presented paper presentation titled “Postural Assessment and concomitant Musculoskeletal Pain in Undergraduate Students: A Kinovea-Based Ergonomic Intervention Study”, Guided by Dr. Meenakshi S, Lecturer, Dept of Prosthodontics and Crown and Bridge, won 2nd place

National Oral Pathologist Day



MUSEUM MODELS



PATHO-RANGOLI

In view of the same, the Department of Oral Pathology & Microbiology, JSSDC&H, Mysuru, conducted various competitions for undergraduate students. The 1st BDS students created models themed on dentistry, while the 3rd BDS students participated in a rangoli competition with a twist, depicting various pathologies in their designs. A total of 100 students from 1st BDS and 100 students from 3rd BDS participated in this event.

Periodontist's Day Celebration 2025



The Department of Periodontics successfully celebrated Periodontist Day on 24th February 2025, with a series of engaging academic and extracurricular activities. The event brought together faculty members, postgraduate students, interns, and staff to commemorate the significance of periodontics in modern dentistry.

The day began with the inauguration of the program by the Vice Principal, Dr. Jaishankar, who highlighted the importance of periodontics and acknowledged the department's contributions to the field.

JSSCPM

- Does your College & University as a body have elected representation on the University / College's highest governing body

Yes, Our College and University do have elected members for various committees. The committee members are identified by the University officials for individual activities.

- Does your College & University as a body recognize a students' union?

Yes, our college elects the students' representatives from various courses to address any student related issues.

- Does your College & University/ College as a body have written policies and procedures to identify local stakeholders external to the College & University and engage with them?

We have identified local stake holders external to the college in the committees like NSS advisory committee and seek their advices on matters related to organization of various activities of NSS and other college / University activities.

- Does your College & University as a body have an existence of participatory bodies to recognize and engage local stakeholders, including local residents, local government, local private, local civil society representatives?

Yes our college as a body have an existence of participatory bodies to recognize and engage local stakeholders, including local residents, local government, local private, local civil society representatives in conduction of community outreach programs like Health Screening Camp, Awareness Programs, NSS Camps and its activities etc.,

- Does your College & University as a body have a policy on supporting academic freedom (freedom to choose areas of research and to speak and teach publicly about the area of their research)?

Yes, our College and University body have a policy on supporting academic freedom to the areas of research the students are interested they can make a choice in their area of interest in selection of research topics and also in the final B Pharm the students are allowed to select one course which the stakeholder is interested in joining.

- Does your College & University as a body have a publication of College & University financial data?

Yes, our college and university as a body have a publication of financial data which are expressed in terms of budget.

- Does your College & University as a body provide specific expert advice to local, regional or national government.

Yes, our college provides specific expert advice to local, regional or national government through policy guidance in various innovative activities and global

engagement activities.

- Does your College & University as a body provide outreach, general education, upskilling and capacity-building to policy- and law- makers on relevant topics e.g. economics, law, technology, migration and displacement, and climate change?

Yes, our College & University as a body provide outreach, general education, upskilling and capacity-building through various awareness programs and also conduction of induction or orientation program to the stake holders about all these topics.

- Does your College & University as a body undertake policy-focused research in collaboration with government departments?

Our College & University as a body undertake policy-focused research in collaboration with government departments in conduction of NSS Camps and also undertake research projects from DST DST-FIST, DST-PURSE, DBT-BUILDER, VGST, MODROBS- AICTE.



ABOUT SDG 16- PEACE, JUSTICE AND STRONG INSTITUTIONS

Sustainable Development Goal 16 (SDG 16), also known as Global Goal 16, is one of the 17 goals established by the United Nations in 2015. Its primary aim is to foster peaceful and inclusive societies for sustainable development, ensure justice for all, and build effective, accountable, and inclusive institutions at every level. This goal comprises 12 targets supported by 23 indicators.

SDG 16 includes ten outcome-focused targets, such as reducing violence, protecting children from abuse, exploitation, trafficking, and violence, upholding the rule of law and guaranteeing equal access to justice, fighting organized crime along with illicit financial and arms flows, significantly cutting down corruption and bribery, establishing accountable and transparent institutions, ensuring inclusive and representative decision-making, enhancing participation in global governance, providing universal legal identity, and guaranteeing public access to information while safeguarding fundamental freedoms.

Furthermore, two implementation targets emphasize strengthening national institutions to prevent violence, combat crime and terrorism, and promoting the enforcement of non-discriminatory laws and policies.



True peace is not merely the
absence of tension: it is the
presence of justice.

— *Martin Luther King* —

OUR INITIATIVES FOR PEACE, JUSTICE AND STRONG INSTITUTIONS (SDG 16)

Our college actively supports SDG 16, which emphasizes fostering peaceful and inclusive communities, ensuring access to justice, and establishing effective, accountable institutions. JSSCPO advances this goal by initiating and encouraging a variety of programs aimed at creating a campus environment rooted in peace, justice, and strong institutional values. The key aspects of these initiatives include:

- Engaging with local stakeholders
- Providing human rights education
- Promoting student-led organizations
- Ensuring good governance and accountability
- Supporting efforts in developing and underdeveloped countries

By adopting these measures, our college makes a meaningful contribution to SDG 16, nurturing a culture of integrity, inclusion, and social responsibility among students and staff. This approach helps prepare a new generation of pharmacists dedicated to building peaceful, inclusive societies and upholding justice and accountability.

STUDENT-LED ORGANIZATIONS

Encouraging the formation of student-led organizations focused on promoting peace, social justice, and equality allows students to take active roles in advocating for positive change on campus and beyond. The College encourages the students to be part of the committees overlooking their well-being. Many such committees and their staff-student members are put up on the Website. Annually, the committees are formed by the Principal.

Weblink- <https://jssuni.edu.in/jssaher/college-of-pharmacy-ooty/cpo-committee.html>

GOVERNANCE AND ACCOUNTABILITY

Ensuring transparency and accountability in college governance helps build trust among stakeholders and ensures that institutional decisions are fair and just. The College has various committees for gender equality, prevention of sexual harassment and anti-ragging. The members are inclusive of staff, students and external police personnel.

- Weblink- <https://jssuni.edu.in/jssaher/college-of-pharmacy-ooty/cpo-committee.html>

The University and College has an Internal Quality assurance Cell which has successfully revised the Vision, Mission, Goals and strategic plans of the constituent colleges and University and has aligned the core values of the University to be imbibed into each of its activities. Any such data pertaining to Finance is published within the Reports.

- Weblink - <https://jssuni.edu.in/jssaher/jssaher-igac/igac-home.html>

The College and University Publishes Code of ethics for conduct of a Health care professional in the campus. Indulging in any corruption or crime including Ragging is strictly viewed upon and stringent measures are in place for prevention of such activities.

- <https://jssuni.edu.in/JSSWeb/WebShowFromDB.aspx?MODE=SSMD&PID=10002&CID=6&MID=10410&SMID=10417>
- <https://jssuni.edu.in/JSSWeb/WebShowFromDB.aspx?MID=14000&CID=0&PID=10005>
- <https://jssuni.edu.in/jssaher/jssaher-academics/student-support-center.html>



OUR INITIATIVES FOR PEACE, JUSTICE AND STRONG INSTITUTIONS (SDG 16)

Our college support SDG 16, which focuses on promoting peaceful, inclusive societies, providing access to justice, and building effective institutions, through various initiatives and actions. JSSCPO initiates and promotes various activities for the building a strong institution with peace and justice in campus. The major highlights of these initiatives and activities are below.

- Engaging Local Stakeholders
- Human rights education
- Student-led organizations
- Governance and accountability
- Community engagement

By implementing these indicators, our college can contribute to SDG 16 and foster a culture of integrity, inclusivity, and social responsibility among students and staff. This will help in creating a future generation of pharmacists who are committed to promoting peaceful and inclusive societies while upholding the principles of justice and accountability.

COMMUNITY ENGAGEMENT

Engaging students in community service projects that address local issues and promote social cohesion contributes to building inclusive and peaceful communities. The National Social Service Scheme (NSS) unit of the College involves the local stakeholders in conducting and carrying various social responsible activities around the community for the welfare of local residents and local government. Rotaract Club in association with Rotary Club Nilgiris conducts various awareness programmes.

1. NATIONAL SOCIAL SERVICE SCHEME NSS- JSSCPO
2. ROTARACT CLUB- JSSCPO
3. YOUTH RED CROSS- JSSCPO

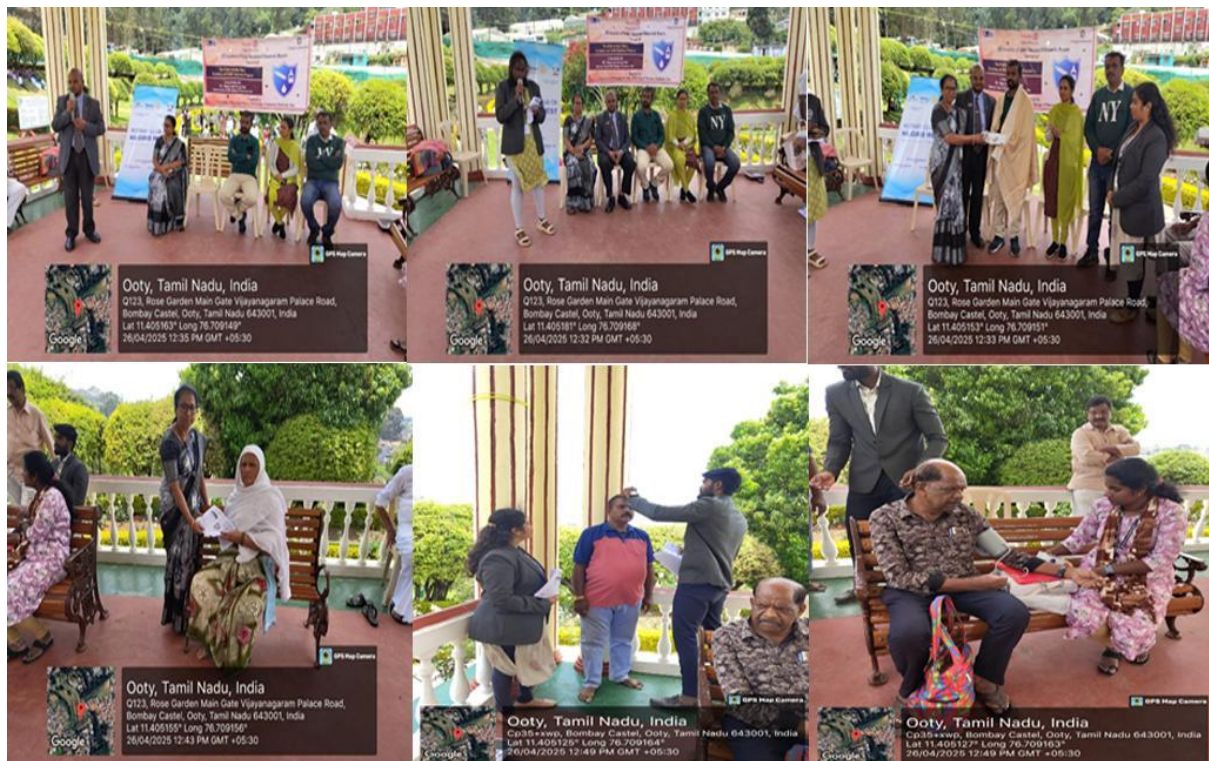
International Yoga Day Celebrations 31.06.2025

This programme was organised for the staff and students of the college as well as the local school children and general public.



World Immunization Week 2025

The Department of Pharmacy Practice, JSS College of Pharmacy, Ooty, in association with IPA - Nilgiris Local Branch and Rotaract Club Ooty, organized an outreach program on 26.04.2025 at the Government Rose Garden, Ooty, to mark World Immunization Week. World Immunization Week is an important global initiative observed annually to raise awareness about the critical role of vaccines. The program aimed to raise awareness among the audience to promote the use of vaccines in protecting people of all ages against preventable diseases.



Walkathon Health walk- Community Walk 06.04.2025

Our college is ecstatic to share that 50 of our students participated in a Walkathon (Health walk, 5 kms) jointly with Thiru. Ma.Subramaniam, Hon'ble Health Minister, Govt of Tamilnadu in the early hours. Sri.N.Ram (Director, The Hindu), Deputy Director (Health), and other district health officials had also taken part in this community walk.



Blood Donation Camp 2025

Blood donation is regarded as one of the most valuable forms of giving. It not only fosters a spirit of compassion and care for others but also offers essential support to humanity in ways that wealth cannot achieve. With this in mind, the primary focus is on promoting service to the nation. This camp was organised by Youth Red Cross society of the college.



By actively integrating these initiatives into its policies and practices, a college can play a significant role in supporting SDG 16 and contributing to the advancement of a peaceful, inclusive, and just society.

 Principal PRINCIPAL J.S.S. COLLEGE OF PHARMACY Rockland's, Ootacamund - 643 001	 B. Shivaramakrishnan Coordinator Smart Campus-JSSCPO
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- Governance and accountability

By implementing these indicators, our college can contribute to SDG 16 and foster a culture of integrity, inclusivity, and social responsibility among students and staff. This will help in creating a future generation of pharmacists who are committed to promoting peaceful and inclusive societies while upholding the principles of justice and accountability.

ENGAGING LOCAL STAKEHOLDERS

The college also engages local stakeholders in imparting the knowledge and awareness of Pharmaceutical sciences and its impact in health. In this venture, we have organised such programmes for the benefit of local stake holders.

4th Feb 2024, **Cancer Awareness Program 2024**

Venue : Government Botanical Garden, the Nilgiris.

Department of Pharmacy practice JSS College of Pharmacy, Ooty jointly with IPA Nilgiris local branch, Rotary Club Nilgiris West, Rotaract Club of JSSCP, and BS hospital, Ooty organized a Cancer Awareness program at the Government Botanical Garden, Ooty. The program was sponsored by JSSAHER, Mysuru, and aimed to raise awareness about the cancer risk factors, the importance of diagnosis, screening, vaccination, treatment, and prevention of cancer among the public & tourists. A total of 7 volunteers from V PharmD actively involved in the health screening activities of the program, 5 faculty members delivered their counseling addressing each topic related to cancer and there were around 500 participants benefited from the program. Firstly, the program began with finger imprinting by the Manager, Govt. Botanical Garden & Vice Principal in the fingerprinting tree, followed by the public and tourists had imprinted their fingerprints and pledged to fight against cancer and filled out a feedback form for this program. The students counseled the public on the unusual symptoms of cancer, when should they go to a physician for a check-up, and the importance of regular screening for the prevention of cancer, self-detection of breast tumours, etc. There were more than 50 feedback forms filled by the public and around 200 fingerprints were recorded. Dr Deepalakshmi M, Assistant Professor JSSCP, Ooty the co-ordinator of the program highlighted the importance of cancer awareness and the free diagnostic checkups available in the Government Medical College Hospital, Ooty, and a free Pap smear test for about 10 beneficiaries were carried out at BS hospital, Ooty.

The other staff along with V Pharm D students counseled the public regarding the types of cancer, general signs and symptoms of cancer, and healthy lifestyle measures to prevent cancer and distributed Cancer Awareness Pamphlets. Since obesity is one of the risk factors for Cancer, BMI was checked and necessary counseling was given to obese patients. Apart from counseling activities, a one-minute plank challenge was conducted for the participants as an initiative of daily exercise for a healthy lifestyle. The participants were encouraged and were given a plant sapling in appreciation of their efforts. The plank challenge was a great success as it attracted tourists, and few physicians, professionals, foreign tourists, and the general public actively participated.

The volunteers actively educated the public with sufficient points regarding cancer and created a general cancer awareness video that attracted the public. The event was a resounding success, through informative counseling, and screening, the program encouraged valuable insights on awareness of cancer. The program received positive feedback from the participants in attendance, indicating a desire for similar initiatives in the future.



24th March 2024, World Tuberculosis Day 2024

Venue: Avataa, Billimalai Tea Estate, Selas

The Department of Pharmacy Practice, JSS College of Pharmacy, Ooty in association with IPA Nilgiris Local Branch and Rotaract organized an outreach program on 24.03.2024 at Avataa, Billimalai Tea Estate, Selas to mark World Tuberculosis Day. The program aimed to raise awareness among the audience about the importance of tuberculosis prevention and overall well-being.

Dr. Deepalakshmi M gave an informative educational session on tuberculosis, discussing its epidemiology, prevention, and treatment options. She elaborated on the importance of finishing the entire course of medicine in order to prevent drug resistance, as well as the role of public health activities in reducing TB spread. Her talk not only provided valuable information but also inspired awareness and proactive measures among the audience. Informative videos about tuberculosis were showcased in the regional language, aiming to enhance understanding and awareness among the audience. This approach helps bridge language barriers, ensuring vital information reaches a wider audience and promotes better comprehension and engagement with tuberculosis-related topics. Participants were also provided with informative pamphlets detailing education about tuberculosis, its symptoms, patient counseling, and treatment options. This distribution aids in spreading awareness and equipping individuals with essential knowledge for early detection, proper management, and support during the treatment journey for tuberculosis-related concerns.

Seventy participants actively participated in the outreach program, where they benefited from a routine general check-up. The program included assessments for vital health indicators such as blood pressure, pulse rate, height, weight, and blood sugar levels. These screenings are crucial for early detection and management of potential health issues, promoting overall well-being among participants. The initiative reflects a proactive approach to healthcare, empowering individuals to monitor and take charge of their health status. By reaching out to a significant number of participants, the program contributes significantly to community health

awareness and encourages healthy lifestyle practices for a better quality of life. The DOTS Mobile Van from NTEP was present at the event. As part of its services, Chest X-ray screenings were conducted for all 70 participants. This mobile healthcare unit brings diagnostic capabilities to communities, facilitating early detection and monitoring of TB cases. The Chest X-ray screenings play a crucial role in identifying TB-related abnormalities in the lungs, allowing for prompt medical intervention and treatment initiation when needed. The presence of such comprehensive services underscores the commitment to proactive healthcare management and disease prevention within the community.



14.07.2023: Awareness on importance of menstruation, maternity and mental health:

An awareness program at Anaikatti tribal village was inaugurated on 14-07-2023 at 10 am by Dr S.P. Dhanabal, Principal, JSSCP, Ooty. Dr Gomathi Swaminathan, Lecturer, and Organizing Secretary delivered the welcome address. Dr R. Kalirajan, Associate Professor & Head highlighted the importance of menstruation, maternity and mental health awareness and explained the programme. Dr B. Babu, Assistant Professor & NSS Co-Ordinator, addressed about Programme in Baduga Language. Mr P. Parthiban, Scientist/ Engineer SE, Flight Dynamics Group, U. R. Rao Satellite Centre, Indian Space Research Organization (ISRO), Bengaluru briefed about the importance of women's health during menstruation and pregnancy among rural people and Dr Brindha Suresh, Assistant Professor - I, Department of Education, SASTRA Deemed to be University, Thirumalaisamudram, Thanjavur delivered a talk on needs of diets during menstruation and maternity. The internal experts are Dr S. Jubie, Associate Professor, Dr N. Jawahar, Associate Professor (Treasurer-APTI-TN State Branch), Dr GNK. Ganesh, Associate Professor, (Secretary – IPA Nilgiris Local Branch) & Mr C. Jayakumar, Assistant Professor, JSS College of Pharmacy, Ooty briefed about the diets, stress management and promoting mental health during menstruation and mental health. Dr L

Priyanka Dwarampudi, Lecturer, Organizing Secretary interacted with delegates about program outcomes About 78 delegates (Tribal people) from Anaikatti participated actively and all sessions went interactively with high appreciation by all delegates and the Anaikatti village head Mr. Shankar. 5



13.09.2023 Blood donation camp.

A blood donation camp was organized jointly with the Government head quarters hospital, Ooty. The camp was been inaugurated by the Health Minister of Tamil Nadu Mr. Ma. Subramanian about 20 NSS volunteers took part in the event and donated blood. Their were also other public participated in the event. The minister spoke on the governmental initiatives in the welfare of the society. The Block Health inspector Mr. Jagdeesh coordinated the event and congratulated the volunteers in coming forward for the good cause.



1.12.2023 AIDS awareness rally

Today being the world AIDS day, the NSS unit of the college took part in the awareness rally jointly organised by the Nilgiris District Health department creating an awareness on aids and taking pledge to support people who are affected. The rally was flagged off by the District collector Madam Sri. Aruna I.A.S. and other government officials, medical college Dean and faculty members were present.



 PRINCIPAL J.S.S. COLLEGE OF PHARMACY 'Rockland's, Ootacamund - 643 001	 B. Shivaramakrishnan Coordinator Smart Campus-JSSCPO	 Dr. B. Babu NSS Programm Officer JSS College of Pharmacy Rock lands Udhegamandalem-643001 The Nilgiris
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1. PEACE, JUSTICE AND STRONG INSTITUTIONS (SDG 16)

Details Related to SDGs	Evidence with documents	Weblink to support the details
16.1 Research on peace and justice Research supporting SDG 16: Research on Peace, Justice and Strong Institutions (List of publications reflecting the research towards Peace, Justice and Strong Institutions in Vancouver style)		
16.2 College & University governance measures		
16.2.1 Does your College & University have elected representation on the University / College's highest governing body from: Elected representation	Explain and attach evidence /documents supporting your explanation	
Evidence:		
Any other Comments:		
16.2.2 Does your College & University recognise a students' union? Governance measures students union	Explain and attach evidence /documents supporting your explanation	
Evidence		
Any other Comments:		
16.2.3 Does your College & University/ College as a body have written policies and procedures to identify local stakeholders external to the College & University and engage with them? Identify and engage with local stakeholders	Explain and attach evidence /documents supporting your explanation	

Evidence		
Any other Comments:		
Institutional Policy created (Year)?		
Any other Comments:		
Institutional Policy reviewed (Year)?		
Any other Comments:		
16.2.4 Does your College & University have an existence of participatory bodies to recognize and engage local stakeholders, including local residents, local government, local private, local civil society representatives? Participatory bodies for stakeholder engagement	Explain and attach evidence /documents supporting your explanation	
Evidence		
Any other Comments:		
16.2.5 Does your College & University have a publication of the University / College's principles and commitments on organized crime, corruption & bribery? College/University principles on corruption and bribery	Yes	https://jssaherdatalake.blob.core.windows.net/quality/AntiCorruptionandAntiBriberyPolicy.pdf
Evidence		
Any other Comments:		
16.2.6 Does your College & University have a policy on supporting academic freedom (freedom to choose areas of research and to speak and	Yes	https://jssaherdatalake.blob.core.windows.net/quality/Acad

teach publicly about the area of their research)? Academic freedom policy		emicIntegrityPolicy.pdf
Evidence		
Any other Comments:		
Institutional Policy created (Year)?		
Any other Comments:		
Institutional Policy reviewed (Year)?		
Any other Comments:		
16.2.7 Does your College & University have a publication of College & University financial data? Publish financial data	Yes Institute publishes financial data every year.	
Evidence		
Any other Comments:		
16.3 Working with government		
16.3.1 Does your College & University provide specific expert advice to local, regional or national government (e.g. through policy guidance, participation in committees, provision of evidence)? Provide expert advice to government	Explain and attach evidence /documents supporting your explanation	
Evidence		

Any other Comments :		
16.3.2 Does your College & University provide outreach, general education, upskilling and capacity-building to policy- and law- makers on relevant topics e.g. economics, law, technology, migration and displacement, and climate change? Policy- and lawmakers outreach and education	Explain and attach evidence /documents supporting your explanation	
Evidence		
Any other Comments:		
16.3.3 Does your College & University undertake policy-focused research in collaboration with government departments? Participation in government research	Explain and attach evidence /documents supporting your explanation	
Evidence		
Any other Comments:		
16.3.4 Does your College & University provide a neutral platform and "safe" space for different political stakeholders to come together to frankly discuss challenges? Neutral platform to discuss issues	Explain and attach evidence /documents supporting your explanation	
Evidence		

16.4 Proportion of graduates in law (COURSE RELATED TO MEDICAL LAW, JURISPRUDENCE, FORENSIC STUDY, etc.)

- Total Number of graduates
- Number of total graduates from law and enforcement related courses
- Percentage of graduates from Law

SLS, Ooty

1. PEACE, JUSTICE AND STRONG INSTITUTIONS (SDG 16)

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16.1 Research on peace and justice Research supporting SDG 16: Research on Peace, Justice and Strong Institutions (List of publications reflecting the research towards Peace, Justice and Strong Institutions in Vancouver style): NIL		
16.2 College & University governance measures		
16.2.1 Does your College & University have elected representation on the University / College's highest governing body from: Elected representation	•Dr. M.J.N Chandrasekar, Professor and Head, Board of Studies, Department of Biochemistry, School of Life Sciences (Ooty campus), JSS Academy of Higher Education and Research, The Nilgiris •Mrs. Vidyalakshmi, Assistant Professor, Board of Studies, Division of Nutrition and Dietetics, School of Life Sciences (Ooty campus), JSS Academy of Higher Education and Research, The Nilgiris	
Evidence:		
Any other Comments:		
16.2.2 Does your College & University recognise a students' union? Governance measures students union	NIL	
Evidence		
Any other Comments:		
16.2.3 Does your College & University/ College as a body have	YES	https://jssaherstoragenew.blob.core.windows.net/jssuudstorage/udpdocs/home-

written policies and procedures to identify local stakeholders external to the College & University and engage with them? Identify and engage with local stakeholders		page-sdg-engaging-stakeholders-policy
Evidence	Attached policy and its weblink is given here	https://jssaherdatalake.blob.core.windows.net/quality/sls-ooty-sdg-16-2-3-stake-holders-policy.pdf
Any other Comments:		
Institutional Policy created (Year)?		
Any other Comments:		
Institutional Policy reviewed (Year)?		
Any other Comments:		
16.2.4 Does your College & University have an existence of participatory bodies to recognize and engage local stakeholders, including local residents, local government, local private, local civil society representatives? Participatory bodies for stakeholder engagement	NIL	
Evidence		
Any other Comments:		
16.2.5 Does your College & University have a publication of the University / College's principles and commitments on organized crime, corruption & bribery? College/University principles on corruption and bribery	YES	https://jssaherstoragenew.blob.core.windows.net/jssuudstorage/udpdocs/home-page-sdg-waste-managment-policy
Evidence	Attached policy and its weblink is given here	https://jssaherdatalake.blob.core.windows.net/quality/sls-ooty-sdg-16-2-5-anti-corruption-and-anti-bribery-policy.pdf
Any other Comments:		

16.2.6 Does your College & University have a policy on supporting academic freedom (freedom to choose areas of research and to speak and teach publicly about the area of their research)? Academic freedom policy	NIL	
Evidence		
Any other Comments:		
Institutional Policy created (Year)?		
Any other Comments:		
Institutional Policy reviewed (Year)?		
Any other Comments:		
16.2.7 Does your College & University have a publication of College & University financial data? Publish financial data	YES	https://jssaherdata.ake.blob.core.windows.net/quality/sls-ooty-sdg-16-2-7-budget.pdf
Evidence	Attached the budget estimates and weblink is given here	https://jssaherdata.ake.blob.core.windows.net/quality/sls-ooty-sdg-16-2-7-budget.pdf
Any other Comments:		
16.3 Working with government		
16.3.1 Does your College & University provide specific expert advice to local, regional or national government (e.g. through policy guidance, participation in committees, provision of evidence)? Provide expert advice to government	NIL	
Evidence		
Any other Comments		

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16.3.2 Does your College & University provide outreach, general education, upskilling and capacity-building to policy- and law- makers on relevant topics e.g. economics, law, technology, migration and displacement, and climate change? Policy- and lawmakers outreach and education	NIL	
Evidence		
Any other Comments:		
16.3.3 Does your College & University undertake policy-focused research in collaboration with government departments? Participation in government research	NIL	
Evidence		
Any other Comments:		
16.3.4 Does your College & University provide a neutral platform and "safe" space for different political stakeholders to come together to frankly discuss challenges? Neutral platform to discuss issues	NIL	
Evidence		
16.4 Proportion of graduates in law (COURSE RELATED TO MEDICAL LAW, JURISPRUDENCE, FORENSIC STUDY, etc.): NA ➤ Total Number of graduates ➤ Number of total graduates from law and enforcement related courses ➤ Percentage of graduates from Law		

DHSMS

Promote peaceful and inclusive societies for sustainable development, provide access to justice for all, and build effective, accountable, and inclusive institutions at all levels

Brief of activities:



Internal complaints committee to address issues related to gender based harassment



Student Support Cell to provide address mental health issues and learning difficulties.



Anti ragging committee to efficiently prevent and address the incidents of ragging



Gender related issues amongst students are addressed through Student grievance redressal cell



Adequate representation for women in teaching and non teaching posts



Empowerment of women with leadership positions in academic and administrative domains



Equal opportunities to all the employees irrespective of gender, religion and caste



Scholarships for the students through Government agencies



Zero tolerance for discrimination

Table 21: Activities conducted aligning to Goal 16

Curriculum	The curriculum is enriched with concepts related to labor laws, and ethical and legal issues in society, incorporating information relating to health care schemes provided especially for women. Students are also given an orientation on Entrepreneurship skills with a special focus on schemes for women to become Entrepreneurs The curriculum is designed by incorporating modules including laws Practice & Conduct of Professionals were to students on areas such as laws like Pre- Conception and Pre-Natal Diagnostic Technique Act, Medical Termination of Pregnancy Act, Birth & Death Registration Act where the importance of the act to the society as well as professional development and for comprehensive learning by students.
Teaching & Learning	Case studies, role play, brainstorming, Seminars, Group Discussions are integral component of curriculum helping the students to get a real exposure to gender related societal problems. Students have the benefit of hands-on-experiential learning by solving real-time problems and issues in gender related issues of society. The department assesses the learning levels of the students and organizes special programs for advanced learners and slow learners. For slow learners- Additional classes are taken with focused group to enhance the inter disciplinary subjects with graded assignment and additional test For fast learners- They are encouraged to take up extra add on course related to health sciences The students are also encouraged to undertake minor research projects and publish/ present the research outcomes in various reputed national and international journals/ conferences/ seminars.
Student Research	Students are encouraged to take up various research projects on areas such as Gender sensitization- equality and opportunities, measuring work satisfaction of hospital staff, assessing work-life balance among women, employee awareness on organizational policies and labor laws.
Activities related to the goal	

Awareness Program on Gender Harassment

An awareness program on gender harassment was organized to sensitize newly admitted students, during induction programme by Internal Complaints Committee

The Handbook on sexual harassment of women at the workplace (Prevention, Prohibition and Redressal) is uploaded on the JSSAHER website and the same is circulated among faculty and stakeholders. To create awareness among staff and students, posters on gender harassment were displayed across all the departments, boys and girls hostel.

Anti-Ragging Committee

As per the policies and regulations of Anti-Ragging Committee, JSSAHER, The Department of Health System Management Studies displays posters on “Ragging is a Punishable Offence” on the notice boards to be viewed by the students, parents, and visitors. A session on Anti-Ragging policy will also be conducted as a part of the student induction program to make students and parents aware of the existing policies and create a conducive learning environment and student friendly culture in the department.

Gender sensitization-equality and opportunities

The Department of Health System Management Studies also supports students by facilitating the financial aid to eligible students through national and state scholarships. Details are as follows:

ARIVU (Education Loan) Scheme:

The National Scholarship Portal (NSP) offered by the Central Government, State Governments, and different Government agencies like UGC (University Grants Commission), worth crores for the scholarship seekers registered on the platform. The National Scholarship Portal is an online portal by the Government of India for applying, processing, verifying, and sanction Government scholarships to students. It aims to reduce discrepancies and provide a common, effective, and transparent way to disburse scholarships to students

The State Scholarship Portal (SSP) initiated by the Government of Karnataka (GoK). Departments like Social Welfare Department, Scheduled Welfare Department, Backward Classes Welfare Department,

	and Minorities Welfare Department, offer various scholarships to students for financial assistance. SSP scholarship is a state-funded program applicable to the domiciles of Karnataka from class I to those pursuing a post-doctoral degree. Vidhyasiri Scholarship: Vidyasiri scholarship plan, provided by Government of Karnataka for the welfare of Backward Classes. This scholarship is specially produced for SC/ST/OBC/PWD scholars who are pursuing an education in post matriculation programs.
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Faculty Award

Dr Mamatha, Dean of HSMS, was honoured with the inspiring leadership award and a panellist in the panel discussion, which had representation from educational leaders of Premier universities sharing their opinions, concerns, and challenges on AI in Education held at Bangalore on 8th February 2025



Mr. Gurulingu P has secured First Position in Poster presentation at the Research Scholars Conference in Health Sciences and Life Sciences 2025, organized by the Research division JSS AHER on 27th & 28th February 2025



Dr. Sathya Obbalareddy bagged first prize in an oral presentation in Pharmanecia 4.E International Research Conference on Recent Advances in Artificial Intelligence and Machine learning driven drug discovery, held at JSS Pharmacy, Ooty, 7th & 8th of March 2025, hosted by Operant Pharmacy Federation.

