

## Criteria 5.1.2 (2018-2019)

### **Report on Orientation Programme for Interns of 2018-19 Batch conducted on 19/03/2018**

The Medical Education Unit conducted a one day Orientation Programme for the Interns of 2018-19 Batch on 19<sup>th</sup> March 2018 from 10.00 AM TO 04.00 PM at Sri Rajendra Centenary Auditorium, JSS Hospital, Mysuru. A total 120 Interns attended the programme.

Dr.Arun, Convenor of Medical Education Unit, welcomed the dignitaries to the dais. The programme began with a formal inauguration by Dr.B.Manjunatha, Registrar, JSS Academy of Higher Education and Research, who addressed the gathering and advised the fresh interns to make best use of the resources available at the Hospital for their academic activities. Dr. (Col) M Dayananda, Director, JSS Hospital, spoke about the rules and regulations of JSS Hospital. Dr.M.Guruswamy, Medical Superintendent. JSS Hospital spoke on the occasion and stressed about the medical ethics to be inculcated by the interns. Dr.G.V.Manjunath, Vice Principal (Clinicals), JSS Medical College was present. Dr.Vijaya Vageesh, Member of Medical Education Unit, proposed the vote of thanks. In the morning session, Dr.Kiran H.S., Dr.Deepthi T, Dr.Chinmayi Y. and Dr.Madhu B spoke about ‘Duties and responsibilities of interns’, ‘Case sheet and prescription writing’, ‘Handling medicolegal cases’ and ‘Introduction to Community Medicine Postings’, respectively. This was followed by a Lunch Break. The post lunch session had three topics, namely, ‘Blood Bank’, ‘Hospital Infection Control Programme’ and ‘Interpersonal relationships and communication skills’, held respectively by Dr.Pallavi, Dr.Rashmi and Dr.Praveen Kulkarni, respectively. The concluding session was held by the first year Postgraduate students, Dr. Ipsita Konar and Dr. Smrithi Bhagirath, on ‘How to make best use of Internship?’

The interns gave their feedback at the end, where they conveyed that the Orientation Programme was highly beneficial for their Internship programme and the topics covered had a real value of application. A total of 120 interns availed the benefit of the programme.

### **Report on Orientation Programme for I Year Postgraduates of 2018-19 Batch held on 07/06/2018**

The Medical Education Unit conducted a one day Orientation Programme for the I Year Postgraduates (2018-19 Batch) on 7<sup>th</sup> June 2018 from 10.00 AM TO 04.00 PM at Sri Rajendra Centenary Auditorium, JSS Hospital, Mysuru. A total 120 Postgraduates attended the programme.

The day started with registration at 09.30 AM, Dr. Arun, Convenor of Medical Education Unit, welcomed the dignitaries to the dais and delivered the welcome note. The programme began with a formal inauguration by Dr. P.A Kushalappa, Director (Academics), JSS Academy of Higher Education and Research, Mysuru. In his keynote address, he advised the postgraduate students to put their maximum efforts and commitments towards the specialty they have been enrolled for. He also suggested to the fresh postgraduates to make best use of the resources available at the Hospital for their academic activities. Dr. H. Basavanagowdappa, Principal, JSS Medical College, spoke about the rules and regulations of the Institution. Dr.M.Guruswamy, Medical Superintendent. JSS Hospital, spoke on the occasion and stressed about the medical ethics to be inculcated by the postgraduates. Dr.G.V.Manjunath, Vice Principal (Clinicals), JSS Medical College gave a brief overview of the JSS Medical College and Hospital from its inception till date. This was followed by a session on ‘Introduction of Heads of the Departments’ by Dr.Pushpa V.H, Member of Medical Education Unit, Heads from all departments of the Institution were present. This session was aimed to familiarize all the Postgraduates with various departments of the Institution. This was followed by a Tea Break. In the next succeeding session, there was ‘Self Introduction’ by all Postgraduates. Dr. Sudheendra Bhat, Controller of Examinations, JSS Academy of Higher Education and Research, gave a narrative overview about the JSSAHER and its constituent colleges. This was followed by a session on ‘Interpersonal relationships and communication skills’ by Dr. Kishor M, faculty of Psychiatry. After the lunch break, Dr.Sowmya H.V, Dr.Vikram Patil, Dr.Pratibha Periera, Dr. Sumana and Dr.Manthappa M, spoke about ‘Duties and responsibilities of postgraduates’, ‘Selection of topic for dissertation’, ‘Role of postgraduates for NABH’, ‘Hand hygiene’ and ‘How to write a log book?’, respectively.

The postgraduates gave their feedback at the end, where they conveyed that the Orientation Programme was highly beneficial for their residency programme and the topics covered had a real value of application. A total of 128

postgraduates availed the benefit of the programme.

## **Induction Programme for I Year MBBS Students of 2018-19 Batch held on 16/08/18, at Sri Rajendra Auditorium, JSS Medical College, Mysuru**

The Medical Education Unit conducted a One day Induction Programme for the I Year MBBS Students of 2018-19 Batch on 16/08/18, from 10.30 AM TO 04.00 PM at Sri Rajendra Auditorium, JSS Medical College, Mysuru. 150 students, along with their parents, making a total of 600 members, attended the programme.

The programme began with an invocation rendered by Ms. Arya Peethambaram and Ms. Misbah. Dr.H.Basavana Gowdappa, Principal, JSS Medical College, welcomed the gathering. He congratulated the newly admitted students and appreciated their hard work for having achieved their dream of getting into one of the prestigious medical schools of the country. He advised the new students to make best use of the resources available at the College and Hospital for their academic activities. It was followed by lighting of the lamp by the dignitaries on the dais. The chief guest for the event, Dr. K.P. Puthuraya, former Director of Research and Development, Rajiv Gandhi University of Health Sciences, Bengaluru, delivered the inaugural address. In his address he highlighted about the role of students and parents in the journey of medical education. He also stressed the need to be a good human along with being a successful doctor. Dr. (Col) M Dayananda, Director JSS Hospital Mysore spoke about need for good communication with patients and also keeping update about the fast changing medical field. Dr. Prashanth Vishwanath, Director, IQAC, JSS AHE&R, administered the Oath of solemn affirmation to the students. In his Presidential address, Dr. P.A. Kushalappa, Director (Academics), applauded the efforts of new entrants for having made it up to medical profession. He advised them to maintain the honor and decorum of the profession and bring laurels to their alma mater. He advised the students to take up short term research projects which will be supported by the university. Dr. G.V. Manjunath, Vice Principal, highlighted the evolution of JSS Medical College and Hospital from its inception till date spanning over three decades. Dr. Sudheendra Bhat, Controller of Examinations, gave a detailed description of the JSSAHER. Dr. Renuka M, Deputy Controller of Examinations, briefed about the Scheme of Examinations. All the teaching faculties of the Departments of Anatomy, Physiology and Biochemistry were introduced to the audience, by the heads of the respective Departments. This was followed by vote of thanks by Dr. Rajalakshmi R, Professor and Head of Physiology. After the lunch break, the afternoon session began with a narrative presentation by Dr. Chandrakanth H.V, Professor & Head of Forensic Medicine and Toxicology, on Anti-ragging, prevention of gender harassment and other related offences. The availability of various support systems to the students to combat such situations was outlined. The succeeding session was on Mentorship Programme, by Dr. Pushpalatha. K, Professor and Head of Anatomy. She brought out the unique system of Mentorship in the institution which provides an extended opportunity to students to interact with the assigned teacher, for academic and non-academic issues. The concluding session of the day was Traffic Rules and Regulations by Mr. Jaya Kumar, Police Inspector, N.R. Traffic Zone, Mysuru.

The students and the parents gave their feedback at the end, conveying that the Induction Programme was highly beneficial and the topics covered were relevant.

### **Foundation course- 2018-19 batch**

Sl No	Topic	Speaker	Time
<b>03.09.2018: Day 1</b>			
1	Coping with medical stress & Stress Management	Dr. Kishor Associate Professor Dept of Psychiatry	9.30AM- 10.30AM

	Communication Skills & Professionalism	Dr.M D Ravi Professor, Dept of Paediatrics	10.30AM-11.30 AM
		JSS Medical College	
<b>Tea Break</b>			
3	Time management	Dr H Basavana Gowdappa Principal Professor of Medicine, JSS Medical College	11.45AM-12.45 PM
<b>Lunch</b>			
4	How to study?	Dr. Kiran HS Associate Professor Department of Medicine JSSMC	2PM - 3PM
5	JSSU online and Involvement of students as stakeholders in Quality Assurance	Dr. Prashanth V, Professor Department of Biochemistry JSS Medical College	3PM-4PM
<b>04.09.2018: Day 2</b>			
6	Humanities in Medical Profession	DrArun M Professor Dept. of Forensic Medicine JSS Medical College	9.30 AM-10.30 AM
7	Research for undergraduates	Dr Praveen Kulkarni Assistant Professor Dept of Comm.Medicine JSS Medical College	10.30AM-11.30 AM
8	Ethics in Medical Profession	DrPratibhaPeriera Professor Dept of Medicine JSS Medical College Hospital	11.45AM-12.45 PM

9	Guidance and experience of senior students		2PM-3.30 PM
10	Feedback		3.30PM-4PM

## Program Schedule of Foundation Course

Time	Topic	Facilitators
<b>Day 1, 18<sup>th</sup> March 2019</b>		
9.00AM -9.30 AM	Welcome and Self Introduction and course objectives	All
9.30 AM – 10.00 AM	Introduction to Medical Research Methodology	Dr Praveen K
10.00 AM – 10.45 AM	Selection of topic for research	Dr Deepa Bhat
10.45 AM – 11.30 AM	Introduction to molecular research	Dr Sathish Rao
1.30 AM – 11.45 AM	<b>Tea/Coffee Break</b>	
11.45 AM – 12.30 PM	Literature search	Dr Nayana S
12.30 PM – 1.15 PM	Writing meaningful introduction	Dr Bharath T
1.15 PM – 2.00 PM	<b>Lunch Break</b>	
2.00 PM – 2.30 PM	Framing research question and objectives	Dr Praveen K
2.30 PM – 3.00 PM	<b>Group Activity – 1</b>	
3.00 PM – 3.45 PM	Study designs	Dr Praveen K
3.45 PM -4.00 PM	<b>Tea/ Coffee Break</b>	
3.45 PM – 4.00 PM	<b>Group Activity – 2</b>	
3.45 PM – 4.30 PM	Sampling technique	Dr Smitha MC
4.30 PM- 4.45 PM	<b>Group Activity -3</b>	
4.45 PM – 5.00 PM	<b>Open house</b>	
<b>Day 2, 19<sup>th</sup> March 2019</b>		
9.00 AM – 9.15 AM	Recap of day 1	
9.15 AM – 10.00 AM	Sample size estimation	Dr Praveen K
10.00 AM – 10.15 AM	<b>Group activity 3</b>	
10.15 AM – 11.15 AM	Tools for data collection, inclusion and excl criteria	Dr Praveen K
11.15 AM – 11.30 AM	<b>Tea/ Coffee Break</b>	
11.30 AM – 12.15 PM	How to write methodology in molecular research	Dr MVSST Subbarao
12.15 PM – 1.15 PM	Statistical analysis	Dr Arun Gopi
1.15 PM- 2.00 PM	Lunch break	
2.00 PM – 3.00 PM	Citing references	Dr Akila Prashant
3.00 PM – 3.45 PM	Addressing ethical concerns	Dr Suresh
4.00 PM – 4.30 PM	Valedictory and feedback	

## National Service Scheme (NSS)– Free Health Checkup Camp

NSS Unit of JSS Medical College conducted its Annual Special Camp on 24<sup>th</sup> to 30<sup>th</sup> of March 2019 in the Tribal Haadi's of Ramapura Village, Kollegal Taluk, Chamrajnagar District. The camp was started on 24<sup>th</sup> March with a formal inauguration programme at Ramapura Village, Dr Shivaprakash S, formally welcomed the dignitaries. Dr Bharath T described the aim and objectives of NSS and mentioned the expectations from volunteers in the special camp. Inauguration and lighting the lamp was done by Pujya Sri Basavanna Swamy, Sri Shivarathreeshwara Branch Mutt, Gopishettiuru and Sri. Basavaraju S, Zilla panchayat member and presided by Sri. Rajshekar, retd Principal, Sri. Nagendra Prabhu P and other leaders of village were present on this occasion.

The free health checkup camps was organized across various villages and tribal haadis like Dinalli, Arjun Doddi, Gollara Dimba, MM Hills and Ramapura village of Kollegal Taluk, Chamrajnagar District.

A total of 1089 patients got the benefits of the free camp. The patients above 40 years were screened for Diabetes, Hypertension and cardiovascular diseases using ECG. They were given treatment on spot with the help of specialists from General Medicine, Pediatrics and Gynaecology. The ones who are in need of advanced care were referred to JSS Hospital, Mysuru. Free Dental Health checkup camp was held on 28<sup>th</sup> of March where 86 people have participated and benefited. Street plays on important issues like Hand Hygiene, alcohol and tobacco ill effects were enacted by the NSS volunteers.

The valedictory programme of the camp was held in Ramapura village 30<sup>th</sup> of March 2019. Dr Sunil Kumar D, Dr Shivaprakash S, Dr Bharath T, Sri. Rajashekar and others were present on this occasion.



## JSS DENTAL COLLEGE & HOSPITAL

Sri Shivarathreshwara Nagara, Mysuru – 570 015, Karnataka, India.

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### Holistic Wellness Program



The Inaugural function of Holistic Wellness Program was held on Saturday 30<sup>th</sup> March 2019 for first year BDS students. The Chief Guest for the occasion was Smt. Jagadeeswari Sudhir, Secretary, Mysore Yoga Prana Vidya Pranic Healers Association (MYPHA) Mysuru. The program was presided by Dr. Ravindra S, Principal JSSDCH and the Co-ordinators: Dr. Premalatha B.R and Dr. Vidya Priyadarshini. The program commenced with the welcome address by Dr. Premalatha BR and lamp lighting by the dignitaries and the student representatives. The chief guest was introduced by Dr. Vidya Priyadarshini. It was followed by the guest lecture by Smt. Jagadeeswari Sudhir on the topic, "Introduction to Holistic wellness through Yoga Prana Vidya Techniques" the lecture concluded with meditation and pranayama practice by the participants.

*S.M.*  
Principal

Dr. Ravindra S  
Principal  
JSS Dental College & Hospital,  
Mysuru-570 015

### B. Pharm Students Attended Soft skills 2018 – 19

Roll No.	Name of the Student	Reg. No.
1	A Ayesha Fathima	18P01001
2	A Venkatesh	18P01002
3	Aashka Thakur	18P01003
4	Abhishek K S	18P01004
5	Achal Francis	18P01005
6	Aditi Dash	18P01006
7	Aiswarya K S	18P01007
8	Aiswarya P A	18P01008
9	Akash S	18P01009
10	Aldin Joseph	18P01010
11	Alvin T Mathew	18P01011
12	Ananthu A	18P01012
13	Anjana Prabhakaran	18P01013
14	Anjani Kumari	18P01014
15	Anusha S	18P01015
16	Aparna A S	18P01016
17	Arjun D S	18P01017
18	Ashina Thasnim	18P01018
19	Ashwin G	18P01019
20	Athira K J	18P01020
21	B J Tanmayi	18P01021
22	Bestin K S	18P01022
23	Bhavya K R	18P01023
24	Bhoopathi S	18P01024
25	Bhumika N M	18P01025
26	Chaithra Das	18P01026
27	Chandan U	18P01027
28	Chandana A N	18P01028
29	Chandrashekar P N	18P01029
30	Chithra R	18P01030
31	Darshan T K	18P01031
32	Deekshith H S	18P01032
33	Dhineshwaran D	18P01033
34	Divya D	18P01034
35	Diya Scaria	18P01035
36	Eldo Jacob	18P01036

37	G Hemavathi	18P01037
38	Gana N P	18P01038
39	Girish A M	18P01039
40	Gunaseelan J	18P01040
41	Harish Ramana Gowda Patil	18P01041
42	Himani K S	18P01042
43	Husna R H	18P01043
44	Jaidev Menon	18P01044
45	Jawad Muhammed	18P01045
46	Jayasree R	18P01046
47	Jeslin Teres Thomas	18P01047
48	Karapoyyil Kuniyil Finas	18P01048
49	Kavyashree R	18P01049
50	Lebin L Lal	18P01050
51	Lishipriya N	18P01051
52	Madiraju Dwaraka Sahith	18P01052
53	Mahadevaswamy S	18P01053
54	Mahesh K	18P01054
55	Malavika Murulidharan	18P01055
56	Meghana Satheesh	18P01056
57	Meghana T S	18P01057
58	Moksha Charan	18P01059
59	Mugunthan K P	18P01060
60	Muhammed Rashid C K	18P01061
61	Muskan	18P01062
62	Nandini Prasad	18P01063
63	Naresh Narayanan T	18P01064
64	Nishanth Anand Kohirkar	18P01065
65	Nivya Jills	18P01066
66	Patel Parth Rajnikanth	18P01067
67	Prajwal P Kunte	18P01068
68	Pranjali Chandrakar	18P01069
69	Pratheek V	18P01070
70	Priyadarshini V	18P01071
71	Purusharth Gulati	18P01072



# JSS COLLEGE OF PHARMACY

(Constituent College)

## JSS ACADEMY OF HIGHER EDUCATION & RESEARCH MYSURU

(Deemed to be University)  
Accredited 'A' Grade by NAAC

72	Rahul K R	18P01074
73	Ranna G C	18P01075
74	Reshma Joseph	18P01076
75	Roopashree G L	18P01077
76	S N Chethan	18P01078
77	S Archana	18P01079
78	S Janhavi	18P01080
79	Sabesan J	18P01081
80	Sachit Jawali	18P01082
81	Savitha B R	18P01083
82	Sayan Bej	18P01084
83	Sebin Sebastian	18P01085
84	Shadil H	18P01086
85	Shivadarshan J	18P01087
86	Shobitha G K	18P01088
87	Shravanoi P Vaidya	18P01089
88	Sinchana M A	18P01090
89	Smitha H Seshadri	18P01091
90	Sneha G	18P01092
91	Sreelal P P	18P01093
92	Sujan K M	18P01094
93	T Nitheesh	18P01095
94	Tania Jais Mathew	18P01096
95	Thejas T S	18P01097
96	Vaishaki	18P01098
97	Vaishali Sinha	18P01099
98	Vikas H S	18P01100
99	Vimal G	18P01101
100	Yashaswini R	18P01102

**Principal**



### Pharm D. Students Attended Soft skills 2018 – 19

Sl. No	Name of the Student
1	Aleena Shaju
2	Balasubramaniam Madhumitha
3	Divya M
4	Eira Susan Biju
5	Jeron Joseph
6	Junaid Punnakottil
7	Mohammed Favas T T
8	Preksha
9	R Muhammad Ismail
10	Neha Raji John
11	Sakeer Hussian
12	Salmanul Faris
13	Santhoshi S
14	Eileen Susa Reji
15	Sriram M.
16	Suryashri Krishnaswamy
17	Yuktha Shree R
18	Adithya Shanker
19	Bhavaneeth Kaur
20	Cyriac Tom
21	Feba Fredi

Principal



### M. Pharm Students Attended Soft Skills 2018 – 19

Sl. No	Name of the Student
1.	Abhishek S
2.	Chimurkar Ruchika Pravin
3.	Chinju
4.	M R Subbalakshmi
5.	Mohammed Safeer V S
6.	Muhammed Azhar
7.	Pooja Choudhary
8.	Reshmi Raju
9.	Ritesh Manojbhai Rajpara
10.	Serika Jyrwa
11.	Suryadevara Vaishnavi
12.	Tessa Aby
13.	A. Akil
14.	Amar S
15.	Bharath B C
16.	C Venkateswara Reddy
17.	Ghanja Sai Bhavani
18.	Gummadi Greeshma
19.	Kamnoore Kalpana Jagannath
20.	Kamireddy Karuna
21.	Nandhini B
22.	S Arjun
23.	Sara Jabeen
24.	Savitha S Bhat
25.	Shikha Tambe
26.	Shashank N
27.	Aalap Das
28.	Abhinav Raj Ghosh
29.	Alka Payasi
30.	B Saravaran
31.	Bhooshitha A N
32.	Chandan H M
33.	Kolure Rajini
34.	Muhammed Bishir
35.	Pramod B R
36.	Saipriya Devarakonda
37.	Salma B
38.	Shivashree S
39.	Shraddha Sharma
40.	Sindhu R

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Accredited 'A' Grade by NAAC

41.	Sushmitha B S
42.	A Sai Charan
43.	Akshay N
44.	G Uday Kiran
45.	Keshava S G
46.	Kunti Supriya Reddy
47.	Suraj Koorpet R
48.	Tatineni Spandana
49.	Vaishnav Lal C L
50.	Veera Venkata Nishanth Goli
51.	Akassh M
52.	Gayathri A G
53.	Sadhana H M
54.	Thogarugunta Fathima
55.	Tejaswini R
56.	Ananya K V
57.	Chythanya C Kutty
58.	Garemella Lakshmi Gayathri
59.	K Teja
60.	M Naga Sujan
61.	Nagireddi Anusha
62.	Palesh Rajkondawar
63.	Priyavarshini R
64.	Saloni Sharma
65.	Ajin K A
66.	Annaluru Venkateswarlu
67.	Pubali Saha
68.	S Sulakshana
69.	Bharathlal Sain
70.	Chetan Kumar V H
71.	Chirag M
72.	Famna Roohi N K
73.	Guru Prasad B M
74.	Jayaprakash Js
75.	Namratha S Saraf
76.	Nandita H
77.	Nandurkar Dhruval Deepak
78.	Nikhil Bhandari
79.	Nithish Shekar
80.	Pooja Mallya
81.	Pradeep Kumar S
82.	Sachin Sarashetti P
83.	Vadikari Arun Kumar
84.	Amith K R
85.	Avinasha S
86.	Borra Vamsi

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87.	Damini V
88.	Kelvin Jose
89.	Manjunath D.N
90.	Parameshwarappa Rajendra Patel
91.	Raghu Prakash P.
92.	Safvana Fava
93.	Sohini Kandar
94.	Sumukha Krishna P
95.	Syed Shakeeb Ahmed
96.	Talasila Divya
97.	Tejasri Maddirala
98.	Thomas George P

Principal



### B. Pharm Students Attended Communication skill program 2018 – 19

Roll No.	Name of the Student	Reg. No.
1	A Ayesha Fathima	18P01001
2	A Venkatesh	18P01002
3	Aashka Thakur	18P01003
4	Abhishek K S	18P01004
5	Achal Francis	18P01005
6	Aditi Dash	18P01006
7	Aiswarya K S	18P01007
8	Aiswarya P A	18P01008
9	Akash S	18P01009
10	Aldin Joseph	18P01010
11	Alvin T Mathew	18P01011
12	Ananthu A	18P01012
13	Anjana Prabhakaran	18P01013
14	Anjani Kumari	18P01014
15	Anusha S	18P01015
16	Aparna A S	18P01016
17	Arjun D S	18P01017
18	Ashina Thasnim	18P01018
19	Ashwin G	18P01019
20	Athira K J	18P01020
21	B J Tanmayi	18P01021
22	Bestin K S	18P01022
23	Bhavya K R	18P01023
24	Bhoopathi S	18P01024
25	Bhumika N M	18P01025
26	Chaithra Das	18P01026
27	Chandan U	18P01027
28	Chandana A N	18P01028
29	Chandrashekar P N	18P01029
30	Chithra R	18P01030
31	Darshan T K	18P01031
32	Deekshith H S	18P01032
33	Dhineshwaran D	18P01033
34	Divya D	18P01034
35	Diya Scaria	18P01035
36	Eldo Jacob	18P01036

37	G Hemavathi	18P01037
38	Gana N P	18P01038
39	Girish A M	18P01039
40	Gunaseelan J	18P01040
41	Harish Ramana Gowda Patil	18P01041
42	Himani K S	18P01042
43	Husna R H	18P01043
44	Jaidev Menon	18P01044
45	Jawad Muhammed	18P01045
46	Jayasree R	18P01046
47	Jeslin Teres Thomas	18P01047
48	Karapoyyil Kuniyil Finas	18P01048
49	Kavyashree R	18P01049
50	Lebin L Lal	18P01050
51	Lishipriya N	18P01051
52	Madiraju Dwaraka Sahith	18P01052
53	Mahadevaswamy S	18P01053
54	Mahesh K	18P01054
55	Malavika Murulidharan	18P01055
56	Meghana Satheesh	18P01056
57	Meghana T S	18P01057
58	Moksha Charan	18P01059
59	Mugunthan K P	18P01060
60	Muhammed Rashid C K	18P01061
61	Muskan	18P01062
62	Nandini Prasad	18P01063
63	Naresh Narayanan T	18P01064
64	Nishanth Anand Kohirkar	18P01065
65	Nivya Jills	18P01066
66	Patel Parth Rajnikanth	18P01067
67	Prajwal P Kunte	18P01068
68	Pranjali Chandrakar	18P01069
69	Pratheek V	18P01070
70	Priyadarshini V	18P01071
71	Purusharth Gulati	18P01072

72	Rahul K R	18P01074
73	Ranna G C	18P01075
74	Reshma Joseph	18P01076
75	Roopashree G L	18P01077
76	S N Chethan	18P01078
77	S Archana	18P01079
78	S Janhavi	18P01080
79	Sabesan J	18P01081
80	Sachit Jawali	18P01082
81	Savitha B R	18P01083
82	Sayan Bej	18P01084
83	Sebin Sebastian	18P01085
84	Shadil H	18P01086
85	Shivadarshan J	18P01087
86	Shobitha G K	18P01088
87	Shravanoi P Vaidya	18P01089
88	Sinchana M A	18P01090
89	Smitha H Seshadri	18P01091
90	Sneha G	18P01092
91	Sreelal P P	18P01093
92	Sujan K M	18P01094
93	T Nitheesh	18P01095
94	Tania Jais Mathew	18P01096
95	Thejas T S	18P01097
96	Vaishaki	18P01098
97	Vaishali Sinha	18P01099
98	Vikas H S	18P01100
99	Vimal G	18P01101
100	Yashaswini R	18P01102

**Principal**





### Pharm D. Students Attended Communication skill program 2018 – 19

Sl. No	Name of the Student
1	Aleena Shaju
2	Balasubramaniam Madhumitha
3	Divya M
4	Eira Susan Biju
5	Jeron Joseph
6	Junaid Punnakottil
7	Mohammed Favas T T
8	Preksha
9	R Muhammad Ismail
10	Neha Raji John
11	Sakeer Hussian
12	Salmanul Faris
13	Santhoshi S
14	Eileen Susa Reji
15	Sriram M.
16	Suryashri Krishnaswamy
17	Yuktha Shree R
18	Adithya Shanker
19	Bhavaneeth Kaur
20	Cyriac Tom
21	Feba Fredi

Principal



### M. Pharm Students Attended Communication skill program 2018 – 19

Sl. No	Name of the Student
1.	Abhishek S
2.	Chimurkar Ruchika Pravin
3.	Chinju
4.	M R Subbalakshmi
5.	Mohammed Safeer V S
6.	Muhammed Azhar
7.	Pooja Choudhary
8.	Reshmi Raju
9.	Ritesh Manojbhai Rajpara
10.	Serika Jyrwa
11.	Suryadevara Vaishnavi
12.	Tessa Aby
13.	A. Akil
14.	Amar S
15.	Bharath B C
16.	C Venkateswara Reddy
17.	Ghanja Sai Bhavani
18.	Gummadi Greeshma
19.	Kamnoore Kalpana Jagannath
20.	Kamireddy Karuna
21.	Nandhini B
22.	S Arjun
23.	Sara Jabeen
24.	Savitha S Bhat
25.	Shikha Tambe
26.	Shashank N
27.	Aalap Das
28.	Abhinav Raj Ghosh
29.	Alka Payasi
30.	B Saravaran
31.	Bhooshitha A N
32.	Chandan H M
33.	Kolure Rajini
34.	Muhammed Bishir
35.	Pramod B R
36.	Saipriya Devarakonda
37.	Salma B
38.	Shivashree S
39.	Shraddha Sharma
40.	Sindhu R

41.	Sushmitha B S
42.	A Sai Charan
43.	Akshay N
44.	G Uday Kiran
45.	Keshava S G
46.	Kunti Supriya Reddy
47.	Suraj Koorpet R
48.	Tatineni Spandana
49.	Vaishnav Lal C L
50.	Veera Venkata Nishanth Goli
51.	Akassh M
52.	Gayathri A G
53.	Sadhana H M
54.	Thogarugunta Fathima
55.	Tejaswini R
56.	Ananya K V
57.	Chythanya C Kutty
58.	Garemella Lakshmi Gayathri
59.	K Teja
60.	M Naga Sujan
61.	Nagireddi Anusha
62.	Palesh Rajkondawar
63.	Priyavarshini R
64.	Saloni Sharma
65.	Ajin K A
66.	Annaluru Venkateswarlu
67.	Pubali Saha
68.	S Sulakshana
69.	Bharathlal Sain
70.	Chetan Kumar V H
71.	Chirag M
72.	Famna Roohi N K
73.	Guru Prasad B M
74.	Jayaprakash Js
75.	Namratha S Saraf
76.	Nandita H
77.	Nandurkar Dhruval Deepak
78.	Nikhil Bhandari
79.	Nithish Shekar
80.	Pooja Mallya
81.	Pradeep Kumar S
82.	Sachin Sarashetti P
83.	Vadikari Arun Kumar
84.	Amith K R
85.	Avinasha S
86.	Borra Vamsi

# JSS COLLEGE OF PHARMACY

(Constituent College)

## JSS ACADEMY OF HIGHER EDUCATION & RESEARCH MYSURU

(Deemed to be University)  
Accredited 'A' Grade by NAAC

87.	Damini V
88.	Kelvin Jose
89.	Manjunath D.N
90.	Parameshwarappa Rajendra Patel
91.	Raghu Prakash P.
92.	Safvana Fava
93.	Sohini Kandar
94.	Sumukha Krishna P
95.	Syed Shakeeb Ahmed
96.	Talasila Divya
97.	Tejasri Maddirala
98.	Thomas George P

Principal



JSS Academy of Higher Education & Research  
**JSS COLLEGE OF PHARMACY**  
Sri Shivarathreeshwara Nagara, Mysuru - 570 015

**LIST OF PARTICIPANTS FOR YOGA AND WELLNESS PROGRAM 2018-19**

Sl. no.	Name
1	Aaquil Zubair S
2	Abdullah Bassam Idrees
3	Adhithya Narayana Bhat K S
4	Amaranath K R
5	Amruth C Pateel
6	Arunodaya B S
7	Bhuvaneshwaran S
8	CHANDAN J
9	Dhanvanthkumar C
10	Gangadarshan U G
11	Harshith H S
12	Indra Prasad S
13	Jashwanth M D
14	Kavinesh J
15	Kiran Kuamr Desai
16	Kish0r Manik N B
17	Manishdev M
18	Manjunatha Pai C
19	Mohammed Arfath M I
20	Muhammad Hasbulla A S
21	Naitik Jain
22	Nanbban R
23	Nikhil S Jain
24	Niranjan M
25	Nizammuddin Khan
26	Pavan Kumar P
27	Prajwal B N
28	Prapul Gowda K M
29	R Vishnuvardh
30	Rajasekar K
31	Rakshith.P
32	Rohinesh T B S
33	Santhosh Raj R K
34	Shaikhmdammedumar
35	Shashank S
36	Shreyas H M
37	Siddharth Jain
38	Simran D
39	Skandan N
40	Somesh Babu
41	Sripad Rao
42	Subash R
43	Varghese T Tony
44	Yashwanth C P
45	Zaid Jaafar Sadeo
46	Abiya Elza Mathew
47	Aishwarya S

48	Akshita Singh
49	Anakha C B
50	Anamika V
51	Aneena
52	Ankitha Garg
53	Chinmayee U Gowda
54	Deboleena Mukherjee
55	Deekshitha M P
56	Deldan Angmo
57	Dickyi Palmo
58	Donker Chonzom
59	Fathima Nafri
60	G S Rajeshwari
61	Gayathri Krishnan
62	Geethika Harikumar
63	Harshaly C S
64	J S Kanishka
65	Jagriti Bigoniya
66	Kavya S.M.
67	Komal
68	Komal I Savadatti
69	Kruthika M R
70	Merlin Varkey
71	Nikitha V
72	Phurbu Dolkar
73	Ramya V
74	S Snegitha
75	Sathya Priya M
76	Shilpa Shree K P
77	Shubhashitha. H.M
78	Sneha H
79	Soundarya R
80	Spoorthi Shetty S
81	Sruthi Mohandas S
82	Sugandhi J
83	Supriya S M
84	Tanvi Bhatt
85	Tenzin Deyang
86	Alias Seethy Karammel
87	Joshua Philip
88	Mishal Noufal
89	Mohammed Shoaib
90	Paul Varghese Padiyil
91	Rohit Agarwal
92	Shahal Sidheque
93	Shankar S K
94	Sourav.N.Patel
95	Swaroop Krishna Alokkan
96	Tino Charalel
97	Angel Abraham
98	Annamariya
99	Ashita Maria Nazareth
100	Chethana.H.S

101	Diya Joy
102	Dravya.A.Durai
103	Ganiya A
104	Jesslyn Maria Jaison
105	Marcia Jacob
106	Mariyam Shihuna P.M
107	Megha Dinesh
108	Minju Biju Tharian
109	Namitha.S
110	Naveena Mary Cherin
111	Neha Antony
112	Nivya Jimmy
113	Rachel Ramdinthari
114	Rajarajeshwari Ashok Belageri
115	Tanya Carippathu

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37	G Hemavathi	18P01037
38	Gana N P	18P01038
39	Girish A M	18P01039
40	Gunaseelan J	18P01040
41	Harish Ramana Gowda Patil	18P01041
42	Himani K S	18P01042
43	Husna R H	18P01043
44	Jaidev Menon	18P01044
45	Jawad Muhammed	18P01045
46	Jayasree R	18P01046
47	Jeslin Teres Thomas	18P01047
48	Karapoyyil Kuniyil Finas	18P01048
49	Kavyashree R	18P01049
50	Lebin L Lal	18P01050
51	Lishipriya N	18P01051
52	Madiraju Dwaraka Sahith	18P01052
53	Mahadevaswamy S	18P01053
54	Mahesh K	18P01054
55	Malavika Murulidharan	18P01055
56	Meghana Satheesh	18P01056
57	Meghana T S	18P01057
58	Moksha Charan	18P01059
59	Mugunthan K P	18P01060
60	Muhammed Rashid C K	18P01061
61	Muskan	18P01062
62	Nandini Prasad	18P01063
63	Naresh Narayanan T	18P01064
64	Nishanth Anand Kohirkar	18P01065
65	Nivya Jills	18P01066
66	Patel Parth Rajnikanth	18P01067
67	Prajwal P Kunte	18P01068
68	Pranjali Chandrakar	18P01069
69	Pratheek V	18P01070
70	Priyadarshini V	18P01071
71	Purusharth Gulati	18P01072



72	Rahul K R	18P01074
73	Ranna G C	18P01075
74	Reshma Joseph	18P01076
75	Roopashree G L	18P01077
76	S N Chethan	18P01078
77	S Archana	18P01079
78	S Janhavi	18P01080
79	Sabesan J	18P01081
80	Sachit Jawali	18P01082
81	Savitha B R	18P01083
82	Sayan Bej	18P01084
83	Sebin Sebastian	18P01085
84	Shadil H	18P01086
85	Shivadarshan J	18P01087
86	Shobitha G K	18P01088
87	Shravanoi P Vaidya	18P01089
88	Sinchana M A	18P01090
89	Smitha H Seshadri	18P01091
90	Sneha G	18P01092
91	Sreelal P P	18P01093
92	Sujan K M	18P01094
93	T Nitheesh	18P01095
94	Tania Jais Mathew	18P01096
95	Thejas T S	18P01097
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**Principal**



## Capability enhancement programs

(2018 – 2019)

**September 24, 2018**

The NSS day was celebrated. **Personality development program** was conducted for the **NSS volunteers** and the lecturer was delivered by Mr. Suresh Kumar (Past NSS Program Officer) on, “Leadership motivation program”. About 100 NSS volunteers participated and the issue of Sports kit for the students of the tribal village was done.



**July 26, 2018**

International Yoga Day rally was conducted to create awareness among public in and around Ootacamund. The rally started from our college and was concluded at HADP ground which was accompanied by our principal DR.S.P. Dhanapal. It was programmed along with BNYS staff and students of JSS INYS and various slogans and placards were displayed. The students were also given demonstration about the basics of yoga.



## Soft Skill Development Workshop for Final years students of D.Pharm, B.Pharm and Pharm.D – Report

This year the placement cell of our institution had organized Soft Skill Workshop for the final year students . This program was funded by JSS AHER, Mysuru.

Following are the topics covered in this two days program :

- Importance of English in Placements and Business
- Tips to enhance the performance in GD
- Methods and tips to improve the positive body language
- Tips to prepare an effective resume
- Appealing and grooming for interview and group discussion
- Fine tuning of resume
- Tips on Attitude
- Tips to boost self confidence

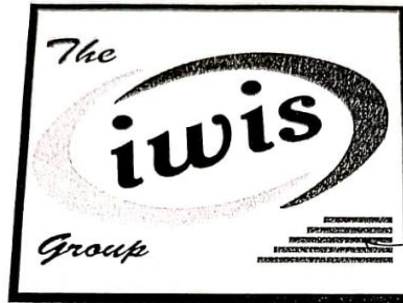
**For M.Pharm & Pharm.D :** Organized this program for II.M.Pharm and IV. PharmD students on 02-03 Feb 2018. There were 44. M.Pharm students and 18 Pharm D students have participated in the program.

**For D. Pharm:** Organized this program on 23-24<sup>th</sup> Feb 2018. Out of 64 students 63 were registered and one has not been registered for the program. Out of 63 registered candidates 60 students participated and 3 registered students of D.Pharm students went for inter college cultural competition.

**For B.Pharm:** We have organized program on 09.03.2018 and 10.03.2018. out of 101 students were registered and two students were not registered for the program. Out of 99 registered candidates 62 students participated and 03 registered students were gone for inter college cultural competition. 35 students did not attend the program.



# Proposal of Training Program for the Final year students of JSS College of Pharmacy, Ooty



## Preamble:

The iwis Group's program aims to build up the employability competencies of the students with respect to effective Soft Skills so that it compliments with the institutions core strength in academic excellence. Our sustained learning methodology addresses all aspects of corporate expectations, thus facilitating campus placement and also to build life skills of the students to achieve peak performance in all aspects of their life.

## Objective:

Persona Enhancement of student, so as to surpass corporate expectations during placements and help them to succeed in life, using effective sustained, and blended experiential learning methods

Iwis group Proposal for training p

### **Participants**

Final year students of Master of Pharmacy, Pharm D, Bachelor of Pharmacy and D Pharm

### **Methodology**

The iwis group aims at the overall development of individuals through blended and experiential learning methods ensuring that learners of all styles and capabilities participate and learn to their fullest potential. Learning when centered on the learner is well-retained and applied in life effectively, as compared to training, which is focused on the content. To facilitate learning and retention, we use the following methodologies as part of the iwis group's Blended Learning Process:

- Presentations and interactive sessions
- Individual counseling
- Small group activities
- Role plays and case studies
- Management Games
- Individual action planning
- Video /audio based content
- Questionnaires
- Events/ quizzes and competitions

### **Duration**

9.45 Am – 5.30 PM (Inclusive of breaks) per day

Break up of Breaks

11am – 11.20 Am : Morning refreshment break

1 Pm – 2 Pm : Lunch break

4 Pm – 4.20 Pm : Evening refreshment break

**Number of days required: TWO Days**

### **Content**

- Importance of English in Placements and in Business
- Tips to enhance the performance at Group Discussion
- Methods and tips to improve positive body language
- Tips to prepare an Effective resume
- Appealing Grooming for Interview and Group discussion
- Preparation Individual action plan
- Fine tuning and correction of resume
- Tips on aptitude
- Mock Interview
- Handling questions during interview
- Impression Management techniques
- Tips to boost self confidence

Student feedback form for Soft Skill Workshop

**My Experience**  
Please use this form to provide feedback about our performance

Your Name: RAJESH J.

Mobile: 

8	9	3	8	9	0	4	5	1	1
---	---	---	---	---	---	---	---	---	---

E Mail: jdrajesh5235.18@gmail.com.

Your Feedback : (write down your feed back in given below box)

We have learnt soo many thing in this. soft skill event.

Punctuality, Time management, crisis management, leaderships etc were learnt in the event.

It will be soo much useful in our future career.

I thank Mr. Babu, organiseser/Trainer. for conducting this program.

I thank. principal and JSK sir for giving this grt. opportunity to learnt soo many skills.

Thank you soo much,

This program. will also be continued in our. College and for the development of college. and it takes part ..In our Achienement for our college.

Thanking you. sir,  
- Rajesh J.



Thank You for your Feedback  
The team iwis

## **Report: Workshop on Personality Development & Communicational Skills**

The dept. of Health System Management Studies organized a Workshop on Communicational Skills,

on 7<sup>th</sup> September 2018 for the students of MBA hospital administration, MBA Pharmacy administration & 1<sup>st</sup> year BBA.

The workshop was conducted by Mr. H.V.VISHVESH, 'ARIVU' Founder Director

- Presently working as Founder Director, 'ARIVU', Skill Development Academy, Hubli , Mysore and Bangalore
- Interacted with around 5000 students, 10 Universities, 250 Faculty Members to design the need based Life Skills learning Modules
- 'ARIVU' So far has trained 2500 Students (BE, MBA, Pharmacy, PG's, Research Scholars, BBA,BCA,B.Com, BA, B.Sc) to help get their desired jobs
- Presently Training 500 Students in 'CAMPUS to CORPORATE' Program
- 'ARIVU' is involved in Faculty Development Program

'ARIVU' Professional who strive for excellence, are confronted with an employment scenario which records dissatisfaction over their efficiency status. The fact, that these days, even those students with brilliant academic performances, including those from IITs & IIMs, have to strive hard for procuring employment. There is no doubt that the employment market beckons, but only the excellent. Changing trends in styles of functioning have ensured that it is of paramount importance, at entry level itself, for a job applicant to possess the standards of efficiency that can not only meet the challenges of the job but also project effectiveness. Hence the innovation and introduction of 'ARIVU' – Journey to Self Discovery.

'ARIVU' follows the pedagogy of active learning i.e. experiential learning and has the following ideas

- Equip the participants with the desired 'Knowledge & wisdom' to face the challenges of competitive employability
- Activity based learning with proven methods to impart the desired skills
- Rediscovering the joy of learning



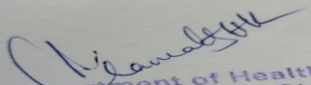
Mr. H.V. Vishvesh conducted a workshop in two sessions. In the first morning session, he interacted with 1<sup>st</sup> year MBA Hospital Administration & and MBA Pharmacy Administration along with 1<sup>st</sup> year BBA students. The session started at around 10 AM in the morning at went on till 01.15 PM in the afternoon.



In the second session, he interacted with 2nd-year MBA students from 2.30 PM in the afternoon till 5.15 PM in the evening.

The interactions were helpful to the students, they enjoyed the sessions. At the end of the workshop, students were trained to carry away three things, **teamwork**, **assertiveness**, & and **an attitude** in behavioral management to use proper words & and appropriate body language with the right tone.



  
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System Management Studies  
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