



COMPENDIUM ON SUSTAINABLE DEVELOPMENT GOALS 2024

SDG 10 – REDUCED INEQUALITY



2023-24

TABLE OF CONTENTS

S.r	Content	Page Number
1	Introduction	3
2	Faculty and student awards, International visit by faculty, student exchange program	3-8
3	Conference, workshop, Faculty development programs	9-10
4	Student details, student support cell	11-17
5	Guest lecture	18-26
6	Research projects	27-29
7	Outreach activities, NSS Activity	30-72
8	Financial assistance	172-178
9	Book chapters	179
10	Conference, Events, guest lecture	180-207

Introduction:

Sustainable Development Goal 10, which focuses on reducing inequalities, is essential for educational institutions striving to foster an inclusive and equitable learning environment. This goal highlights the importance of addressing disparities both within and beyond the academic community, aiming to ensure that educational opportunities and resources are accessible to all students, regardless of their background. By promoting fair access to education, institutions can help bridge socioeconomic gaps and support a more diverse student body.

To advance this goal, educational institutions must implement strategies that address inequities in enrollment, retention, and academic success. This involves creating supportive policies for underrepresented groups, providing targeted financial aid, and ensuring that all students have access to quality resources and support services. Additionally, fostering an inclusive campus culture where every student feels valued and supported is crucial for achieving educational equity.

By prioritizing the reduction of inequalities, educational institutions not only enhance the learning experience but also contribute to broader social and economic benefits. Ensuring equitable access to education helps to build a more balanced and resilient society, where diverse talents and perspectives are fully utilized. Collaborative efforts between educators, administrators, and students are vital in driving systemic change and achieving these goals. Ultimately, aligning with Sustainable Development Goal 10 helps institutions create a nurturing environment that empowers all students to reach their full potential and contribute to a more equitable world.

Faculty / Student Award

Awards, Achievements & Institution Accomplishments



Dr. Prathibha Pereira, Prof. & HOD of Geriatrics, outstanding contribution towards patient care among Geriatric population and in maintaining quality standards at Mysuru Art Gallery, Mysuru on 12th Aug. 2023

Rachana B, a fourth-semester M.Sc. Medical Biochemistry student from JSS Medical College, was nominated to attend the G20 Ministerial Conference on Women Empowerment which took place in Gandhinagar, Gujarat, from 2nd to 4th August 2023. The motivational opening ceremony of the conference was led by speeches from the honorable Prime Minister Narendra Modi, the honorable Union Minister Smriti Irani, and speeches from all the ministries from various countries around the world that advocated for gender equality and stressed the importance of empowering women for a prosperous and sustainable future, keeping the theme of women-led development.



Dr.Sanjana, PG in OBG received Young Investigator at ISSHP, Bangalore on 24th to 27th Sept.2023.

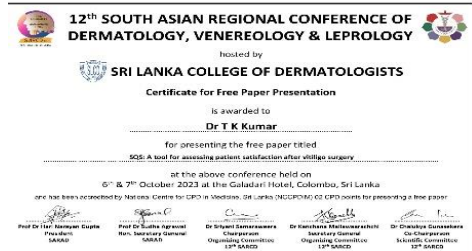


Dr.Sasi Kiran, PG in Emergency Medicine received 2nd Place in Poster Presentation at EM Geriatrics CME, JSS Medical College, Mysuru on 22nd July 2023.



Dr Naureen & Dr Austin, PG in Emergency Medicine received 1st place in quiz competition at EM Geriatrics CME, JSS Medical College Mysuru on 23rd Sept.2023

Dr.Sasikiran, PG in Emergency Medicine received 2nd place in quiz competition at EM Geriatrics CME, JSS Medical College Mysuru on 22nd Sept.2023



Dr.Tanmayi Komal, PG, Dept. of Dermatology presented a poster titled “SQS: a tool for assessing patient satisfaction after vitiligo surgery” at 12th South Asian Regional Conference of Dermatology, Venereology, and Leprology, Colombo on 6th & 7th October 2023.

Neonatal Basic life support workshop.



JSS College of Nursing department of Pediatric nursing conducted Neonatal Basic life support: Hands on approach to acquire resuscitation skills workshop held at JSSAHER skill & simulation center in the month of November 2023. 100 members attended the course.

INTERNATIONAL VISITS BY FACULTY/STUDENTS

Dr. Basavana Gowdappa, Principal & Professor of Medicine delivered a keynote lecture on “Health Delivery system in an Emerging Economy role of innovation for cost Effective Delivery: A case study from India” during International conference on Improving Efficiency and Effectiveness in Health Delivery Systems in Developing countries held from 21st to 23rd Nov.2023 at Pearle Beach Resort, Flic en Flac, Mauritius.



Dr. MVSST Subba Rao & Dr. Rajesh Kumar T, Professors, Department of Biochemistry participated in Indo-Sweden Workshop on Household Air Pollution and Health as delegates at Karolinska Institute, Stockholm, Sweden from 25th to 29th September 2023.

STUDENT EXCHANGE PROGRAMME

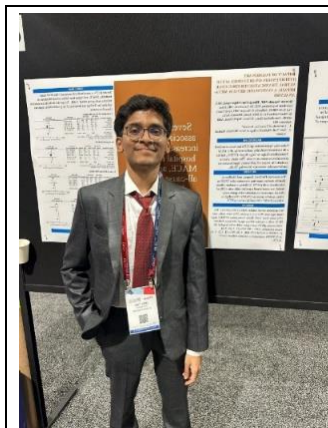
Mr.Jathin Teja Kolli and Ms Jyoti Yadav MBBS students of 2017-18 Batch completed observership between 1st April to 26th April, 2024 at Albert Einstein College of Medicine and Cardiac Care and Vascular Medicine, US

Mr.Jithin Teja Kolli, MBBS student of 2017-18 Batch attended the Society of Cardiovascular Angiography and Intervention (SCAI), held at California, US between 2nd to 4th May, 2024. He presented a poster titled “Impact of Pulmonary Hypertension on outcome after Mitral Transcatheter Edge-Edge Repair: Systematic Review and Meta analysis”

Mr.Jithin Teja Kolli, MBBS student of 2017-18 Batch completed observership at Banner University Medical Centre, US between 6th to 31st May, 2024 in the department of Internal Medicine

Ms.Jyoti Yadav, MBBS student of 2017-18 Batch completed observership at East Advent Health, Orlando, US in the dept of Internal Medicine from 2nd to 26th May, 2024

Ms.Jyoti Yadav, MBBS student of 2017-18 Batch completed observership between 5th to 30th June, 2024 at Banner University Medical Centre, US at Dept of Internal Medicine





An orientation program for three scholars from University of Pennsylvania was conducted on 11th June, 2024 at School of Public Health. Faculties from School of Public Health, Dr.D.M.Shilpa and Dr.Divya K.L. served as resource persons and gave talk on prevention of Sexual harassment and Health tips respectively to help the international scholars from American Institute of Indian Studies to learn and adapt to local conditions in India.

American Institute of Indian Studies (AIIS) provides a range of services to U.S. study abroad programs in India such as research fellowship support for scholars, training in Indian languages, knowledge of Indian culture, publications about India, other service learning programs and to advance the understanding of India and to foster exchange and collaboration between scholars in India, the U.S. and other countries in South Asia. The program was also presided by Dr.Purushothama Bilimale, Kannada Language Program Coordinator, AIIS, Ms Poornima, University of Mysuru, and Dr Sukanya, who gave an orientation and overview about the program.

Dr. Deepa Bhat-(ANATOMY) 3rd January 2024NHM office, Bhopal- State level NHM SCD Conference, Madhya Pradesh : Panel Discussion on Role of Vaccination for left out children and adult living with SCD



- Dr.Manjappa M.- Decoding a curious case of ‘Adult Onset Epilepsy’!!!- 14th February 2024 -Sri Rajendra Auditorium, JSS Hospital, Mysuru
- Dr. Prasanna Kumar S.- Vitamin D mimicking role of Quercetin and its potential effect in ameliorating metabolic syndrome and breast cancer induced liver injury-20th March, 2024World Cancer Congress on Integrative medicine and Translation Research in Cancer–2024 18th-20th March, 2024, Jawaharlal Nehru University, Delhi, India



Dr.Mamatha S Prof. & HOD and Dr.K.B.Suma, Professor of O.B.G felicitated by DC in inaugural function for their contribution towards PMSMA program by treating pregnant women at Hadinaru PHC on 09-02-2024



Student Award

Ms. Yashika Sharma, a Phase III Part II MBBS Student of JSS Medical College, has won *‘First Prize’* in Essay Competition organised by “JSS Law College Hostel for Women, Mysore”. Ms.Yashika has also won a *cash prize of Rs.3000* for the same. The topic of the competition was either on “Women from Home Maker to Parliament, a Struggle for Success” or “Role of Women as a Single Parent in Present Scenario”.



Stuti Jajodia, Vanshika Jaimini and Sana Singh, MBBS Phase II (2022-23 Batch) went for anat art fest in Father Muller Medical College, Mangalore, held on 18th May, 2024. students have won 3rd position in the same. The competition consisted of three rounds, Davinci round, candid clicks round and magic fingers round, where in we had to make diagrams for the identified anatomical structure, relate a natural structure to an anatomical structure, and the top 5 teams selected had to do dissection for the third round.



Akshatha N.S., Ph.D. scholar_Biochemistry dept received Best Poster Award at the Annual meeting of Society of Biological Chemists (India) during 18th to 20th December 2023 at BITS Goa.



Dr.Preethi G.A. Senior project Associate from department of Biochemistry received Best Oral presentation award at Karnatak University, Dharwad on 24th Jan.2024.



Medha, Ph.D. scholar received Best e-poster award at “International conference on global collaboration in Pharmaceuticals Bridging Borders Breaking Barriers” at JSS College of Pharmacy, Ooty during 15th to 17th March 2024



Harshitha, Ph.D. scholar received Best Oral presentation at National conference on Biochemistry emerging Science & technology held at MMK & SDM Institute, Mysuru on 14th & 15th March 2024.

Dr.Shubhashree AN, Dr. Shivani, Mr. Hemanth, Dr. Deeksha M, Dr.Rachana BN, MPH students received GRAAM Y4G Fellowship at Grassroots Research and Advocacy Movement (GRAAM), Mysuru on 29th May 2024.

Dr.Krupa Krishnan, PG in General Medicine received Best Presentation award at Centenary Celebration Medicine Update – 2024 organized by Mysore Physicians Medical & Research Trust ® in collaboration with Department of Medicine, MMCRI & JSSMC, API, Mysore Chapter during 12th to 14th January 2024.



Dr.Maneesha Bellam, PG in General Medicine received Cash prize for the best debater at Centenary Celebration Medicine Update – 2024 organized by Mysore Physicians Medical & Research Trust ® in collaboration with Department of Medicine, MMCRI & JSSMC, API, Mysore Chapter during 12th to 14th January 2024.

Dr.Shivasubramaniam Karunakaran, PG in Respiratory Medicine received First Prize in category Obstructive Airway Disease at Lulu International Convention Centre, Thrissur, Jubilee Mission Medical College Hospital and Research Institute Thrissur Kerala during 2nd to 4th Feb.2024.



Dr.Aishwarya Aladakatti, PG in Respiratory Medicine received Best E-Poster award at 26th National conference of the Indian Association for Bronchology, Kochi during 24th to 26th May 2024.





Dr. Apoorva, Dr. Kusuma, PGs in O.B.G. received first prizes in quiz and Dr. Srinidhi received Second prize in quiz at KSOGA (Online) on 19th April 2024.

Workshops

Neonatal Sonographic Clinical Assessment (NeoSCAN) – 10th to 19th May 2024

Online classes were regarding the principles of medical ultrasound and its application in neuroimaging, echocardiography, lung ultrasound and guided procedures. The participants were provided one week prior to commencement of the program with the training manual specifically written for this course by the NeoSCAN team. The online classes were held on Zoom platform between 10th and 17th May 2024. Each class was conducted by the designated faculty which was followed by question-and-answer sessions. Total duration of online classes was 15 hours.

Hands-On training was conducted on 18th and 19th May at SRCA, JSS hospital. Homegrown Simulators (Simulator baby for ultrasound – SIMBU), 5 numbers were used for training the participants with near real-life experience of learning point of care ultrasound. Homegrown Phantoms were used to train the participants in vascular cannulation and urinary bladder tapping. The duration of the program exceeded the stipulated time due to enthusiasm of the participants. The total duration of the Hands-On training was 15 hours.

Postgraduates from the department of Pediatrics from JSS hospital, Postgraduates in pediatrics from MMCRI and few practicing pediatricians and pediatric staff participated in the program there were total of 50 registrations of which 46 attended the hands-on training.

The Faculty:

Experts in the field of Neonatal Point of care ultrasound were invited to train the participants. Following is the list of faculties who were involved in this value-added programme.

- Dr Naveen Parkash Gupta, Consultant Neonatologist, Madhukar Rainbow hospital, New Delhi
- Dr Venkatesh H.A, Consultant Neonatologist, Manipal Hospital, Bengaluru
- Dr. Nalinikanth Panigrahi, Consultant Neonatologist, Rainbow hospital, Hyderabad
- Dr Pradeep Kumar Sharma, Consultant Neonatologist, Deep Hospital, Ludhiana
- Dr Swetha K, Consultant Neonatologist, Rainbow Hospital, Sarjapur branch, Bengaluru
- Dr Srinivasa Murthy D, Professor in Pediatrics, JSS hospital, JSSAHER, Mysuru

Hands-On Programme:

Hands-On programme began on 18th May 2024, 8 AM with registration of all the participants. The faculty briefed about the objective of the programme and what is expected to learn from the participants. The participants were grouped into 5 groups and the groups were colour coded. Each group attended one station with SIMBU.

SIMBU is a home-grown electronic simulator which is a life size newborn manikin. The manikin is studded with appropriate hardware and software and comes with an inbuilt display for ultrasound images. The sensors on the body recognizes the probe and displays appropriate ultrasound videos simulating real life experience. SIMBU can be used for cranial, cardiac, lung, pulmonary, jugular and airway ultrasound. One of the stations was for conducting ultrasound guided procedures. This station had phantoms for the participants to cannulate or do bladder tap using real ultrasound machine. Each station began with the instructor performing the ultrasound on SIMBU with emphasis on placement of probe and identification of the structures displayed. Later each

participant were mandatorily made to repeat the same task until they could comfortably obtain appropriate ultrasound images and identify the structures. There was a debriefing session after completion of each station.

At the conclusion of the program, both verbal and written feedback was taken from the participants and many queries were answered. A test was conducted at the end with 20 questions (Max Marks 20) with a cutoff of 12 for passing. All the participants passed the test. Correct answers for the question was discussed by all the faculty at the end.



Presidential Action Plan 2024 VACCINOLOGY CME: Bridging Theory and Practice – 09-06-2024

The program consisted of offline case based discussion. The interactive session made the delegates clear their doubts regarding vaccinology, and many more practical problems that pediatricians face day-to-day were addressed. The duration of the program was 8 hours.

The Participants:

Practicing pediatricians, medical college faculty, post-graduates.

The Faculty:

Experts in the field of vaccinology were invited to train the participants. Following is the list of faculties who were involved in this value-added programme.

Dr SG Kasi, Chief Scientific Convenor, Pediatrician

Dr Narayanappa D, Professor, Department of Pediatrics, JSS Hospital

Dr Prashanth SN, HOD and Professor, Department of Pediatrics, JSS Hospital

Dr Sumitha Nayak, National Scientific Advisor, Pediatrician

Dr Priya Shivalli, CIAP EB Member, Consultant Neonatologist



Launch of novel mobile app Antibiotica – 15-05-2024

We are happy to announce the launch of novel mobile app "Antibiotica" by Department of Pharmacology, JSS Medical College. The launch event was chaired by Dr Suma M N, Vice Principal (Pre-Clinical), Dr Praveen Kulkarni, Vice Principal (Para-Clinical) and Mr. S R Sathish Chandra, Administrative Officer, JSS Medical College, Mysuru.

The project is funded by ICMR for MD Research Thesis to Dr. Krishna Teja Dwibhashyam, MD Postgraduate. It was developed under the guidance of Dr. Prathima C, Associate Professor Department of Pharmacology, JSS Medical College and Dr. Vanishri Arun, Associate Professor, Department of Information Science & Engineering, SJCE, Mysuru.

Dr Satish A.M, Professor & Head, Department of Pharmacology, JSS Medical College, Mysuru alongside with other faculties and postgraduates of Pharmacology graced the event.

Antibiotica is a quick bedside reference tool for clinicians, post-graduates and interns for prescribing antibiotics. It will help in overcoming knowledge gaps, misuse and overuse of antibacterial agents, promotes rationale prescription of antibiotics and minimize antimicrobial resistance (AMR) thereby reducing morbidity and mortality related to AMR.

It is developed based on National Centre for Disease Control guidelines (NCDC) and offers information about various infections and recommended antibiotic therapy, prophylactic antibiotic therapy recommended for adult and paediatric surgical procedures and includes pertinent drug information.

The 'Antibiotica' app is now available for free and can be downloaded from Google Play Store.

Download Link: <https://play.google.com/store/apps/details...>



Student Details

1st Year MDS students details for the academic year 2023-24

Sl No	Name of student	Gender & Blood Group	Category	State	Subject
1	Dr. DEEPTI GOKLANI	F	Gen	Uttarpradesh	Conservative
2	Dr. SHAIMA MISBAH SHAFIQ	F	Gen	Karnataka	Conservative
3	Dr. V.HAMSINI	F	Gen	Andra Pradesh	Conservative
4	Dr. YAZHINI S	F	OBC	Tamil Nadu	Conservative
5	Dr. AKSHAYA S	F	Obc	Tamil Nadu	Oral Surgery
6	Dr. SAMYAH SHEIKH DASTAGIR KOTA	F	Obc	Karnataka	Oral Surgery
7	Dr. SOUNDARYA SHAW	F	Gen	Bihar	Oral Surgery
8	Dr. TANYA BAIJAL	F	Gen	Uttarpradesh	Oral Surgery
9	Dr. RITU B	F	OBC	Karnataka	Oral Medicine
10	Dr. M V DURGA	F	Gen	Kerala	Orthodontics
11	Dr. MERLYN TERESA KURIAN	F	Gen	Kerala	Orthodontics

12	Dr. MUSKAN SALGIA	F	Gen	Telangana	Orthodontics
13	Dr. YASHMIN P	F	Gen	Kerala	Orthodontics
14	Dr. ABHINAYA ANANTHAKUMAR	F	Gen	Tamil Nadu	Paedodontics
15	Dr. BATTU BHANU TEJA	M	Gen	Telangana	Paedodontics
16	Dr. PRAMADWARA KUMAR	f	Gen	Karnataka	Paedodontics
17	Dr. SRI SHEELA RAANI D	F	OBC	Tamil Nadu	Paedodontics
18	Dr. AMISHAA JALAN	F	Gen	Karntaka	Periodontolog y
19	Dr. M S NITHYASHREE	F	GEN	Karnataka	Periodontolog y
20	Dr. MUSKAN AGGARWAL	F	GEN	Punjab	Periodontolog y
21	Dr. RAKSHITHA S	F	OBC	Karnataka	Periodontolog y
22	Dr. ELAKSHI GARG	F	Gen	Haryana	Prosthodontics
23	Dr. MADHUMITA RAJU PILLAI	F	Gen	kerala	Prosthodontics
24	Dr. MANCHANDA JASMEET SINGH HARVINDER SINGH	M	Gen	Maharashtra	Prosthodontics
25	Dr. PRAGYA LAHA	F	Gen	Assam	Prosthodontics
26	Dr. TATIKONDA SUPRIYA	F	Gen	Telangana	Prosthodontics
27	Dr. VAISHNAVI CHANDRASHEKHAR GADE	F	OBC	Maharashtra	Public Health

1st Year BDS studens details for the academic year 2023-24

Sl. No	Students Name	Gender	Category	State
1	DAMARAPATI NAGA PRIYA	Female	OBC	Andhra Pradesh
2	MARUR MAHATHI	Female	Gen	Andhra Pradesh
3	AL WASBIR LASKAR	Male	Gen	Assam
4	ABHISHEK KUMAR	Male	OBC	Bihar
5	SHOBHIT PHULWANI	Male	Gen	Delhi
6	KANAN AGARWAL	Female	Gen	Gujarat
7	MAVISHA	Female	Gen	Haryana
8	SHAHINA QAISER	Female	Gen	Jharkhand
9	ADITI PATHOLE	Female	Gen	Karnataka
10	ADITI S DESHPANDE	Female	Gen	Karnataka
11	AFRAH ZUNAIRAH	Female	OBC	Karnataka
12	AKSHAYA KRISHNAN	Female	OBC	Karnataka
13	ALIYA BANU	Female	OBC	Karnataka
14	ANKITA G DHANYA	Female	Gen	Karnataka
15	AROOSA UMER KHAN	Female	OBC	Karnataka
16	BHOOMI BASAVARAJ THAKALENNAVAR	Female	OBC	Karnataka
17	BHOOMIKA GOWDA H P	Female	OBC	Karnataka
18	BHOOMIKA JAIN	Female	Gen	Karnataka
19	CHAITHRA M S	Female	OBC	Karnataka
20	CETHANA S	Female	Gen	Karnataka
21	CHIRANJEEVI M KORADHANYAMATH	Male	Gen	Karnataka
22	D. SHIVANI SINGH	Female	Gen	Karnataka
23	DEVIKA M	Female	OBC	Karnataka

Sl. No	Students Name	Gender	Category	State
24	DHANANJAY O	Male	OBC	Karnataka
25	DHANUSH K M	Male	OBC	Karnataka
26	ESHWAR PRASAD N	Male	SC	Karnataka
27	GANESH MS	Male	OBC	Karnataka
28	HIMA BINDU C J	Female	OBC	Karnataka
29	ISHA U	Female	OBC	Karnataka
30	KALPITHA PRAKASH	Female	Gen	Karnataka
31	KAMEEL AHMED KHAN	Male	OBC	Karnataka
32	KRUTHIKA L	Female	SC	Karnataka
33	KUSHAL KUMAR V	Male	OBC	Karnataka
34	LAMIYA HUDA	Female	OBC	Karnataka
35	MANAAL MOHAMMADI	Female	Gen	Karnataka
36	MANASVINI SHARMA	Female	Gen	Karnataka
37	MEGHANASHREE R	Female	OBC	Karnataka
38	MIZBA KHAN	Female	OBC	Karnataka
39	MOHAMMED ASFAAN A	Male	OBC	Karnataka
40	MOHAMMED YUSUF SAYEEQ AHMED	Male	OBC	Karnataka
41	PANNAGA G K	Female	OBC	Karnataka
42	PRAMOD BHUTE	Male	Gen	Karnataka
43	PREETHI H S	Female	OBC	Karnataka
44	PREKSHA RAJEEV	Female	OBC	Karnataka
45	PREMKUMAR T M	Male	SC	Karnataka
46	RAJESHWARI D J	Female	OBC	Karnataka
47	RAKSHITHA M S	Female	OBC	Karnataka
48	RAMYA NILKANT KAMBLE	Female	SC	Karnataka
49	RANJITHA N	Female	Gen	Karnataka
50	RANYA KHAN	Female	OBC	Karnataka
51	RUMANA AFREEN KHAZI	Female	OBC	Karnataka
52	SAFA REEM	Female	OBC	Karnataka
53	SANGEETHA D K	Female	OBC	Karnataka
54	SHIVAM SUNIL VERNEKAR	Male	OBC	Karnataka
55	SOWJANYA S	Female	Gen	Karnataka
56	SUHAS R MATALE	Male	Gen-EWS	Karnataka
57	SWAROOP S	Male	OBC	Karnataka
58	SYED RAZEEN	Male	Gen	Karnataka
59	TANISHA HANNAN	Female	OBC	Karnataka
60	VAISHNAVI M KALLANNAVAR	Female	Gen	Karnataka
61	VAISHNAVI SATISH	Female	Gen	Karnataka
62	VARSHINI M J	Female	OBC	Karnataka
63	VIDHI JAIN	Female	Gen	Karnataka
64	YUGA KESTUR K	Female	Gen	Karnataka
65	ZOYA SABREEN SHAKIB	Female	OBC	Karnataka
66	ZUHA FATHIMA	Female	OBC	Karnataka
67	ZUNAIRA AZEEMA	Female	OBC	Karnataka
68	AAYUSH MATHAI	Male	Gen	Kerala
69	AFEefa FATHIMA	Female	OBC	Kerala
70	ARUNDHATHI R NATH	Female	OBC	Kerala
71	ARYA NAIR R	Female	Gen	Kerala

Sl. No	Students Name	Gender	Category	State
72	DAVIS MANUVEL P WILSON	Male	Gen	Kerala
73	DHANUSHA DENNIS	Female	Gen	Kerala
74	FATHIMA TEZIL	Female	OBC	Kerala
75	GOURI THEERTHA	Female	Gen	Kerala
76	KEVIN JOHN THALIATH	Male	Gen	Kerala
77	MALVIKA MANOJ	Female	OBC	Kerala
78	NAJA M K	Female	OBC	Kerala
79	PRANAV K M	Male	Gen	Kerala
80	AISHA LUTHRA	Female	Gen	Maharashtra
81	MASAPOGU SATYA RAJU DEVARSHINI	Female	SC	Maharashtra
82	SHANSHUNG CHAWUNG	Male	ST	Manipur
83	JAEDON JOHANAN LYNRAH	Male	ST	Meghalaya
84	MHASINEI SESA	Female	ST	Nagaland
85	ISHANI DAS	Female	Gen	Odisha
86	JAAHAAN VOHRA	Male	Gen	Punjab
87	KOGILASEETHALAKSHMI	Female	Gen	Tamil Nadu
88	MADHURIKA U	Female	OBC	Tamil Nadu
89	PRAKRUTHE S M	Female	OBC	Tamil Nadu
90	SAISHRUTI	Female	Gen	Tamil Nadu
91	SIVAGAMI	Female	Gen	Tamil Nadu
92	SRI HARINI R.	Female	OBC	Tamil Nadu
93	THOSITA SUBRAMANI	Female	Gen	Tamil Nadu
94	V DEEKSHA	Female	OBC	Tamil Nadu
95	VENKATT NARAYANI R	Female	OBC	Tamil Nadu
96	ZAARA M	Female	OBC	Tamil Nadu
97	AYUSHI NIRANJAN	Female	Gen	Uttar Pradesh
98	PRANJAL KALWANI	Female	Gen	Uttar Pradesh
99	USHA RANI BISWAS	Female	SC	West Bengal
100	VAANI AGARWAL	Female	Gen	West Bengal

INTERNATIONAL STUDENT CELL COMMITTEE

Objective of International Student Cell Committee

- The International Student Cell Committee is constituted with the purpose to take utmost care of international students during their stay, from the time of their admission to completion of their study
- To promote cordial student-student and student-teacher relationships.
- The committee would work to ensure support and integrate international students into various events of the institution.

Standard Operating Procedure

The Committee shall,

- Refer to the updated UGC guidelines for Admission of International Students periodically.

- b) Shall get the details of international students admitted to B Sc, M Sc and MBBS Courses every year and coordinate with the related departments.
- c) Shall sensitize the newly enrolled international students on the existence, functioning and role of the cell and also share with them the mode of contact in case of grievance.
- d) Conduct two/three meeting in a year in the presence of the Student Representatives to cater to their grievances.
- e) Integrate International Students into the college premises and activities without any obstacles.
- f) Address the grievance of International students with respect to Academics, Accommodation, Admission, Evaluation or any other issues during their stay.
- g) To provide the Students with information about the local customs, language and civic facilities.

Mode of Contact

- a) Drop boxes have been installed at various places in the campus and hospital to facilitate the students report complaints, grievances as well as their suggestions.
- b) International students are provided with contact numbers of the committee members to facilitate 24/7 assistance in case of emergency and also encouraged to directly contact the Member Secretary in case of grievance.
- c) Once the grievance is received the issue will be resolved under the guidance of Principal and if necessary, relevant committees would also be involved. On redressal of the issue, the information will be communicated to the concerned student and University.

OPEN AND DISTANCE LEARNING (ODL)

ODL has had a global impact as an effective instrument for educational empowerment of diverse learners deprived of the formal 'face-to-face' education for a variety of reasons. By utilizing cutting-edge technology, ODL has the potential to provide education to anyone, anywhere. This is a blessing for those who reside in terrains that are difficult for instructors to reach. The JSS AHER ODL was established in 2017 to provide health sciences-related courses.

with a Master of Science in Environmental Sciences program, two Postgraduate Diploma programs, and one certificate program. The purpose of JSS AHER ODL is to provide health sciences programs to meet the requirements of individuals interested in the environment and healthcare. The JSS AHER ODL employs a variety of technological methods for effective curriculum delivery and efficient student learning. It has established two study facilities, one in Bengaluru and the other in Ooty, to enhance student learning and provide additional support. It also collaborates with other organizations whose goal is to empower students through distance learning.

STUDENT SUPPORT CELL

Student Support Center (SSC) is formed at JSS AHER, Mysuru with the support of the Department of Psychiatry and the Department of Clinical Psychology.

Student Support Center (SSC) provides free and confidential direct individual counseling services for a variety of concerns including, stress, burnout, time management, relationship problems, anxiety, depression, and other matters related to a student's overall mental well-being. The Center also provides resource information on wellness topics and is responsible for student outreach programming designed to reduce stress and improve overall well-being.

Aims to provide comprehensive services under one roof to the students/staff. JSS AHER is a university that is constantly striving to maintain international standards of excellence, certainly in academic output, but equally in the holistic emotional, mental, and physical well-being of its students/staff. The Student Support Centre has linked with the WHO campaign on raising awareness around mental health and aspires to contribute to public education about issues that affect young people, such as sexual abuse, suicide, and substance abuse. etc.

Free Education for Poor students at JSS free residential school, Suttur



Free dental treatment for children of JSS free residential school, Suttur at Sattelite Dental Health Centre, Suttur



Dental treatment at concessional cost to the residence of Suttur Village



Student and Faculty Exchange program to various Universities

This initiative provides better exposure to the students of our institution to participate in the learning process of other universities across the globe.





Guest Lecture

Report on programmes conducted / attended (Guest lectures, CME, Seminar, Conferences)

1. Accelerating Progress Towards a TB-free World: Innovations, Challenges and Solutions by department of Community Medicine on 22nd to 24th Nov.2023.
2. World Hepatitis Day Awareness Program by department of School of Public Health & Gastroenterology on 28-07-2023.
3. World Immunization Day – 2023 - Celebrations & Walkathon by department of general medicine on 10-11-2023.
4. World Diabetes Day Celebration by department of general medicine on 10-11-2023.
5. Emergency Medicine for the Elderly by department of Geriatrics on 22.07.2023.

6. 19th Annual National Conference of Indian Association for Geriatric Mental Health (GERON 2023) by department of Geriatrics on 23rd & 24th Sept.2023.
7. Breastfeeding Week by department of Paediatrics on 20-07-2023.
8. Childrens Day Celebration by department of Paediatrics on 16-11-2023.
9. Therapeutical Advances in Pediatric Dermatology by department of Dermatology on 10-12-2023.
10. Stress Management for Women officers of State Bank of India by department of psychiatry on 18-11-2023.
11. World Occupational Therapy Day by department of Occupational Therapy on 27-10-2023.
12. HPV Vaccination Programme by department of MPH & Paediatrics on 19-12-2023.

Accelerating Progress Towards a TB-free World: Innovations, Challenges and Solutions - 22nd, 23rd, 24th November 2023

The Departments of Community Medicine and Respiratory Medicine, JSS Medical College, and JSS Academy of Higher Education Mysuru, jointly organized the **International Tuberculosis Conclave-2023** on the 23rd and 24th of November with four pre-conference workshops on 22nd November 2023 at Sri Rajendra Auditorium, JSS Medical College, SS Nagara, Mysuru. The conference theme is **“Accelerating Progress Towards a TB-free World: Innovations, Challenges and Solutions.”**

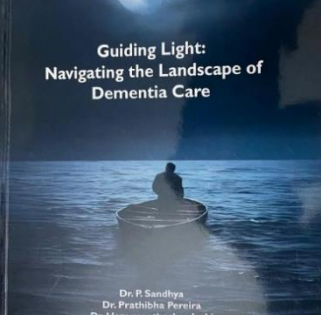

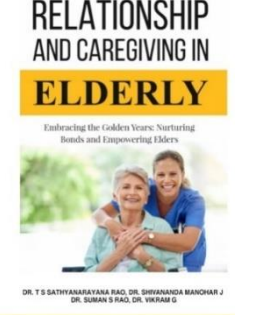
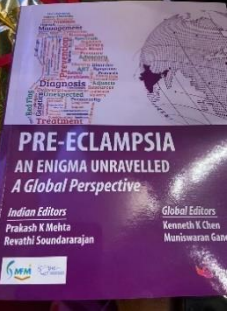
Tuberculosis (TB) is a significant cause of ill health and death worldwide. The sharing of knowledge, best practices, innovations, and strategies through scientific platforms is essential for policy-making and program implementation for prevention and control of Tuberculosis. International Tuberculosis Conclave-2023 aimed at bringing together experts from around the world to share information and best practices on preventive, diagnostic, and therapeutic advances in TB.







Guest Lectures conducted








1. Neglected Tropical Diseases- Dr. Ilham Zaidi, by School of Public Health on 24-07-2023.
2. Tuberculosis - Dr.Rajendra Prasad by Respiratory Medicine from 09-10-2023 to 11-10-2023.
3. Lung Ultrasound in Neonates - Dr.Suhaim Afsar by department of Paediatrics on 04-08-2023.
4. Safer airways in neonates - Dr.Narasimha Rao by department of Paediatrics on 01-09-2023.
5. How I manage Thalassemia - Dr.Anand Kumar K by department of Paediatrics on 13-10-2023.
6. “E-Learning module on tobacco counseling” - Dr.Chandrashekar on 22.01.2024 by department of School of Public Health
7. “Breaking Barriers: A Woman’s Public Health Journey in Hard-to-Reach Areas” - Dr. Rufia Shaista Khanum on 06.02.2024 by department of School of Public Health
8. “Between Remembering and Forgetting: Contextualizing Mild Cognitive Impairment (MCI) as the Gentle Nudge towards Cognitive Care & Longevity” - Dr. Javad Anjum on 07.03.2024 by department of School of Public Health
9. “Primer on Diabetes” - By Dr.M.A.Shekar on 22.03.2024 by department of Medicine
10. “National Tuberculosis Elimination Program” - By Dr.Siraj, Dr. Ganapthy Uppinal, Dr.Kiran, Dr.Sarveswarakar on 15.05.2024 by department of Respiratory Medicine
11. By Dr.Satyan Lakshminrusimha, Dr.A.S.Vasudev, on 04.01.2024 on topic “UTI in children-New current Guidelines”. by department of Paediatrics








Textbooks Authored or/and chapters contributed by faculty

 <p>Guiding Light: Navigating the Landscape of Dementia Care</p> <p>Dr. P. Sandhya Dr. Prathibha Pereira Dr. Hanumanthachar Joshi</p>	 <p>INDIAN ACADEMY OF PEDIATRICS IAP Standard Treatment Guidelines 2022</p> <p>Editors-in-Chief Remesh Kumar R Vinod H Patilgari Priyash Gupta</p> <p>Academic Editors Narmada Ashok Santima Dobb Pawan Kalyan Suresh Singh Bisht Prashant Karjane</p> <p>Associate Editors SS Kamath Kishore Mohan R Vishnu Mohan PT</p> <p>President 2022: Ramesh Kumar R 1924-2022: Vinod Saxena</p> <p>Foreword YK Aundekar</p>	 <p>RELATIONSHIP AND CAREGIVING IN ELDERLY</p> <p>Embracing the Golden Years: Nurturing Bonds and Empowering Elders</p> <p>DR. T S SATHYANARAYANA RAO, DR. SHIVANANDA MANGHAR J DR. SUMAN S RAO, DR. VIKRAM G</p>	 <p>PRE-ECLAMPSIA AN ENIGMA UNRAVELLED A Global Perspective</p> <p>Indian Editors Prakash K Mehta Revathi Soundararajan</p> <p>Global Editors Kenseth N Chen Mustawaran Gani</p>
<p>Geriatrics: Dr. P. Sandhya, Dr. Prathibha Pereira; Title of the Chapter / Book - Guiding Lights: Navigating the Landscape of Dementia Care ; Published by Alzheimer's and Related Disorders Society of India , 2023</p>	<p>Pediatrics: Dr. Rashmi N; Title of the Chapter /Book Name: Paediatrics Endocrinology protocol 2nd edition Chapter: Tall Stature; Published by Jay pee-grow india (Learning grow society) – 2023</p>	<p>Psychiatry: Dr. T.S. Sathyanarayana Rao; Dr Suman S Rao; Dr Vikram G; Dr Shivanand M; Title of the Chapter / Book; Relationship and Caregiving in Elderly</p>	<p>Dr. Hemapriya K. Title of the Chapter / Book - Chapter 13: Placenta in preeclampsia-villain or victim. Published by ISSHP – 2023.</p>

GUEST LECTURE DELIVERED BY THE FACULTY

Sl. No	Name of the faculty	Title	Date & Venue	Certificate / Photos
1	Dr. Vidya CS	Development of face and its anomalies	8 th & 9 th Sept 2023 JSS Dental College, Mysuru.	
2	Dr. Vidya CS	Nutrition week	2 nd September 2023 JSS Medical College, Mysore	
3	Dr. Akila Prashant	CME on Maternal Serum markers for Prenatal screening	2 nd July 2023 Medical College, Baroda	
4	Dr. Prashant Vishwanath	CME on Basic Panel for Newborn screening	2 nd July 2023 Medical College, Baroda	

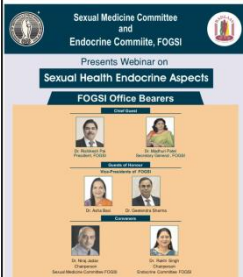
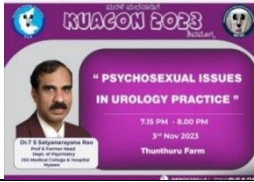




5	Dr. Rajesh Kumar T	Human Papillomavirus modulate NRF2 signaling in Head & Neck cancers: biomarker for patient prognosis and de-escalation therapy- IADCA-JSS AHER Symposim	03 rd July 2023 JSS AHER	
6	Dr. Prasanna Kumar S	Hepatocellular Carcinoma and its Preventive and therapeutic strategies, IADCA-JSS AHER Symposim	03 rd July 2023 JSS AHER	
7	Dr. Prasanna Kumar S	Cancer	21 st July 2023 Hampi	
8	Dr. Rajesh Kumar T	FDP on Advancement in Biological Sciences for the sustainable development in agriculture, Health and allied sectors	7 th to 11 th August 2023. REVA University, Bengaluru	
9	Dr. MVSST SubbaRao	DST-SERB sponsored International Conference on Genetics and Epigenetics of Cancer	30 th & 31 st October 2023. School of Life Sciences, Mysuru	
10	Dr. Rajesh Kumar T	DST-SERB sponsored International Conference on Genetics and Epigenetics of Cancer	30 th & 31 st October 2023. School of Life Sciences, Mysuru	
11	Dr. Prasanna Kumar S	Nutraceuticals. for inflammatory diseases and cancer	22 nd & 23 rd December 2023 NMAM Institute of Technology, Nitte	

12	Dr. Akila Prashant	Dr.S Gopalakrishnan Oration: Unravelling the Mysteries: Rare Disease Research & Therapeutics	14 th to 16 th December 2023 CIDCO Convention Centre, Navi Mumbai	
28	Dr Anil S Bilimale	Part of panel discussion on Global hand Washing Day by SIRD and Unicef	16-10-2023	
	Medicine			
29	Dr.H.Basavana Gowdappa	Medical Education and Research Trust® Association of Physicain of India 44 th CME Programme in internal medicine & Prof. Dr.K.S.S APPA Memorial XX National symposium in cardiology - Adult Vaccination	26.10.2023 to 01.11.2023 Bangalore 	
30	Dr.H.Basavana Gowdappa	International conference on Improving Efficiency and Effectiveness in Health Delivery Systems in Developing countries: Research, Implementation and Policy Issues” Topic: “Health Delivery system in an Emerging Economy role of innovation for cost Effective Delivery: A case study from India”	21 st to 23 rd November 2023 Pearle Beach Resort, Flic en Flac, Mauritius	
31	Dr. Pratibha Pereira	Topic Frailty in the elderly in Indian Medical Association Kerala State Brach Committee for care of older person and Geriatric Society of India on Online Mode on	04.08.2023 (Online)	
32	Dr.Tejaswini.C.J	Elder Care”Health & Wellness Centre-	19.01.2023 Jayalaxmipuram, Mysuru	

33	Dr. Shilpa Avarebeel	Elderly Self Care	15.11.2023 Kollegal	
34	Dr. K.B Suma	CME on Autoimmune Disorders in pregnancy	02.07.2023 JP Fortune Palace Mysuru	
35	Dr. Hemapriya L	Organised cme on Autoimmune disorders in pregnancy Participated as panelist on Recurrent pregnancy loss	02.07.2023 JP Fortune Palace Mysuru	
36	Dr. Prathap T	Sowa Rigpa Doctor during the 10 days orientation course on allopathy	07 July 2023 Byalaguppe, Karnataka	
37	Dr. K.B Suma	Papilloma virus vaccine in prevention of Cervical Cancer in females	18.07.2023 Auditorium of Trinity college Vijaya Nagara Mysuru	
39	Dr. Prathap T	Conducting talk on "EASY & SAFE TLH"	28.07.2023	
40	Dr. Jayashree S	Dr. S N Kaulgud Memorial CME talk on Evidence based approach an infertile couple	12 th August 2023 Hotel Sandesh The Prince	

41	Dr. Jayashree S	Happy learning Master class webinar series Mixed bag Panel discussion on Reverse panel POCSO Act	22 nd August 2023	
42	Dr. Jayashree S	Understanding male infertility Evaluation and treatment	24 th November 2023 Hotel Royal Orchid Metropole Mysuru	
45	Dr. Jayashree Ramesh	World Physiotherapy Day 2023 Seminar Multidisciplinary Management in Rheumatoid Arthritis Topic – Rehabilitation in Rheumatoid Arthritis	6 th September 2023 SRCA, JSS Hospital, Mysuru	
46	Dr Archana K N	ERAS in pediatrics	12 th to 13 th Aug 23 MMC & RI, Mysuru	
53	Dr. Kishore.M	“Impact of Gadgets Harmful Use on Children & Adolescents”	5 th July 2023 JSS College of Speech & Hearing, Mysuru	
54	Dr. Kishore.M	National Program for training Tibetan Doctors	3 rd to 14 th July .2023	 

55	Dr.Kishore.M	National Conference Understanding child & Adolescent Development	27 th July 2023 Bangalore	
56	Dr.Kishore.M	Best Practices in Multidisciplinary Dementia Care	23 rd November 2023 JSS Institute of Speech & Hearing, MG Road Mysuru	
57	Dr.T.S.Sathyanarayan a Rao	Topic: MSE: Basics of Interview and Examination for Sexual Dysfunctions	22 nd & 23 rd July 2023	
57	Dr.T.S.Sathyanarayan a Rao	IPS National Workshop on Clinical Practice Guidelines (CPG) for Psychiatrist in India on Mental Health & Well being. Topic : Sexual Wellbeing	13 th August 2023	
58	Dr.T.S.Sathyanarayan a Rao	Emerging Psychiatric Specialities, with emphasis on Sexual Medicine	2 nd October 2023 Mangalore	
59	Dr.T.S.Sathyanarayan a Rao	Topic Understandig Adolescent: Sexuality & Relationship	10 th October 2023 Kolkata	
60	Dr.T.S.Sathyanarayan a Rao	Topic 'Psychotropics and the Sexual Life	21 st October 2023	

61	Dr. T.S.Sathyannarayan a Rao	Topic: Beyond Hormones: The Biochemistry of Love & Sex	26 th October 2023	
62	Dr. T.S.Sathyannarayan a Rao	National Conference on Sexual health – AMOGS Topic: “Role of Counseling in Sexual Medicine Practice”	30 th October 2023	
63	Dr. T.S.Sathyannarayan a Rao	Psychosexual issues in urology practice	3 rd November 2023 Shimoga	
64	Dr. T.S.Sathyannarayan a.Rao	Intensive Residential Clinical Skills Training Workshop & Celebration of International Sexual Health Day	4 th & 5 th Sept 2023 Hotel Sepoy Grande, Mysore	
65	Dr. T.S.Sathyannarayan a.Rao	Sexual medicine committee master class series of psychosexual health session 7 Topics: Hypersexuality: Sexual Addiction Disorder- The Concept, Controversies & the Current Status	28 th Sept 2023	
66	Dr. Shivananda Manohar.J, Dr. Pradeep Kumar.P.C	Special Lecture Series – Stress and Resilience	25 th November 2023 Manasagangothri, Mysuru	
67	Dr. Pradeep Kumar.P.C	Special Lecture Series – “Mental Wellbeing Managing Academics.”	25 th November 2023 Manasagangothri, Mysuru	

68	Dr.Pradeep Kumar.P.C	Teen Suicide:- Signs and Prevention	15 th September 2023 St Philomena's College, Mysuru	
75	Trishala.D	Stress Management in Nursing students	21 st November 2023 JSS Nursing college, Chamrajnagar	
77	Dr (Maj) Aradya H V	Panel discussion on Jaundice in Pregnancy	22.07.2023 Hotel Sandesh The Prince Mysuru	
78	Dr.Vaishnavi Hiren Joshi	Role of Occupational Therapy in Psychiatric Disorders	22-08-2023 JSS Hospital, Mysuru	

Research Projects

INTERNATIONAL FUNDED PROJECTS

1. Characterize Asthma and allergic rhinitis in the Indian population. Dr.Mahesh P A, Respiratory Medicine. Amt: 20,00,000 funded by University of Birmingham.

ICMR Fellowship details

UG Student (ICMR) Research Projects – Ongoing

Title of the project	PI	Guide	Amount sanctioned
Evaluating the levels of follistatin (FST) A Biochemical Marker in older Population with and without sarcopenia	Ms.Sarani Sree Reddy Dumbala	Dr.Kusuma K S Asst. Professor of Biochemistry	50,000.00
Relationship of traffic noise exposure and ambient PM 2.5 levels with arterial blood pressure perceived stress and sleep quality among street traders at Mysuru city karnataka	Mr.Kaustubh Gaur	Dr.Praveen Kulkarni Professor of Community Medicine	50,000.00
Barriers to vasectomy and its associated socio-demographic variables among the couple who	Ms.Muskan Jindal	Dr.Smitha C Asst. Professor of	50,000.00

have adopted tubectomy in urban rural and tribal areas		Community Medicine	
Relationship of traffic noise exposure and ambient PM 2.5 levels with arterial blood pressure perceived stress and sleep quality among street traders at Mysuru city Karnataka	Mr.Kaustubh Gaur	Dr.Praveen Kulkarni Professor of Community Medicine	50,000.00
Barriers to vasectomy and its associated socio-demographic variables among the couple who have adopted tubectomy in urban rural and tribal areas	Ms.Muskan Jindal	Dr.Smitha C Asst. Professor of Community Medicine	50,000.00

SIG DETAILS

Sl. No	Title of the Project	Name of the Principal Investigator	Department	Project Sanctioned letter No. & Date	Grants Sanctioned
1	Respiratory and Environmental Diseases.	Dr. P A Mahesh Professor of Respiratory Diseases	Respiratory Diseases	REG/ACA/SIG/225/ 2016-17 Dated: 13.06.2016	300000.00
2	Cancer Biology and cancer Stem Cells	Dr. MVSST Subbarao Asso. Professor	Biochemistry	REG/ACA/SIG/225/ 2015-16 Dated: 18.03.2016	1ST -300000 2ND - 300000
3	Comprehensive Geriatric Care	Dr. Prathibha Periera Asso. Professor	Medicine	REG/ACA/SIG/225/2016-17 Dt: 20.04.2017	300000.00
4	Public Health	Dr. H Basavanagowda ppa Principal, JSSMC	JSSMC	REG/ACA/SIG/225/2017-18 Date: 12.12.2017	300000.00
5	Patient Care Management	Dr. H Basavanagowda ppa Principal, JSSMC Mrs.Kanakavalli K Kundury	JSSMC	REG/ACA/SIG/225/2018-19/1419 Dt: 07.05.2018	300000.00
6	“Human Genomics and Rare Disorders”.	Dr. Akila Prashant Professor Dept of Biochemistry	Biochemistry	REG/ACA/SIG/225/2018-19/1772 Date: 24.05.2018	300000.00

Ongoing External funded projects

1. Sickle cell disease. PI: Dr. Deepa Bhat, Dept. of Anatomy. Amt: 19,00,000 funded by ICMR.
2. Sickle cell disease. PI: Dr. Deepa Bhat, Dept. of Anatomy, in collaboration with community medicine department. Amt: 11,00,000 funded by ICMR.
3. National Registry for Rare and other Inherited disorders. Dr. Akila Prashant, Biochemistry, in collaboration with Anatomy and paediatrics. Amt: 2,44,000 funded by ICMR.

4. Bone Mineral Density in children consuming reverse osmosis (RO), Non-RO water, Dr. Devananda D, Biochemistry in collaboration with pediatrics and JSS Dental college. Amt: 20,41,000 funded by ICMR.
5. Screening for sexually transmitted infections (STIs) among tribal women population. Dr. Vidyavathi B Chitharagi, Microbiology in collaboration with community medicine department. Amt: 20,15,100 funded by ICMR.
6. Genomics and sialic acid in oral samples of children receiving multiple blood transfusion. Dr.SubbaRao MVSSST in collaboration with JSS Dental College , Public Health. Amt: 9,35,000 funded by ICMR.
7. Counselling skills of medical and dental undergraduate students. Dr.Praveen Kulkarni, Dr.Kishore.M in collaboration with JSS Dental College. Amt: 17,94,560 funded by ICMR.
8. Centre for Training Research and Innovation in Tribal Health. Dr. Deepa Bhat, Anatomy in collaboration with Biochemistry and paediatrics. Amt: 17,92,415 funded by ICMR.
9. Integrated Yoga And Transcendental Meditation By Frontline COVID Warrior. Dr.Madhu B, Community Medicine in collaboration with Dept of Yoga & Biochemistry. Amt: 5,50,000 funded by ICMR.
10. Muscle wasting & Cancer cachexia. Dr. Vinay Kumar MB, Medical Genetics in collaboration with Dept of Biochemistry. Amt: 53,57,240 funded by ICMR.
11. Viral load testing in HIV treatment response. Dr. M N Sumana, Microbiology. Amt: 98,00,000 funded by NACO.
12. Genomic studies & beta thalassemia. Dr.Deepa Bhat, Anatomy in collaboration with paediatrics funded by Medgenome.
13. Genetic analysis of Parkinson disease. Dr.Shasthara, Neurology in collaboration with anatomy funded by Medgenome.
14. Resident Memory T (RM) cells and IL 15 levels in vitiliginous patches. Dr.Vinutha R, Dermatology in collaboration with Biochemistry. Amt: 4,70,000funded by IADVL
15. Mental Health care Services to Adolescent. Dr Sunil Kumar D, Community Medicine in collaboration with SJCE. Amt: 1,00,000 funded by Mamta HMIC, New Delhi.
16. Cost of illness and Diabetes-Specific Quality of Life. Madhu B, Community Medicine in collaboration with MPH. Amt: 1,00,000 funded by Mamta HMIC, New Delhi.

Oral health related quality of life. Dr Sunil Kumar D, Community Medicine in collaboration with JSS Dental College. Amt: 25,000 funded

Patents

1. Multiplex PCR assay with cocktail of primer mix to identify pathogenic bacteria causing neonate sepsis. Dr.Akila Prashant, Anshu Kumar Yadav, Dr. Prashant Vishwanath, Dr. Suma MN, Dr. Devananda D. Consultant : Cintelligence Services . Patent Application No.: 202041015935. Filed: 13-04-2020, Published.
2. Lipid based composition of Salinomycin for triple negative breast cancer. Vikas Jain, Hitesh Kumar, Rupshee Jain, Vishal Kumar Gupta, Vidya B G, Madhunapantula Venkata Soma Surya Trinadha SubbaRao, Patent Application No.: 202141028656A. Filed: 25/06/2021, Published.
3. Feed rail-automated gravity feeding device for premature infants. Doreswamy, Srinivasa Murthy. Patent Application No.: 201741010900, Filed:28/03/2017. Granted.

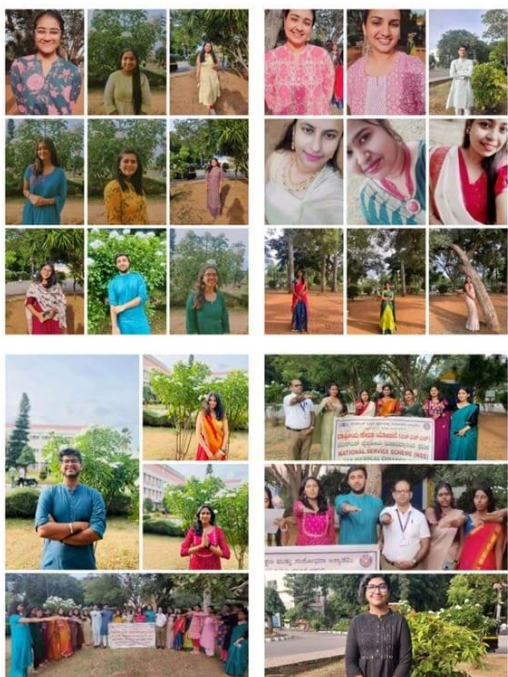
Outreach Activities

76th Independence Day celebrations under the slogan “Meri Maati, Mera Desh” on 8th August 2023.

National Service Scheme (NSS) unit JSS Medical College, Mysuru organized the event under the eve of 76th Independence Day celebrations under the slogan “Meri Maati, Mera Desh” on 8th August 2023. The event saw

active participation from 25 dedicated student volunteers who represented their respective states adorned in traditional attires. The highlight of the event was the solemn oath-taking ceremony, where the students pledged their commitment towards social service and community development. The patriotic fervor was evident as the participants recited the pledge, expressing their devotion to the country with the heartfelt rendition of "Meri Maati, Mera Desh." The event aligned with the upcoming 76th Independence Day of India on 15th August 2023, emphasizing the importance of unity and patriotism. The occasion served as a platform for the students to showcase their cultural diversity and national pride, while reaffirming their dedication to serving the community through NSS initiatives. The programme was conducted in the garden JSS medical college campus. The whole event was coordinated by the student Ms.Purna Bansal, 3rd year MBBS.

The activity was supported and encouraged by the Principal and Vice Principals and administrative officer of JSS Medical College, Mysuru. The program was supervised and coordinated by NSS program officers NSS unit, JSS Medical College, Mysuru.



Distribution of Wheelchairs for the Specially Abled – 09-09-2023

Dr. Sri Shivarathri Rajendra Mahaswamiji, the 23rd pontiff of the Srimath, Mysuru, was born on 29.8. 1916. His 108th birth anniversary was celebrated meaningfully through a special camp activity by donating wheelchairs for 25 specially-abled unprivileged patients who are suffering from various movement disabilities. The program was held on 9th September 2023 at 10:30 a.m. at JSS College of Pharmacy, Mysuru.

Twenty-five patients from various hospitals and old age homes were the beneficiaries of the program, which was organized by the JSS Academy of Higher Education and Research. Dr Suma M.N. Vice-Principal of JSS Medical College, passed the initial remarks about the importance of the event and briefed about the legacy of “**Sutturu Srimath.**” Various acts of the reverend sage, and suttur Srimath involving the social, educational, ethical, and spiritual components to reform the society centuries were recalled.



The gathering was addressed by Aravinda Jatti, president of “Basava Samithi” Karnataka, was presided over the function as a chief guest. Dr Surinder Singh, Vice Chancellor, Dr Manjunatha B, Registrar, of JSS AHER. Dr Sudheendra Bhat, controller of examination, JSS AHER. Dr. Basavana Gowdappa, Principal of JSS Medical College, Dr. Suma M.N., Vice-Principal, JSS Medical College, Mr. Sathish Chandra, Administrative Officer, JSS Medical College, Dr Shivaprakash S, JSS Medical College participated in the function. The principals of various constituent colleges of JSS AHER took part in the event.

Twenty NSS volunteers from JSS Medical College are actively involved in helping the specially-abled persons by rendering all needful support. The activity was supervised and coordinated by NSS program officers NSS unit, JSS Medical College, Mysuru.

International Day of Democracy – 15-09-2023



The **International Day of Democracy**, celebrated on **September 15th** each year, is a global observance that underscores the importance of democracy as a fundamental human right and a cornerstone of good governance and peace. Established in 2007 by a resolution passed by the **United Nations General Assembly (UNGA)**, this day serves as a reminder of the essential role that democracy plays in shaping societies worldwide.

In this regard, the program was organized on 15th September 2023 by the NSS unit JSS Medical College. The “**Preamble of the Indian Constitution**” which explains its philosophy and objectives was instructed by an NSS student volunteer to all other students who took

part in the event with the national spirit. The administrative officer Mr. Sathish Chandra, JSS Medical College, Mysuru, reiterated the importance of democracy and the constitution of India. Dr Praveen Kulkarni, Vice-Principal, JSS Medical College, Mysuru stressed the importance of social equality, citizens’ rights, and freedom of expression under democracy as a cornerstone in building unity in diversity. One thirty-two medical students of the JSS Medical College and 10 faculty members took part in the program. Dr Pushpalatha, Dr Deepa Bhat, Dr Pushpa N.B. Dr. Maruti Prasad, Dr Poonam., took part in the event.

Health Awareness Program

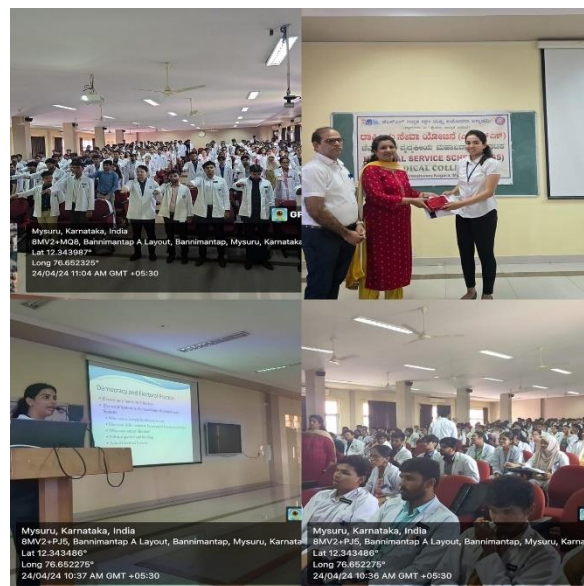
On 27th December 2023 the JSS Medical College NSS unit JSS MC, fuelled with compassion and a commitment to social well-being, embarked on a journey of awareness and education. Our activities began at 10:30 AM, as we visited the apartments at Rajarajeshwari Nagar, Mysuru armed with compelling charts, images, and motivational quotes. Our mission was to shed light on the crucial topics of HIV/AIDS prevention, communicable diseases, personal hygiene, and the problems related to drug and alcohol abuse. Students were engaged in the community interactions by spreading awareness, and igniting crucial conversations with the public. At 11:30 AM, our focus shifted to empowering young girls at a government high school. Dr Rama, medical officer, at JSS Urban Health Centre, Mysuru was instrumental in conducting this event at government high school. This activity was supported by Mr. Santhosh, health inspector JSS UHC, Mysuru. Ms.Sanya Sathish, delivered a comprehensive talk by sensitizing the young girls about menstruation and its hygiene. We delved into the often-silenced topic of menstrual hygiene, normalizing the conversation, and educating young girls about this essential aspect of their personal health. Dr.Rama, formally initiated the process of free sanitary pad distribution. To support their well-being, and symbolically create awareness we distributed naturally degradable sanitary napkins. Our message resonated not just with the girls but also with the other students across all classes, sparking open dialogues and a culture of understanding. Later we headed towards surrounding

localities of the urban health centre and continued our awareness campaign by engaging in interactive sessions with the public, displaying informative charts, followed by open question and answer sessions, which ensured that health education reached every corner. Later we moved on to the Medhar block, where the residents' enthusiasm showing inclination towards awareness which reflected the significance of our efforts. We addressed their concerns, answered their questions, disseminated information on vital health issues, and distributed sanitary pads to the women in need. Then we went to the Halim block where the residents gathered to hear our insights on HIV/AIDS prevention, communicable diseases, drug and alcohol abuse, and menstrual/personal hygiene. The interactive sessions fostered a sense of community and collective responsibility for health and well-being. By the end of the day, the team's impact was undeniable. It was a day woven with impactful conversations, meaningful connections, and a shared commitment to create a healthier world. Numerous minds had been enlightened and communities were empowered with knowledge and resources. This NSS camp served as a powerful reminder that even small steps taken together can pave the way for improving public health status of needy population. Twenty-two B.Sc. (AHS) students from JSS Medical College were actively took part in the whole event.



Voting Awareness Programme for Students – 24-04-2024

An election is a way people can choose their candidate or their preferences in a representative democracy or other form of government. To support and sensitize this issue among the student fraternity, the NSS unit, JSS Medical College, Mysuru had organized a voting awareness programme for the students of JSS Medical College. The programme was conducted on 24th April 2024 between 10:30 AM- 11:20 AM in gallery 6, third-floor JSS Medical College, Mysuru. We had invited resource persons Ms. Amoolya Prasad and Ms. Anagha K. Bharadwaj students of BA, LLB course, JSS Law College, Mysuru. to deliver a lecture on the topic “Empowering tomorrow: The crucial role of youth voting in India’s 2024 elections” The speaker explicitly stressed the importance of voting as a responsible citizen of the country. They also clarified myths about voting, and the process of voting and unbiased election process to form a democratic government. At the end all the students were administered with the oath, to sensitize their responsibility as voting citizens of this country.



INTERNATIONAL YOGA DAY - 21-06-2024 (NSS UNIT JSS AHER, MYSURU)

International Yoga Day is commemorated every year on 21st June to raise awareness about this ancient practice and celebrate the physical and spiritual powers that yoga has brought to the world. On 21st June 2024, International Yoga Day was celebrated with the theme of “Yoga for the Society”. Ganesh Kumar, The President of Yoga Sports Foundation preceded with the celebrations at Palace Ground, Mysore. Thousands of people were gathered, including students from different schools and colleges, people from yoga community groups old age

people, and other organizations from all over Mysuru, among them around 100 students from JSS Medical College Mysuru were present to witness the event. The students from various courses like MBBS, MSc, BSc, MPH, MD, and faculties from JSS Medical College participated in the event. All the students were gathered near the bus stand inside the JSS Medical College and left the college by 6 am. After reaching there, we all settled down with our yoga mats.

The event began at 6.40 am with Mysuru DC Dr.K.V.Rajendra highlighting the contribution of Mysuru to yoga. He also mentioned plans for another Guinness Book of World Records for the largest participation of people performing yoga during Dasara this year. Following the event The Mysuru in-charge minister H.C.Mahadevappa addressed the event by saying that yoga helps one to maintain good mental and physical health, and lead a disciplined life which in turn will help in building a healthy society. Mysore-Kodagu MP Yaduveer Krishnadatta Chamaraja Wadiyar said that Yoga Day is an opportunity to create awareness of the importance of modern yoga. MLA T S Srivatsa said there are plans to gather over a lakh people for Yoga Dasara this year. As per the Yoga Day protocol, the yoga sessions began with "Shanka Naada" at 7.27 am. Participants performed over 22 warm-up exercises and simple yoga exercises like hastapadasana, utkatasana, baddhakonsasana, shavasana, etc. The session was ended with "Pranayama" and "Dhyana" at 8.40am. After the event had culminated everyone gathered in groups and clicked the photos along with the faculty in charge. We would like to thank Principal JSS Medical College, Dr. Basavanagowdappa H, Vice Principal Dr. Suma MN (preclinical), and Vice Principal Dr. Praveen Kulkarni (paraclinical) and Mr. Sathish Chandra, Chief Administrative Officer and NSS programme officers, JSS Medical College, Mysuru, for their support and cooperation to conduct the whole programme.



JSS MEDICAL COLLEGE AND HOSPITAL EXECUTIVE SUMMARY OF MEDICAL EXHIBITION



The annual Jathra Mahotsava of Adi Jagadguru Sri Shivarathreeswara Shivayogi Mahaswamigalu, held at Suttur Sriksheetra from February 6th to 11th, 2024, showcased a multitude of programs and exhibitions aimed at fostering scientific and educational awareness among rural communities. The medical exhibition, inaugurated by His Holiness Jagadguru Sri Shivarathri Deshikendra Mahaswamiji, focused on the theme "Healthy Lungs – Healthy Life: Every breath counts," emphasizing respiratory health education and preventive measures.

The medical exhibition by JSS Medical College and Hospital received 2nd prize at the Jathra Mahotsava for its efforts and commitment towards generating health awareness among the public.

Key Highlights:

- The exhibition featured 17 departments of JSS Medical College and Hospital, engaging thousands of visitors daily, including individuals of all ages.
- Departments like Anatomy, Physiology, Biochemistry, and Medical Genetics offered interactive displays, demonstrations, and educational materials on respiratory anatomy, lung function, genetic disorders, and preventive measures.
- Activities ranged from respiratory health quizzes, lung function testing, and deep breathing demonstrations to screenings for oxygen saturation and pulse rate using point-of-care testing devices.
- Departments like Pathology, Microbiology, and Pharmacology showcased models, posters, and educational games on lung pathologies, infections, and pharmacological interventions.
- Department of Community Medicine initiatives were community-focused activities included interactive games, puppet shows, movie screenings, and clean air pledges to promote awareness and behavioral change regarding respiratory health.
- Specialty departments such as Forensic Medicine highlighted safety measures related to gas geyser usage and drowning prevention, while Psychiatry focused on tobacco cessation and sexual health education.
- The School of Public Health emphasized air pollution awareness, preventive measures, and the importance of mask-wearing and social distancing.
- Feedback from attendees lauded the innovative and informative exhibits, with the JSS Medical College & Hospital exhibition receiving recognition and praise for its impactful contributions.

Conclusion: The Jathra Mahotsava medical exhibition effectively disseminated crucial information on respiratory health to a diverse audience, underscoring the importance of preventive measures, early detection, and community engagement. The collaborative efforts of various departments, faculty, students, and administrators of JSS Medical College & Hospital contributed to the event's success, reaffirming the commitment to public health awareness and education.

HPV Vaccination Programme - 19.12.2023

PHRII and JSS AHER are committed to vaccinate 200 girl children across Mysuru. School of Public Health, Department of Pediatrics have joined hands together in this endorsement. The HPV Vaccination Program aimed at rural and peri-urban adolescent girls in Mysuru, aligning with WHO's Global Strategy for Cervical Cancer Elimination, was inaugurated at JSS Hospital. The inauguration, held in the Sri Rajendra Centenary Auditorium

on December 19, 2023, saw the participation of esteemed personalities including Dr. B. Suresh, Pro-Chancellor, JSS AHER, Dr. M.S. Jayanth, Reproductive and Child Health Officer, Department of Health and Family Welfare, Dr. H. Basavana Gowdappa, Principal, JSS Medical College, Dr. Purnima Madhivanan, Founder of PHRII, and Dr. Madhu C.P, Medical Superintendent of JSS Hospital. The press and media were present to capture and document this significant and inaugural event.

Inauguration

The pivotal participants of the day were six girls, aged 14, accompanied by their parents from JSS High School, Nachanahally Palya. They received the HPV Vaccine (Gardasil - 9), renowned for effectively combatting various HPV strains responsible for cervical and related cancers. The commitment of PHRII and JSS AHER involves vaccinating free of cost 200 girls across Mysuru, supported by sponsorship from Sun Pharma. Each dose of vaccine costs Rs.10, 500/- in the market.

Mrs. Kavitha from PHRII warmly welcomed everyone, the inauguration with an invocation, which was followed by dignitaries lighting the ceremonial lamp. Dr. Anil Bilimale, Coordinator of the School of Public Health, JSS AHER, addressed the program's inauguration. Dr. Raghavi provided overview of the HPV immunization program, explaining the behind targeting this specific age group. Dr. Suresh Bhojraj, Chancellor of JSS AHER, expressed gratitude to the attendees, the School of Public Health, and the Pediatrics Department at JSS AHER for orchestrating the HPV vaccination program, benefiting over 200 teenage girls in rural and semi-urban areas of Mysuru District. Dr. Prashanth and Dr. Chethak from Dept of Paediatrics extended a warm welcome to Dr. H. Basavana Gowdappa, the Principal of JSS Medical College, and Dr. Madhu C.P, the Medical Superintendent of JSS Hospital.



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Dr. Purnima Madhivanan, PHRII's founder, shed light on the cervical cancer burden in India and globally, emphasizing the significance of HPV vaccination and cervical cancer screening for women. Highlighting the 2030 target, she stressed the goal of vaccinating 90% of girls by age 15, screening 70% of women aged 35 to 45, and ensuring 90% of identified cervical disease cases receive appropriate treatment, concluding with the powerful statement, "Stop cervical cancer before it starts!" The event concluded with the felicitation of esteemed guests followed by a vote of thanks.

healthcare measures. As the program progresses, it is poised to instill awareness and understanding about the significance of immunization in safeguarding against cervical cancer, heralding hope for a healthier future for the community.



World Immunization Day – 2023 - Celebrations & Walkathon – 10-11-2023

Department of General Medicine, JSS Medical College and Hospital takes pride in informing that a “WORLD IMMUNIZATION DAY” was celebrated on 10th November, 2023 at JSS Hospital lobby. The program was inaugurated by our Executive secretary Dr.C.G.Betsurmth.

The program was presided by Registrar Dr Manjunatha B, Dr Mahesh R director of medical education, Principal Dr Basavana Gowdappa H along with Dr.Mruthyunjaya, Pharmacy Incharge and Administrative officer Mr Lokesh. The event was also attended by Vice Principals, HODs from various department, administrators, postgraduates, house surgeons, undergraduates and nursing students. Special invitees on the occasion of the event were representatives from various travel agencies from the city of Mysuru. Nearly 400 people attended the event.



The inaugural event was marked by welcome note from Dr. Ravi Kumar Y S, Professor and Head, Department of General Medicine. Invocation was given by Dr. Preethi Prabhu, post graduate student from department of medicine. This was followed by lighting of the lamp by our executive secretary along with release of the brochure on adult immunization and travel medicine. Dr.C.G.Betsurmth, Dr Basavana Gowdappa and Vishwanth from travel agency spoke on the need for immunization to all the needy people. Vote of thanks was delivered by Dr. Thippeswamy T, Associate professor from the department of Medicine. Smt Pallavi anchored the event.

Walkathon was organised in the designated route with all precautions on the occasion of the world immunization day to create awareness about the need for immunization to general public. Nearly 250 students from various department participated in the walkathon. This was followed by refreshments.

JSS Hospital adult immunization and travel medicine centre is the first of its kind in Mysuru and one among very few centres across the state and country. Till date more than 5000 people have received various vaccines. Mass immunization of hepatitis B vaccine was carried out to all the students from dental, medical and allied health sciences. Apart from administering various vaccines, the centre takes the opportunity to increase the public awareness about adult immunization in the hospital (OPD & in-patient). We are also planning for outreach program like radio talks and educating the public through print media.

Emergency Medicine for the Elderly - 22.07.2023

1st ever Geriatric Emergency care CME on 22.07.2023 conducted by the Department of Emergency Medicine & Department of Geriatrics JSS Medical College and Hospital was inaugurated today at SRC Auditorium, JSS Hospital, Mysuru by Dr. Basavana Gowdappa, Principal JSS Medical College, Dr. CP Madhu, Medical Superintendent, JSS Hospital, Mysuru, Dr. Brinda Basavaraj, HOD, Dept of Emergency Medicine, JSS Hospital, Mysuru and Dr. Pratibha Pereira, HOD, Dept of Geriatrics, JSS Hospital Mysuru. JSS Hospital Management, JSS Medical College Faculty & Students, Hospital staffs, and Nursing staff were present during the inauguration Program. 200 delegates participated in this event.



19th Annual National Conference of Indian Association for Geriatric Mental Health (GERON 2023) - 23.09.2023-24.09.2023

With the blessings of His Holiness Mahaswamiji, Department of Psychiatry, Department of Clinical Psychology, Department of Geriatrics JSSMC & JSSH & JSSAHER along with the Indian Association for Geriatric Mental Health conducted the Indian Association for Geriatric Mental Health 19th Annual National Conference- GERON 2023 from 23rd September 2023 to 24th September 2023 at Jss Medical college and Hospital, Mysuru. The theme for the conference was Relationship and Caregiving in Elderly. The conference was attended by around 150 health professionals from all over India. Justice N Kumar former judge of Karnataka High court was the chief guest for the conference, he has been also serving as the mentor for the Karnataka State Mental Health Authority. The program was inaugurated by Dr Manjunatha, Registrar, JSS AHER and Dr Basavana Gowdappa H, Principal, JSS Medical college Mysuru. The program was presided over by Dr Gautam Saha, President of IAGMH.



The inauguration was followed by the book release of two books titled Relationship and Caregiving in elderly (Authors: Dr T S Sathyanarayana Rao, Dr Shivananda Manohar J, Dr Suman S Rao & Dr Vikram G) by Dr Alka A Subramanyam President- Elect, IAGMH and another book titled Ageless Reverie (Authors: Dr T S Sathyanarayana Rao, Dr Rajshekar Brahmhatt, Dr Suman S Rao & Dr Vikram G) by Dr S C Tiwari, Founder President, IAGMH. The two days conference started with the Presidential Address on Indian Families Contribution to Geriatric Care by Dr Gautam Saha. Followed by the issue of the most Prestigious awards which includes Prof. Shiv Gautam oration award and IAGMH Annual award.

World renowned specialist in the field were resource persons for the various sessions conducted including Dr Alka Subramanyam, Dr Sandeep Grover, Dr Sheeba Ninan, Dr Niska sinha, Dr Tophan Pati, Dr Kishor M, Dr Shivanand Manohar J, Dr Tejaswini, Dr Pradeep Kumar. The first day was concluded with the General body meeting of IAGMH. The second day of the conference started with the free papers presentation by various Postgraduates across India. The second day also had various sessions conducted by renowned resource persons including Dr S C Tiwari, Dr K S Shaji, Dr Shiv Gautam, Dr Abdul Majid, Dr Vijay Harbishettar, Dr Indira Sharma, Dr Chittaranjan Andrade, Dr G Prasad Rai, Dr Kumawat S R. The Young Psychiatrist Fellowship award 2023 was presented to Dr Chandrima Naskar (AIIMS, Kalyani), Dr Tajamul Hussain (Government Medical College, Baramulla, J&K) and Dr Raj Laxmi (PGIMER, Chandigarh) . The future direction of the committee was discussed and the conference was concluded.

Preventive Oncology CME – 13-12-2023

Preventive oncology CME was organized by the dept of OBG in association with Serum Institute at Hotel President on 13-12-2023. There was panel discussion on Ca Cervix. 30 delegates attended this program.



Therapeutical Advances in Pediatric Dermatology – 10-12-2023

Department of Dermatology and IADVLSIG Pediatric Dermatology organized Pan India CME ON Therapeutic advances in pediatric dermatology at SRCA JSS Hospital on 10th December 2023. Several lectures and panel discussions were held as a part of the scientific program. More than 100 delegates

participated in the academic activities. Award paper presentations and poster presentations were held and best papers were chosen and awarded. Renowned academicians delivered lectures in the event. 100 delegates attended this program.



Stress Management for Women officers of State Bank of India on 18.11.2023

This programme is conducted by State Bank of India training centre which is located in jayalakshmi puram, mysore. This programme was for women officers who are newly recruited or in the early part of their career in the category grade A and B. This initiative is to empower newly recruited officers to achieve greater success in their career and this was a two day programme which was attended by newly recruited women officers and the topics involved mostly included banking topics, one among the topics was stress management for officers conducted by Dr.Shivananda manohar. During the 75minute lecture, causes of stress, biopsychosocial model for stress was covered. In the course of the talk, various manifestations of stress was addressed. The I'll effects of stress was also mentioned. Various stress management strategies including relaxation, physical activity, diet was also mentioned. Impact of resilience as a buffer to stress was also mentioned to the audience. Various strategies to build resilience like living in the moment was also addressed. Role of mindfulness as a part of resilience building was discussed in detail. Role of positive thinking in maintaining good health was also mentioned. Importance of maintaining a gratitude journal, finding ways to be stress-free with flipping through a magazine, listening to an audio book was also discussed. Key points to be happy and successful was also discussed in detail. There was also a question and answer interactive session with the audience.



Race for 7 on 25-02-2024

Race for 7 is an awareness run organized by Organization for Rare Disease India (ORDI) – a team committed to address the challenges of rare disease patients and their families in India.9th edition of this marathon was organized across India in 10 cities. The Mysore edition was flagged off from Balarama gate, Mysore Palace Premises, Kote Anjaneya Swamy temple.

The purpose of the event is to raise awareness about rare diseases, to empower patients and their families with access to national and international resources. Race for 7 symbolically represents the 7000 rare diseases with 7000 people running for 7 kilometres. We are here for the 9th edition of this event today.

Nearly 350 and more participants, parents of rare disease community and medical specialists, supporters joined the event

Dignitaries present at the event

1. Yogatma Srihari is the founder and the ‘Yoga Guru’ of GSS Yogic Research Foundation was the Chief guest for the event
2. Mr.Jinu, Vice President, Research and Development Solutions. IQVIA
3. Dr.Mallika Deputy Director, Directorate, Health & family Welfare, Mysore
4. Dr.S.J.Patil, Medical Geneticist JSS Hospital
5. Dr.B.Manjunatha Registrar JSS Academy of Higher Education and Research

6. Dr.Vishal Kumar Gupta and Dr Prashant Vishwanath from JSSAHER
7. Dr.Praveen Kulkarni from JSS Medical College
8. Dr.Deepa Bhat, Genetic Counsellor, ORDI Coordinator, Mysore RDCCC branch
9. Mr.Narasimha Murthy, ORDI parent coordinator, Mysore branch



Programmes conducted by the Institution

National/International Days Celebrated

1. Doctors Day Celebration on 01-07-2023
2. World Population Day on 11-07-2023
3. Observation of Adolescent Day on 01-08-2023
4. World Breastfeeding week on 02-08-2023
5. World Breastfeeding Week from 3rd to 7th Aug.2023
6. World Breastfeeding week on 04-08-2023
7. Tree sapling – Observation of Independence Day on 14-08-2023
8. Awareness and Screening Programme for lung Cancer on 24-08-2023
9. Teachers Day on 05-09-2023
10. National Nutrition Week from 1st to 7th Sept.2023
11. World Suicide Prevention Day on 11-09-2023
12. Awareness Programme on Substance abuse and Observation of World Ozone Day on 16-09-2023
13. World Anatomy Day on 18-09-2023
14. World Arthritis Day on 14-10-2023
15. World Mental Health Day on 16-10-2023
16. World Aids Day on 01-12-2023

World Population Day – 11-07-2023

On the occasion of World Population Day 2023 various activities were held by Department of Community Medicine, JSS Medical College, JSS AHER at Government High school and JSS Urban Health Centre, Bamboo Bazaar on 11/07/2023.

Activity 1: Guest lecture was delivered by Dr Rama H V, Lady Medical Officer of JSS UHC. She highlighted issues of population explosion and briefed about family planning methods. Another talk was delivered by Dr Amoghashree, Assistant Professor and Co-ordinator of JSS UHC on Gender equality. This was followed by Skit performance by Nursing students of JSS College of Nursing on the theme "Unleashing the power on Gender Equality- Uplifting the voices of women and girls to unlock our world's infinite possibilities". Prizes were distributed to winners of Essay competition which was held as a part of World Population Day to the students of Government High school, Bamboo Bazar. Headmistress Mrs. Pushpavathi, Interns, staffs of High school, Sri. Santosh, health inspector, Sri. Sunil, health assistant and around 100 high school students were present during the event.



Activity 2: In association with JSS Jana Shikshan Sansthan, Department of Community Medicine, JSS Medical College, conducted an awareness program to the beneficiaries of tailoring course in JSS UHC premises. Sri. Ramesh, Director of JSS Jana Shikshan Sansthan gave a keynote address on World population day. Dr. Rama H V delivered a talk and Video of skit enacted by JSS college of Nursing was shown to the beneficiaries. Smt. Sowbhagya, Programme officer JSS Jana Shikshan Sansthan, Faculty Naveeda Banu and staff of JSS UHC attended the event. About 40 women beneficiaries participated and gained knowledge on Family planning.

Observation of Adolescent Day – 01-08-2023

Department of community Medicine, JSS Urban Health Center, JSS Medical College, Mysuru observed Adolescent day in association with Inner wheel club of Mysuru Gold. A Programme was organized to create an awareness on Menstrual Health and Hygiene to girls studying in 5th to 10th standard of Government Higher Primary school and Government High School Yadavagiri, Mysuru at Yadavagiri school premises on 01.08.2023.

Dr Rama H.V, Lady Medical officer of JSS Urban Health Center gave a talk on Menstruation, Menstrual hygiene, Adolescence Managing Problems during adolescence. This was followed by question and answer session and queries from students were clarified. The Hygiene kit including 10 sanitary napkins, toothpaste, tooth brush, soap were distributed to the school which was sponsored by Inner wheel club of Mysuru Gold.

Smt. Uma Anil, President, Smt Vijayalakshmi secretary of Inner wheel club of Mysuru Gold, Sri. Mahesh, Head Master, Government High School, Smt Nagaveni, Head Mistress Government Higher Primary School yadavagiri and their staff, Medico social students, were present during the event. 40 girls attended and gained the knowledge through the programme. Sri. Santhosh, Health Inspector, Sri Sunil, Health Assistant. Sri. Mallikarjuna swamy, Social Worker. coordinated the Programme.



World Breastfeeding week – 02-08-2023

Department of Community Medicine observed Breastfeeding week at JSS Urban Health Center on 02.08.2023 in association with Inner wheel club of Mysuru Gold and Inner wheel club of Mysuru Midtown at JSS Urban Health Center.

Dr Amoghashree, Assistant professor Department of Community Medicine and coordinator JSS Urban Health Center Presided. Dr H.V Rama, Lady Medical Officer, JSS Urban Health Center gave a power point presentation on the theme of World Breastfeeding Week “Enabling breastfeeding making a difference for working parents” advantage of Breastfeeding to both Mother & the baby. The interactive session which followed was helpful in creating awareness, dispel myths & misconceptions on breastfeeding.



Smt. Uma Anil, President Inner wheel club of Mysuru Gold. Smt. Saba moving suyani President, Inner Wheel club of Mysuru Midtown, Smt Sandhya Suresh Secretary, Inner wheel club of Mysuru Midtown, with other members, Dr Amoghashree, Dr H.V Rama inaugurated the Programme by watering the plant.

The Protein powder sponsored by Inner Wheel club of Mysuru Midtown, Iron syrup sponsored by Inner club of Mysuru Gold were distributed to antenatal & Postnatal Mothers.40 women participated. Earlier Smt Nirmala & team rendered invocation & song on Breastfeeding. Sri. Santhosh H.B Health inspector welcomed. Sri. Sunil Health assistant Proposed vote of Thanks. Sri. Mallikarjuna Swamy Social Worker, JSS Urban Health Center, Coordinated the event.

World Breastfeeding Week 2023 – 03rd ,04th & 7th Aug 2023

On the occasion of World Breastfeeding Week, a Health Education session was organized at Suttur PHC on 3rd August 2023. Dr. Kavya G Upadhyya, Senior Resident, Department of Community Medicine and Dr. Ramya M, Medical Officer, Suttur PHC discussed the problems faced by breastfeeding mothers and educated them regarding various aspects of breastfeeding and its importance. Other staffs of Suttur PHC were also present on this occasion. About 30 expectant and lactating mothers attended the session.



The Department of Community Medicine, JSSMC had organized a webinar on the occasion of World Breastfeeding Week 2023 on 4th August 2023, Friday from 2 – 3 pm. Our Resource Faculty, Dr. Madhu B, Professor, Dept. of Community Medicine and Deputy Dean (Research), JSSAHER gave her valuable insights on the topic “Enabling Breastfeeding: Making a difference for working parents”. The webinar was co-ordinated by Dr. Kavya G Upadhyya. Around 200 participants from across India registered for the webinar.

Health education session was conducted at Bannimantap, Urban Primary Health Centre as a part of observation of World Breastfeeding Week on 7th August 2023. Phase 2 MBBS students presented a skit on the importance of breastfeeding. The audience included antenatal mothers, postnatal mothers and general public. Dr. Lokesh, Medical Officer, Urban PHC, Reshma Banu, Corporator Bannimantap and other staff were present on this occasion. The event was co-ordinated by Dr. Shruddha, Post graduate, Dept. of Community Medicine; Dr. Kavya G Upadhyya and Dr. Mythily M R, Senior Residents, Dept. of Community Medicine.

World Breastfeeding week – 04-08-2023

Department of Community Medicine, observed Breastfeeding Programme on 04.08.2023 in association with Inner Wheel Club of Mysuru Gold and Inner Wheel Club of Mysuru Midtown at Anganawadi Center Medar Block.

Dr. H.V Rama Lady Medical Officer JSS Urban Health Center, gave a talk on the theme as well as importance, advantages of breastfeeding to Mother & baby.

15 Antenatal & pregnant mothers actively participated in the programme. Smt. Yashoda Anganawadi worker, organized this programme. Iron Syrup & Protein powder sponsored by Inner Wheel Club of Mysuru Gold & Inner Wheel Club of Mysuru Midtown respectively were distributed. Sri. Sunil Health assistant, Sri. Santhosh Health Inspector, JSS Urban Health center coordinated Programme.



Tree sapling – Observation of Independence Day – 14-08-2023

Department of Community Medicine, JSS Urban Health Center, JSS Medical College, Mysore had organized Tree saplings Planting Program in association with Rajeev Sneha Balaga under public private partnership at JSS Urban Health Centre on 14.08.2023 on the eve of 77th Independence Day.

10 saplings (Medicinal & floral) were planted in JSS Urban Health Centre Garden. Smt. Lakshmi Rajeev, Rajeev Sneha Balaga, Smt. Sandhya Suresh, Secretary Inner Wheel Club of Mysore Midtown, Dr. M.C. Prasad, Assistant Professor, Dept of General Medicine, Dr. Amoghashree, Assistant Professor & JSS UHC Coordinator, Dr. Noor Fathima, Assistant Professor, JSS Ayurveda College, Dr. Rama H.V, Lady Medical Officer & staffs of JSS Urban Health Centre Planted the saplings.



National Nutrition Week – 1st to 7th Sept.2023

National Nutrition Week (NNW) is observed annually in India from September 1 to 7. This dedicated week aims to raise awareness among people about the vital role of nutrition and the significance of cultivating healthy eating habits. The theme for this year is **“Healthy diet going affordable for all”**.

In this regard, the Department of Community Medicine, JSS Medical College, Mysuru organized a series of activities.

Firstly, a Healthy Food cooking competition on 2nd Sept 2023 was organized with the theme **“Colors of Nutrition: Easy recipes for working parents”**

The event was inaugurated by Dr. Suma M N, Vice principal (preclinical), Dr. Praveen Kulkarni, Vice principal (para clinical), and Shri Satish Chandra, Administrative officer, JSS Medical College, Mysore. Overall, 10 teams from different sections of JSS AHER participated. The teams prepared dishes with varieties ranging from paneer pulao to ragi balls, jowar roti, foxtail Upma, and Dalia payasam to green tea.

The event was judged by Dr Suma M N, Vice-principal, JSS Medical College, Dr. Dhakshaini M R, Principal, JSS Dental College, Dr. Vidya C S, Prof & Head, Dept of Anatomy, JSS Medical College, Mrs. Kokila M S, Deputy Director (Sr. Grade), JSS AHER and Mr Jithen Shibhu (1st yr Mpharma) JSS College of Pharmacy.

The event was very well received by both the judges and the participants with their enthusiastic participation. Team no 10- Dr. Lekha and Dr. Rakesh won the first place, and Dr. Sulochana and Dr. Shilpa from Team 8 won the second place. A consolation prize from the judges was given to Mrs. Kasturi and Ms. Manjula for putting extra effort and enthusiasm into the preparation of their dishes. Dr Sunil Kumar D, Head of Dept of Community Medicine, proposed releasing compiled recipes in a Food magazine. The event concluded by a Vote of thanks by Dr Sunitha Singh, Sr Resident, Dept of Community Medicine.

Secondly, a Painting competition was organized for JSS public school students, J P Nagar on the theme **“Fuel for the future: Right nutrition for Right Health”** on 4th Sept 2023. More than 250 students from 1st to 10 standards participated. The students unveiled their talents through lovely paintings. Mrs. Smitha, Principal, JSS Public School, J P Nagar, supported organizing the event in a smooth manner. The prizes for the children were categorized into 3 categories- 1st category 1st to 4th standard, 2nd category 5th to 7th standard, and 3rd category 8th to 10th standard. The paintings were initially screened by Dr. Sunitha Singh and were subsequently judged by Dr. Kala Bharathi, Professor, Department of Pharmacology, JSS Medical College, and Dr. Vijaya Vageesh, Associate Professor, Department of Physiology, JSS Medical College. The prizes were distributed on 16th September 2023. Kaushik Reddy, of 4th A, secured 2nd place, and Saisohan C, from 3rd B, secured 1st place in Category I. Siri S, from 6th B, bagged the 2nd place and Anarghya S, of 6th B, bagged the 1st place in Category II. Chaithanya Mahesh, of 8th B, and Preetham Gurukar N A, of 8th std, secured 2nd place and 1st place respectively under Category III.

3. A Webinar on **Healthy diet going affordable for all** was organized on 5th Sept 2023. Dr. Nayana Shabadi, Assistant Professor, Department of Community Medicine, JSS Medical College, gave the webinar talk. In total, 111 participants had registered for the webinar. In the feedback, the participants requested many such webinars in the future.



The department also organized a series of Radio talks in collaboration with JSS Radio. The radio talks focussed on topics such as Simple ways to level up your eating habits which was aired on a Live show on 1st September. This radio talk was given by Dr.Praveen Kulkarni, Vice Principal (para-clinical) and Professor, Dept of Community Medicine, JSS Medical College. Another topic, “Staying Young: Nutrition facts” was delivered by Dr Mythily M R, Senior Resident, Dept of Community Medicine, JSS Medical College which was aired on 4th Sept 2023. Dr.Madhu Srinath, Deputy Dean, Research, JSSAHER, also delivered a radio talk on “Right nutrition: Right Health” which was aired on 11th Sept 2023. This was followed by another radio talk by Dr.Shwetha N Kurkuri, Senior resident, Dept of Community Medicine, JSS medical college, on “Mindful eating for health goals” aired on 18th Sept 2023. Dr Sunitha Singh, Senior resident, Dept of Community Medicine gave a digital audio talk on “Superfoods- Myths and Facts” available on YouTube <https://youtu.be/wV8WiQuPdVg?si=ZNJZAvPqiJiUOTUq> .



In order to bring about awareness among the public, the Department of Community Medicine also organized a flash mob followed by a skit by MBBS students at Mall of Mysore and Nexus City Mall, Mysore on 9th Sept 2023. A total of 13 students performed a flash mob and skit highlighting the ill effects of Unhealthy eating. The flash mob and skit had a good turnout of onlookers and mall visitors with more than 100 people witnessing the show.

The Nutrition Week activities concluded with the sensitization of school students on healthy foods and healthy eating habits through health education by Dr. Sunitha Singh, Senior Resident, Dept of Community Medicine on 16th Sept 2023. Students of classes 5, 6 and 7 from JSS Public School, J P Nagar, Mysore participated.

World Mental Health Day - 16.10.2023

Department of Community Medicine in collaboration with Department of Psychiatry, JSS medical college, Mysuru observed WORLD MENTAL HEALTH DAY - 2023 on 16th October 2023 at 2pm in Gallery 6.

The program began with a welcome speech by Dr.Sunil Kumar D, Professor and Head of Department of Community Medicine, JSSMC. This was followed by Dr. Praveen Kulkarni, Vice Principal, JSSMC addressing the gathering about the association of stigma with mental health, and later Dr. Kishore M, Professor and Head of department of Psychiatry, JSSMC sharing with the students, the various activities carried at institutional level for the promotion of mental health wellbeing. During the event prizes were distributed to the winners of reflective writing and short film competition held on the account of World Suicide Prevention Day-2023.



In view of the day, a panel discussion as held based on the theme “MIND, THE MIND”. The panelists for panel discussion were Dr. Arvind Raj, Additional Professor, Department of Psychiatric social work, NIMHANS, Bengaluru, and Dr. MR Seetharam, Consultant Orthopedic surgeon, SVYM, Executive Secretary, VILD foundation, Mysuru, and Managing trustee, DISHA Foundation, Mysuru. The panel discussion was moderated by Dr. Smitha MC, Associate Professor, Department of community medicine, JSSMC. The main objective of

the discussion was to sensitize the medical students on the importance of mental health both in their personal and professional life.

During the panel discussion, key aspects related to mental health like the challenges faced towards the implementation of community mental health programs, stigma and mental health, influence of social and cultural aspects on mental health, connection between body mind and soul, stress coping, role of life skills and resilience in promotion of positive mental health, suicidality, ways to overcome it, and help seeking were discussed. This was followed by the vote of thanks by Dr.Pradeep Kumar KC, Assistant Professor, Department of Psychiatry, JSSMC.

World Aids Day - 01-12-2023

An Awareness Programme on World AIDS Day 2023 was conducted by JSS Urban Health Center, Department of Community Medicine, JSS Medical College, JSS AHER, Mysuru in Government High School, Medar Block, Bamboo Bazaar on 01.12.2023.

Dr. H.V Rama, Lady Medical Officer, JSS Urban Health Centre delivered a guest lecture to the school students on the theme of **World AIDS day 2023 – “Let communities lead”**. This was followed by interactive session.

Smt Pushapavathi, Head Mistress of Government High school urged the students to know about the disease, its prevention and also spread the awareness to others. She thanked JSS UHC and Department of Community Medicine for conducting a programme. Staffs of Government Higher Primary school and 78 Students attended the programme.

Karunada Utsava – 03-11-2023

On the 3rd of November 2023, a vibrant and culturally enriching celebration of Kannada Rajyotsava, known as "Karunada Utsava," took place at JSS Medical College in Mysuru. The event began with a spirited procession that commenced at 3:30 PM, starting from the college back gate and proceeding to the entrance. The atmosphere was filled with the resonating beats of the traditional Dollu Kunitha, and students energetically grooved to their rhythms, creating an aura of enthusiasm and unity.

Following the colorful procession, a grand cultural program unfolded at 4:30 PM. The program began with the ceremonial lighting of the lamp, symbolizing the dispelling of darkness and the welcoming of light. This auspicious moment was graced by the presence of esteemed dignitaries, including Dr. M.N. Suma, Vice Principal (Pre-Clinical); Dr. Praveen Kulkarni, Vice Principal (Para-Clinical); Dr. H.L. Kalabharathi, Chairperson of the Cultural Committee; and Mr. Satish Chandra, Administrative Officer of JSS Medical College. The lighting of the lamp was accompanied by a traditional Puspharchana.

The cultural program itself was a spectacular showcase of talent, featuring multiple theatrical, singing and dance performances that captivated the audience and celebrated Karnataka's rich artistic traditions. The vibrant and colorful performances left an indelible mark on the event, uniting everyone in a shared appreciation of Kannada culture. The festivities culminated with a closing address by Dr. Aishwarya Bhat, Member Secretary of the Cultural Committee at JSS Medical College. Her words of gratitude and encouragement reflected the spirit of unity and celebration that defined the Karunada Utsava.

The Kannada Rajyotsava celebration at JSS Medical College, Mysuru, was a resounding success, bringing together students, staff, and dignitaries to celebrate Karnataka's cultural heritage and linguistic diversity. The event served as a reminder of the importance of preserving and cherishing our roots while embracing the future.



Karunada Utsava was not only a celebration but also a reaffirmation of the values that bind us as a community and a testament to the enduring legacy of Kannada culture.

YOUTHOTSAVA 2023 - INTER COLLEGIATE FEST CONDUCTED BY RED FM

A talent hunt competition was organised by RED FM, Youthotsava, to hunt for talents in Mysore. Srishti Dutta from 2nd year won the 2nd position in solo singing. Yashaswini Mohanty from 2nd year won the 2nd position in solo instrumental. The team comprising of Yashu Juneja and Sugandha Kumari (Phase III Part II), Payal Tada (Phase III Part I), and Prashansa (Phase I) enacted a clever and comical advertisement for a 'deodorant' which secured the first position in Mad-Ads. Yashu Juneja of Phase III Part II, also showcased a splendid performance and secured the second position in Mono-Act. The team comprising of Anusree T Ajith, Theertha Prasanth, Sneha B Ravi, Meenakshi Krishna, Mariya Reji, Lakshmi Rajeswari Nair (Phase III Part II) participated in group dance, in which they secured the first position.



NATIONAL LEPROSY DAY - 29-01-2024

Department of Dermatology conducted essay writing competition on the theme of "Beat the Stigma of Leprosy" at JSS Nursing College for a duration of 1 hour and prizes were awarded to the best 2 awards. This event was coordinated by Dr. Chethana, Assistant Professor of Dermatology.

SEXUAL AND REPRODUCTIVE HEALTH AWARENESS DAY – 12-02-2024

School of Public Health, JSSMC, JSSAHER, observed the 'sexual and reproductive health awareness day' on 12th February, 2024 in Urban Primary Health Centre, Bannimantap, Mysuru. There was an awareness session and interactive activities were organized for the people in PHC. A multitude of people participated in the educational session, which was also coordinated by the Medical Officer and the staff of UPHC.

This year, School of Public Health, JSS Medical College, JSSAHER, Mysuru observed the Sexual and Reproductive Health Awareness Day on 12th February in the Urban Primary Health Centre, Bannimantap. Students from activity group 3 (Dr. Harshitha, Mr Vinayak, Dr. Sanju, Dr. Srinija, Dr. Ranjan, Dr. Pavan, Aransha Rodrigues, Ms. Swarna, Mr.Aravindan, Dr. Ayushi, Ms. Kirubha Lakshmi, Mr. Sanjeevi), moderated by Dr.Sulochanadevi B C with the permission and coordination of the Medical Officer, Dr.Lokesh, and the staff of the PHC held an awareness session on sexual and reproductive health.

There were a multitude of attendees in the UPHC. The session began with a brief introduction by the students and the Medical Officer about the day. This was followed by a pre-test, which had 10 questions (in English and Kannada languages) to assess the awareness the attendees had before the session about sexual and reproductive health. The information, awareness and education on sexual health, different methods of contraception, cervical cancer, HPV vaccine, family planning, etc. was imparted. The post-test questionnaire was distributed afterwards to assess if the health education was beneficial.



WORLD HEALTH DAY – 16-04-2024

The Department of Community Medicine, JSS Medical College, JSS AHER Mysuru organized a health camp on April 16, 2024, to mark 76th World Health Day (Theme: My Health, My Right) and promote regular health check-ups for its Hostel mess workers. The event was held at the Boys Hostel Mess block 1st floor, JSS Medical College, from 10 AM to 4 PM. The health camp aimed to provide comprehensive health assessments to hostel mess workers, which included measuring height, weight, visual acuity, BMI, Waist to hip ratio, body fat analyzer, blood pressure, Haemoglobin, blood sugar, ECG. One to one Health education and health counselling was given to all the participants of the camp.

Dr.Praveen Kulkarni, the Vice Principal (Para-Clinical) and Sri S.R.Sathish Chandra, the Administrative Officer, inaugurated the event. Dr.Praveen Kulkarni addressed the gathering, emphasizing the event's significance in line with the theme, My Health, My Right, by mentioning the importance of regular health check-ups for every individual and the health of hostel mess workers.

Sri S R Sathish Chandra appreciated the initiative and urged all staff to use the health camp. Dr.Sunilkumar D, Professor and Head of the Department of Community Medicine and Dr.Anil S.Bilimale, Chief Warden JSSMC Hostel was also present at the event. Approximately 123 mess workers benefited from the health camp.

The event was meticulously organized by Dr.Sunil Kumar D., Professor and Head; Dr.Shwethashree M, Assistant Professor; and Dr.Shweta N.Kurkuri, Senior Resident of the Department of Community Medicine. Their postgraduates, interns, and staff members were crucial in serving the participants and ensuring the event was a resounding success.



WORLD MATERNAL MENTAL HEALTH DAY – 08-05-2024

World Maternal Mental Health Day is celebrated every year on May First Week to raise awareness around Maternal Mental Health Conditions during Pregnancy & post childbirth.

Throughout the history mothers have been revered as the pillars of strength, caregivers and nurturers. However, behind the veil of strength, Depression affects 10% of women in postpartum period, many psychiatric disorders

emerge or re-occur during pregnancy and post pregnancy. This adversely affects newborns, the mother & her family. There is need for more awareness and collaboration across specialties. Hence World Maternal mental health day was observed on 08.05.2024 by Department of Psychiatry in collaboration with Department of Obstetrics and Gynaecology at JSS Hospital. The occasion was graced by JSSMC Principal Dr.H.Basavana Gowdappa who called for greater cooperation between departments. JSS Hospital Medical Superintendent Dr.C.P.Madhu emphasised low cost charges offered for Hospital Services, Vice principal Dr.Manthappa appreciated the initiative. Professor & Head, Department of Psychiatry Dr.M.Kishor pledged for more collaborative resources. Professor & Head, Department of OBG Dr.Mamatha S. emphasised continued care. Overview of Women Mental Health and Maternal Mental Health status in India was presented by Dr.Priyanka, Dr.Venkatesh, PG Residents, Dept. of Psychiatry, JSSMC. Awareness Talk for women in perinatal period at JSS Hospital was given by Dr.Megha Sadashiv, Senior Resident, Dept. of Psychiatry, JSSMC. Dr.Shalaka Atre did the comparing and Dr.Vikrant Arora gave vote of thanks.



WORLD BLOOD DONOR DAY – 14-06-2024

We are thrilled to share the highlights from our World Blood Donor Day event, held at the School of Public Health, JSS Medical College, JSS AHER, on 14th June 2024 in collaboration between the School of Public Health and JSS Hospital Blood Center. The event was themed as “20 years of celebrating giving: thank you blood donors!”, and was a profound success, bringing together guests, faculties and students to honor the selfless act of blood donation.

We were privileged to have our esteemed guests, Dr. H. Basavana Gowdappa, Principal of JSS Medical College, Sri Sr. Sathish Chandra, Administrative Officer of JSS Medical College, Dr. Anil S. Bilimale, Chief MPH Coordinator, Dr. Pallavi P, Associate Professor, JSS Hospital and Dr. Archana S, Assistant Professor, Skill Lab who graced the occasion and shared inspiring words and support.

Totally 44 volunteers came forward to donate blood, however only 18 could donate as per the screening criteria. The donors included faculties, PhD scholars, students, and supportive staff from the School of Public Health, Department of Community Medicine, Department of Nutrition and Dietetics, Department of Health System Management Studies, and the Centre for Distance & Online Education. We extend our deepest gratitude to all the faculties, volunteers, students, PGs, technical staff, and nursing staff from JSS Hospital who participated and assisted in the smooth conduct of the event.

Their contributions are a testament to our collective commitment to saving lives and fostering a spirit of compassion. Everyone gathered for the event participated in taking the blood donation pledge issued by the Department of Health and Family Welfare. Let’s continue to be the change we wish to see in the world. Together, we can save lives.



United Nations International Day Against Drug Abuse and Illicit Trafficking 26-06-2024

On the occasion of United Nations International Day Against Drug Abuse and Illicit Trafficking on 26th June 2024 awareness Program at Dept of Psychiatry. Information Leaflets on Drugs was released by Chief Guest Dr.H.Basavana Gowdappa, Principal, JSSMC & Guest of Honour: Dr.C.P.Madhu, Medical Superintendent, JSS Hospital. Along with them Heads of Various Departments and Senior Faculty were present. The Information Leaflet e- copy is free for Circulation and each one has specific & useful information of that particular Drug including access to Free & Confidential Services are available.



REPUBLIC DAY – 26-01-2024



Republic Day was celebrated on 26th January 2024 in JSS Medical Institution Campus. Sri S.Puttasubbappa, Director (Finance), JSS Mahavidyapeetha, Mysuru was the Chief Guest and he highlighted about the importance of Republic Day. Registrar Dr.B.Manjunatha, Controller of Examination Dr.Sudheendra Bhat, Dr.Vishal Kumar Gupta, Dean (Academics), Dr.M.N.Suma, Vice-Principal (Pre Clinical), Principals of Constituent Colleges, Heads of the departments, Administrative Officers and JSS Junior College & High School, SS Nagara, Mysuru staffs & students were present during the program.

ORPHANAGE VISIT

On May 10th, 2024, JSSMC M.I.N.D.S Psychiatry Club: Sapiens, in collaboration with Kala Kriti, organized a visit to Sri Chayadevi Anath ashrama in Chikkadanahalli, Jayanagar with the aim of bringing joy and support to the children. Sri Chayadevi Anath ashrama hosts children of ages up to 10 years. The visit included distributing snacks and refreshments such as chips and juice, as well as essential stationary items like crayons to foster creativity and aid in their educational pursuits. Sports equipment like bats and balls were also provided to encourage physical activity and a healthy lifestyle. This collaborative effort sought to create lasting memories and support for the children at the orphanage, reflecting the commitment of the organizers to make a positive impact in their lives. Through simple gestures and provisions hoped to bring smiles to their faces and contribute to their well-being and happiness.



YUVA BIMBA 2024

JSS Academy of Higher Education and Research (JSSAHER) participated in the 37th Annual South-East Zone Inter University Youth Festival, 'YUVA BIMBA,' organized by the Association of Indian Universities (AIU). The event was hosted by JSS Science and Technology University (JSS STU) from 22nd to 25th February 2024.

The following are the details of the Medical & AHS students & the events participated by the students.

- Solo Western Vocals: Yashvardhan Gaur (MBBS Final Year)
- Classical Instrumental Percussion: Pranav Keshav (MBBS Second Year)
- Debate Competition: Ankit Agarwal and Dhrish Vasa (MBBS Final Year)
- Solo Classical Dance: Vibha Sunil Sastry (First Year MBBS)
- Spot Photography Competition: Nayan Sathyan (House Surgeon)
- Light Vocals Competition: Muktakshi Sonkar (MBBS Second Year) accompanied by
- Nidhish Agarwal (MBBS Second Year) and Rashmi Ranjan Sahoo (MBBS Final Year)
- Quiz Competition: Yashvardhan Gaur, Arush Sudan, and Krishna Rajmohan (MBBS Final Year)
- secured the second position, qualifying for the National Youth Festival 2024.
- Poster Making: Prerana Thulasidas (MBBS Second Year)
- Indian Group Song Competition: Evana Vincent, MP Rakki Suresh, Steve Maria Maxwell, Julitha James, Abhiram S., Chelsy Alaya Philip, Dhanyadeep G, Ananya M, and Swastik U. Ammannny (AHS 3rd Sem)

HUNAR 2024

Students from JSS Medical College, JSS Academy of Higher Education & Research recently participated in Hunar 2024, the 37th inter-university national youth festival hosted by Punjab Agricultural University, Ludhiana, Punjab, held from 29th March 2024 to 2nd April 2024. Over 2000 students participated, representing more than 100 universities from across India. On 29th March, a cultural procession took place, and the JSSMC contingent participated in it. The General Quiz event was held on 31st March, 2024. The format consisted of a written preliminary round, followed by a stage final round. Arush Sudan, Krishna Rajmohan, and Yashvardhan Gaur from MBBS, Phase-3 Part-2 participated in the event, and represented JSSMC. Overall, the Inter-University National Youth Festival was a melting pot of creativity, talent, and cultural exchange, embodying the spirit of unity and celebration among India's vibrant youth.



AFMC Silhouettes 2024

The Armed Forces Medical College (AFMC), Pune, organized its annual sports, cultural, and literary fest, Silhouettes 2024, from May 8th to 15th 2024. This report summarizes the key events and outstanding performances of our students.

Dhwani Eastern and Western Singing Events

-Eastern Solo Singing: Srishti Dutta (3rd MBBS, JSS Medical College) secured the 2nd position.



- Western Solo Singing: Muktakshi Sonkar (2nd MBBS, JSS Medical College) secured the 3rd position.



-Duet Eastern Singing:

- Srishti Dutta (3rd MBBS JSS Medical College) and Muktakshi Sonkar (2nd MBBS JSS Medical College) qualified for the event.

- Yashvardhan Gaur (4th MBBS JSS Medical College) and Swapnil Chaudhuri (4th MBBS JSS Medical College) also qualified.

-Lily and Snape - Duet Dance Competition-Avinash Gopalakrishnan and Arsha P A (Interns JSS Medical College) secured the 2nd place with their captivating performance of "Laal Ishq."



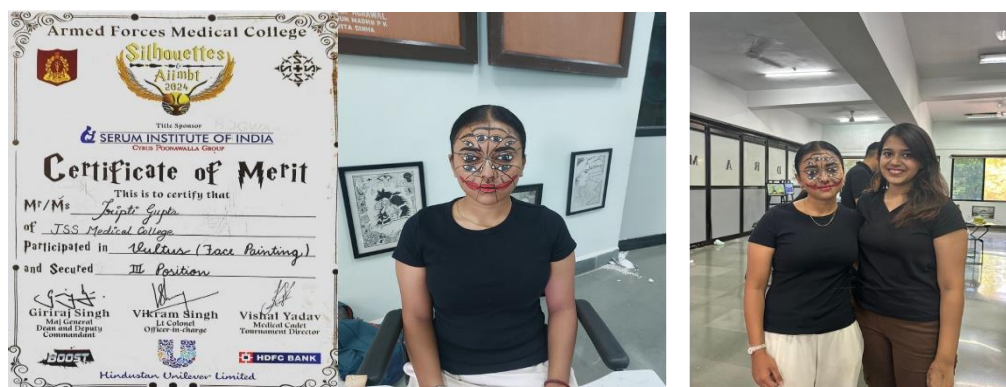
-Spotlight - Solo Dance Event

-Devika Sanjayan (3rd year MBBS JSS Medical College) won the 3rd prize among 37 participants with a mesmerizing Kuchipudi dance performance.



-Kalakriti's Participation in Silhouettes

- Face Painting Competition- Tripti Gupta (3rd year MBBS JSS Medical College) secured the 3rd position, impressing judges and spectators with her intricate designs and creative execution.



-Myriad - Street Play Event

A group of 13 students participated in the street play event, "Tamasha Tera Mera - Nukkad Natak," addressing the impact of social media on mental health. The play highlighted three scenarios depicting the adverse effects of social media on young adults through original jingles and creative props.

The team included: Ayush Rai (4th year), Abhirup Chakraborty (4th year), Swapnil Chowdhary (4th year), Anishka Sneha (3rd year), Chaitanya Charul(3rd year), Sowmika Thalluri (3rd year), Aviral Harsh (3rd year), Prashansa Sharma (2nd year), Enni Chetana (2nd year), Tamanna Gupta (2nd year), Raghav Agarwal (2nd year), Shrishti Dutta (3rd year), Muktakshi Sonkar (2nd year).

Silhouettes 2024 was a resounding success. The event fostered cultural exchange and collaboration.

National Days Celebrated 2024

International Museum Day - Dept. Of Oral Pathology & Microbiology



The Department of Oral Pathology & Microbiology at JSS Dental College & Hospital, Mysuru, organized a National Webinar on June 19, 2024, in celebration of International Museum Day. The program was presided over by Dr. Dhakshaini MR, Principal of JSSDC&H, and Vice Principal Dr. Jaishankar HP, along with Dr. Vidya CS, Professor and Head of the Department of Anatomy, Dr. Vidya G. Doddawad, Professor and Head of the Department of Oral Pathology and Microbiology, and Dr. Usha Hegde, Professor in the Department of Oral Pathology and Microbiology

Dr. Jaishankar in his guest note emphasized the significance of museums at educational institutions. Dr. Vidya CS, Professor and Head, Department of Anatomy, JSS Medical College delivered a lecture on “ Museum Techniques – The Past, Present and Future”. The program began with an inaugural function, followed by an informative and interactive session with the resource person. The program was in hybrid mode and was attended by about 150 delegates on both offline and online modes

The program concluded with a vote of thanks and photo sessions, and feedback was collected about the program's content. All participants highly appreciated the program and expressed their interest in attending workshop programs in the future. The other organized committee members are Dr.Usha Hegde, Dr. Premalatha BR, Dr. Sreeshyla HS, and Dr Priyanka.

‘TOBACCO FREE LIFE: HEALTHCARE PROFESSIONALS’ VITAL ROLE AND RESPONSIBILITIES’



The Chief Guest was Dr. Surinder Singh, Vice Chancellor, JSS Academy of Higher Education & Research and the Guests of Honour were Dr. D.S. Aruna, Dental Health Public Consultant, Tobacco Cessation Specialist, Bengaluru, Dr. Rajeshwari G Annigeri, Professor & HOD, Department of Oral Medicine & Radiology, College of Dental Sciences, Davangere, Dr. Vikrant Ranjan Mohanty, Principal Co-ordinator & Project Head, National Resource Centre for Oral Health and Tobacco Cessation (NRC-OH-TC).

The Organizing Chairman for this programme was Dr. Karthikeya Patil, Tobacco Control & Cessation Centre (TCC), Professor & HOD, Department of Oral Medicine and Radiology and the Organizing Secretary was Dr. Maurya Manjunath, Co-ordinator, TCC, Department of Public Health Dentistry. The Advisors were Dr. Jaishankar HP, Vice Principal and Dr. Thippeswamy H M, HOD, Department of Public Health Dentistry.

The Chief Guest, Dr. Surinder Singh, Vice Chancellor, JSS Academy of Higher Education & Research appreciated the events of the TCC and suggested to undertake more outcome-based activities.

Training and capacity building programs

Awareness campaign for Asha workers and Anganwadi teachers



Awareness campaign for about 52 Asha workers and 39 Anganwadi teachers at Suttur (A village located at 30 KM from Mysuru) was conducted. Pamphlets were issued to public and outpatients who visited the hospital by creating awareness on tobacco usage.

School based Tobacco control and cessation initiatives : A rally to raise awareness among the general population

A rally was organized by Department of Public Health Dentistry along with JSS Hospital, Suttur. 134 students from JSS Public School students participated in the rally with placards and signages related to tobacco and its ill effects.



Public events like Walkathon/Cyclic rally



In collaboration with the Indian Dental Association, Mysore branch, Vikram College of Nursing, and the Rotary Club of Vijaynagar, conducted World No Tobacco Day walkathon rally from Kote Anjaneya Swamy Temple to the DC office, Mysuru. Educative placards were displayed, informing the public about the dangers of tobacco use, its side effects, and related information. Around 100 participants actively took part in the rally.

Awareness campaign among truck drivers and cleaners



Awareness campaign among truck drivers and cleaners was conducted by the Tobacco Control and Cessation Centre (TCC) and Department of Public Health Dentistry, JSS Dental College & Hospital lead by faculty, House

surgeons and students. 213 drivers and cleaners were sensitized about the usage of tobacco and its ill effects and were referred for oral screening and for dental care.

World Oral Health Day 2024



The Department of Public Health Dentistry hosted “SANGAMA 2024”, culmination of World Health Day (April 7) and World Oral Health Day (March 20) on April 6, 2024, in the Gowri Shankara auditorium of JSS Dental College and Hospital. Theme for World Oral Health Day 2024 is 'A HAPPY MOUTH IS A HAPPY BODY’ and the theme for World Health Day 2024 is 'MY HEALTH MY RIGHT.' On this occasion Dr. Smitha.MC resource person delivered lecture concerning these themes addressing third year BDS students, interns, and faculty

The program was graced by the presence of chief guest Dr. Manjunatha.B Registrar, JSSAHER, Guest of Honor Dr. Dhakshaini.M R Principal, JSSDCH, Dr.Jaishankar H.P Vice Principal, JSSDCH and Resource person Dr. Smitha MC Associate professor, dept of Preventive and Community Medicine, JSSMC. This program was attended by staff, PG’s, III- and IV-year BDS students. This program started with the invocation song by Dr. Aishwarya Anand, Intern. The welcome address was delivered by Dr. Maurya M, Lecturer Department of public health dentistry. Chief guest Dr. Manjunatha.B addressed the gathering and informed the students to abstain from consuming street food and junk food. Guest of honor Dr. Dhakshaini M R spoke about awareness in oral health and general health and appreciated the department for conducting various thoughtful events. In the view these health days the department conducted several events based on the theme which included painting, making props, creating reels and quiz competitions. All the students showed great enthusiasm and enormous effect to show case the talents and participated in the events. The report of health day activities was delivered by Dr. Karthikaa Postgraduate student department of public health dentistry. The prize distributions for the winners were done by the dignitaries. Dr.Sushma. R, lecturer department of public health dentistry proposed the vote of thanks

World Autism Awareness Day



Oral health screening and educational camp at Aashiana - Institute for special children at Udayagiri, Mysuru on 3.4.2024 marking the “World Autism Awareness Day”. The camp was conducted by the department of Pediatric and Preventive Dentistry under the banner of special smiles- Extension of Oral Care Services for Children with Special Health Care Needs and Medically Compromised Conditions at Department of Pediatrics, JSS Hospital, Mysuru.

The resource faculty were Dr. N. Rashmi, Associate Professor, Dept of Paediatrics, JSS hospital. The camp emphasised on educating the parents to maintain their children’s oral health, including the importance of diet and dental caries and an insight was provided on the over usage of mobile phone and its risks in young children, the program also provided an overview on the role genetic and environmental factors in the causation of Autism. Significance of the Modes of prevention and early intervention was spoken in the session.

All the students at the institute were screened and provided with Oral hygiene kits by Indoco Warren pharmaceuticals.

Oral Pathology Day Celebration 2024



On March 20, 2024, the Department of Oral Pathology and Microbiology at JSS Dental College and Hospital, A constituent college of JSS Academy Higher Education & Research, Mysuru, celebrated 'Oral Pathology Day-2024'. The event was primarily organized for undergraduate students of BDS at JSS Dental College & Hospital

Dr. Sheela Devi CS, who currently works as a Professor and Head of General Pathology at JSS Medical College Mysuru, was the Guest speaker who delivered a lecture on 'Pathology in General'. The program began with an inaugural function, followed by an informative and interactive session with the resource person. The program concluded with a valedictory function presided over by Dr. Dhakshaini MR, Principal, and Dr. Usha Hegde, Professor and Head, Department of Oral Pathology and Microbiology, JSS Dental College and Hospital, Mysuru

The winners of competitive events, such as the BDS I and III-year students who scored the highest marks in the annual examinations for the academic year 2022-23, were awarded. The program had the participation of 200 delegates and featured several competitive events exclusively designed for undergraduate BDS students. The events were: mind mapping and Oral Pathology reels. Awards for Best Mind Mapping and Reels competition were given to BDS I and BDS III-year students. The judges for the competitive events were also acknowledged. The program concluded with a vote of thanks and photo sessions, and feedback was collected about the program's content. All participants highly appreciated the program and expressed their interest in attending similar programs in the future.

International Women’s Day Celebration



JSS Dental College and Hospital in association with Indian Dental Association, Mysore branch, Women Dental Council and Internal Complaints Committee celebrated International Women's day on 11.3.2024 at JSS Dental College & Hospital, Mysuru.

Guest Speaker was Dr. C. B. Avinash, HOD & Senior Medical Oncologist, Clearmedi Radiant, Mysuru. He sensitized the importance of early identification of breast cancer and cervical cancer, different methods of prevention starting from self- assessment followed by clinical examination by the experts. He emphasized on the importance of Mammography, clinical investigations, and its prevention. He instilled a positive attitude towards prevention of such cancers which is possible by timely intervention.

Oral and Maxillofacial Surgery Day



The Department of Oral and Maxillofacial surgery, JSSDC&H, JSSAHER Celebrated International OMFS Day on 13th February 2024, in association with AOMSI and IDA Mysuru branch. The event was inaugurated with lighting of the lamp by the Principal Dr. Dhakshaini MR and dignitaries. It was followed by welcome address by Dr. Brinda Godhi, CDE Convener, IDA Mysuru Branch. And Dr. Manuprasad, Treasurer, KAOMSI addressed about AOMSI and its activities. Chief guest Dr. Dhakshaini MR addressed the audience about the field of OMFS and its importance. The Department had conducted e Poster competition on the occasion of OMFS Day on the theme “Road safety awareness” for Undergraduates and Postgraduates. The winners were awarded with certificates. Later on, a CDE programme was conducted aligning with the theme for 2024 “Project Sanjeevani”. The topic of CDE programme was Basic Life support for Practicing Dentists. Resource persons were Dr. Deepa BV and Dr. Harsha Raj BS. The programme was attended by 70 participants which included private practitioners, faculty & students. The session was very interactive and was well appreciated by the attendees.

Prosthodontist Day



As a part of Indian Prosthodontic Society's initiative, the Department of Prosthodontics and Crown & Bridge, JSSDC&H, JSSAHE&R, celebrated Prosthodontist Day on 24th January, 2024.

The event was marked with invocation song by Mrs. Vishalakshi and lighting of the lamps by honourable Chief Guest Dr. Sudeendra Bhat R, Principal Dr. Dhakshaini M R, Professor Dr. Anil Kumar Gujjari and HOD Dr. K N Raghavendra swamy. It was followed by Welcome address by Dr. K N Raghavendraswamy on Dentistry and importance of Prosthodontist day. Chief Guest Dr. Sudeendra Bhat R addressed the audience about the field of Prosthodontics and its importance in overall health of the body.

Denture Care Kits were distributed to thirty needy Prosthodontic patients by Chief Guest Dr. Sudeendra Bhat R, Principal Dr. Dhakshaini along with staff, post graduate and undergraduate students.

Dr. Meenakshi delivered an educational speech on nutrition and awareness in oral health, motivating the patients and students to take care of oral as well as systemic health. The morning session concluded by vote of thanks by Dr. Sowmya S.

The Department had conducted 'Creative E-Poster Competition'; 'Reels Competition' on the theme who is a prosthodontist and 'Quiz Competition'. Winners were given gifts and certificates while participants received e certificates.

Pedodontists Day



The children were educated about oral hygiene practices and toothbrushing techniques along with distribution of oral hygiene kits. The school camps also involved oral hygiene checkup and primary treatment. Post-graduates and interns from all departments took part in essay writing and poster making competitions on campus. Other events included Slogan writing competition for staff and PGs, nursery rhyme composition for interns and final year undergraduates, reel making and snapshot competition for post-graduates. The week long program concluded on 18th November with a felicitation program attended by Dr. Prashanth S N, Prof and Head, Dept. of Pediatrics, JSSMC as chief guest along with with Dr. Dhakshaini M R, Principal, JSSDCH and Dr

Nandlal B, Head of the Department, Pediatric and Preventive Dentistry, JSSDCH where all the winner were awarded.

Diabetes Day 2023



The diabetes day dental education program for patients was held on 21/11/2023 at the Department of Periodontology, JSS Dental College & Hospital, JSSAHER. It started with the inaugural lighting of the lamp and the chief guest Dr Dakshyayini M R , Principal of JSS Dental College & Hospital addressed the gathering. Our chief guest encouraged the patients to assimilate the information given by the resource faculty during the dental education program to help reduce stress in diabetes & periodontitis. The welcome address was given by Dr. Sheela Kumar Gujjari, HOD, Department of Periodontology. Two dental education lectures were arranged on stress and its management and a workshop on Meditation and Wellness

- Dr Premalatha, faculty Department of Oral Pathology JSSDCH spoke on Stress & diabetes
- Dr Anitha Subbappa, Faculty, Department of Periodontology spoke on Stress & eriodontitis
- Workshop was conducted by Smt. Jagadeeshwari Sudhir, SeniorTrainer & healer of Yoga PranaVidya President, Mysuru, Mysuru Yoga Prana Vidya trust. Oriented and guided on meditation

World Endodontic Day Celebrations 2023



The Department of Conservative Dentistry & Endodontics at JSS Dental College & Hospital celebrated World Endodontic Day on 16th October 2023. With the theme being 'Grossman's Contributions to the Field of Endodontics', a Pick & Speak Competition was organized for the Undergraduate Students of JSSDC&H. The topics were given to them on spot & each participant was given 3-minute duration to speak about a particular topic allotted to them through lottery method. A total of 3 prizes were distributed. Pictionary was also conducted for the final year BDS Students as part of the celebrations & the students were divided into three groups. It was

a fun-filled learning exercise for the UG students. The Program was attended by Faculty, PG Students, Interns & Final Year BDS Students & was well appreciated by all. We appreciate the efforts by IFEA in making this initiative a huge success.

Anti Ragging Day 2023



Anti-ragging measures play a pivotal role in fostering a safe and inclusive environment within educational institutions. Ragging, often characterized by its harmful and demeaning nature, poses a significant threat to students' physical and emotional well-being. By implementing strict anti-ragging policies and promoting awareness, educational institutions aim to eliminate this harmful practice and create a space where all students can thrive without fear or intimidation. Hence to create this awareness among the student fraternity, JSS Dental College & Hospital observed the Anti-Ragging Day on 12 th August 2023. This awareness program is followed by week-long competitions being organized for students to create awareness among them. On 12 th August, resource faculty Mr, Sudeep P K, Assistant Professor, Clinical Psychology, JSS Hospital and Mr. Vishwanath Prasad, coordinator, Student Support Cell, JSS AHER shared their expertise and interacted with the students. Principal Dr, Dhakshaini M R, also explained the importance of an empathetic and friendly environment within the campus. The program was coordinated by Dr. Seema Deshmukh, Dr. Priyanka Nitin and Dr. Avinash B S from JSS Dental College & Hosipital, JSS AHER.

Oral Hygiene Day 2023



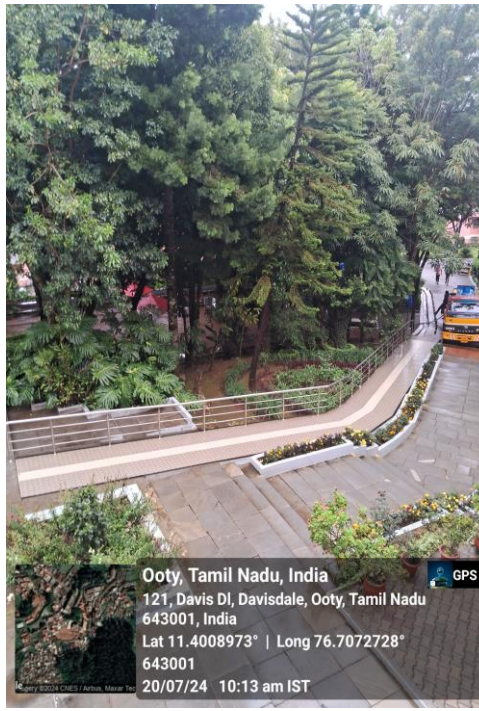
Have we thought about the impact our oral hygiene habits can create on the environment? Yes, brushing is important but the brushes are made of plastic and that takes a long time to decompose when discarded. Not only does it cause harm to the environment but it can be a potential threat to our systemic health tool. So, it is important to switch to sustainable oral care practices.

What does that mean? It is a term used to describe practices and products that are friendly to the environment. It includes choosing natural ingredients over harsh chemicals. Recycling and reusing products whenever possible, avoiding disposable items, saving water while brushing, and using biodegradable dental products.

Many toothpastes and mouthwashes contain chemicals that can pollute water supplies and damage ecosystems. Also, the toothpastes are dispensed in plastic tubes. Nowadays toothpaste tablets are available which can overcome this disadvantage. One among them is COLGATE ANYWHERE ANTICAVITY TOOTH PASTE TABLETS which are of great interest among mankind. Use of organic toothpaste which contains betel leaf extract (BENTODENT BETEL LEAF TOOTHPASTE, charcoal (COLGATE CHARCOAL TOOTHPASTE), etc have also gained paramount importance, and they can overcome the toxic effects of toothpaste ingredients like triclosan, sodium lauryl sulfate.

August 1st is celebrated nationwide as Oral Hygiene Day. This Year the theme given by the Indian Society of Periodontology was GREEN DENTISTRY. The department of periodontology participated in this drive of creating awareness in bringing a change from plastics to an eco-friendlier oral hygiene practice. Dr. Vidya Priyadharshini, Reader, Department of Periodontology gave a talk on the detrimental effects of plastic and the importance of oral hygiene maintenance. The health care workers, hygienists, technicians, office staff, and Group D workers were educated on oral hygiene maintenance and the importance of the use of natural brushes like bamboo brushes which are more eco-friendly, and the use of oral hygiene aids which are biodegradable. The Bamboo brushes and Parodontax toothpaste were sponsored by the Indian Society of Periodontology and HALEON was distributed. We are thankful to JSSAHER for supporting the program. Competitions on eco-friendly dentistry were held to spread the importance of moving towards GREEN DENTISTRY.

The college has made comprehensive provisions to support individuals with disabilities by offering a range of accessibility features.






Picture represents the ramp and lift facilities strategically located for disabled students

Sustainable Development Goal 10 aims at reducing inequality within and among countries. This SDG calls for reducing inequalities in income as well as those based on age, sex, disability, race, ethnicity, origin, religion or economic or other status within a country. The goal also addresses inequalities among countries, including those related to representation, migration, and development assistance.






The international community has made significant strides towards lifting people out of poverty. The most vulnerable nations - the least developed countries, the landlocked developing countries, and the Small Island developing States - continue to make inroads into poverty reduction. However, inequality persists and large disparities remain in access to health and education services and other assets.

NSS Activities

Report on Health Camps conducted

Sl No	Organization	Place	Date	No. of Patients Screened
1	JSS Hospital, Mysuru	13th Mega Health Camp, Saragur	08-01-2024	700
				
2	NJS Charitable Trust, Mysuru	General Health Camp, Mysuru	09-01-2024	435
				
3	JSS Hospital, Mysuru	General Health Camp, Mysuru	29-01-2024	300
				

4	NJS Charitable Trust® Mysuru	General Health Camp, Mysuru	13-02-2024	445
5	JSS Hospital, Mysuru	Sankalp Central Park, Yadavgi	18-02-2024	200
6	NJS Charitable Trust® Mysuru	General Health Camp, Mysuru	12-03-2024	372
7	JSS Hospital, Mysuru	General Health Camp, Mysuru	31-03-2024	150
8	NJS Charitable Trust® Mysuru	General Health Camp, Mysuru	02-04-2024	150
9	NJS Charitable Trust® Mysuru	General Health Camp, Mysuru	14-05-2024	233

				
10	JSS Hospital, Mysuru	General Health Camp, KR Nagar	22-05-2024	250
				
11	JSS Hospital, Mysuru	Geriatric Health Camp, Ooty	26-05-2024	100
				
12	JSS Hospital, Mysuru	General Health Camp, Nanjangud	07-06-2024	682
				
13	NJS Charitable Trust@ Mysuru	General Health Camp, Mysuru	11-06-2024	210
				

The college has formed the Internal Complaints Committee (ICC) for the effective implementation of the sexual harassment of women at Workplace Act, 2013 to the realization of the rights to gender equality, life and liberty, equality, and dignity at the workplace. The college follows to pay equal remuneration to women and men for the same work as per the Equal Remuneration Act, 1976. The Internal Complaints Committee (ICC) is dedicated

to implementing and upholding key standards to address sexual harassment of women in the workplace. Prohibition: Establishing strict policies and guidelines that explicitly prohibit any form of sexual harassment within the college environment. Prevention: Proactively creating a safe and respectful workplace through awareness programs, training sessions, and preventive measures to eliminate the occurrence of sexual harassment. Redress: Providing a clear and effective mechanism for addressing and resolving complaints of sexual harassment, ensuring that victims receive prompt and fair redressal. The ICC also sensitizes the freshmen regarding the gender equality and anti-harassment policy during their orientation program. In this regard this year a special talk was delivered to the freshmen by Dr. S. Brindha Assistant Professor, Department of Education, SASTRA Deemed to be University, Thanjavur, Tamil Nadu on the topic 'Gender sensitization and prevention of sexual harassment'. The expert talk was on the Protection of Women under the present regime, Prevention of Sexual Harassment of Women in the Workplace, and Domestic Violence.



Picture represents the special talk delivered on 'Gender sensitization and prevention of sexual harassment'.

Our student admission policy and employee selection policy are founded on the principles of equality and inclusivity. We are committed to ensuring that our admission process is free from any form of discrimination. This means that all applicants are evaluated based on their merits and qualifications, regardless of their race, color, ethnicity, national origin, gender, religion, sexual orientation, disability, or any other characteristic protected by law.

The Department of Pharmacy Practice jointly with IPA Nilgiris Local Branch, organized 'Cervical Cancer Screening Awareness Workshop' in Sokkanalli tribal village, Nilgiris on Nov 24, 2023, to raise awareness about cervical cancer among tribal women in tea gardens by addressing causes and emphasizing the importance of regular screenings. About 75 tribal women participated. Resource persons covered key topics such as prevalence rates, risk factors and significance of screening. A Free Medical Camp for the Tribal People's was organized on 24.09.2023 at Chinchona Village in Doddabeta Panchayat of the Nilgiris District. Two doctors Dr. Bhavesh, MBBS., MD., and Dr. J Subramani, MD serving in the Government Hospital & Primary Health Centre

respectively diagnosed the patients and gave medical advice followed by further follow-up at higher healthcare centres as required.

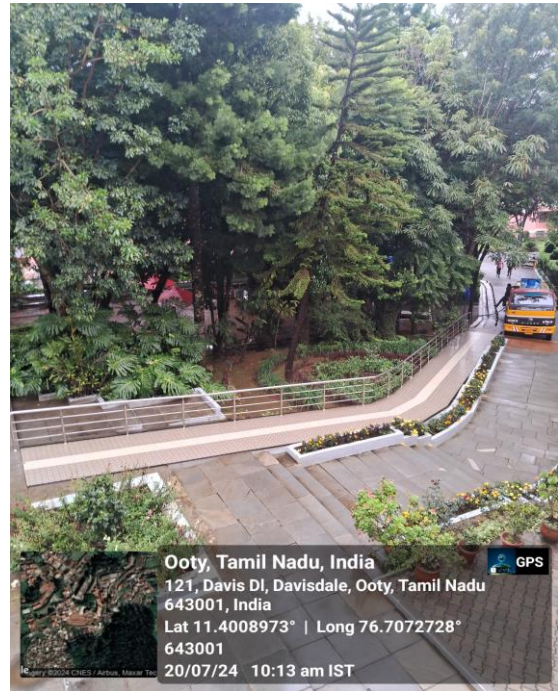


Picture represents the cervical cancer awareness program conducted at Sokkanalli tribal village



Picture represents the free medical camp conducted at Chinchona Village for tribal women

The college has made comprehensive provisions to support individuals with disabilities by offering a range of accessibility features. Wheelchairs are readily available for those who require mobility assistance within the campus. Stretchers are Provided for medical emergencies or situations where a person needs to be transported safely and comfortably. Ramps are installed throughout the campus to ensure smooth and barrier-free movement, particularly for those using wheelchairs or other mobility aids.



Picture represents the ramp and lift facilities strategically located for disabled students

NSS Medical Camp Report 2024 February 26th - March 3rd –2024

NSS unit of JSS Medical College, JSS AHER had organized an annual special camp from 26th February to-3rd March 2024 at various villages coming under Hosahalli and Palahalli Gramapanchayiti (Hosahalli, Mogarahalli, Karekura, Palahalli). Free health screening and treatment camp was conducted as part of the NSS annual special camp. The camp was organized and supported by JSS Medical College, under the JSS Academy of Higher

Education and Research, Mysuru. All our activities are guided, directed, and supported by the Principal Dr.H.Basavana Gowdappa, and Vice-Principals Dr Suma N.M. and Dr. Praveen Kulkarni, JSS Medical College, Mysuru and Mr. Satish Chandra. Chief Administrative Officer, JSS Medical College, Mysuru.

Mrs.Shashikala S.D. panchayat development officer (PDO), Hosahalli Gramapanchayiti, Shreerangapptana taluk, Mandya district. was instrumental in obtaining the permission, planning, and executing the arrangements, giving publicity of camp, and providing the place for conducting the camp. During her inaugural remarks she reiterated the importance of medical camp especially in the rural areas at their door step and insisted the public to make right use of this unique opportunity. Decisions and support of PDO was unconditionally supported by Mr. Chalubaraju, president of Gramapanchayiti, and vice-president Mrs. Sumithra M.G. and all members and other office bearers of the village. It is worth mentioning here that Mr. Vivek a local popular leader from Mogarahalli, provided snacks, soft drinks, shamiyana, chairs, etc. He motivated all residents and school children to take part in the camp. On the request of head mistress of the Mogarahalli school, NSS unit JSS MC contributed the "First Aid Box" for the school.

Ms. Nishka Gupta, Ms. Mouli Mandal, Ms. Mridusmita Hazarika, Ms. Snigdha Muthyala, For the group I Ms. Ahana, Ms. Esha, Mr. Nagabhushan, and Ms. Navya K (Phase II MBBS) were designated as student co-ordinators who successfully and systematically organized the camp by joining hands with the NSS officers, doctors, and other students.

The medical health camp team involved Services offered by specialists from various departments including general medicine, obstetrician & gynaecologist, and paediatrics from JSS Hospital and Research Centre, Mysuru. and MBBS students of JSS Medical College, Mysuru. There were different counters, like Registration, screening complaints, recording the blood pressure (BP), testing random blood glucose levels (Blood Sugar), checking Height, Weight, and BMI, and one pharmacy counter was set up to dispense free medicine for all the patients who were prescribed medication by the concerned doctors. All these student volunteers catered their services at different medical counters and finally delivered prescribed medications through the pharmacy counter. Around 760 patients including the public and students from schools and Anganwadi benefited from the services offered during the free medical camp series; it mainly included many children, women, and the old-age population. Blood sugar (CBG) was tested in 280 patients, and free drugs were distributed to 643 patients.

Along with this, the students took the initiative to spread awareness about important issues like nutrition and its values, social hygiene, personal hygiene, the Right to Education, Child labour, Child marriage, and Beti Bachao Beti Padhao. A small group of students went door to door, covering most of the houses of the village to create awareness and impart knowledge to the families educating them through posters, flyers, and slogans. Students discussed with the villagers how to break various superstitions and stereotypes. Students divided themselves into 2 groups to talk to the students of both the primary and high schools. They went to various classrooms and had interactive sessions with the children to enhance their understanding of these topics. The children in the schools were presented with posters and slogans that allowed them to comprehend the topic at their individual levels. The teachers appreciated the JSS students spreading awareness as the children can better relate to someone closer to their age than an authority figure. The residents of the village and school students were extremely receptive to the information being given to them.

Our second half of the camp activities co-ordinated by Ms. Ahana, Ms. Esha, Mr.Nagabhushan, and Ms. Navya K (Phase II MBBS) supported various works along with other students in the group. Our all activities were supported by the president, vice-president, members and PDO of Palahalli Gramapanchayiti. Our activities involved residents Mr. Ramachandra from Hosahalli, and Mr. Ramesh from Palahalli, their whole hearted support by all means stood as a strong base for overall work execution we are very much thankful for their support and involvement. On the final day of our medical camp, these students of JSS Medical College had the opportunity to visit St. Anne's Public School in Palahalli, Shreerangapptana Tq. These students took the lead in felicitating awareness for school kinds. JSS students divided themselves into small groups to talk to the students of both the primary and high schools. The children were educated about many topics including the importance of education, child labour, girl's education, child marriage, nutrition, etc. The JSS students went to various

classrooms and had interactive sessions with the children to enhance their understanding of these topics. The children in the schools were presented with posters and slogans that allowed them to comprehend the topic at their individual levels. After interacting with these children, JSS students were able to better appreciate the importance of spreading awareness of these topics. While many children had some knowledge about the importance of their education, seeing college students gave them a sense of urge to pursue their goals in life. The teachers appreciated the JSS students spreading awareness as the children can better relate to someone closer to their age than an authority figure. The JSS students were very thankful for the opportunity to interact and inspire kids who can someday be in their shoes to inspire others. All these adjuvant services along with the patient registration counter were effectively managed by 50 NSS volunteer medical students from Phase II MBBS, in two slots each of 25, who were actively, responsibly, meticulously, and tirelessly involved in assisting these counters for all 7 days throughout the conduct of the camp. Overall, the camp turned out to be a fruitful learning experience for all the volunteers. It helped the medical students contribute their little part towards the objective of "making health care a demand, rather than a need", as rightly said by our respected Vice Principal, Dr.Praveen Kulkarni. This special rural medical camp activities were conducted under the supervision of NSS Programme Officer Dr.M.V.Ravishankar from JSS Medical College, Mysuru, and other faculty members from the Department of Biochemistry Mr.Venkatesh, Mr.Ananth, and Dr.Anshu Yadav, co-ordinated the whole event.



JSS Medical College AHER, conducted NSS “Free Medical Camp” at Hosahalli, Gramapanchayiti, Shreerangapptana Taluk, Mandya District. from 26th February -2nd March 2024. Inauguration and Inaugural address by Dr. Praveen Kulkarnai Vice-Principal, JSS Medical College, and Mr. Sathish Chandra, Administrative Officer, JSS Medical College, Mysuru.



Shramadaan at K R Mills by JSS Medical College, Mysuru – 09-03-2024



As part of Family Adoption Program, along with NSS, “Shramadaan”- Giving Back to community- activity was organized on 9th March 2024 at K R Mills colony, Hanchya PHC, Mysore. As part of the program 1st year MBBS students were involved as NSS volunteers and carried out cleaning of the premises of KR Mills Subcentre, Government Model Higher primary School, KR mills and Government High School, K R mills. The students also gave health education to school students on importance of segregation of dry and wet waste at household level, personal hygiene and hand hygiene. Dr.Shwetha Kurkuri, Dr.Sunitha Singh, Senior Residents, Dept of Community Medicine, Dr.Amoghashree, Asst.Prof., Dept. of Community Medicine, Dr.Ravishankar, Asst.Prof., and NSS Co-ordinator, Dept. of Anatomy, JSS Medical College, Mysuru along with Post graduates from the Dept. of Community Medicine, JSS Medical College, coordinated the whole event. Support was also extended by Dr.Sunil Kumar D, HOD, Dept. of Community Medicine, JSS Medical College, Gram Panchayat, Siddlingipura, Dr.Ravidra, Medical Officer, Hanchya PHC, Mysuru for the event.