



JSS Academy of Higher Education & Research
(Deemed to be University) (Accredited A++ Grade by NAAC)

COMPENDIUM ON SDG-11 **SUSTAINABLE CITIES AND** **COMMUNITIES**

**Compendium of Activities in Achieving UN Sustainable
Development Goals**



2023-24

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Introduction:

Goal 11 sustainable cities and communities is about making cities and human settlements inclusive, safe, resilient and sustainable. Cities represent the future of global living and are engines for sustainable development. In 2022, the world's population reached 8 billion where over half are living in urban areas and by 2050, 70 % of people expected to live in cities. Around 1.1 billion people currently live in slums or slum-like conditions in cities, with 2 billion more expected in the next 30 years. Urban sprawl, air pollution and limited open public spaces persist in cities as these cities are not ready for the rapid urbanization. Sustainable development cannot be achieved without significantly transforming the way urban spaces are built and managed.

Since the implementation of SDG in 2015, good progress has been and now the number of countries with national and local disaster risk reduction strategies has doubled. But the issues still remain and only half of the urban population had convenient access to public transport.

Inequality and the levels of urban energy consumption and pollution are some of the most pressing challenges. Most of the cities are vulnerable to climate change and natural disasters due to their high concentration of people and location so building urban resilience is crucial to avoid human, social and economic losses. These issues will affect every individual in future. Everyone's health is affected by pollution and in turn their productivity in work and therefore the economy.

The poorly planned urbanization seen in some of the huge slums, tangled traffic, greenhouse gas emissions and sprawling suburbs all over the world.

India is also urbanising rapidly. Between 2001 and 2011, the country's urban population had increased by 91 million. India is projected to add 416 million urban dwellers between 2018 and 2050. By 2030, India is expected to be home to seven mega-cities with populations above 10 million. 68% of the country's total population live in rural areas, while 17% of the country's urban population live in slums. The Government of India's Smart Cities Mission, the Jawaharlal Nehru National Urban Renewal Mission, and the Atal Mission for Rejuvenation and Urban Transformation (AMRUT) are working to address the challenge of improving urban spaces. The prime minister's Pradhan Mantri Awas Yojana aims to achieve housing for all by 2022.

The world is becoming increasingly urbanized. Since 2007, more than half the world's population has been living in cities, and that share is projected to rise to 60 per cent by 2030. Cities and metropolitan areas are powerhouses of economic growth. However, they also account for about 70 per cent of global carbon emissions and over 60 per cent of resource use. Cities occupy just 3 per cent of the Earth's land, but account for 60-80 per cent of energy consumption and 70 per cent of carbon emissions.

The world's population is constantly increasing. To accommodate everyone, we need to build modern, sustainable cities. For all of us to survive and prosper, we need new, intelligent urban planning that creates safe, affordable, and resilient cities with green and culturally inspiring living conditions.

Status in India

- By 2030 India will have 7 megacities with population over 10 million
- 13% of urban households don't have sanitary toilets
- 31% live in urban area
- 17% of urban population lives in slums
- Over 1.2 million pollution related deaths in 2017

Faculty and students have actively contributed for Clean City initiative of Swachh Survekshan. The Institute has adapted to the concept of smart campus in the existing buildings and infrastructure. The founder organization JSS Mahavidyapeetha has set targets to attain the status of smart and sustainable campuses through key elements Viz., 1. Buildings & Infrastructure, 2. Education, Learning & Digitization, 3. Sports & Recreation, 4. Safety & Security, 5. Waste, Water, Air management, 6. Utilities – Water, Gas, Electricity, 7. Services & Connectivity, 8. Green environment resilience, 9. Governance & 10. Food & Health.

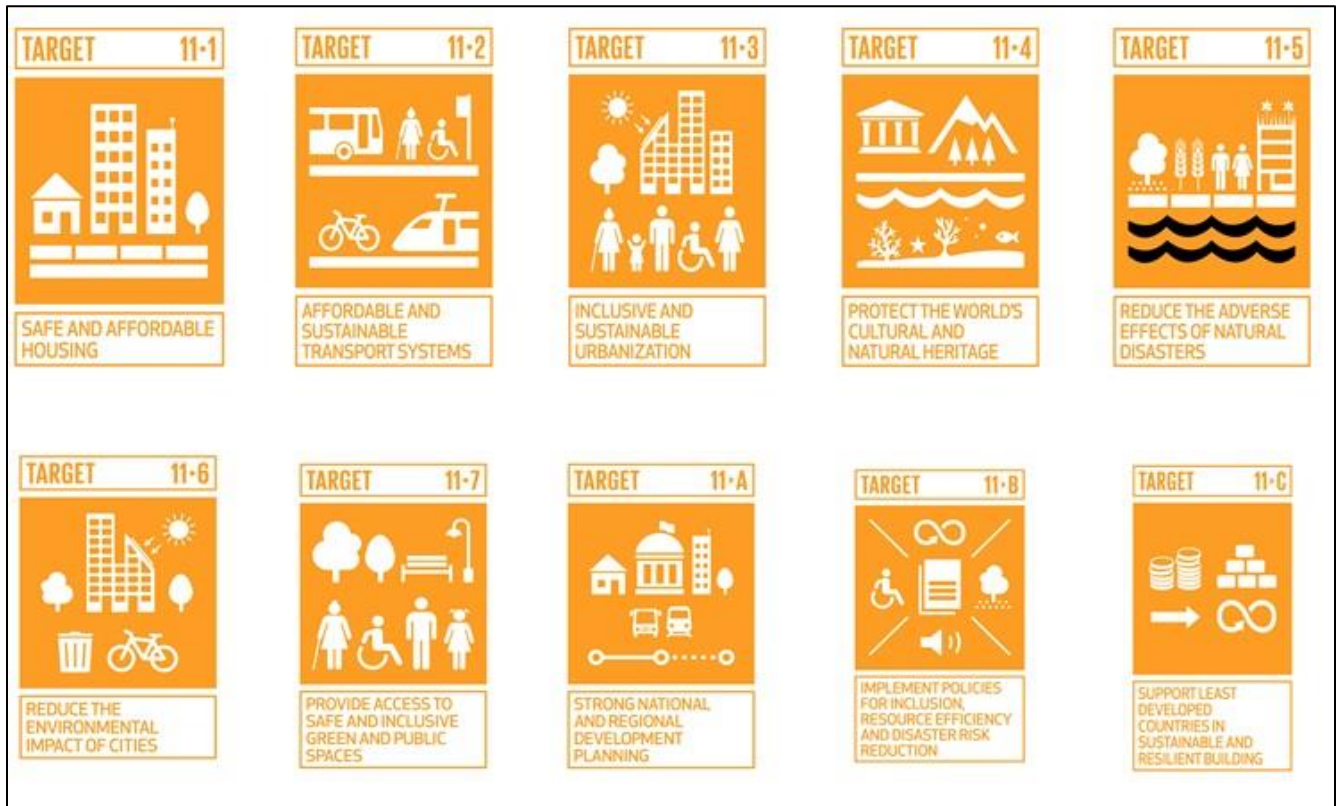
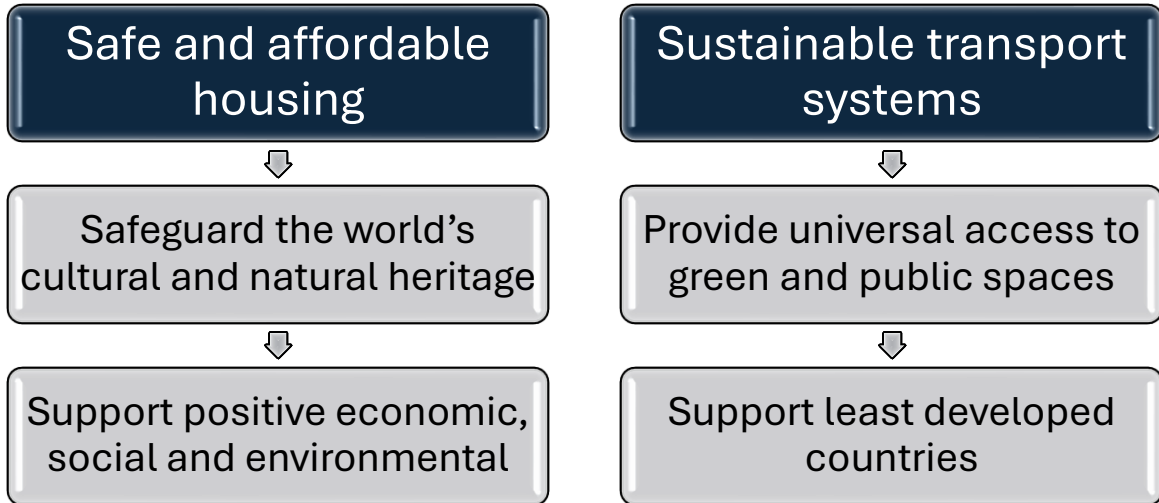
As an initial step, the institute has surveyed the available facilities, which would enable to either enhance or add smart features. Further, discussions and feedback from stake holders are in progress which would add significant values towards the goal. Students are the central part of the smart campus as they are the ambassadors of a sustainable future.

A Smart Campus actively learns from and adapts to the needs of its people and place, unlocking the potential of e-technology and enabling world-changing learning and research methodologies. Also to create an environment friendly atmosphere enabled with technology is the main goal of a smart campus.

JSS AHER has established its State of Art Campus using cutting edge technology. In order to achieve the smart campus status the institute and the constituent colleges have initiated the process of implementing technologies like

1. Smart Physical Security and Surveillance
2. Smart Wi-Fi Enabled Campus
3. Smart Metering
4. Smart Recycling Process
5. Smart Transportation System
6. Smart Energy Conservation and Utilization practice
7. Smart Hostel Management
8. Smart Canteen/food court management

Target Goals



Healthy living standards and wellbeing of urban population:

At JSS Medical College, JSS Academy of Higher Education & Research, several outreach activities are conducted for the wellbeing of people through JSS Urban Health Center located at Medhar Block, Bamboo Bazaar, Mysuru and other rural (Primary Health Centres at Suttur, Kadakola, Hadinaru) and urban field practice areas (Urban Primary Health Centre at Bannimantap, Mysuru), the families in the villages (Hancya, Rammanahalli, Hale Kesare, K R Mill) are adopted under Family adoption programme for a minimum of three years by the MBBS students to address the health issues of the family members in the village and under family health advisory survey- families in the field practice area are surveyed every year by the students under the guidance of Department of Community Medicine.

Reaching the unreached through Chamarajanagar Hospital, Megha Health camp, Religious Funfairs, Mobile Health Camps at rural settings, Health camps under Public Private Partnerships and through National Service scheme (NSS). These camps benefit the people in rural areas by addressing the health issues at their doorsteps.

Report on observation various national and international day benefiting the population at rural and urban communities

World Population Day 2023 on 11th July 2023 at JSS Women College, Mysuru

On occasion of **World Population Day 2023**, Department of Community Medicine, JSS Medical College, JSSAHER, Mysuru along with Gender Equality Cell and IQAC JSS College For Women, Saraswati Puram Mysuru organized a workshop at College for Women's Saraswati Puram, Mysuru. The program was organized on 11th July 2023. Talk was delivered by Dr Shweta N Kurkuri on the theme "Unleashing the power on Gender Equality- Uplifting the voices of women and girls to unlock our world's infinite possibilities". A Skit was performed by MBBS Phase II students to raise the awareness on Gender equality. Around 300 audience had gathered for the occasion. Along with the above-mentioned activities, poster competition was organized for Women's College students and were awarded for the same. An exhibition was also organized on various contraceptive methods available. Students and staff from JSS College for Women were benefited by the workshop.



World Population Day on 11th July 2023 at JSS UHTC

On the occasion of **World Population Day 2023** various activities were held by Department of Community Medicine, JSS Medical College, JSS AHER at Government High school and JSS Urban Health Centre, Bamboo Bazaar on 11/07/2023. The guest lecture was delivered by Dr Rama H V, Lady Medical Officer of JSS UHC. She highlighted issues of population explosion and briefed about family planning methods. Another talk was delivered by Dr Amoghashree, Assistant Professor and Co-ordinator of JSS UHC on Gender equality. This was followed by Skit performance by Nursing students of JSS College of Nursing on the theme "Unleashing the power on Gender Equality- Uplifting the voices of women and girls to unlock our world's infinite possibilities". In association with JSS Jana Shikshan Sansthan, Department of Community Medicine, JSS Medical College, conducted an awareness program to the beneficiaries of tailoring course in JSS UHC premises. About 40 women beneficiaries participated and gained knowledge on Family planning.



Special Smiles Oral Health Clinic – 20th July 2023 at JSS hospital

"Special Smiles" oral health clinic at JSS Hospital in Mysore was inaugurated on 20.07.2023. This clinic aims to provide oral health services specifically *for specially-abled children and children with medically compromised conditions*. The collaboration between the Pediatrics Department and the Department of

Pediatric and Preventive Dentistry shows a commitment to improving the overall healthcare of these vulnerable children. The clinic's schedule of operation, every Thursday from 10 am to 4 pm, allows for regular and dedicated care for the children.



World Environmental Day on 25th July 2023 under NSS

World Environment Day is celebrated to encourage and create awareness and to take appropriate action for the protection of the environment. In this regard to mark the activity, NSS unit JSS Medical College, Mysuru, conducted the sapling implantation program on 25th July 2023 in the medical college campus garden. Faculty and NSS student volunteers actively participated and witnessed the event.



World Hepatitis Day Awareness Program – on 28th July 2023 at JSS College of Arts, Science and Commerce



On the occasion of **World Hepatitis Day**, a significant awareness program was organized by the School of Public Health in collaboration with the Department of Gastroenterology at JSS College of Arts, Science, and Commerce. This annual event aimed to shed light on the global burden of hepatitis and raise awareness about its prevention, treatment, and impact on public health. The theme for this year's campaign, "Hepatitis can't wait," was provided by the World Health Organization (WHO).

To engage the students in a fun and educational manner, the organizers planned two competitions - a quiz and a poster-making contest, both of which were related to hepatitis and its significance. The event gathered significant attention and positive feedback from the students, faculty, and guests. The participants of the event included faculties and students of JSS college of Arts, Science and Commerce.

Observation of Adolescent Day – 1st August 2023 at Government schools

Department of community Medicine, JSS Urban Health Center, JSS Medical College, Mysuru observed **Adolescent day** in association with Inner wheel club of Mysuru Gold. A Programme was organized to create an awareness on Menstrual Health and Hygiene to girls studying in 5th to 10th standard of Government

Higher Primary school and Government High School Yadavagiri, Mysuru at Yadavagiri school premises on 01.08.2023. Dr Rama H.V, Lady Medical officer of JSS Urban Health Center gave a talk on Menstruation, Menstrual hygiene, Adolescence Managing Problems during adolescence. This was followed by question and answer session and queries from students were clarified. The Hygiene kit including 10 sanitary napkins, toothpaste, tooth brush, soap were distributed to the school which was sponsored by Inner wheel club of Mysuru Gold.

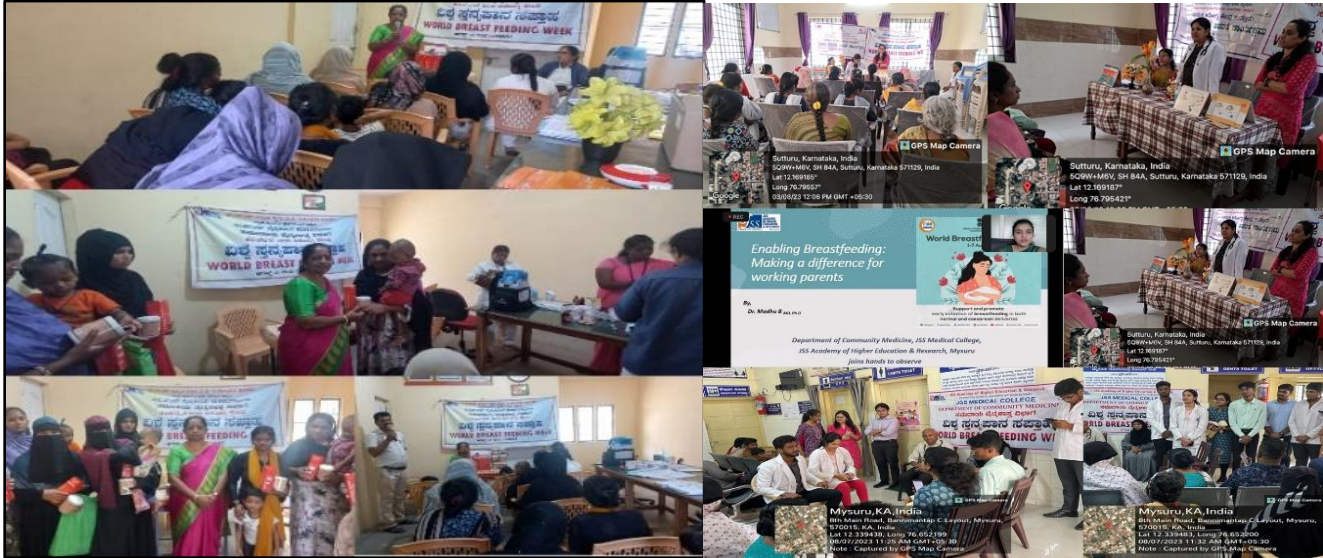


World Breastfeeding week – from 1st to 7th August 2023

Department of Community Medicine observed **Breastfeeding week** at JSS Urban Health Center on 02.08.2023 in association with Inner wheel club of Mysuru Gold and Inner wheel club of Mysuru Midtown at JSS Urban Health Center. Dr Amoghashree, Assistant professor Department of Community Medicine and coordinator JSS Urban Health Center Presided. Dr H.V Rama, Lady Medical Officer, JSS Urban Health Center gave awareness on the theme “*Enabling breastfeeding, making a difference for working parents*” advantage of Breastfeeding to both Mother & the baby. The Protein powder and iron syrup were distributed to antenatal & Postnatal Mothers. Phase 2 MBBS students presented a skit on the importance of breastfeeding. The audience included antenatal mothers, postnatal mothers and general public.

Along with this, a health education session was organized at **Suttur PHC** on 3rd August 2023. Dr. Kavya G Upadhy, Senior Resident, Department of Community Medicine and Dr. Ramya M, Medical Officer, Suttur PHC discussed the problems faced by breastfeeding mothers and educated them regarding various aspects of breastfeeding and its importance.

The Department of Community Medicine, JSSMC had organized a **webinar on the occasion of World Breastfeeding Week 2023 on 4th August 2023**, Friday from 2 – 3 pm. Our Resource Faculty, Dr. Madhu B, Professor, Dept. of Community Medicine and Deputy Dean (Research), JSSAHER gave her valuable insights on the topic “Enabling Breastfeeding: Making a difference for working parents”. Around 200 participants from across India registered for the webinar.



Department of Pediatrics, JSS Hospital organized the inauguration function of **world breastfeeding week** in association with IAP Mysore on 1st August 2023 at SRCA Auditorium, JSS Hospital. Our hospital nurses performed a song and a skit for educating the mothers on how to breastfeed and how to maintain breastfeeding while working. Their creativity was highly appreciated and applauded. The program was concluded with presenting gifts and momentous to all the eminent guests followed by high tea.



NAFLD/NASH Screening Camp on 4th August 2023 at JSS Medical College

The Self-Interested Group for Liver and Life in association with the School of Public Health, Department of Gastroenterology, Department of Nutrition and Dietetics, and Echosens, spearheaded a significant public health initiative. A **screening camp focused on Non-Alcoholic Fatty Liver Disease (NAFLD) and Non-Alcoholic Steatohepatitis (NASH)** was successfully conducted on the 4th of August-2023 at JSS Medical

College for staffs of JSS Medical college, Dental College, Pharmacy College and FLS. The event witnessed an impressive turnout with approximately 187 participants, including teaching and non teaching staff, administrative staff, security officers from different colleges under JSS AHER. Risk Assessment and NAFLD/NASH Screening, Education and Preventive Measures were conducted. Individuals identified having NAFLD/NASH were offered referrals for further medical evaluation. Body fat analysis was also done. Fibroscan was used.



76th Independence Day celebrations under the slogan “Meri Maati, Mera Desh” on 8th August 2023 under NSS

National Service Scheme (NSS) unit JSS Medical College, Mysuru organized the event on the eve of 76th **Independence Day celebrations** under the slogan “Meri Maati, Mera Desh” on 8th August 2023. The event saw active participation from 25 dedicated student volunteers who represented their respective states adorned in traditional attires. The highlight of the event was the solemn oath-taking ceremony, where the **students pledged their commitment to social service and community development**. The patriotic fervor was evident as the participants recited the pledge, expressing their devotion to the country with the heartfelt rendition of "Meri Maati, Mera Desh."



Tree sapling – Observation of Independence Day on 14th August 2023 at UHTC

Department of Community Medicine, JSS Urban Health Center, JSS Medical College, Mysore had organized **Tree saplings Planting Program** in association with Rajeev Sneha Balaga under public private partnership at JSS Urban Health Centre on 14.08.2023 on the eve of 77th Independence Day. 10 saplings (Medicinal &floral) were planted in JSS Urban Health Centre Garden. Smt. Lakshmi Rajeev, Rajeev Sneha Balaga, Smt. Sandhya Suresh, Secretary Inner Wheel Club of Mysore Midtown, Dr. M.C. Prasad, Assistant Professor, Dept of General Medicine, Dr.Amoghashree, Assistant Professor & JSS UHC Coordinator, Dr. Noor Fathima, Assistant Professor, JSS Ayurveda College , Dr. Rama H.V, Lady Medical Officer & staffs of JSS Urban Health Centre Planted the saplings.



Awareness and Screening Programme for lung Cancer – on 24th August 2023 at JSS UHTC

Department of Community Medicine, JSS Medical College and Department Pharmacy Practice, JSS College Of Pharmacy had jointly organized an **awareness Programme on smoking and Lung cancer & Free General Health screening** at JSS Urban Health Center, Bamboo Bazar on 24.08.2023. Dr. Kiran, Oncologist *addressed the pourakarmikas and gave a talk on harmful effects of smoking, lung cancer & methods of quitting tobacco.* Dr.Sunil Kumar D, urged the participants to take care of their health by avoiding smoking, alcohol, tobacco consumption which would be detrimental to their health. Around 20 people were benefitted with the program. All were screened for risk factors.



National Nutrition Week from 1st to 7th September 2023

National Nutrition Week (NNW) was observed to raise awareness among people about the vital role of nutrition and the significance of cultivating healthy eating habits.

The theme was **“Healthy diet going affordable for all”**.

In this regard, the Department of Community Medicine, JSS Medical College, Mysuru organized a series of activities. Firstly, a Healthy Food cooking competition on 2nd Sept 2023 was organized with the theme “Colors of Nutrition: Easy recipes for working parents”. A Webinar on **Healthy diet going affordable for all** was organized on 5th Sept 2023. Dr. Nayana Shabadi, Assistant



Professor, Department of Community Medicine, JSS Medical College, gave the webinar talk. In total, 111 participants had registered for the webinar. In the feedback, the participants requested many such webinars in the future.

The department also organized a series of **Radio talks in collaboration with JSS Radio**. The radio talks focussed on topics such as Simple ways to level up your eating habits

which was aired on a Live show on 1st September. This radio talk was given by Dr.Praveen Kulkarni, Vice Principal (para-clinical) and Professor, Dept of Community Medicine, JSS Medical College. Another topic, “Staying Young: Nutrition facts” was delivered by Dr Mythily M R, Senior Resident, Dept of Community Medicine, JSS Medical College which was aired on 4th Sept 2023. Dr.Madhu Srinath, Deputy Dean, Research, JSSAHER, also delivered a radio talk on “Right

nutrition: Right Health” which was aired on 11th Sept 2023. This was followed by another radio talk by Dr.Shweta N Kurkuri, Senior resident, Dept of Community Medicine, JSS medical college, on “Mindful eating for health goals” aired on 18th Sept 2023. Dr Sunitha Singh, Senior resident, Dept of Community



Medicine gave a digital audio talk on “Superfoods- Myths and Facts”

In order to bring about awareness among the public, the Department of Community Medicine also organized a **flash mob followed by a skit** by MBBS students at Mall of Mysore and Nexus City Mall, Mysore on 9th Sept 2023. A total of 13 students performed a flash mob and skit highlighting the ill effects of Unhealthy eating.

The Nutrition Week activities concluded with **the sensitization of school students on healthy foods and healthy eating habits through health education** by Dr. Sunitha Singh, Senior Resident, Dept of Community Medicine on 16th Sept 2023. Students of classes 5, 6 and 7 from JSS Public School, J P Nagar, Mysore participated.

World Suicide Prevention Day on 11th September 2023 at JSS Medical College

Department of Psychiatry in collaboration with Department of Community Medicine observed World “Suicide Prevention Day-2023” on 11/09/2023 at JSS Medical College. Dr Praveen Kulkarni encouraged the students to reach out for help whenever required and ensured that the institution is always there for their support. This was followed by Dr Kishor sensitizing the students on the facilities available in the institution for promoting mental health and suicide prevention. He also briefed the students about the SAFL (Self-Assessment For Life) app launched in 2020 by the department of psychiatry, for detecting the risk of suicide and directing the user for appropriate help as is required. Followed by this Dr Sunil Kumar. D addressed the students on suicide prevention and the effect of suicide on family members.



Awareness Programme on Substance abuse and Observation of World Ozone Day on 16th September 2023 at Bamboo Bazar, Mysuru

An awareness Programme on **Prevention & Management of Substance abuse** was held for High School children on 16.09.2023 at Government High School, Medar’s Block, Bamboo Bazaar. Dr. Rama H.V., Lady Medical Officer, JSS Urban Health Center, gave awareness to adolescents on substance abuse. A Role play was also organised. Along with this importance of Ozone and side effect due to depletion of Ozone layer, its prevention was also stressed upon.



International Day of Democracy on 15th September 2023 under NSS

The **International Day of Democracy**, celebrated on **September 15th** each year, is a global observance that underscores the importance of democracy as a fundamental human right and a cornerstone of good governance and peace. In this regard, the program was organized on 15th September 2023 by the NSS unit JSS Medical College. The “**Preamble of the Indian Constitution**” which explains its philosophy and objectives was instructed by an NSS student volunteer to all other students who took part in the event with the national spirit.

Importance of social equality, citizens' rights, and freedom of expression under democracy as a cornerstone in building unity in diversity was stressed upon. One thirty-two medical students of the JSS Medical College and 10 faculty members took part in the program.



“Swachhata Hi Seva” on 1st October 2023 under NSS

“Swachh Bharat Abhiyan” was conducted to disseminate the importance of a **“Sampoorna Swachh Bharath,** to reinforce the concept of sanitation as everyone’s business. To prelude “Swachh Seva” activities, many students and faculty volunteers from JSS Academy of Higher Education and Research, Mysuru conducted cleanliness activities on 1st October. The program involved the commissioner, deputy mayor, and regional corporator of Mysuru city corporation who actively took part and supported the whole event. Twenty-five student MBBS NSS volunteers and 10 faculty from JSS MC actively participated in the event and cleaned the streets and parks by plogging various degradable and non-degradable substances in areas coming under the jurisdiction of Sri Shivarathreeshwara Nagara.

World Immunization Day – 2023 Observation & Walkathon on 19th November 2023 at JSS Hospital

Department of General Medicine, JSS Medical College and Hospital observed “**WORLD IMMUNIZATION DAY**” on 19th November, 2023 at JSS Hospital lobby. Nearly 400 people attended the event. Walkathon was organised in the designated route with all precautions on the occasion of the world immunization day to create *awareness about the need for immunization to general public*. Nearly 250 students from various department participated in the walkathon. JSS Hospital adult immunization and travel medicine centre is the first of its kind in Mysuru and one among very few centres across the state and country. Till date more than 5000 people have received various vaccines. Mass immunization of hepatitis B vaccine was carried out to all the students from dental, medical and allied health sciences. Apart from administering various vaccines, the centre takes the opportunity to increase the public awareness about adult immunization in the hospital (OPD & in-patient).



World Diabetes Day observation on 15th November 2023 at JSS Hospital



Department of General Medicine, JSS Medical College and Hospital in association with KRSSDI and API Mysore Chapter observed “**WORLD DIABETES DAY**” on 15th November, 2023 at JSS Hospital lobby followed by CME. Nearly 200 people attended the event. “**MADHUMEHA PATHASHALA**”, a awareness programme on diabetes by API for adolescents was also conducted.

This was followed by at CME Programme as JSS Auditorium. Programme included 3 interesting lectures on diabetes by eminent speakers Dr.K.N.Manohar, D.Anish Behl and Dr.Pavan. Nearly 200 delegates participated. Programme was well designed with very important aspects of diabetes such as “diabetes is it reversible”, “Prevention of diabetic foot” and “lifestyle modification in diabetes”.

World Aids Day on 1st December 2023 at Medar Block, Mysuru

An Awareness Programme on **World AIDS Day 2023** was conducted by JSS Urban Health Center, Department of Community Medicine, JSS Medical College, JSS AHER, Mysuru in Government High School, Medar Block, Bamboo Bazaar on 01.12.2023. Dr. H.V Rama, Lady Medical Officer, JSS Urban Health Centre delivered a guest lecture to the school students on the theme of **World AIDS day 2023 – “Let communities lead”**. This was followed by interactive session.

Government High school urged the students to know about the disease, its prevention and also spread the awareness to others.



HPV Vaccination Programme on 19th December 2023 at JSS Hospital

PHRII and JSS AHER are committed to vaccinate 200 girl children across Mysuru. School of Public Health, Department of Pediatrics have joined hands together in this endorsement. The **HPV Vaccination Program** aimed at **rural and peri-urban adolescent girls** in Mysuru, aligning with *WHO's Global Strategy for Cervical Cancer Elimination*, was inaugurated at JSS Hospital. The pivotal participants of the day were six girls, aged 14, accompanied by their parents from JSS High School, Nachanahally Palya. They received the HPV Vaccine (Gardasil - 9), renowned for effectively combatting various HPV strains responsible for cervical and related cancers. The commitment of PHRII and JSS AHER involves vaccinating free of cost 200 girls across Mysuru, supported by sponsorship from Sun Pharma. Each dose of vaccine costs Rs.10, 500/- in the market.



Health Awareness Programme on 27th December 2023 under NSS

On 27th December 2023 the JSS Medical College NSS unit JSS MC, *visited the apartments at Rajarajeshwari Nagar, Mysuru* armed with compelling charts, images, and motivational quotes. *Our mission was to shed light on the crucial topics of HIV/AIDS prevention, communicable diseases, personal hygiene, and the problems related to drug and alcohol abuse.*



menstrual hygiene. Dr.Rama, formally initiated the process of free sanitary pad distribution. To support their well-being, and symbolically create awareness we distributed naturally degradable sanitary napkins..



Sexual and Reproductive Health Awareness Day on 12th December 2023 at UHTC, Bannimantapa

School of Public Health, JSSMC, JSSAHER, observed the ‘**sexual and reproductive health awareness day**’ on 12th February, 2024 in Urban Primary Health Centre, Bannimantap, Mysuru. There was an awareness session and interactive activities were organized for the people in PHC. A multitude of people participated in the educational session. The information, awareness and education on sexual health, different methods of contraception, cervical cancer, HPV vaccine, family planning, etc. was imparted. A pre and post-test questionnaire was distributed to assess if the health education was beneficial.

Leprosy Awareness Programme on 30th January 2024 at Nanjangudu

As part of **World Leprosy Day** on 30th January 2024, School of Public Health organized awareness sessions in three schools in Nanjangudu, responding to concerns raised by the district leprosy officer regarding high incidence rates in the area. Through interactive presentations and discussions, we engaged around 270 to 300 students across the three schools (JSS High School Hullalli, catering to both English and Kannada mediums, and JSS Girls High School in Nanjangudu). We aimed to empower them with knowledge on recognizing the signs and symptoms of leprosy and the importance of seeking timely medical attention. An awareness video was tailored for the occasion, followed by a detailed explanation of how to diagnose leprosy.



World Glaucoma Day observation on 1st March 2024

World Glaucoma Day is observed annually on March 12th to raise awareness about glaucoma, a group of eye conditions that can lead to vision loss and blindness by damaging the optic nerve. The theme for World Glaucoma Week 2024 is "Uniting for a Glaucoma-Free World," emphasizing the collective action needed to combat this leading cause of preventable blindness. On March 1st, 2024, the School of Public Health, JSSMC, conducted an enlightening health awareness session on glaucoma help of a short video. This session took place at the Missionaries of Charity of Mother Teresa in Bannimantap, Mysuru and targeted a vulnerable group of approximately 30 women aged 40 and above. As risk of the disease gets higher after 40 years, we chose old age home for awareness session. The World glaucoma day is celebrated on March 12th, 2024 and there is a screening camp organised for the same at JSS Hospital, Mysuru.



World Rare Disease Day observation on 1st March 2024 at Saraswathipuram, Mysuru

On March 1st 2024, we students from Masters in Public Health organised **World Rare Disease Day** awareness program at JSS Sahana Integrated and Special School for Differently abled children in Saraswathipuram, Mysuru In collaboration with Rotary Club, Mysuru. The purpose of observing the health day is to promote awareness about rare diseases through engaging activities and presentations and aims to foster empathy, compassion and inclusivity for rare disease patients and their families.

Shramadaan at K R Mills by JSS Medical College, Mysuru on 9th March 2024

As part of **Family Adoption Program**, along with NSS, “**Shramadaan**”- *Giving Back to community*- activity



was organized on 9th March 2024 at K R Mills colony, Hanchya PHC, Mysore. As part of the program 1st year MBBS students were involved as NSS volunteers and carried out cleaning of the premises of KR Mills Subcentre, Government Model Higher primary School, KR mills and Government High School, K R mills. *The students also gave health education to school students on importance of segregation of dry and wet waste at household level, personal hygiene and hand*

hygiene. Dr.Shwetha Kurkuri, Dr.Sunitha Singh, Senior Residents, Dept of Community Medicine, Dr.Amoghashree, Asst.Prof., Dept. of Community Medicine, Dr.Ravishankar, Asst.Prof., and NSS Co-ordinator, Dept. of Anatomy, JSS Medical College, Mysuru along with Post graduates from the Dept. of Community Medicine, JSS Medical College, coordinated the whole event.

WORLD HEALTH DAY Camp on 16th April 2024 at JSS Medical College hostel

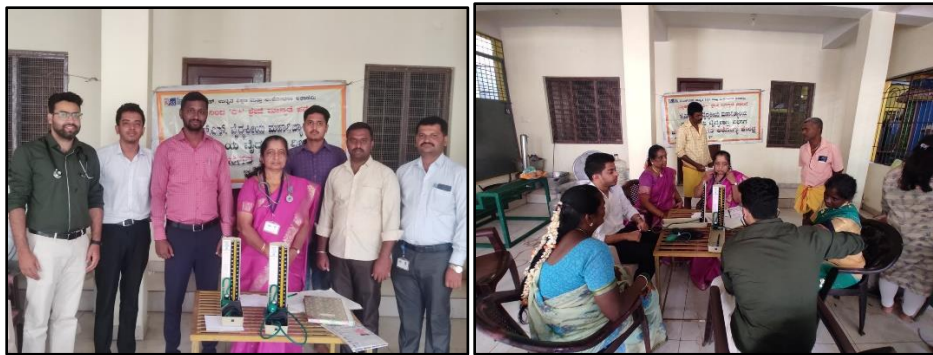
JSS Medical College commemorated **World Health Day** with a Health Camp dedicated to our Hostel Mess Workers. The Department of Community Medicine, JSS Medical College, JSS AHER Mysuru organized a health camp on April 16, 2024, to mark 76th World Health Day (Theme: My Health, My Right) and *promote regular health check-ups for its Hostel mess workers.* The event was held at the Boys Hostel Mess block 1st floor, JSS Medical College. The health camp aimed to provide comprehensive health assessments to hostel mess workers, which included measuring height, weight, visual acuity, BMI, Waist to hip ratio, body fat analyzer, blood pressure, Haemoglobin, blood sugar, ECG. One to one Health education and health counselling was given to all the participants of the camp. The event was meticulously organized by Dr.Sunil Kumar D., Professor and Head; Dr.Shwethashree M, Assistant Professor; and Dr.Shweta N.Kurkuri, Senior Resident of the Department of Community Medicine.



Camp on account of WORLD HYPERTENSION DAY on 17th May 2024 at Medar

Block

Department of Community Medicine, JSS Medical College, JSS AHER conducted a half day hypertension screening camp on the occasion of **World Hypertension Day** in the premises of Chamundeshwari Temple, Medar Block, Bamboo Bazaar, opposite to JSS Urban Health Centre on 17/5/2024. Health awareness talk was given by Dr H.V.Rama, Lady Medical Officer, JSS Urban Health Centre, on the theme **Measure your Blood Pressure Accurately Control it, Live Longer**.



World Hypertension Day with Health Camp at K.R.Mills Subcentre on 18th May 2024

As part of **World Hypertension Day 2024** (Theme: Measure your blood pressure accurately, Control it, Live longer), The Department of Community Medicine, JSS Medical College, JSS AHER Mysuru, organized a health camp on May 18, 2024 at K.R.Mills subcentre under Hanchya PHC of Mysuru District. *The health camp aimed to provide essential medical services and promote a holistic approach to health, which included measuring height, weight, BMI, visual acuity, waist to hip ratio, blood pressure, haemoglobin, blood sugar.* Approximately 120 people benefited from the health camp, 25 were found to be hypertensive, 23 were found to be diabetic, 9 were found to be anaemic. Iron and folic acid supplements were given for the anaemic patients. 12 were newly diagnosed as hypertensive, 14 were newly diagnosed as diabetic. They were referred to JSS Hospital & advised for further follow up.



Observation of World No Tobacco Day 2024 on 1st June 2024

On the occasion of **World No Tobacco Day**, Department of Community Medicine, JSS Medical College , JSSAHER,Mysuru organized rally at Hale kesare and K R Mills as a part of **Family Adoption Programme** of MBBS phase 1 to create awareness on the harmful effects of tobacco. The theme for the year is “*Protecting Children from Tobacco Industry Interferences*” at the premises of Government Higher Primary School,Hale Kesare on 1st June 2024. Dr Nayana Shabadi, Assistant Professor and Dr Shweta N Kurkuri, Senior Resident,Department of Community Medicine,inaugurated the rally.Staffs , Postgraduates,and medico-social workers of Department of Community Medicine, JSS Medical College and ASHA workers were also present on the occasion.



Awareness on World Blood Donor Day Celebrations-2024 on 1st and 14th June 2024

World Blood Donor Day is celebrated every year by people around the world on June 14, 2024. The theme for World Blood Donor Day 2024 is “**Give blood and keep the world-beating**”. The theme highlights the value of blood donors and their roles in promoting health and saving lives. In this regard, a series of awareness activities are scheduled. The drawing competition was organized by the NSS unit, JSS Medical College, and JSS AHER on “**WORLD BLOOD DONOR DAY**”- 2024. This competition was organized aiming to raise awareness about the importance of donating blood for a noble cause and to encourage participation from students of the medical, dental, school of public health allied health sciences, and other constituent colleges of JSS AHER.



The School of Public Health and JSS Hospital Blood Center also organised this by bringing together guests, faculties and students to honor the selfless act of blood donation. Totally 44 volunteers came forward to donate blood, however only 18 could donate as per the screening criteria.








INTERNATIONAL YOGA DAY on 21st June 2024 at NSS UNIT JSS AHER, MYSURU






International Yoga Day is commemorated every year on 21st June to raise awareness about this ancient practice and celebrate the physical and spiritual powers that yoga has brought to the world. On 21st June 2024, International Yoga Day was celebrated with the theme of “Yoga for the Society”. Ganesh Kumar, The President of Yoga Sports Foundation preceded with the **celebrations at Palace Ground, Mysore**. Thousands of people were gathered, including students from different schools and colleges, people from yoga community groups old age people, and other organizations from all over Mysuru, among them around 100 students from JSS Medical College Mysuru were present to witness the event. The students from various courses like MBBS, MSc, BSc, MPH, MD, and faculties from JSS Medical College participated in the event.



Report on Health Camps conducted

Sl No	Organization	Place	Date	No. of Patients Screened
1	JSS Hospital, Mysuru	General Health Camp Kanti Mallanna Kalyana Mantap, Mysuru	11-07-2023	366
2	JSS Hospital, Mysuru	8 th Mega Health Camp, Saragur	23-07-2023	470
3	JSS Hospital, Mysuru	Cancer Screening Camp, Ch.Nagar	26-07-2023	250
4	JSS Hospital, Mysuru	9 th Mega General Health camp at JSS Degree College, Gundlupet	13-08-2023	378
5	JSS Hospital, Mysuru	General Health camp at Kanti Mallanna Kalyana Mantapa,Kabir Road, Mysuru	08-08-2023	403
6	JSS Hospital, Mysuru	9 th Mega General Health camp at JSS Institutions, Saragur	27-08-2023	320
7	JSS Hospital, Mysuru	10 th Mega General Health camp at JSS Degree College, Gundlupet	10-09-2023	504
8	JSS Hospital, Mysuru	General Health camp at Kanti Mallanna Kalyana Mantapa,Kabir Road, Mysuru	12-09-2023	349
9	JSS Hospital, Mysuru	10 th Mega General Health camp at JSS Institutions, Saragur	24-09-2023	317
10	JSS Hospital, Mysuru	Health Camp held at JSS Layout, 2nd Stage, Mysuru	28-09-2023	186

11	JSS Hospital, Mysuru	Heart Health Awareness Camp held at Jain Bhavan Mysuru	30-09-2023	130
12	JSS Hospital, Mysuru	Mega Health Camp, Ch.Nagar	02-10-2023	1663
				
13	JSS Hospital, Mysuru	11 th Mega Health Camp, Gundlupet	08-10-2023	447
				
14	NJS Charitable Trust, Mysuru	General Health Camp	10-10-2022	323
				
15	JSS Hospital, Mysuru	11 th Mega Health Camp, Saragur	29-10-2023	406
				
16	JSS Hospital, Mysuru	12 th Mega Health Camp, Gundlupet	19-11-2023	256
				
17	NJS Charitable Trust, Mysuru	General Health Camp	21-11-2023	330

				
18	JSS Hospital, Mysuru	12 th Mega Health Camp, Saragur	26-11-2023	435
				
19	JSS Hospital, Mysuru	13 th Mega Health Camp, Gundlupet	09-12-2023	558
20	JSS Hospital, Mysuru	General Health Camp Kanti Mallanna Kalyana Mantap, Mysuru	12-12-2023	376
21	JSS Hospital, Mysuru	13 th Mega Health Camp, Saragur	08-01-2024	700
				
22	NJS Charitable Trust, Mysuru	General Health Camp, Mysuru	09-01-2024	435
				
23	JSS Hospital, Mysuru	General Health Camp, Mysuru	29-01-2024	300
				
24	NJS Charitable Trust® Mysuru	General Health Camp, Mysuru	13-02-2024	445

				
25	JSS Hospital, Mysuru	Sankalp Central Park, Yadavgi	18-02-2024	200
				
26	NJS Charitable Trust@ Mysuru	General Health Camp, Mysuru	12-03-2024	372
				
27	JSS Hospital, Mysuru	General Health Camp, Mysuru	31-03-2024	150
				
28	NJS Charitable Trust@ Mysuru	General Health Camp, Mysuru	02-04-2024	150
				
29	NJS Charitable Trust@ Mysuru	General Health Camp, Mysuru	14-05-2024	233

Various social activities carried out by JSS Dental College and Hospital in the last one year.

Free Primary Dental Care Services through camps, outreach programmes and Mobile Dental Services in cities

- Urban peripheral centers (Dental unit-JSS Hospital Suttur, Central prison, KSRTC, Urban health centre)
- Oral health exhibitions
 - Oral health education and Free Primary Dental Care Services for residential school children
 - Oral health education and Free Primary Dental Care Services for children with special needs.
 - Baby oral health clinic – JSS Hospital, Agrahara
- Pit and fissure sealant program for residential school children
- Free/Subsidized Specialist Services at JSS Hospital for referrals
 - Cleft lip and palate – JSS Smile, JSS Dental College and Hospital
- Public awareness campaigns such as World Health Day, World No Tobacco Day, World Environment day, World AIDS day, National tooth brushing day, oral hygiene day

Camp Details

June-2023

DATE	PLACE OF PROGRAM	TYPE OF PROGRAM	COLLABORATION WITH	SUMMARY OF EVENT
01.06.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 22 Treated – 13 Scaling-8 Filling-2 Extractions-3
05.06.2023	Sevayana old age home	Screening	JSSDCH	Screened – 15
08.06.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 22 Treated – 8 Scaling-3 Filling-2 Extractions-3
11.06.2023	Gundulpete	Screening & Treatment Camp	JSSMCH	Screened – 22 Treated – 06 Filling-4 Extractions- 2
13.06.2023	Mandi Mohalla	Screening & Treatment Camp	NJS charitable trust	Screened – 53 Treated – 24 Scaling-19 Filling-5 Extractions-
15.06.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 29 Treated – 10 Scaling-2 Filling-3 Extractions- 5

DATE	PLACE OF PROGRAM	TYPE OF PROGRAM	COLLABORATION WITH	SUMMARY OF EVENT
19.06.2023	Athwala	Screening & Treatment	TVS	Screened – 160 Treated –26 Scaling-7 Filling-15 Extractions-4
22.06.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 10 Treated – 5 Scaling-1 Filling-1 Extractions-3
25.06.2023	Sargur	Screening & Treatment	JSSMCH	Screened – 26 Treated – 7 Scaling- Filling-4 Extractions-3
26.06.2023	government school,nazarbad	Screening & Treatment	St. JOSEPH COLLEGE	Screened – 98 Treated – Scaling- Filling- Extractions-
26.06.2023	government school, Medar block	Screening & Treatment	JSS URBAN HEALTH CARE CENTRE	Screened – 38
27.06.2023	government school, Medar block	Screening	JSS URBAN HEALTH CARE CENTRE	Screened – 33

July-2023

DATE	PLACE OF PROGRAM	TYPE OF PROGRAM	COLLABORATION WITH	SUMMARY OF EVENT
01.07.2023	JSS Public School,SJC Campus	Screening	JSS PUBLIC SCHOOL	Screened – 233
06.07.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 20 Treated – 5 Scaling-1 Filling-1 Extractions-3
09.07.2023	Gundulpete	Screening & Treatment	JSSMCH	Screened – 17 Treated – 6 Filling-3 Extractions-3
10.07.2023	JSS School, Suttur	Screening & Treatment	JSSDCH	Screened – 89 Treated – 31 Scaling-12 Filling-11 Extractions-8
11.07.2023	Mandi Mohalla	Screening & Treatment Camp	NJS charitable trust	Screened – 54 Treated – 23 Extractions-2

13.07.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 15 Treated – 08 Scaling-03 Filling-02 Extractions-03
17.7.2023	JSS School, Suttur	Screening & Treatment	JSSDCH	Screened – 76 Treated – 23 Scaling-13 Filling-07 Extractions-02
19.7.2023	GHPS, Medar block	Screening	JSSDCH	Screened – 36
20.07.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 09
23.07.2023	Sargur	Screening & Treatment	JSSMCH	Screened – 27 Treated – 4 Filling-1 Extractions-3
23.07.2023	Krishna dhama	Screening & Treatment	Govt ayurvedic hospital	Screened – 62 Treated – 31 Scaling-17 Filling-8 Extractions-6
24.07.2023	JSS School, Suttur	Screening & Treatment	jssdch	Screened – 85 Treated – 43 Scaling-21 Filling-12 Extractions-10
26.07.2023	Chamarajanagar	Screening & Treatment	jss hospital chamarajanagar	Screened – 40 Treated – 10 Filling-02 Extractions-08
27.07.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 31 Treated – 11 scaling-07 Filling-03 Extractions-01
31.07.2023	JSS School, Suttur	Screening & Treatment	JSSDCH	Screened – 80 Treated – 36 scaling-20 Filling-04 Extractions-12

August-2023

DATE	PLACE OF PROGRAM	TYPE OF PROGRAM	COLLABORATION WITH	SUMMARY OF EVENT
06.08.2023	Bebipetta	Screening & Treatment	Govt. Ayurvedic college, Mysuru	Screened – 80 Treated – 15 scaling-13 Filling-0 Extractions-2
03.08.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 19 Treated – 5 Scaling-8 Filling-7 Extractions-1
07.08.2023	JSS School, Suttur	Screening & Treatment	JSSDCH	Screened –70 Treated –27 scaling-13 Filling-04 Extractions-10
08.08.2023	Mandi Mohalla	Screening & Treatment Camp	NJS charitable trust	Screened – 89 Treated –20 Scaling-14 Filling-05 Extractions-1
10.08.2023	Central prison, Mysuru	Screening	JSSDCH	Screened – 15

11.08.2023	Kadakola	Screening & Treatment Camp	Child Survival India, Ngo	Screened – 46 Treated –28 Scaling-19 Filling-07 Extractions-05
13.08.2023	Gundulpete	Screening & Treatment	JSSMCH	Screened – 24 Treated – 03 Scaling- Filling- Extractions-3
14.08.2023	JSS School, Suttur	Screening & Treatment	JSSDCH	Screened –75 Treated –27 scaling-09 Filling-06 Extractions-07
17.08.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 20 Treated –13 Scaling- Filling-12 Extractions-1
17.08.2023	Breeks all india higher secondary school ooty.	Screening & Treatment	Rotary Ketti Valley Ooty	Screened – 770 Treated – 183 Scaling-39 Filling-114 Extractions-30
17.08.2023	D.B. Kuppe	Screening & Treatment	KSTRI	Screened – 175 Treated – Scaling- Filling-
20.08.2023	Krishna dhama	Screening	Govt ayurvedic hospital	Screened – 36
21.08.2023	JSS School, Suttur	Screening	JSSDCH	Screened –133
24.08.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 24 Treated – 15 Scaling-6 Filling-6 Extractions-3
27.08.2023	Saraguru	Screening & Treatment	JSSDCH	Screened –15 Treated –2 Extractions-2
28.08.2023	JSS School, Suttur	Screening	JSSDCH	Screened – 130
31.08.2023	Central prison, Mysuru	Screening	JSSDCH	Screened – 10
31.08.2023	Mettikuppe, H.D.kote	Screening & Treatment	KSTRI	Screened – 201 Treated –163 fluoride-35 pit & fissure sealant- 128

September-2023

DATE	PLACE OF PROGRAM	TYPE OF PROGRAM	COLLABORATION WITH	SUMMARY OF EVENT
01.09.2023	JSS POLYTECHNIC COLLEGE FOR SPECIALLY ABLED	Screening & Treatment	SJCE CAMPUS	Screened – 130 Treated – 17 Scaling-9 Filling-6 Extractions-2
07.09.2023	CHENNAGUNDI	Screening & Treatment	KSTRI	Screened – 192 Treated –157 fluoride-108 pit & fissure sealant-49
07.09.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 29 Treated – 4 Scaling- Filling-2 Extractions-2
10.09.2023	Gundulpete	Screening & Treatment	JSSMCH	Screened – 31 Treated – 13 Scaling-7 Filling-4 Extractions-2
12.09.2023	Mandi Mohalla	Screening & Treatment Camp	NJS charitable trust	Screened – 57 Treated –19 Scaling-11 Filling-05 Extractions-03
14.09.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 16 Treated – 10 Scaling-2 Filling-3 Extractions-5
17.09.2023	vidhyabharathi kalyana mantap, Mysuru	Screening	Govt. Ayurvedic college	Screened –22
21.09.2023		Screening & Treatment	KSTRI	Screened – Treated – fluoride- pit & fissure sealant-
21.09.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 09
24.09.2023	Sarguru	Screening & Treatment	JSSMCH	Screened –20 Treated – scaling- Filling-

DATE	PLACE OF PROGRAM	TYPE OF PROGRAM	COLLABORATION WITH	SUMMARY OF EVENT
				Extractions-
25.09.2023	JSS School, Suttur	Screening & Treatment	JSSDCH	Screened – Treated –30 scaling-14 Filling-10 Extractions-6
26.09.2023	Hanaganahalli, Mysuru	Screening camp	JSSDCH	Screened –29

October-2023

DATE	PLACE OF PROGRAM	TYPE OF PROGRAM	COLLABORATION WITH	SUMMARY OF EVENT
02.10.2023	JSS Degree college, Chamrajnagar	Screening & Treatment	JSSMCH	Screened –160 Treated –32 scaling-10 Filling-14 Extractions-08
05.10.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 16 Treated – 10 Scaling-2 Filling-3 Extractions-5
08.10.2023	Gundulpete	Screening & Treatment	JSSMCH	Screened – 30 Treated – 5 Scaling-1 Filling-2 Extractions-2
10.10.2023	Mandi Mohalla	Screening & Treatment Camp	NJS charitable trust	Screened – 53 Treated -20 Scaling-15 Filling-04 Extraction-01
12.10.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 20 Treated – 9 Scaling-3 Filling-5 Extractions-1
13.10.2023	Maduvinakodi	Screening camp	NJS charitable trust	Screened – 55
19.10.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 22 Treated – 8 Scaling- 4 Filling- 4 Extractions- 0

DATE	PLACE OF PROGRAM	TYPE OF PROGRAM	COLLABORATION WITH	SUMMARY OF EVENT
26.10.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 16 Treated – 10 Scaling-3 Filling-5 Extractions-2
29.10.2023	Sarguru	Screening & Treatment	JSSMCH	Screened –13 Treated –1 scaling-0 Filling-0 Extractions-1
30.10.2023	JSS School, Suttur	Screening & Treatment	JSSDCH	Screened – 85 Treated –32 scaling- 16 Filling- 12 Extractions-4

November-2023

DATE	PLACE OF PROGRAM	TYPE OF PROGRAM	COLLABORATION WITH	SUMMARY OF EVENT
02.11.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 14 Treated – 09 Scaling-7 Filling-2
09.11.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 13 Treated – 08 Scaling-2 Filling-3 Extractions-1
10.11.2023	Agrahara Press Club	Screening & Treatment	JSSDCH	Screened – 25 Treated – scaling- 16 Filling- 12 Extractions-4
16.11.2023	Central prison, Mysuru	Screening & Treatment	JSSDCH	Screened – 22 Treated – 10 Scaling-8 Filling-3 Extractions-
19.11.2023	Gundulpete	Screening	JSSMCH	Screened – 10
22.11.2023	Mandi Mohalla	Screening & Treatment Camp	NJS charitable trust	Screened – 55 Treated -20 Scaling-11 Filling-07 Extraction-02
23.11.2023	JSS School, Suttur	Screening	JSSDCH	Screened –61
26.11.2023	Sarguru	Screening & Treatment	JSSMCH	Screened –13 Treated –1 scaling-0 Filling-0 Extractions-1

December-2023

DATE	PLACE OF PROGRAM	TYPE OF PROGRAM	COLLABORATION WITH	SUMMARY OF EVENT
4.12.2023	JSS school,Suttur	Screening & Treatment	JSSDCH	Screened –52 Treated –13 scaling-7 Filling-6 Extractions-
7.12.2023	Central prison	Screening & Treatment	JSSDCH	Screened –19 Treated –7 scaling-3 Filling-3 Extractions-1
14.12.2023	Central Prison	Screening & Treatment	JSSDCH	Screened –18 Treated –7 scaling-3 Filling-3 Extractions-1
9.12.2023	Gundalpete	Screening & Treatment	JSSMCH	Screened -30 Treated –5 Filling-2 Extractions-3
12.12.2023	Kanta Malanna	Screening & Treatment	JSSMCH	Screened –58 Treated –9 scaling-7 Filling-2 Extractions-0
17.12.2023	Thendakare K.R. Pete	Screening & Treatment	JSSMDH	Screened –46 Treated –4 scaling-3 Filling-0 Extractions-1
21.12.2023	Central Prison	Screening & Treatment	JSSDCH	Screened –16 Treated –7 scaling-0 Filling-7
28.12.2023	Central Prison	Screening & Treatment	JSSDCH	Screened –18 Treated –3 scaling-1 Filling-1 Extractions-1
19.12.2023	Kempegala	Screening & Treatment	JSSDCH	Screened –49 Treated –7 scaling-3 Filling-4 Extractions-0
30.12.2023	Kagalvadi	Screening & Treatment	Vishnu vidhaan trust	Screened –10 Treated –0 scaling-0 Filling-0 Extractions-0

January-2024

DATE	PLACE OF PROGRAM	TYPE OF PROGRAM	COLLABORATION WITH	SUMMARY OF EVENT
01.01.2024	JSS school, suttur	Screening and treatment camp	JSSDCH	op-94 Scaling-09 Filling-05
04.01.2024	Central prison	Screening and treatment camp	Rotary	op-16 scaling-02 filling-03
08.01.2024	Saraguru	Screening and treatment camp	JSSMCH	Op-18 Scaling- filling- extractions-
09.01.2024	Kanti Mallanna choultry	Screening and treatment camp	NJS	Op-69 Scaling-05 filling-06 extractions-01
11.01.2024	Central prison	Screening and treatment camp	Rotary	op-13 scaling-02 filling-02
18.01.2024	Central prison	Screening and treatment camp	Rotary	op-15 scaling-02 filling-03 extractions-01
25.01.2024	Central prison	Screening and treatment camp	Rotary	op-07 scaling-0 filling-03
29.01.2024	Kollegala	Screening and treatment camp	Chamarajanagar DHO	Op-182 Scaling-03 filling-17 extractions-38

February-2024

DATE	PLACE OF PROGRAM	TYPE OF PROGRAM	COLLABORATION WITH	SUMMARY OF EVENT
01.02.2024	Central prison	Screening and treatment camp	Rotary	op-15 scaling-0 filling-03
02.02.24	Chikkanhalli ,Anandur	Screening and treatment camp	NSS	op-88 scaling-01 filling-05
5-11	Suttur Jatra	Exhibition	JSSDCH	-
13.02.24	Kante malana colny	Screening and treatment camp	NJS	Op-54 Scaling-0 filling-4 extractions-0
15.02.2024	Central prison	Screening and treatment camp	Rotary	op-15 scaling-01 filling-01
16.02.2024	Jayanagar	Screening and treatment camp	SPOORTHY	op-73 scaling-04 filling- 14 extractions-
22.02.2024	Central prison	Screening and treatment camp	Rotary	op-08 scaling-01 filling-03 extractions-01
23.02.2024	Viveku Vidyalaya	Screening and treatment camp	IDA Mysuru, Rotary	op-139 scaling-8 filling-17 extractions-3
26.2.24- 29.02.24	Hosahalli Mogarahalli Karekaru	Screening and treatment camp	NSS JSSDCH	op-565 scaling- 79 filling-28 extractions-41

March-2024

DATE	PLACE OF PROGRAM	TYPE OF PROGRAM	COLLABORATION WITH	SUMMARY OF EVENT
1.03.24 2.3.24	Palahalli	Screening and treatment camp	NSS JSSDCH	op-189 scaling-34 filling-25 extractions- 8
05.3.24	Taripura	Screening and treatment camp	NSS JSS Pharmacy	op-47 scaling-03 filling-06 extractions-2
07.3.24	Central prison	Screening and treatment camp	Rotary	op- scaling- filling- extractions
12.3.24	Kanti mallanna choultry	Screening and treatment camp	NJS	Op-61 Scaling-7 filling-11 extractions -4
14.3.24	Central prison	Screening and treatment camp	Rotary	op-15 scaling-02 filling-04 extractions
18.3.24	Asian paints, Kadakola	Screening and treatment camp	Child survival India	op-36 scaling- 3 filling -5 extractions- 1
21.3.24	Central prison	Screening and treatment camp	Rotary	op-18 scaling-1 filling-3 extractions-0
22.3.24	Suttur	Screening and treatment camp		op- scaling- filling- extractions-
25.3.24	Bellannahalli	Screening and treatment camp	NSS-SLS JSS	op-100 scaling-0 filling-03 extractions-5
27.3.24	Hanumanthanagar	Screening and treatment camp	NSS-SLS JSS	op-40 scaling-0 filling-0 extractions-4
28.3.24	Central prison	Screening and treatment camp	Rotary	op-10 scaling-3 filling-1 extractions-0

April-2024

DATE	PLACE OF PROGRAM	TYPE OF PROGRAM	COLLABORATION WITH	SUMMARY OF EVENT
02/04/2024	Kanti mallanna choultry	Screening and treatment camp	NJS	Op-42 Scaling-06 filling-11 extractions -03
02/04/2024	Halagainahundi	Screening camp	RLHF	Op- 15
04/04/2024	Central prison `	Screening and treatment camp	Rotary	Op- Scaling- filling- extractions -
08/04/2024	Sathya sai school, mandya	Screening and Treatment camp		Op-265 Scaling-65 filling-23 extractions - 0
17/04/2024	Babiurayana koppalu	Screening and treatment camp		Op- Scaling- filling- extractions
18/04/2024	Central prison `	Screening and treatment camp	Rotary	Op- Scaling- filling- extractions -
19/04/2024	Hanchalu	Screening and treatment camp	JSSAMC	Op- Scaling- filling- extractions
25/04/2024	Central prison `	Screening and treatment camp	Rotary	Op- Scaling- filling- extractions -

May-2024

DATE	PLACE OF PROGRAM	TYPE OF PROGRAM	COLLABORATION WITH	SUMMARY OF EVENT
2/05/2024	Central prison `	Screening and treatment camp	Rotary	Op-12 Scaling-0 filling-02 extractions -03
09/05/2024	Central prison `	Screening and treatment camp	Rotary	Op-16 Scaling-02 filling-02 extractions -01
14/05/2024	Kanti mallanna choultry	Screening and treatment camp	NJS	Op-60 Scaling-09 filling-09 extractions -02
16/05/2024	Central prison `	Screening and treatment camp	Rotary	Op-15 Scaling-04 filling-01 extractions -01
22.05.2024	KR Nagar	Screening and camp	Medical bus	Op-20 Scaling-0 filling-0 extractions -0
23/05/2024	Central prison `	Screening and treatment camp	Rotary	Op-16 Scaling-01 filling-02 extractions -01

June-2024

DATE	PLACE OF PROGRAM	TYPE OF PROGRAM	COLLABORATION WITH	SUMMARY OF EVENT
6/06/2024	Central prison `	Screening and treatment camp	Rotary	Op-23 Scaling-0 filling-02 extractions -04
7.06.2024	Nanjangud	Screening camp	Medical bus	Op-61 Scaling-0 filling-0 extractions -0
11/06/2024	Kante mallana choultry	Screening and treatment camp	Rotary	Op-24 Scaling-07 filling-04 extractions -02
13.06.2024	Central prison `	Screening and treatment camp	Rotary	Op-20 Scaling-05 filling-01 extractions -0
20.06.2024	Central prison `	Screening and treatment camp	Rotary	Op-23 Scaling-03 filling-02 extractions -0
26.06.2024	Suttur school	Screening and treatment camp	Rotary	Op- 67 Scaling-10 filling-0 extractions -03
27.06.2024	Central prison `	Screening and treatment camp	Rotary	Op-17 Scaling-03 filling-05 extractions -0
28.06.2024	Sinduballi	Screening and treatment camp	Rotary	Op-159 Scaling- 5 filling- 5 extractions - 5

Glimpse of camps







National Days Celebrated 2024

International Museum Day - Dept. Of Oral Pathology & Microbiology



The Department of Oral Pathology & Microbiology at JSS Dental College & Hospital, Mysuru, organized a National Webinar on June 19, 2024, in celebration of International Museum Day. The program was presided over by Dr. Dhakshaini MR, Principal of JSSDC&H, and Vice Principal Dr. Jaishankar HP, along with Dr. Vidya CS, Professor and Head of the Department of Anatomy, Dr. Vidya G. Doddawad, Professor and Head of the Department of Oral Pathology and Microbiology, and Dr. Usha Hegde, Professor in the Department of Oral Pathology and Microbiology

Dr. Jaishankar in his guest note emphasized the significance of museums at educational institutions. Dr. Vidya CS, Professor and Head, Department of Anatomy, JSS Medical College delivered a lecture on “ Museum Techniques – The Past, Present and Future”. The program began with an inaugural function, followed by an informative and interactive session with the resource person. The program was in hybrid mode and was attended by about 150 delegates on both offline and online modes

The program concluded with a vote of thanks and photo sessions, and feedback was collected about the program's content. All participants highly appreciated the program and expressed their interest in attending workshop programs in the future. The other organized committee members are Dr.Usha Hegde, Dr. Premalatha BR, Dr. Sreeshyla HS, and Dr Priyanka.

'TOBACCO FREE LIFE: HEALTHCARE PROFESSIONALS' VITAL ROLE AND RESPONSIBILITIES'



The Chief Guest was Dr. Surinder Singh, Vice Chancellor, JSS Academy of Higher Education & Research and the Guests of Honour were Dr. D.S. Aruna, Dental Health Public Consultant, Tobacco Cessation Specialist, Bengaluru, Dr. Rajeshwari G Annigeri, Professor & HOD, Department of Oral Medicine & Radiology, College of Dental Sciences, Davangere, Dr. Vikrant Ranjan Mohanty, Principal Co-ordinator & Project Head, National Resource Centre for Oral Health and Tobacco Cessation (NRC-OH-TC).

The Organizing Chairman for this programme was Dr. Karthikeya Patil, Tobacco Control & Cessation Centre (TCC), Professor & HOD, Department of Oral Medicine and Radiology and the Organizing Secretary was Dr. Maurya Manjunath, Co-ordinator, TCC, Department of Public Health Dentistry. The Advisors were Dr. Jaishankar HP, Vice Principal and Dr. Thippeswamy H M, HOD, Department of Public Health Dentistry.

The Chief Guest, Dr. Surinder Singh, Vice Chancellor, JSS Academy of Higher Education & Research appreciated the events of the TCC and suggested to undertake more outcome-based activities.

Training and capacity building programs

Awareness campaign for Asha workers and Anganwadi teachers



Awareness campaign for about 52 Asha workers and 39 Anganwadi teachers at Suttur (A village located at 30 KM from Mysuru) was conducted. Pamphlets were issued to public and outpatients who visited the hospital by creating awareness on tobacco usage.

School based Tobacco control and cessation initiatives

A rally to raise awareness among the general population



A rally was organized by Department of Public Health Dentistry along with JSS Hospital, Suttur. 134 students from JSS Public School students participated in the rally with placards and signages related to tobacco and its ill effects.

Public events like Walkathon/Cyclic rally



In collaboration with the Indian Dental Association, Mysore branch, Vikram College of Nursing, and the Rotary Club of Vijaynagar, conducted World No Tobacco Day walkathon rally from Kote Anjaneya Swamy Temple to the DC office, Mysuru. Educational placards were displayed, informing the public about the dangers of tobacco use, its side effects, and related information. Around 100 participants actively took part in the rally.

Awareness campaign among truck drivers and cleaners



Awareness campaign among truck drivers and cleaners was conducted by the Tobacco Control and Cessation Centre (TCC) and Department of Public Health Dentistry, JSS Dental College & Hospital lead by faculty, House surgeons and students. 213 drivers and cleaners were sensitized about the usage of tobacco and its ill effects and were referred for oral screening and for dental care.

World Oral Health Day 2024



The Department of Public Health Dentistry hosted “SANGAMA 2024”, culmination of World Health Day (April 7) and World Oral Health Day (March 20) on April 6, 2024, in the Gowri Shankara auditorium of JSS Dental College and Hospital. Theme for World Oral Health Day 2024 is 'A HAPPY MOUTH IS A HAPPY BODY’ and the theme for World Health Day 2024 is 'MY HEALTH MY RIGHT.' On this occasion Dr. Smitha.MC resource person delivered lecture concerning these themes addressing third year BDS students, interns, and faculty

The program was graced by the presence of chief guest Dr. Manjunatha.B Registrar, JSSAHER, Guest of Honor Dr. Dhakshaini.M R Principal, JSSDCH, Dr.Jaishankar H.P Vice Principal, JSSDCH and Resource person Dr. Smitha MC Associate professor, dept of Preventive and Community Medicine, JSSMC. This program was attended by staff, PG’s,

III- and IV-year BDS students. This program started with the invocation song by Dr. Aishwarya Anand, Intern. The welcome address was delivered by Dr. Maurya M, Lecturer Department of public health dentistry. Chief guest Dr. Manjunatha.B addressed the gathering and informed the students to abstain from consuming street food and junk food. Guest of honor Dr. Dhakshaini M R spoke about awareness in oral health and general health and appreciated the department for conducting various thoughtful events. In the view these health days the department conducted several events based on the theme which included painting, making props, creating reels and quiz competitions. All the students showed great enthusiasm and enormous effect to show case the talents and participated in the events. The report of health day activities was delivered by Dr. Karthikaa Postgraduate student department of public health dentistry. The prize distributions for the winners were done by the dignitaries. Dr.Sushma. R, lecturer department of public health dentistry proposed the vote of thanks

World Autism Awareness Day



Oral health screening and educational camp at Aashiana - Institute for special children at Udayagiri, Mysuru on 3.4.2024 marking the “World Autism Awareness Day”. The camp was conducted by the department of Pediatric and Preventive Dentistry under the banner of special smiles- Extension of Oral Care Services for Children with Special Health Care Needs and Medically Compromised Conditions at Department of Pediatrics, JSS Hospital, Mysuru.

The resource faculty were Dr. N. Rashmi, Associate Professor, Dept of Paediatrics, JSS hospital. The camp emphasised on educating the parents to maintain their children’s oral health, including the importance of diet and dental caries and an insight was provided on the over usage of mobile phone and its risks in young children, the program also provided an overview on the role genetic and environmental factors in the causation of Autism. Significance of the Modes of prevention and early intervention was spoken in the session.

All the students at the institute were screened and provided with Oral hygiene kits by Indoco Warren pharmaceuticals.

Oral Pathology Day Celebration 2024



On March 20, 2024, the Department of Oral Pathology and Microbiology at JSS Dental College and Hospital, A constituent college of JSS Academy Higher Education & Research, Mysuru, celebrated 'Oral Pathology Day-2024'. The event was primarily organized for undergraduate students of BDS at JSS Dental College & Hospital

Dr. Sheela Devi CS, who currently works as a Professor and Head of General Pathology at JSS Medical College Mysuru, was the Guest speaker who delivered a lecture on 'Pathology in General'. The program began with an inaugural function, followed by an informative and interactive session with the resource person. The program concluded with a valedictory function presided over by Dr. Dhakshaini MR, Principal, and Dr. Usha Hegde, Professor and Head, Department of Oral Pathology and Microbiology, JSS Dental College and Hospital, Mysuru

The winners of competitive events, such as the BDS I and III-year students who scored the highest marks in the annual examinations for the academic year 2022-23, were awarded. The program had the participation of 200 delegates and featured several competitive events exclusively designed for undergraduate BDS students. The events were: mind mapping and Oral Pathology reels. Awards for Best Mind Mapping and Reels competition were given to BDS I and BDS III-year students. The judges for the competitive events were also acknowledged. The program concluded with a vote of thanks and photo sessions, and feedback was collected about the program's content. All participants highly appreciated the program and expressed their interest in attending similar programs in the future.

International Women's Day Celebration



JSS Dental College and Hospital in association with Indian Dental Association, Mysore branch, Women Dental Council and Internal Complaints Committee celebrated International Women's day on 11.3.2024 at JSS Dental College & Hospital, Mysuru.

Guest Speaker was Dr. C. B. Avinash, HOD & Senior Medical Oncologist, Clearmedi Radiant, Mysuru. He sensitized the importance of early identification of breast cancer and cervical cancer, different methods of prevention starting from self- assessment followed by clinical examination by the experts. He emphasized on the importance of Mammography, clinical investigations, and its prevention. He instilled a positive attitude towards prevention of such cancers which is possible by timely intervention.

Oral and Maxillofacial Surgery Day



The Department of Oral and Maxillofacial surgery, JSSDC&H, JSSAHER Celebrated International OMFS Day on 13th February 2024, in association with AOMSI and IDA Mysuru branch. The event was inaugurated with lighting of the lamp by the Principal Dr. Dhakshaini MR and dignitaries. It was followed by welcome address by Dr. Brinda Godhi, CDE Convener, IDA Mysuru Branch. And Dr. Manuprasad, Treasurer, KAOMSI addressed about AOMSI and its activities. Chief guest Dr. Dhakshaini MR addressed the audience about the field of OMFS and its importance. The Department had conducted e Poster competition on the occasion of OMFS Day on the theme "Road safety awareness" for

Undergraduates and Postgraduates. The winners were awarded with certificates. Later on, a CDE programme was conducted aligning with the theme for 2024 “Project Sanjeevani”. The topic of CDE programme was Basic Life support for Practicing Dentists. Resource persons were Dr. Deepa BV and Dr. Harsha Raj BS. The programme was attended by 70 participants which included private practitioners, faculty & students. The session was very interactive and was well appreciated by the attendees.

Prosthodontist Day



As a part of Indian Prosthodontic Society’s initiative, the Department of Prosthodontics and Crown & Bridge, JSSDC&H, JSSAHE&R, celebrated Prosthodontist Day on 24th January, 2024.

The event was marked with invocation song by Mrs. Vishalakshi and lighting of the lamps by honourable Chief Guest Dr. Sudeendra Bhat R , Principal Dr. Dhakshaini M R, Professor Dr. Anil Kumar Gujjari and HOD Dr. K N Raghavendra swamy. It was followed by Welcome address by Dr. K N Raghavendraswamy on Dentistry and importance of Prosthodontist day. Chief Guest Dr. Sudeendra Bhat R addressed the audience about the field of Prosthodontics and its importance in overall health of the body.

Denture Care Kits were distributed to thirty needy Prosthodontic patients by Chief Guest Dr. Sudeendra Bhat R, Principal Dr. Dhakshaini along with staff, post graduate and undergraduate students.

Dr. Meenakshi delivered an educational speech on nutrition and awareness in oral health, motivating the patients and students to take care of oral as well as systemic health. The morning session concluded by vote of thanks by Dr. Sowmya S.

The Department had conducted 'Creative E-Poster Competition'; 'Reels Competition' on the theme who is a prosthodontist and 'Quiz Competition'. Winners were given gifts and certificates while participants received e certificates.

Pedodontists Day



The children were educated about oral hygiene practices and toothbrushing techniques along with distribution of oral hygiene kits. The school camps also involved oral hygiene checkup and primary treatment. Post-graduates and interns from all departments took part in essay writing and poster making competitions on campus. Other events included Slogan writing competition for staff and PGs, nursery rhyme composition for interns and final year undergraduates, reel making and snapshot competition for post-graduates. The week long program concluded on 18th November with a felicitation program attended by Dr. Prashanth S N, Prof and Head, Dept. of Pediatrics, JSSMC as chief guest along with Dr. Dhakshaini M R, Principal, JSSDCH and Dr. Nandlal B, Head of the Department, Pediatric and Preventive Dentistry, JSSDCH where all the winners were awarded.

Diabetes Day 2023



The diabetes day dental education program for patients was held on 21/11/2023 at the Department of Periodontology, JSS Dental College & Hospital, JSSAHER. It started with the inaugural lighting of the lamp and the chief guest Dr Dakshyayini M R , Principal of JSS Dental College & Hospital addressed the gathering. Our chief guest encouraged the patients to assimilate the information given by the resource faculty during the dental education program to help reduce stress in diabetes & periodontitis. The welcome address was given by Dr. Sheela Kumar Gujjari, HOD, Department of Periodontology. Two dental education lectures were arranged on stress and its management and a workshop on Meditation and Wellness

- Dr Premalatha, faculty Department of Oral Pathology JSSDCH spoke on Stress & diabetes
- Dr Anitha Subbappa, Faculty, Department of Periodontology spoke on Stress & eriodontitis
- Workshop was conducted by Smt. Jagadeeshwari Sudhir, SeniorTrainer & healer of Yoga Prana Vidya President, Mysuru, Mysuru Yoga Prana Vidya trust. Oriented and guided on meditation

World Endodontic Day Celebrations 2023



The Department of Conservative Dentistry & Endodontics at JSS Dental College & Hospital celebrated World Endodontic Day on 16th October 2023. With the theme being 'Grossman's Contributions to the Field of Endodontics', a Pick & Speak Competition was organized for the Undergraduate Students of JSSDC&H. The topics were given to them on spot & each participant was given 3-minute duration to speak about a particular topic allotted to them through lottery method. A total of 3 prizes were distributed. Pictionary was also conducted for the final year BDS Students as part of the celebrations & the students were divided into three groups. It was a fun-filled learning exercise for the UG students. The Program was attended by Faculty, PG Students, Interns & Final Year BDS Students & was well appreciated by all. We appreciate the efforts by IFEA in making this initiative a huge success.

Anti Ragging Day 2023



Anti-ragging measures play a pivotal role in fostering a safe and inclusive environment within educational institutions. Ragging, often characterized by its harmful and demeaning nature, poses a significant threat to students' physical and emotional well-being. By implementing strict anti-ragging policies and promoting awareness, educational institutions aim to eliminate this harmful practice and create a space where all students can thrive without fear or intimidation. Hence to create this awareness among the student fraternity, JSS Dental College & Hospital observed the Anti-Ragging Day on 12 th August 2023. This awareness program is followed by week-long competitions being organized for students to create awareness among them. On 12 th August, resource faculty Mr, Sudeep P K, Assistant Professor, Clinical Psychology, JSS Hospital and Mr. Vishwanath Prasad, coordinator, Student Support Cell, JSS AHER shared their expertise and interacted with the students. Principal Dr, Dhakshaini M R, also explained the importance of an empathetic and friendly environment within the campus. The program was coordinated by Dr. Seema Deshmukh, Dr. Priyanka Nitin and Dr. Avinash B S from JSS Dental College & Hosipital, JSS AHER.

Oral Hygiene Day 2023



Have we thought about the impact our oral hygiene habits can create on the environment? Yes, brushing is important but the brushes are made of plastic and that takes a long time to decompose when discarded. Not only does it cause harm to the environment but it can be a potential threat to our systemic health tool. So, it is important to switch to sustainable oral care practices.

What does that mean? It is a term used to describe practices and products that are friendly to the environment. It includes choosing natural ingredients over harsh chemicals. Recycling and reusing products whenever possible, avoiding disposable items, saving water while brushing, and using biodegradable dental products.

Many toothpastes and mouthwashes contain chemicals that can pollute water supplies and damage ecosystems. Also, the toothpastes are dispensed in plastic tubes. Nowadays toothpaste tablets are available which can overcome this disadvantage. One among them is COLGATE ANYWHERE ANTICAVITY TOOTH PASTE TABLETS which are of great interest among mankind. Use of organic toothpaste which contains betel leaf extract (BENTODENT BETEL LEAF TOOTHPASTE, charcoal (COLGATE CHARCOAL TOOTHPASTE), etc have also gained paramount importance, and they can overcome the toxic effects of toothpaste ingredients like triclosan, sodium lauryl sulfate.

August 1st is celebrated nationwide as Oral Hygiene Day. This Year the theme given by the Indian Society of Periodontology was GREEN DENTISTRY. The department of periodontology participated in this drive of creating awareness in bringing a change from plastics to an eco-friendlier oral hygiene practice. Dr. Vidya Priyadarshini, Reader, Department of Periodontology gave a talk on the detrimental effects of plastic and the importance of oral hygiene maintenance. The health care workers, hygienists, technicians, office staff, and Group D workers were educated on oral hygiene maintenance and the importance of the use of natural brushes like bamboo brushes which are more eco-friendly, and the use of oral hygiene aids which are biodegradable. The Bamboo brushes and Parodontax toothpaste were sponsored by the Indian Society of Periodontology and HALEON was distributed. We are thankful to JSSAHER for supporting the program. Competitions on eco-friendly dentistry were held to spread the importance of moving towards GREEN DENTISTRY.

Department of Health System Management Studies maintains a culture which encourages and supports staff and students consistently to take part in various

research and community activities. This participation facilitates hands-on expertise, creates avenues for job opportunities, protects cultural and natural heritage. Thus, leading towards resource optimization, risk reduction, awareness and contribution for self-sustainable societies.

Few of the initiatives from the department contributing towards this goal includes the following:

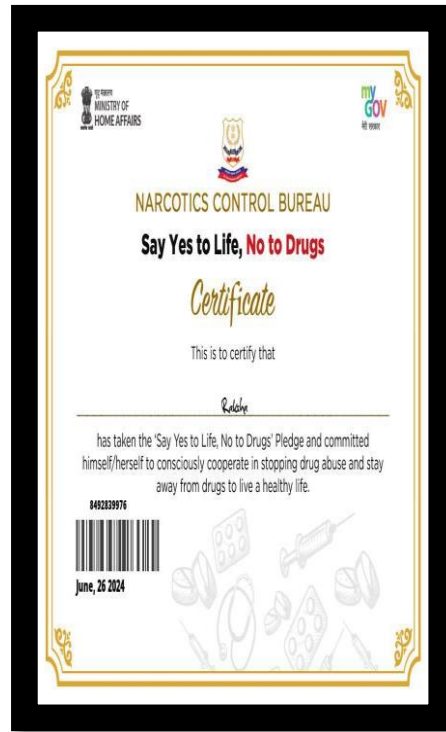
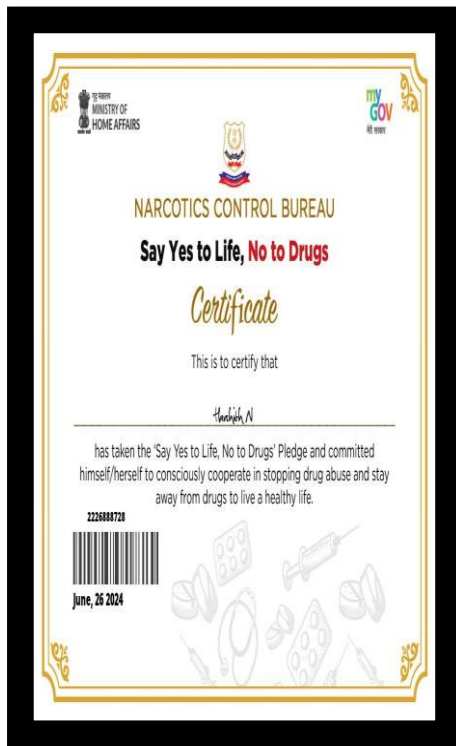
Faculty participation at Suttur Jaatare

Teaching and Non-teaching faculty of the department took active participation in annual Suttur Jaatare Mahotsava and took blessings of His Holiness Swamiji.



Oath taking by Faculty and Students

Pledge was taken by Students and Faculties of Department of Health System Management Studies, JSSAHER On the account of the campaign Say Yes to Life, No to Drugs Conducted by Ministry of Home Affairs and Narcotics Control Bureau students and Faculties took the pledge saying no to Narcotics and yes to Healthy Life and also certificates were issued by Ministry of Home Affairs and Narcotics Control Bureau once the Pledge was taken Certificates were downloaded through the online platform



Students Participation in International Yoga Day Celebrations

Mysuru, renowned as the Yoga Capital of the State celebrated The International Day of Yoga with devotion and dedication. Students who are Yoga enthusiasts from JSS DHSMS, perform as per the prescribed protocol at Mysore Palace. This year Yoga Day, themed for Self and Society, emphasized the dual role of yoga in promoting individual and societal well-being. The celebrations began with the blowing of conch, followed by prayers, Participants then performed various asanas, including Tadasana, Vrukshasana,

Padahastasana, Chakrasana, Trikonasana, Vajrasana, Shashankasana, Makarasana, Bhujangasana, Shalabhasana, and Shavasana for 25 minutes. This was followed by 14 minutes of Pranayama, Dhyana, and Sankalpa, which included Kapalabhati, Naadishodana, Pranayama, Sheethali Pranayama and Bhramari Pranayama. Before these exercises, participants performed a four-minute warm-up routine.



Social Service Activities

Department of Health System Management Studies, JSSAHER NSS unit in association with JSS Hospital has organized “health awareness camps” as a part of annual NSS camp.



ಕಂಪೋಲೆ

ಬಲ್ಲೇನಹಳ್ಳಿಯಲ್ಲಿ ವಿಶ್ವ ಕ್ಷಯರೋಗ ದಿನಾಚರಣೆ

ಧೂಮಪಾನ, ಮದ್ಯಪಾನದಿಂದ ದೂರವಿರಿ: ಎಸ್.ಡಿ.ಬೆನ್ನೂರ್

ಪ್ರೀರಂಗಪಟ್ಟಣ: ಧೂಮಪಾನ ಹಾಗೂ ಮದ್ಯಪಾನ ಮಾಡುವವರಿಗೆ ಸಾಮಾನ್ಯರಿಗಿಂತ ಕ್ಷಯ ರೋಗ ಮೂರು ಪಟ್ಟು ಹೆಚ್ಚಾಗಿ ಕಂಡುಬರುತ್ತಿದ್ದು, ಧೂಮಪಾನ ಹಾಗೂ ಮದ್ಯಪಾನ ತ್ಯಜಿಸುವುದರಿಂದ ಕ್ಷಯ ರೋಗವನ್ನು ತಡೆಗಟ್ಟಬಹುದು ಎಂದು ಕ್ಷೇತ್ರ ಆರೋಗ್ಯ ಶಿಕ್ಷಣಾಧಿಕಾರಿ ಎಸ್.ಡಿ.ಬೆನ್ನೂರ್ ಹೇಳಿದರು.

ತಾಲ್ಲೂಕಿನ ಬಲ್ಲೇನಹಳ್ಳಿ ಗ್ರಾಮದ ಸರ್ಕಾರಿ ಹಿರಿಯ ಪ್ರಾಥಮಿಕ ಶಾಲಾ ಆವರಣದಲ್ಲಿ ಮೈಸೂರು ಜೆಎಸ್ಎಸ್ ಉನ್ನತ ಶಿಕ್ಷಣ ಮತ್ತು ಸಂಶೋಧನಾ ಅಕಾಡೆಮಿಯ ಎನ್‌ಎಸ್‌ಎಸ್ ಘಟಕದ ವತಿಯಿಂದ ಆಯೋಜಿಸಿದ್ದ ವಾರ್ಷಿಕ ಶಿಬಿರದಲ್ಲಿ ಭಾಗವಹಿಸಿ 'ವಿಶ್ವ ಕ್ಷಯರೋಗ ದಿನ' ಕಾರ್ಯಕ್ರಮವನ್ನು ಉದ್ಘಾಟಿಸಿ ಅವರು ಮಾತನಾಡಿದರು.

ಯುವಕರು, ವಿದ್ಯಾರ್ಥಿಗಳು ದುರ್ದೈವರಿಂದ ದೂರ ಇರಬೇಕು. ಕ್ಷಯದ ರೋಗ ಲಕ್ಷಣಗಳು ಕಂಡುಬಂದರೆ ಸಮೀಪದ ಸರ್ಕಾರಿ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಪರೀಕ್ಷಿಸಿ ಕೊಂಡು ಕ್ಷಯ ಎಂದು ದೃಢಪಟ್ಟಲ್ಲಿ ನಿಯಮಿತ ಔಷಧಿ ಪಡೆದು ಗುಣಮುಖರಾಗಬೇಕು ಎಂದು ಹೇಳಿದರು. ಇದೇ ವೇಳೆ ಕ್ಷಯರೋಗ ನಿರ್ಮೂಲನೆ ಕುರಿತಾಗಿ ಪ್ರತಿಜ್ಞಾ ವಿಧಿ ಬೋಧಿಸಿದರು. ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆಯ ಘಟಕದ ಅಧಿಕಾರಿಗಳಾದ ಡಾ.ವಾದಿರಾಜ, ಡಾ.ಚೇತನ್, ಡಾ.ಸುಷ್ಮಾ ಹಾಗೂ ಎನ್‌ಎಸ್‌ಎಸ್ ಶಿಬಿರಾಧಿಕಾರಿಗಳು ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಪಾಲ್ಗೊಂಡಿದ್ದರು.



Sree Ranganatha Temple, Ballenahalli, Karnataka, India

During NSS annual special camp, dated March 26, 2024, In the morning session I.e. from 10 am to 1 pm, a special medical camp was organized by JSS Hospital, featuring ophthalmologists, cardiologists, paediatricians, general physicians and Nutritional health screening was conducted from the Department of Nutrition & Dietetics for the villagers. During the post lunch session, an awareness program on menstruation hygiene was conducted by faculty from the JSS Pharmacy department, educating villagers on proper hygiene practices. Further Dr. Umamaheshwari from SLSM JSS AHER delivered a talk on TB awareness, while Dr. Anil Kumar K M and Dr. Satish Kumar J of SLSM JSS AHER discussed ecosystem and solid waste management. In the evening session, all the NSS Volunteers and program officers visited the sugarcane factory to learn about jaggery preparation and then proceeded to the historical Shri Shiva Shaila temple



Our Initiatives

Access to libraries

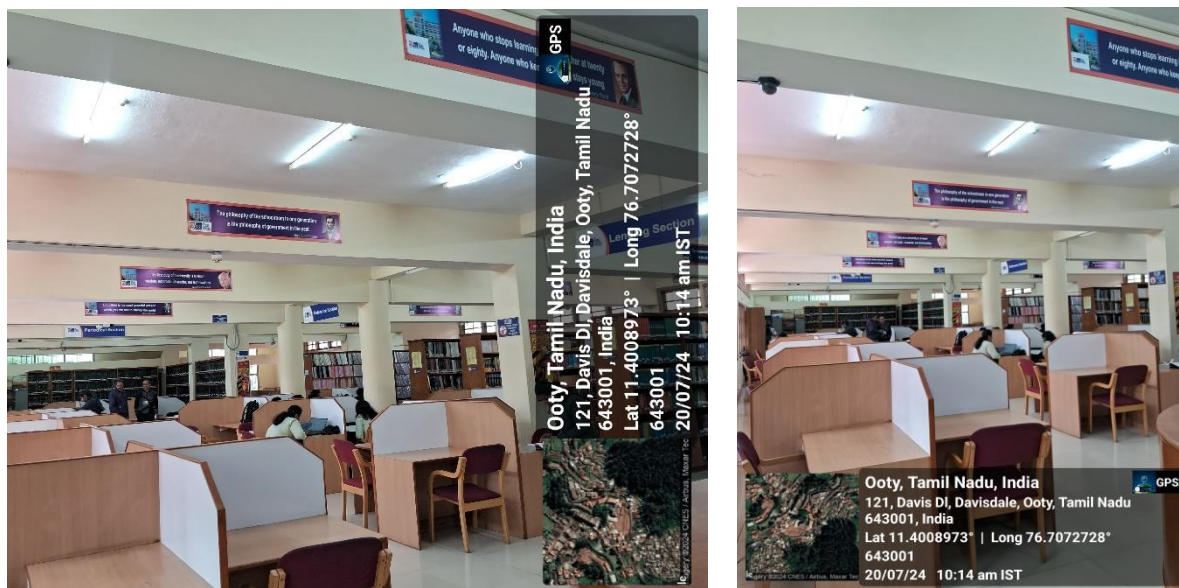
Awareness of medicinal herbs is created to public

Sustainable commuting practices

Free Transportations

Affordable housing

The college provides public access to libraries that are located within the college premises. New papers, newsletters, and journal articles are available for the public and students access. Tamil and English newspapers from various publishers are available.



Picture represents the library facility in JSSCP, Ooty. Students accessing the library facility.

The Department of Pharmacognosy and Phytopharmacy, JSS College of Pharmacy will participate every year in the exhibitions conducted by the government at the botanical garden to preserve cultural heritage, traditions, language, and knowledge. Here, we educate and preserve the knowledge of medicinal plants to the general public. The Department of Pharmacognosy and Phytopharmacy at JSS College of Pharmacy actively participated in the medicinal plants exhibition held at the Government Botanical Garden in celebration of the 126th Annual Flower Show from 10th May to 20th May 2024. This exhibition played a crucial role in raising awareness about the significance of various medicinal plant species. By showcasing these plants, the event emphasized their importance in promoting health and well-being. Such initiatives encourage people to adopt sustainable practices and preserve the diverse floral species in their local environments. This year JSSCP, Ooty - won six Prizes in the various Classifications of exhibits like arrangement of flowers in vases (I Prize), Flower – Rangoli (I Prize), Shower Bouquet (II Prize), Succulents (II Prize), Medicinal Garden (II Prize) & Exhibition Stall (Special Prize). The Medicinal plant's exhibition had attracted nearly 50,000 visitors. Awareness of medicinal herbs is created to the public through the supply of high-quality essential oils and booklets. The exhibition has created awareness of the

important role of diverse species of medicinal plants. Such, awareness allows people to shift their intention to sustainable usage and preservation of the flora in and around them.



Participation of the Department of Pharmacognosy, JSSCP Ooty, in the rose and flower show, with special emphasis on the preservation of cultural heritage.

The college has set targets on sustainable commuting practices. In this regard, the college is encouraging and supporting students to participate in cycling which is a sustainable commuting practice. In this regard Mr. Ahamed S, a 2nd year Diploma student had completed 200 km and 400 km BRM from Bengaluru to Trichy. BRM in cycling stands for Brevets de Randonneurs Modiaux which is a kind of cycling event. He bagged “6th Place” respectively during State Level BRM Cycling race held at Bengaluru, on 01st & 2nd July 2023. This Cycling race is for 400 KM. He completed it in 23 hours and 10 minutes. Totally 280 members participated in the said BRM Cycling race. This cycle race is India’s biggest and toughest race.



Mr. Ahamed S participating in cycling state level held in Bengaluru and Trichy with the support and motivation from the college

The college has established specific targets to promote sustainable commuting practices. In line with these goals, the institution is actively encouraging and supporting students to adopt cycling as a primary mode of transportation. By advocating for cycling, the college aims to reduce its carbon footprint, decrease traffic congestion, and promote healthier lifestyles among students. The college provides resources such as bike racks to facilitate and encourage this environmentally friendly commuting option. The college is encouraging and supporting students to participate in cycling which is a sustainable commuting practice. The college is offering complimentary transportation services for Pharm D (final year) students to support their internship program. This initiative includes a variety of sustainable commuting options, such as van and carpooling arrangements. By providing these services, the college ensures that students have reliable and eco-friendly transportation to their internship locations, promoting convenience and reducing the environmental impact associated with individual car usage. This support underscores the institution's commitment to both student success and sustainability.



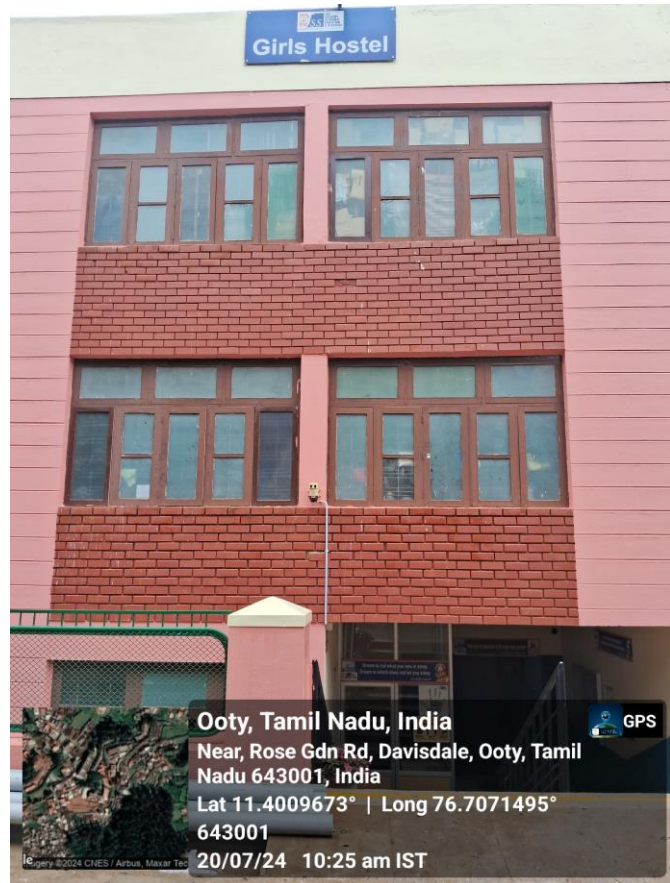
Picture represents the vehicles available in the college for van and carpooling to reduce the impact on the environment. Students accessing the college van for to go for their training. The college is offering affordable housing options on campus for both teaching and non-teaching staff. These accommodations are designed to provide convenient and cost-effective living arrangements, fostering a supportive community for all employees. By making these quarter facilities accessible, the college aims to enhance the well-being and job satisfaction of its workforce, ultimately contributing to a more cohesive and productive educational environment. The staff quarters have 24 X 7 electricity, water supply, and other necessary amenities. An ATM



from the Punjab National Bank was also located on the ground floor for all the staff and the public. The quarters are spacious and in front, a garden is provided.

Picture represents the staff quarters front and back view

The college offers separate, affordable housing (hostel) accommodations for male and female students. These living arrangements are designed to provide a safe, comfortable, and budget-friendly environment for all students. By ensuring that these accommodations are both accessible and economical, the college aims to support student's academic success and personal well-being, fostering a sense of security and community within the campus.



Picture represents the girls' and the boys' hostel

Awards and achievements

1. Dr Shweta Neminath Kurkuri, Asst.Prof. of Comm. Medicine received Best Paper Award at KACH, Bangalore during 11th & 12th August 2023
Topic: Immunisation status of children 12-36 months of age of migrants workers and factors associated it in Urban Bangalore East
2. Dr Annaram Ravali PG in Comm. Medicine received Best Paper at KACHCON, Bangalore, organized by KIMS, Bangalore on 11th & 12th August 2023
Topic: Upshots of health education among type 2 diabetic patients- a field study in mysuru

3. Dr.Rakesh, PG in Comm. Medicine received Best Paper at KACHCON, Bangalore, organized by KIMS, Bangalore on 11th & 12th August 2023
Topic: Hand grip strength in type 2 diabetics and non diabetics
4. Dr Shwethashree M, Asst. Prof. of Comm. Medicine received Best paper award- Second place at EFICON, Goa, during 30th Sept.2023 to 1st Oct.2023.
Topic: Promoting a healthy lifestyle: Mysuru adults awareness and adoption of Healthy lifestyle practices
5. Dr Shweta Neminath Kurkuri. Asst. Prof. of Comm.Medicine received Best paper award- First place at EFICON, Goa, during 30th Sept.2023 to 1st Oct.2023
Topic: Coverage of Japanese Encephalitis vaccine among children 12-36 months of age of migrant workers and factors determining it in urban Bangalore East cross sectional study
6. Dr.Sunita Singh, Asst. Prof. of Comm.Medicine received Best paper award- First place at EFICON, Goa, during 30th Sept.2023 to 1st Oct.2023.
Topic: The Menopausal Stigma scale: Development and Validation of a standardized scale measuring stigma among Indian perimenopausal women in the family
7. Dr Rashmi S, Asst. Prof. of Comm. Medicine received Best paper award- Second place at EFICON, Goa, during 30th Sept.2023 to 1st Oct.2023.
Topic: Perceived stress to mindfulness- influencers of student engagement
8. Dr. Shruddha, PG in Comm. Medicine received Best Oral Presentation at International Tuberculosis CONCLAVE 2023, JSS AHER, Mysuru on 23rd & 24th Nov.2023
Topic: Reimagining care; unravaling the psychological toll of tuberculosis through patient narratives in mysuru,india.
9. Dr.Lekhashree A., PG in Comm. Medicine received Best Oral Presentation at International Tuberculosis CONCLAVE 2023, JSS AHER, Mysuru on 23rd & 24th Nov.2023
Topic: A qualitatve study on personal experiences, associated stigma and the importance in early detection and management among individuals affected by tuberculosis
10. Dr. Kodeeswaran .M, PG in Comm. Medicine received Best Oral Presentation at International Tuberculosis CONCLAVE 2023, JSS AHER, Mysuru on 23rd & 24th Nov.2023. Topic: Knowledge, attitude, practices towards pesticides, pattern of use of personal protective equipments during application of pesticides by farmers in rural area of Msyuru










Best paper award received at KACHCON 2023








Best paper award received at EFICON 2023







Best paper award received at TB Conclave 2023

Sl.No	Name of Staff/ PG	Topic	Conference	Certificate
1	Dr Amoghashree Asst. Prof, Dept of Community Medicine	Assessment of out- of- pocket expenditure of Noncommunicable Diseases on households in Urban slums of Mysuru city.	KACHCON 2023	
2	Dr Mythily M R Sr. Resident, Dept of Community Medicine	Perceived health effects if plastics and public driven solutions to combat it's menace-a cross sectional study	KACHCON 2023	
3	Dr Kavya G Upadhyay Sr.Resident, Dept of Community Medicine	Retirement and impact of health and life style a cross sectional study in south Karnataka	KACHCON 2023	
4	Dr Shweta NeminathKurkuri Sr. Resident, Dept of Community Medicine	Immunisation status of children 12-36 months of age of migrants workers and factors associated it in Urban Bangalore East	KACHCON 2023	
5	Dr Sunita Singh Sr. Resident, Dept of Community Medicine	Perimenopausal age: dealing with symptoms and depression among Muslim women- A case-control study from Mysore	KACHCON 2023	
6	Dr Rakesh PG, Dept of Community Medicine	Hand grip strength in type 2 diabetics and non diabetics	KACHCON 2023	
7	Dr Annaram Ravali PG, Dept of Community Medicine	Upshots of health education among type 2 diabetic patients- a field study in mysuru	KACHCON 2023	
8	Dr Sayana Basheer PG, Dept of Community Medicine	Psychosocial correlates of emotional eating among health care professionals in mysuru	KACHCON 2023	
9	Dr Pragadesh PG, Dept of Community Medicine	Relationship between nutritional status and activities of daily living on geriatric depression among elderly attending primary health centre in southern	KACHCON 2023	
10	Dr Shruddha PG, Dept of Community Medicine	Advancing cervical cancer awareness and screening : unveiling vaccination status among females in mysore	KACHCON 2023	
11	Dr Lekhashree	Awareness and prevalance on computer vision syndrome among medical students	KACHCON 2023	

	PG, Dept of Community Medicine			
12	Dr Sana Khader PG, Dept of Community Medicine	The prevalence of micronutrient deficiency and its association with bmi among adolescents in field practice area of jss medical college mysuru	KACHCON 2023	
13	Dr Sunil Kumar D Prof & HOD , Dept of Community Medicine	Investigating the perception and knowledge of Medical students on the Role of metaverse in Health care	EFICON 2023	
14	Dr Shwethashree M Asst. Prof , Dept of Community Medicine	Promoting a healthy lifestyle: Mysuru adults awareness and adoption of Healthy lifestyle practices	EFICON 2023	
15	Dr Amoghashree Asst. Prof, Dept of Community Medicine	Effect of Educational model on Menstrual health behaviors and willingness among school going rural adolescent girls	EFICON 2023	
16	Dr Kavya G Upadhyya Sr. Resident, Dept of Community Medicine	Vitamin D deficiency: A study of health professionals perspective	EFICON 2023	
17	Dr Mythily M R Asst. Prof, Dept of Community Medicine	Microfinancing for health: Boon or Bane - mixed method study among community based organizations in Mysuru	EFICON 2023	
18	Dr Shweta NeminathKurkuri Sr.Resident, Dept of Community Medicine	Coverage of Japanese Encephalitis vaccine among children 12-36 months of age of migrant workers and factors determining it in urban Bangalore East cross sectional study	EFICON 2023	

19	Dr Rashmi S. Sr. Resident, Dept of Community Medicine	Perceived stress to mindfulness- influencers of student engagement	EFICON 2023	
20	Dr Sunita Singh Sr. Resident, Dept of Community Medicine	The Menopausal Stigma scale: Development and Validation of a standardized scale measuring stigma among Indian perimenopausal women in the family	EFICON 2023	
21	Dr Shruddha PG, Dept of Community Medicine	Cross-sectional study evaluating the prevalance and associated factors of eating disorders among medical students in mysore	EFICON 2023	
22	Dr Lekhashree PG, Dept of Community Medicine	Determining levels of awareness for the need and appropriate attainment of vitamin d among general population of mysuru-a comparitive study	EFICON 2023	
23	Dr Amoghashree Asst. Professor, Dept of Community Medicine	Knowledge on menstrual health and experience with physical environment of school's bathroom in menstrual hygiene management in rural schools of mysuru	International TB Conclave 2023	
24	Dr Kavya G Upadhya Sr. Resident, Dept of Community Medicine	Awareness of the role of nutrition in cancer causation and prevention among rural adult population: a cross-sectional study	International TB Conclave 2023	
25	Dr Mythily M R Asst. Prof , Dept of Community Medicine	Promoting a healthy lifestyle: Mysuru adults awareness and adoption of Healthy lifestyle practices	International TB Conclave 2023	
26	Dr Rashmi S Sr. Resident, Dept of Community Medicine	Community perspective on perceived stigma about tuberculosis among general population in a south indian city -a cross sectional study	International TB Conclave 2023	
27	Dr Rakesh	Impact of health education of anemia	International	

	PG, Dept of Community Medicine	among adults in urban mysuru	TB Conclave 2023	
28	Dr Annaram Ravali PG, Dept of Community Medicine	Prevalence of depression, anxiety and stress among medical students- a cross-sectional study	International TB Conclave 2023	
29	Dr Sayana Basheer PG, Dept of Community Medicine	Study on performance evaluation of dots providers and challenges faced by them in treating tuberculosis patients in mysuru	International TB Conclave 2023	
30	Dr Pragadesh PG, Dept of Community Medicine	Impact of smart phone addiction and academic procrastination in academic performance among medical students	International TB Conclave 2023	
31	Dr Shruddha PG, Dept of Community Medicine	Reimagining care; unravaling the psychological toll of tuberculosis through patient narratives in mysuru,india.	International TB Conclave 2023	
32	Dr Lekhashree PG, Dept of Community Medicine	A qualitatve study on personal experiences, associated stigma and the importance in early detection and management among individuals affected by tuberculosis	International TB Conclave 2023	
33	Dr Sana Khader PG, Dept of Community Medicine	Weight gain among tuberculosis patients and its association with socio-demographic profile and patient characteristics	International TB Conclave 2023	
34	Dr Koteeshwaran PG, Dept of Community Medicine	Knowledge, attitude, practices towards pesticides, pattern of use of personal protective equipments during application of pesticides by farmers in rural area of Msyuru	International TB Conclave 2023	
35	Dr Haripraksh Ph.D, Dept of Community Medicine	“Enhancing Digital Treatment Adherence: Creating a Web and Mobile Application for Chronic Disease Management-Tuberculosis”	International TB Conclave 2023	
36	Dr. Nayanabai Shabadi, Asst. Prof,	Assessment Of Noise-Induced Health Hazards Among the Welders in Mysuru City: A Cross- Sectional Analytical Study	State Conference of IAPSM	

	Dept of Community Medicine			
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BIOMEDICAL WASTE MANAGEMENT

Biomedical Waste Management at JSS hospital, Mysuru Especially in hospitals, cleanliness can save lives. Every healthcare worker needs to understand this and also educate the visitors to the hospital with a lot of concern and patience. We the staff of JSS hospital take this pledge of keeping our hospital very clean, meaning to say that we would like to keep the hospital germ free as far as possible. This can be accomplished by following the international/national guidelines for Bio-Medical waste (BMW) management. This not only protects the patients, but health care workers and patient attendants too. We are committed in giving safe and quality service to our patients as described by the founder of our hospital Jagadguru Sri Shivarathri Rajendra Mahaswamiji as “PATIENTS ARE OUR RELATIVES” (Rogigale Namma Bandhugalu). To keep the hospital safe and germfree, we also need the cooperation of patients and attendants. We consider our hospital as a place of worship because we hear more prayers in the hospital for the good health of the patients than what we hear in temple/churches/mosques etc.

Segregation, containment, and packing of hospital waste in wards and departments

The waste should be segregated at the source, all health care personnel – doctors, nurses, interns medical and nursing and paramedical students, lab personnel, helper staff, patients, and attendants of patients are responsible for this. Clinical and nursing staff apart from meticulous exertion needs to oversee the proper operation.

Waste collection is done in each ward/department in color-coded labeled bins of the capacity of 20 to 35 liters of each category and placed at the points of generation in respective wards/departments at an accessible, user-friendly, and safe location. Sharps will be collected in white puncture-proof

containers in each department/ward. Sharps should be decontaminated with 1% sodium hypochlorite solution after disfiguring the same, the hypochlorite solution should be changed every 24 hours. Once 2/3rd full the container should be dispatched for disposal.

Intact glassware will be collected in cardboard boxes lined with blue boxes and can be handed over to the common treatment facilities. The waste collected by housekeeping staff is stored in color-coded rooms situated in the backyard of the hospital. The waste is transported to Shree consultancy in closed vans within stipulated time limits in a secure manner. Biomedical waste treatment is outsourced to SHREE CONSULTANCY (which has a license from the state pollution control board) and the same is visited by representatives from Hospital Infection Control Committee, once in 6 months to ensure waste disposal according to Biomedical waste Management guidelines.

Staff Safety Considerations: To ensure the safety of personnel involved in Bio-medical waste treatment and disposal, we follow certain policies and guidelines.

1. There are dedicated trolleys for transporting waste within the hospital.
2. All workers involved in this work are aware of the hazardous nature of this work.
3. The workers are provided with gumboots, rubber aprons, caps, masks, and thick rubber gloves.
4. All workers are immunized against Hepatitis B.

Training

1. JSSH hospital has a well-designed awareness and training program for all categories of workers involved in Bio-medical waste disposal and management.
2. Regular pre-induction training shall be conducted for appropriate categories of staff before joining the concerned department.
3. We have charts displayed at strategic points in all patient care areas depicting our Biomedical waste management policy.
4. We have frequent workshops and training programs to promote awareness of our Biomedical waste management policy.

The management provides manpower, money, and materials to carry out Infection control programmes. Regular classes are conducted by ICNs and members of the HIC committee for all the staff of the Hospital. The induction programme for newcomers includes sessions on HIC Budget: The organization earmarks an annual budget for the Infection control programme. Based on the scope of HIC activities and the previous year's experience, this budget is allocated. Training: Organization provides induction training and In-service training sessions for all staff in regular sessions. For doctors, the Medical education unit conducts an induction programme with HIC as one of the topics. For nurses and other para-medical staff, training is conducted by ICNs and HIC members. All the policies and protocols defined and approved by the HIC committee are being taught repeatedly and any change in the protocol also is

Research Projects – Completed (External)

Sl No	Title of the project	Principal Investigator	Collaborating Depts	Amount sanctioned	Duration
1	Rotasiil Vaccine Intussusception Surveillance in Kerala, Karnataka, Maharashtra and Gujarat, India	Dr. Rajani HS Asso. Professor, Dept of Peadiatrics	Peadiatrics	20,79,588.00	03 Yrs
2.	Rapid Assessment of Continuum of Care for Diabetes and Hypertension in India	PI: Dr Praveen Kulkarni,	Community Medicine	2,74,575/-	3 months

Research Projects – Ongoing (External)

Sl No	Title of the project	Principal Investigator	Collaborating Depts	Amount sanctioned	Duration
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1	Single Nucleotide Polymorphism of Thyroid Hormone Receptor Gene and Its Association with Dyslipidemia In Tertiary Care Hospital In Mysuru – A cross sectional study	Dr.Hemamlini	Anatomy, Biochemistry, Endocrinology, OBG and Surgery	5,15,000	2 Years
2	Sickle Cell Disease-related stigma, economic loss and quality of life among tribal population of India - Mysore district, Karnataka	Dr. Deepa Bhat	Anatomy, Community Medicine	19,00,000	2 Years
3	Screening for sexually transmitted infections (STIs) and assessment of sexual health practices among tribal women population of HD Kote Taluk in Mysuru district, South India " -	Dr. Vidyavathi B Chitharagi	Microbiology Anatomy Community medicine	Rs 20,15,100/-,	2 years
4	“Epidemiology of chemical hazards among workers in different spectrum of agriculture activities of Southern India: a community based exploratory survey”	PI: Dr Nayanabai Shahadi	Department of Community Medicine	36,96,817	3 years
5	Longitudinal effects of Air Pollution Exposures on Lung growth and development of biomarker of lung function deficit in Urban Children	Dr. Rajesh Kumar T. & Dr.P A Mahesh	Respiratory Medicine & Biochemistry	350.0	5 years
6	Prevalence of micronutrient deficiency, nutritional status and cognitive dysfunction among elderly residing in tribal areas of southern Karnataka	Dr.Praveen Kulkarni	Community Medicine, Psychiatry	27.5	3 Years
7	Acceptability and Effectiveness of Mental Healthcare Services to Adolescents among Urban and Rural Areas of Mysuru	PI: Dr Sunil Kumar D	Community Medicine	1,00,000	1 yr 06 months

	District by the use of Medical technology				
8	Cost of illness and Diabetes-Specific Quality of Life among Type 1 Diabetic adolescents in Mysore District	PI: Madhu B	Community Medicine	1,00,000	1 year

Research Projects – Ongoing (JSS AHER)

Sl. No	Title of the Project	Name of the Principal Investigator/Mentor & Department	Sanctioned by	Grants Sanctioned	Duration
1.	Spatial mapping of microbial population in soil surrounding the hospital/industry	Dr.Sumana M N Professor & Head, Dept. of Microbiology, JSSMC, Mysuru	Microbiology	10,00,000.00	5 Yr
2.	The role of air pollution and pollen exposure on asthma Mysore, India	Dr.B.S.Jayaraj Professor JSSMC, Mysuru	Respiratory Medicine	10,00,000.00	5 Yr
3.	Genotyping and Geo-spatial Mapping of Dengue Genotypes from a tertiary care hospital situated in Mysuru, South India	Ms.Chinchana E S M.Sc., Student, Dept. of Microbiology, JSSMC, Mysuru	JSS AHER	25,000.00	01 Yr
4.	Latent TB Infection among Health care workers and their Risk Factors in a tertiary care Hospital situated in Mysuru South India A cross sectional observation study	Dr.Sahira Banu, M.Sc., Student of Microbiology, JSSMC, Mysuru	JSS AHER	25,000.00	01 Yr
5.	Genetic characterization of VRE isolated from diabetic foot ulcer in a tertiary care	Ms.Greeshma, M.Sc., Student of Microbiology, JSSMC, Mysuru	JSS AHER	25,000.00	01 Yr

	hospital in Mysuru, South India”				
6.	Assessment of the genotypic and allelic frequency of CVP2C9 [rs1057910 and rs1799853] in the healthy population of Mysuru"	Ms.Jayashree N Hegade, M.Sc. Student, Dept of Medical Genetics, JSSMC, Mysuru	Genetics	25,000.00	01 Yr
7.	Association of ESRI gene polymorphism with Pre-Menstrual Dysphoric disorder in South Indian women	Ms. Shuchi O C M.Sc. Student, Dept of Medical Genetics, JSSMC, Mysuru	Genetics	25,000.00	01 Yr

ICMR Fellowship detail

Sl.No	Title of the project	Principal Investigator	Collaborating Depts	Amount sanctioned	Duration
1.	Elucidation of Proteasome Dysfunction and Endoplasmic Reticulum Stress in the Pathogenesis of Lung Injury Exposed To Urban Air Pollutants	Mr.Sumit Kumar Dey, Ph.D Research Scholar Dept. of Biochemistry JSS MC, Mysuru	Biochemistry	2,53,600.00	2 Yrs

UG Student Research Projects – Ongoing

SI No	Title of the project	PI	Guide	Amount sanctioned	Duration
1.	Relationship of traffic noise exposure and ambient PM 2.5 levels with arterial blood pressure perceived stress and sleep quality among street traders at Mysuru city karnataka	Mr.Kaustubh Gaur	Dr.Praveen Kulkarni Professor of Community Medicine	50,000.00	05 Months

2.	Barriers to vasectomy and its associated socio- demographic variables among the couple who have adopted tubectomy in urban rural and tribal areas	Ms.Muskan Jindal	Dr.Smitha C Asst. Professor of Community Medicine	50,000.00	05 Months
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Publications:

SL no	Faculty Name
1.	Dr Ramesh Madhan, Alias Karammel, Marcia Jacob, Taniya Joy, Paul Varghese, Dr Sri Harsha Chalasani, Dr Subhash Chandra B.J, Jehath M Syed. A hospital-based cohort study on drug-related problems associated with high-risk medications amongst special populations. <i>Pharmacoepidemiology and Drug Safety</i> . 2023;32(S1):290-291.
2.	Dr Ramesh Madhan, Alias Karammel, Marcia Jacob, Taniya Joy, Paul Varghese, Dr Sri Harsha Chalasani, Dr Subhash Chandra B J, Jehath M Syed. Assessment of high-risk medications utilization and prescribing patterns among special populations using WHO prescribing indicators. <i>Pharmacoepidemiology and Drug Safety</i> . 2023;32(S1):324.
3.	Dr Amoghashree, Dr Narayan Murthy, Dr Chandan S. Assessment of Out of Pocket Expenditure on Noncommunicable Diseases in Urban Slum of Mysuru City. <i>Indian journal of medical specialities</i> . 2023 Sep;14(3)157-16.
4.	Jaymini H Patel, Andre FS Amaral, Cosetta Minelli, Fadlalla G Elfadaly, Kevin Mortimer, et al. Chronic airflow obstruction attributable to poverty in the multinational Burden of Obstructive Lung Disease (BOLD) study. <i>Thorax</i> . 2023 Sep;78(9):942-945.
5.	S Jayasooriya, Marie Stolbrink, EM Khoo, IT Sunte, JI Awuru, M Cohen, DC Lam, A Spanevello, D Visca, R Centis, GB Migliori, AC Ayuk, et al. Clinical standards for the diagnosis and management of asthma in low-and middle-income countries. <i>The International Journal of Tuberculosis and Lung Disease</i> . 2023 Sep;27(9):658-667.
6.	Nandini N Menon, Dr Bharathi M B, Dr Sandeep S. Clinicomycological Profile of Fungal Rhinosinusitis in South India. <i>Indian Journal of Otolaryngology and Head and Neck Surgery</i> . 2023 Sep;75(3):2142-2148.
7.	Andre FS Amaral, James Potts, Ben Knox-Brown, Emmanouil Bagkeris, Imed Harrabi, et al. Cohort profile: burden of obstructive lung disease (BOLD) study. <i>International Journal of Epidemiology</i> . Int J Epidemiol. 2023 Dec 25;52(6):e364-e373.
8.	Dr Praveen Kulkarni. Comparative study of feeding practices among children less than two years attending rural and urban primary health centers, Mysuru, Karnataka. <i>Int J Community Med Public Health</i> . 2023Sep;10(9):3219-3225

9.	Chandan Vinay Srigriripura, Chaya Sindaghatta Krishnarao, Jayaraj Biligere Siddaiah, Mahesh Padukudru Anand, Asna Urooj. Determinants of malnutrition and associated parameters in subjects with stable chronic obstructive pulmonary disease: A cross sectional study. <i>The North African Journal of Food and Nutrition Research</i> . 2023 Nov;7(16):85-100.
10.	Dr Neetha Murthy S, Dr MN Sumana, Dr Tejashree A, Dr Vidyavathi B C, Dr Rashmi P Mahale, et al. Diagnostic Agreement of SARS-CoV-2 Lateral Flow Antigen Assay with the Cycle Threshold Values of RT-PCR. <i>Journal of Pure and Applied Microbiology</i> . 2023 Sep;17(3):1554-1559.
11.	Mulubirhan Assefa Alemayohu, Maria Elisabetta Zanolin, Lucia Cazzoletti, Karima El-Rhazi, Hasan Hafizi, et al. Dietary flavonoids and ventilatory function in adults from the multinational Burden of Obstructive Lung Disease (BOLD) Study. <i>European Respiratory Journal</i> . 2023 Sep;62(67).
12.	Divakar Vishwanath, Anita Shete-Aich, Manjunath B Honnegowda, Mahesh Padukudru Anand, Saravana Babu Chidambaram, Gajanan Sapkal, Basappa Basappa, Pragya D Yadav. Discovery of Hybrid Thiouracil–Coumarin Conjugates as Potential Novel Anti-SARS-CoV-2 Agents Targeting the Virus’s Polymerase “RdRp” as a Confirmed Interacting Biomolecule. <i>ACS omega</i> . 2023 Jul;8(30):27056-27066.
13.	Sudha Bakthavathsalam Sreenivas, Pranav Balaji Kashyap. Effects of Obesity on Severity of Menopausal Symptoms in Urban and Rural Women. <i>Journal of Mid life health</i> . 2023 Oct-Dec;13(4):304-309.
14.	Aggarwal P, Bhat D. Genetic counseling in sickle cell disease: Insights from the Indian tribal population. <i>Journal Community Genet</i> . 2023 Nov;14:345-353.
15.	Rohini H N, Pushpanathan Punita, Prasanna Kumar Santhekadur, M V Ravishankar. Gestational Diabetes Mellitus – The Modern Indian Perspective. <i>Indian J Endocr Metab</i> . 2023;27(3):387-393.
16.	Li J, Fong Dyt, Lok KYW, Wong JYH, Man Ho M, Choi EPH, Pandian V, Davidson PM, Duan W, Tarrant M, Lee JJ, Lin CC, Akingbade O, Alabdulwahhab KM, Ahmad MS, Alborai M, Alzahrani MA, Bilimale AS, Youssef N. Global impacts of COVID-19 on lifestyles and health and preparation preferences: An international survey of 30 countries. <i>Journal of Global Health</i> . 2023 Aug;13(6031).
17.	Youn Ho Shin, Jimin Hwang, Rosie Kwon, Seung Won Lee, Min Seo Kim, GBD. Global, regional, and national burden of allergic disorders and their risk factors in 204 countries and territories, from 1990 to 2019: A systematic analysis for the Global. <i>Allergy</i> . 2023 Aug;78(8):2232-2254.
18.	Han Yong Wunrow, Rose G Bender, Avina Vongpradith, Sarah Brooke Sirota, Lucien R Swetschinski, et al. Global, regional, and national burden of meningitis and its aetiologies, 1990–2019: a systematic analysis for the Global Burden of Disease Study 2019. <i>The Lancet Neurology</i> . 2023 Aug;22(8):685-711.

19.	Dongze Wu, Yingzhao Jin, Yuhan Xing, Melsew Dagne Abate, Mohammadreza Abbasian, Mohsen Abbasi-Kangevari, et al. Global, regional, and national incidence of six major immune-mediated inflammatory diseases: findings from the global burden of disease study 2019. <i>EClinicalMedicine</i> . 2023 Sep 9;64:102193.
20.	Sil Amrita, Pandhi Deepika, De Dipankar, Seetharam Kolalapudi, Bhari Neetu, Gupta Nidhi, Rao Raghavendra, Mittal Asit, Rathore Santosh, Poojary Shital, Barua Shyamanta, Jagadeesan Soumya, Mohanty Swosty, Padhi Tanmay, Sankar Vikas, Jaydev Betkerur, Das Nilay K, Das Anupam, Patra Aparesh C, Kumar Rajesh. Impact Of Covid-19 Pandemic On Dermatology Teaching Program In India: A Survey On The Faculty And Residents' Perspective. <i>Indian Dermatology Online Journal</i> . Aug 29;14(5):643-652.
21.	Sahana K S, Gangadhar Mr, Van Wijlick Jantine, Dr Jayaraj B S, Dr Mahesh P A, Pell Christopher. Influenza vaccine uptake in Mysore, India: A qualitative study. <i>Tropical Medicine and International Health</i> . 2023;28:120.
22.	Jiaying Li, Daniel Yee Tak Fong, Vinciya Pandian, Oluwadamilare Akingbade, Dr Anil S Bilimale, et al. Key Lifestyles And Interim Health Outcomes For Effective Interventions In General Populations: A Network Analysis Of A Large International Observational Study. <i>Journal Of Global Health</i> . Oct 20:13:04125.
23.	Kumud Dhankhar, Kiran Dahiya, Shobha C. Ramachandra, Akila Prashant. Knowledge, Attitude, and Perception of the General Public Towards the Impact of Hemoglobinopathies on Pregnancy Outcomes: A Questionnaire-based Study. <i>International Journal of Health and Allied Sciences</i> . 2023 Sep;12(4):71-76.
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25.	Kuttiali J, Goyal S, PK Ashwini, Kanthraj GR, Chethana S G, Ranugha P S S. Mycobacterium indicus pranii vaccination induced cutaneous granuloma in Covid 19 patients – A case series. <i>Indian Dermatology Online Journal</i> . 2023.
26.	Henil Upadhyay, Tulsi Bhatt, Sanjeev Gupta, Suyog Patel, Dhairya Shah, Ayush Anand, et al Nephrotic Syndrome Following Covid-19 Vaccination: A Systematic Review. <i>Journal Of Nephrology</i> . 2023 Dec;36(9):2431-2440.
27.	Abhigna M, Dr Vikram Patil. Neuroimaging Manifestations In Covid-19 And Its Sequelae. <i>Digital Journal Of Clinical Medicine</i> . 2023;5(4):134-153.
28.	Annaram Ravali, D. Sunil Kumar, Amogha Shree, M. Rakesh, Deepika Yadav. Perceptions Regarding Menstrual Cups among Medical Students of Tertiary Care Hospitals. <i>Indian Journal of Medical Specialities</i> . 14(4):p 238-242, Oct-Dec 2023.

29.	Shiva Murthy Nanjundappa, Pratibha Durgesh Nadig, M. K. Jayanti ¹ , R M. Veena, G. N. Manjunath. Pharmacovigilance in the medical education: In UG curriculum where do we stand? What can be done? Indian Journal of Pharmacology. 2023 Sep;55(4):268-269.
30.	Nivedita Vupmandala, Uma Vijayashankar, Priya Srikanth Arjunwadkar. Pregnancy outcomes in COVID-19-infected pregnant women in a tertiary care hospital of Mysuru – A retrospective approach”. National Journal of Physiology, Pharmacy and Pharmacology. 2023 Sep;13(4):789-791.
31.	Abdul Azeem, Dr Tejashree A, Dr Krishna Karthik MVS. Pyrazinamide Resistance among Multi Drug Resistant Tuberculosis Patients in Karnataka: Cross Sectional Study from a Referral Centre. Journal of Pulmonology Research and Reports . 2023 Nov;5(6):1-4.
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35.	Raburn M Mallory, Gregory M Glenn, Prasad S Kulkarni, Ashish Bavdekar, Sunil Kohli, et al. Safety and Immunogenicity of SARS-CoV-2 Recombinant Spike Protein Vaccine in Children and Adolescents in India: A Phase 2-3 Randomized Clinical Trial. JAMA Pediatrics. 2023
36.	Deepa Bhat, Bontha V Babu, Shaily B Surti, Manoranjan Ranjit, Jatin Sarmah, Parikipandla Sridevi, Yogita Sharma. Stigma of sickle cell disease among Indian tribal population: A multi-centric qualitative study. Journal of the National Medical Association. 2023 Dec;115(6):556-565.
37.	Dr. Abhigna. M, Dr. Vikram Patil. Stroke: A neurological complication in COVID-19. Digital journal of clinical medicine. 2023 Jun;5(3):190-101.
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